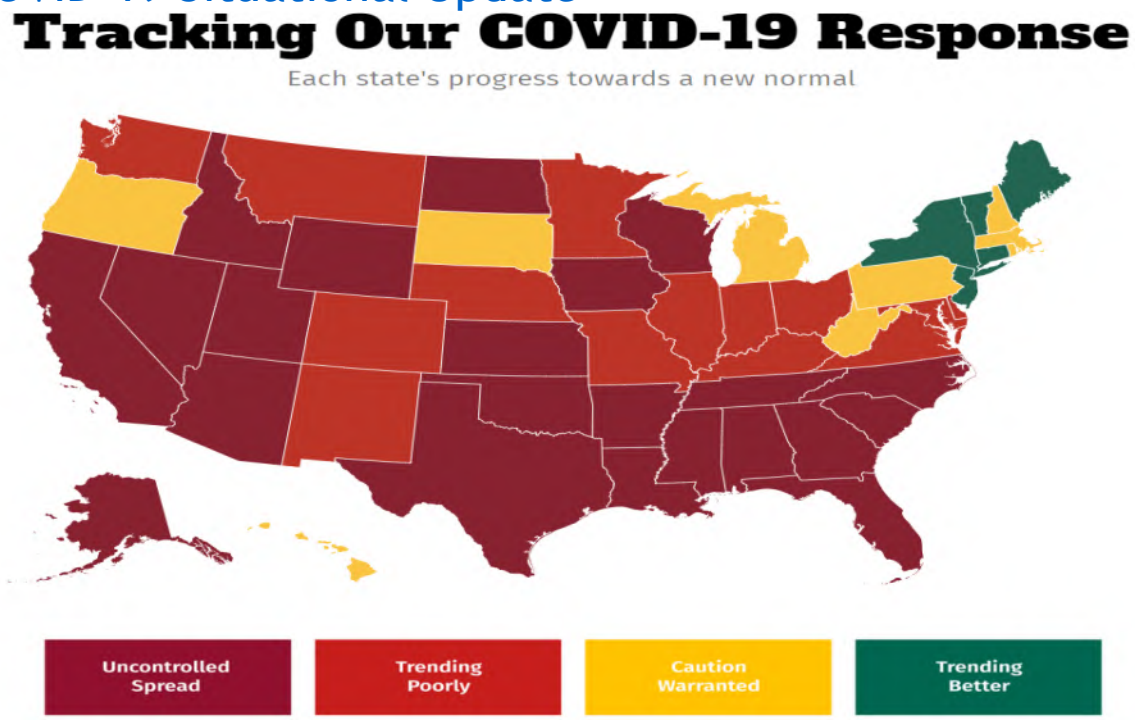
COVID-19 Coalition Bulletin

July 24, 2020

In This Issue

- Coronavirus Disease 2019 – Situational Update
- COVID Numbers at a Glance
- LaSalle County COVID-19 Test Results &Data Summary
- RESTORE ILLINOIS REGIONAL SCORECARD
- IDPH County Level COVID-19 Risk Metrics
- Region 2 Summary
- Community Based Testing
- Frequently Asked Questions
- 3 Key Steps to Take While Waiting for Your COVID-19 Test Result
- Important Information about Cloth Face Coverings
- Contact Tracing

COVID-19 Situational Update



Map from https://www.covidexitstrategy.org/ which provides state by state data including 14-DAY TREND OF COVID+, LAST 14 DAYS OF COVID+ (ROLLING), INFLUENZA-LIKE ILLNESS, % OF TEST TARGET (US: 500K/DAY), ICU AVAILABILITY, NEW CASES PER MILLION PER DAY, and COVID+ RATE

COVID Numbers at a Glance

7.16.2020

	Cases	Deaths
Worldwide	13,589,273	584,990
US	3,499,771	137,420
Illinois	157,950	7251
LaSalle County	297	18

7.23.2020

	Cases	Deaths
Worldwide	15,301,530	625,005
US	3,998,259	143,701
Illinois	166,925	7367
LaSalle County	378	18

Web Link Resources

John Hopkins GIS Map

ILLINOIS TESTING SITES

Symptoms Infographic

Resources for Healthcare Facilities

Preventing Community Spread

Information for Law Enforcement Personnel

Interim Guidance for Emergency Medical Services

Interim Guidance for School and Childcare

Environmental Cleaning and Disinfection Recommendations

RESTORE ILLINOIS

Interim Guidance for Management of Coronavirus in Correctional Facilities

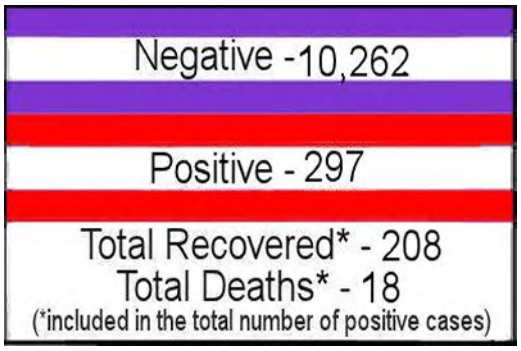
Guidance for Pets and Animals if you have COVID-19

COVID-19 Web Links to PDF Resources

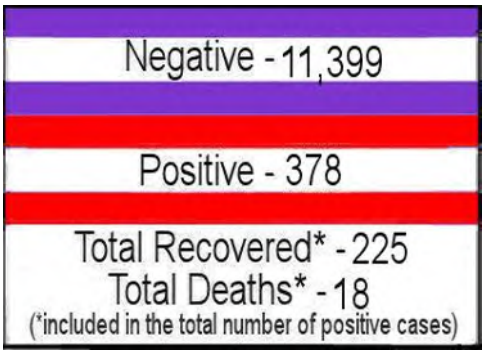
- Checklist for Healthcare

LaSalle County COVID-19 Test Results and Data

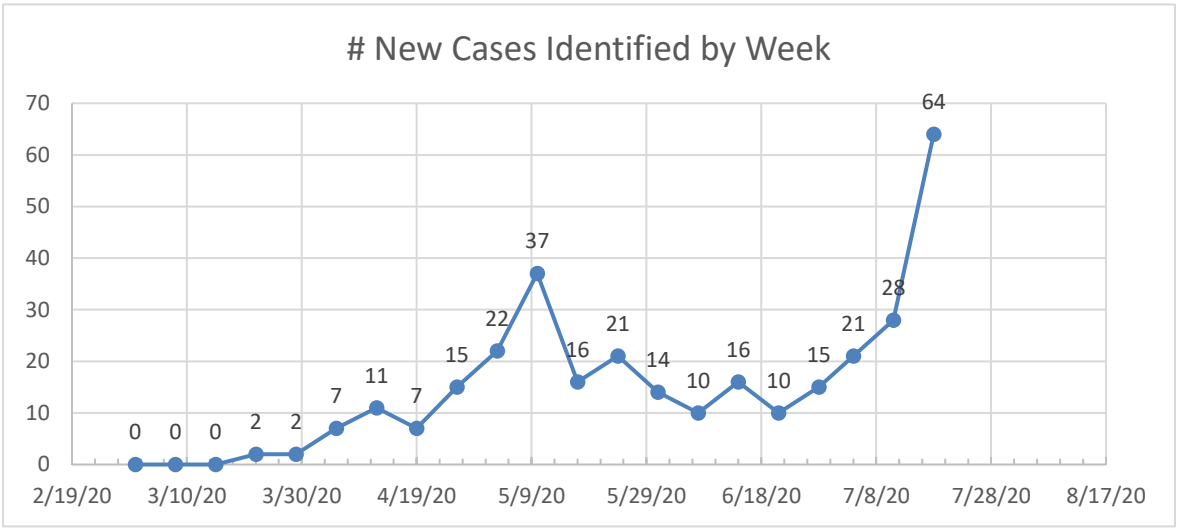
7.16.20

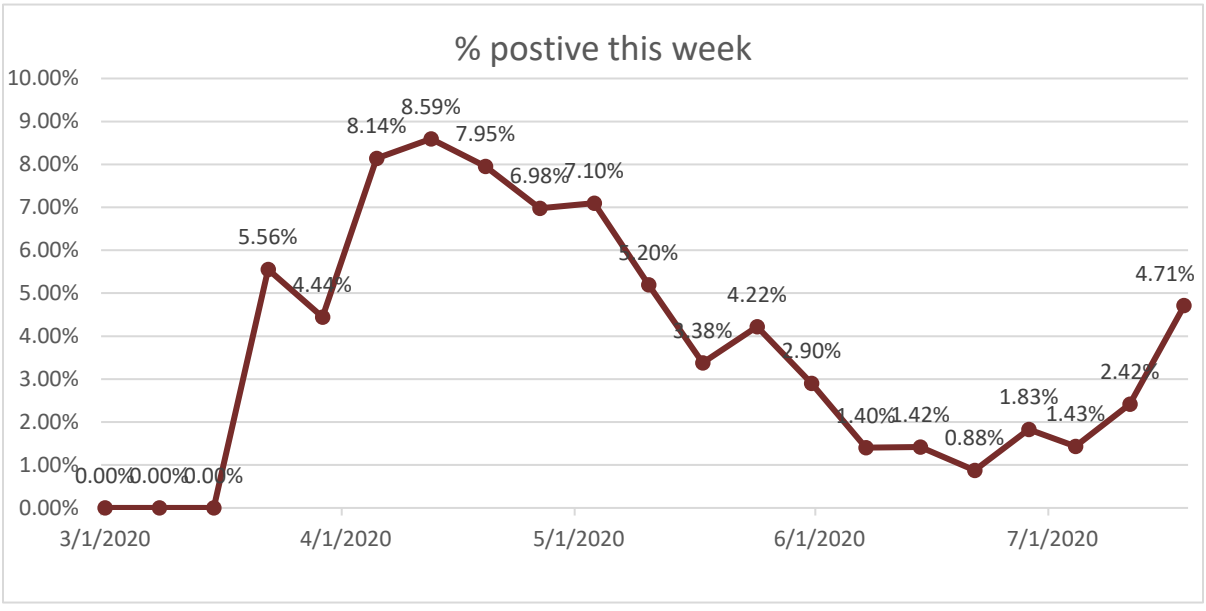


7.23.20



Graphs and statistical data are counted from Sunday to Saturday to coincide with IDPH reporting.





Of those tested this past week, 4.71 % were positive compared to 2.42 % last week

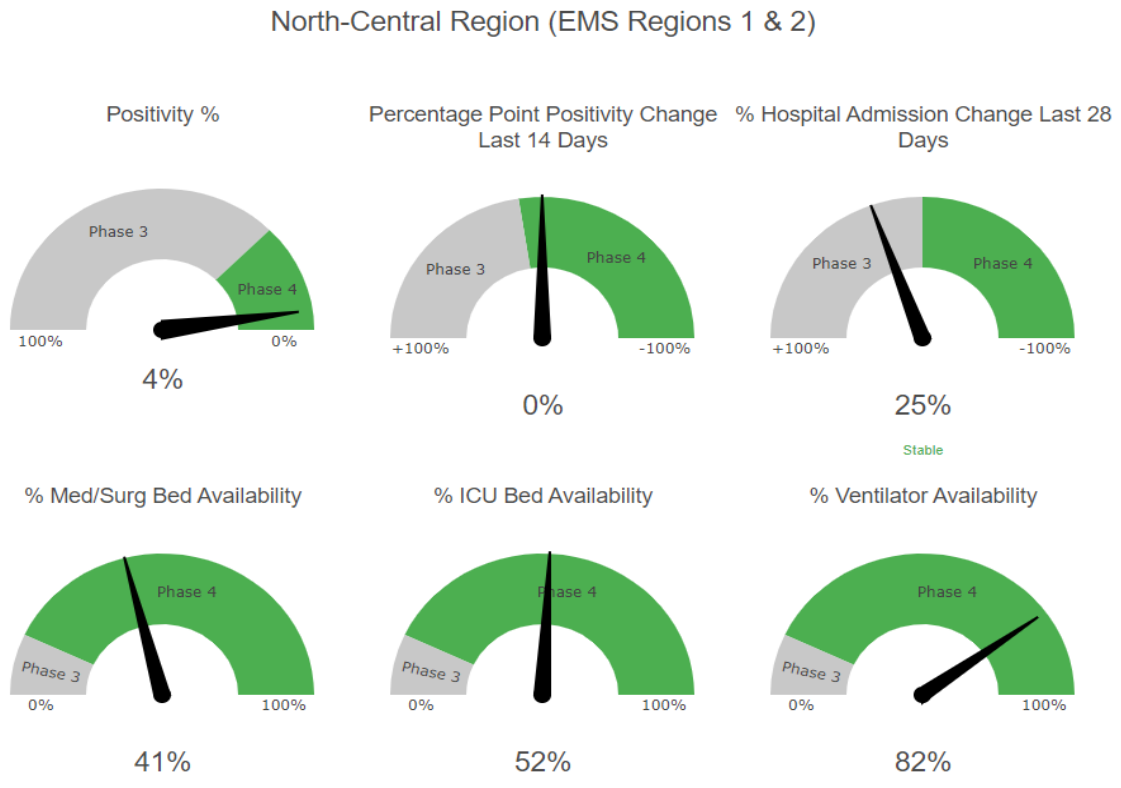
- Facilities: Strategies for Optimizing the Supply of N95 Respirators during the COVID-19 Response
- ASPR COVID-19 Healthcare Planning Checklist
- Cover Your Cough Poster
- Proper Handwashing Poster
- COVID-19 Poster: Stop the Spread of Germs
- Guide for Faith-Based Community
- Guide for Homeless Shelters
- Workplace Guidance
- Interim Guidance for Implementing Safety Practices for Critical Infrastructure Workers Who May Have Had Exposure to a Person with Suspected or Confirmed COVID-19
- Interim Guidance for Routine Oral and Dental Care

Case counts below as of 7/23/2020

Age Range	M	F
<13	8	2
13-19	10	17
20s	21	44
30s	23	29
40s	30	29
50s	36	25
60s	25	30
70s	17	12
80s	9	7
90s	2	2
100s	0	0
Total	181	197
%	47.88%	52.12%
total cases tracked		378

Total Deaths	18
Deaths by Age	
20's	0
30's	0
40's	1
50's	0
60's	6
70's	4
80's	6
90's	1
Deaths by Gender	
Males	11
Females	7

RESTORE ILLINOIS REGIONAL SCORECARD (7.23.20)



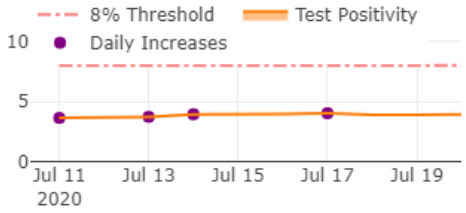
County Level COVID-19 Risk Metrics – 7/12- 7/18/2020

New Cases Per 100,000 Case rate reported Sun-Sat (Target: less than 50 per 100,000) 63 per 100k	**Number of Deaths** Death number reported Sun-Sat (Target: decreasing or stable Sun-Sat) 1	**Test Positivity (%)** (%) positive tests reported Sun-Sat (Target: less than or equal to 10%) 4.5%
Tests Performed Number of tests reported Sun-Sat Target: Testing is Sufficient when test positivity is less than or equal to 10% 1,517	**CLI ED Visits (%), Adults** Emergency Department visits for COVID-19-like illness (Target: decreasing or stable Sun-Sat) 1.9%	**Number of CLI Admissions** Hospital admissions for COVID-19-like illness (Target: decreasing or stable Sun-Sat) <5
Cluster (%) of cases No Target This metric helps explain large increase in cases 7.9%	**ICU (%) Available** ICU bed availability (Target: at least 20% of ICU beds available) 47.8%	All Metrics in target Range More information at https://dph.illinois.gov/countymetrics

Region 2 Summary - 7/23/2020

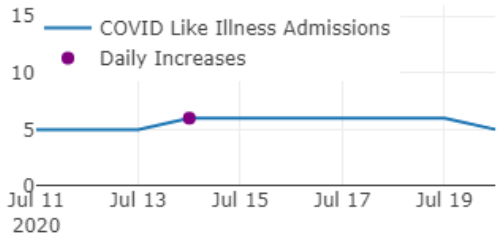
Test Positivity 7 Day Rolling Average

4 Days of Positivity Increases



Hospital Admissions 7 Day Rolling Average

1 Day of Hospital Admission Increases



Hospital Availability 3 Day Rolling Average

Med Surg Bed Availability
(20% threshold)

39%

ICU Bed Availability
(20% threshold)

48%

Community Based Testing

A list of public and private testing sites can be found on the IDPH website at http://www.dph.illinois.gov/testing.

Location	Address	Times
Aurora	1650 Premium Outlet Blvd Aurora	8:00am-4:00pm while daily supplies last
***Bloomington**	1106 Interstate Drive Bloomington	9:00am-5:00pm while daily supplies last
Champaign	Market Place Shopping Ctr 2000 N. Neil Street Champaign	8:00am-4:00pm while daily supplies last
***East St. Louis**	Jackie Joyner Kersee Ctr. Argonne Drive East St. Louis	8:00am-4:00pm while daily supplies last
Harwood Heights	6959 W. Forest Preserve Rd. Chicago	7:00am-3:00pm while daily supplies last
***Peoria**	Peoria Civic Center Fulton Street Parking Lot	8:00am-4:00pm while daily supplies last

	Peoria	
Rockford	1601 Parkview Avenue Rockford	8:00am-4:00pm while daily supplies last
Rolling Meadows	Rolling Meadows HS 2901 Central Road Rolling Meadows	8:00am-4:00pm while daily supplies last
South Holland	South Suburban College 15800 State St South Holland	8:00am-4:00pm while daily supplies last
Waukegan	102 W. Water Street Waukegan	8:00am-4:00pm while daily supplies last

* Walk-up testing is available at Bloomington, East St. Louis, and Peoria.

How are the number of Confirmed Cases Counted by the Health Department?

LaSalle County Health Department only reports lab-confirmed COVID-19 cases. If a positive person needs to be re-tested again, or multiple times until they receive a negative test (often this is done at the request of employers), they are NOT added as an additional confirmed case. A positive test result is tied to a person. Our staff is taking extra care to scan for duplicate test results and merge them with the previously confirmed case.

The only time a previously confirmed case would be considered as an additional confirmed case is if that person had made a full recovery and it has been 90 days since their original confirmed test.

Individuals who test negative for COVID, re-test and are negative again, will be counted as a negative each time.

Purpose of the Coalition Bulletin
Publishing a regular newsletter -- weekly, in this case – will help keep our LaSalle County Healthcare Coalition in regular contact with up-to-date information between meetings.
For more information on the web:

- LaSalle County Health Department
- Illinois Department of Public Health
- Centers for Disease Control and Prevention

Important Information about Cloth Face Coverings

Important Information About Your Cloth Face Coverings

Print Resources Web Page: https://www.cdc.gov/coronavirus/2019-ncov/communication/print-resources.html

As COVID-19 continues to spread within the United States, CDC has recommended additional measures to prevent the spread of SARS-CoV-2, the virus that causes COVID-19. In the context of community transmission, CDC recommends that you:

Stay at home as much as possible

Practice social distancing (remaining at least 6 feet away from others)

Clean your hands often

In addition, CDC also recommends that everyone wear cloth face coverings when leaving their homes, regardless of whether they have fever or symptoms of COVID-19. This is because of evidence that people with COVID-19 can spread the disease, even when they don't have any symptoms. Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated, or otherwise unable to remove the mask without assistance.

How cloth face coverings work

Cloth face coverings may prevent the person wearing the mask from spreading respiratory droplets when talking, sneezing, or coughing. If everyone wears a cloth face covering when out in public, such as going to the grocery store, the risk of exposure to SARS-CoV-2 can be reduced for the community. Since people may spread the virus before symptoms start, or even if people never have symptoms, wearing a cloth face covering may protect others around you. Face coverings worn by others may protect you from getting the virus from people carrying the virus.

General considerations for the use of cloth face coverings

When using a cloth face covering, make sure:

- The mouth and nose are fully covered
- The covering fits snugly against the sides of the face so there are no gaps
- You do not have any difficulty breathing while wearing the cloth face covering
- The cloth face covering can be tied or otherwise secured to prevent slipping

Wash your cloth face covering after each use in the washing machine or by hand using a bleach solution Allow it to completely dry.

For more information, go to: https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/how-to-make-cloth-face-covering.html

CDC

cdc.gov/coronavirus

CS 316651-A 05/26/2020

3 Key Steps to Take While Waiting for Your COVID-19 Test Result

3 Key Steps to Take While Waiting for Your COVID-19 Test Result

To help stop the spread of COVID-19, take these 3 key steps NOW while waiting for your test results:

1 Stay home and monitor your health.

Stay home and monitor your health to help protect your friends, family, and others from possibly getting COVID-19 from you.

Stay home and away from others:

- If possible, stay away from others, especially people who are at higher risk for getting very sick from COVID-19, such as older adults and people with other medical conditions.
- If you have been in contact with someone with COVID-19, stay home and away from others for 14 days after your last contact with that person.
- If you have a fever, cough or other symptoms of COVID-19, stay home and away from others (except to get medical care).

Monitor your health:

- Watch for fever (100.4°F), cough, shortness of breath, or other symptoms of COVID-19. Remember, symptoms may appear 2-14 days after exposure to COVID-19 and can include:
  - Fever or chills
  - Cough
  - Shortness of breath or difficulty breathing
  - Tiredness
  - Muscle or body aches
  - Headache
  - New loss of taste or smell
  - Sore throat
  - Congestion or runny nose
  - Nausea or vomiting
  - Diarrhea

2 Think about the people you have recently been around.

If you are diagnosed with COVID-19, a public health worker may call you to check on your health, discuss who you have been around, and ask where you spent time while you may have been able to spread COVID-19 to others. While you wait for your COVID-19 test result, think about everyone you have been around recently. This will be important information to give health workers if your test is positive.

Complete the information on the back of this page to help you remember everyone you have been around.

3 Answer the phone call from the health department.

If a public health worker calls you, answer the call to help slow the spread of COVID-19 in your community.

- Discussions with health department staff are **confidential**. This means that your personal and medical information will be kept private and only shared with those who may need to know, like your health care provider.
- Your name will not be shared with those you came in contact with. The health department will only notify people you were in close contact with (within 6 feet for more than 15 minutes) that they might have been exposed to COVID-19.

CDC

cdc.gov/coronavirus

Think About The People You Have Recently Been Around

If you test positive and are diagnosed with COVID-19, someone from the health department may call to check-in on your health, discuss who you have been around, and ask where you spent time while you may have been able to spread COVID-19 to others. This form can help you think about people you have recently been around so you will be ready if a public health worker calls you.

Things to think about. Have you:

- Gone to work or school?
- Gotten together with others (eaten out at a restaurant, gone out for drinks, exercised with others or gone to a gym, had friends or family over to your house, volunteered, gone to a party, pool, or park)?
- Gone to a store in person (e.g., grocery store, mall)?
- Gone to in-person appointments (e.g., salon, barber, doctor's or dentist's office)?
- Ridden in a car with others (e.g., Uber or Lyft) or took public transportation?
- Been inside a church, synagogue, mosque or other places of worship?

Who lives with you?

Who have you been around (within 6 feet for more than 15 minutes) in the last 10 days? (You may have more people to list than the space provided. If so, write on the front of this sheet or a separate piece of paper.)

Name	Phone Number	Date you last saw them	Where you last saw them

What have you done in the last 10 days with other people?

Activity	Location	Date

Contact Tracing

CONTACT TRACING: WHAT TO EXPECT IF YOU MAY HAVE BEEN EXPOSED TO SOMEONE WITH COVID-19

1

If you have been in close contact with someone who has COVID-19, a public health worker will call you to inform you that you may have been exposed to COVID-19.

2

You should stay at home and self-quarantine for 14 days, starting from the last day you were possibly exposed to COVID-19.

Self-quarantine means **staying home, monitoring your health, and maintaining social distancing** (at least 6 feet) from others at all times.

3

The **public health worker can provide information** about COVID-19 testing in your area.

If you need support or assistance with self-quarantine, your health department or community organizations may be able to provide assistance.

4

You should take your temperature twice a day, watch for fever and other symptoms of COVID-19, and notify your health department if you develop symptoms.

5

If you become ill during the 14 days of self-quarantine, you should notify the health department and seek medical care if your symptoms worsen or become severe. Emergency warning signs include **trouble breathing, persistent pain or pressure in the chest, confusion, inability to wake or stay awake, or bluish lips or face.**

We can all work together to help slow the spread of COVID-19.

Do your part to keep your family and your community safe: **Answer the call to slow the spread.**

CS317837-A

COVID-19 Coalition Bulletin

August 07, 2020

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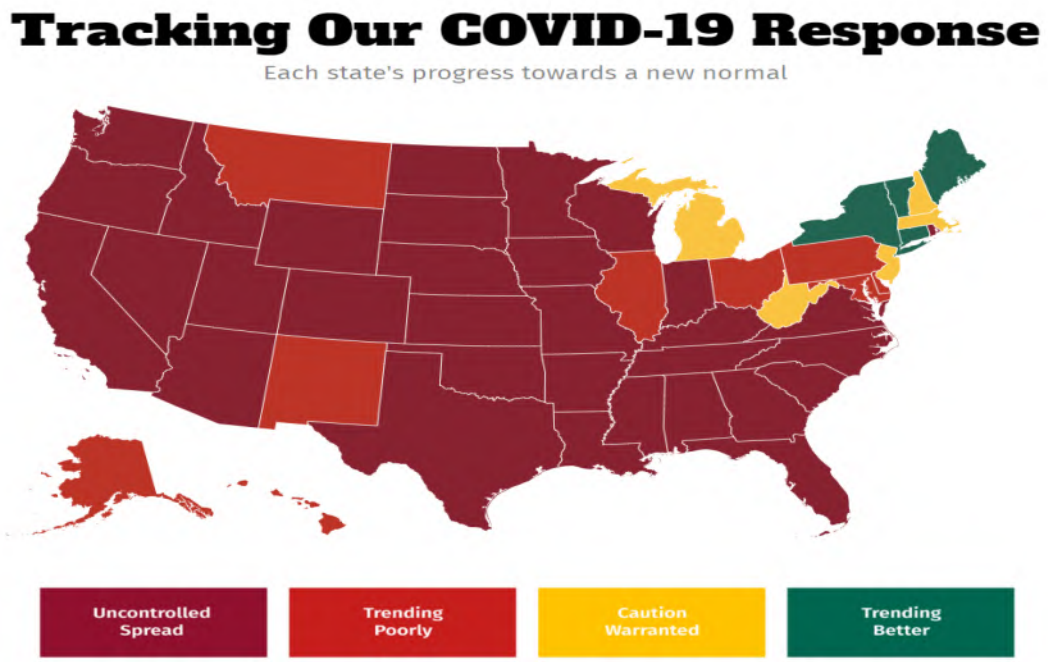
- Region 2 Summary
- IDPH County Level COVID-19 Risk Metrics
- Community Based Testing
- Frequently Asked Questions
- Making Sense of the County Level Risk Metrics
- Regional Metrics – What Does It All Mean?
- COVID-19 Protocols for a Business
- Ten Things You Can Do to Manage Covid at home
- Quarantine vs Isolation

COVID-19 Situational Update



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COVID Numbers at a Glance

7.30.2020

	Cases	Deaths
Worldwide	17,084,446	668,250
US	4,448,648	151,077
Illinois	176,896	7478
LaSalle County	467	18

8.06.2020

	Cases	Deaths
Worldwide	18,860,908	708,540
US	4,826,861	158,445
Illinois	188,424	7594
LaSalle County	673	24

Web Link Resources

[John Hopkins GIS Map]

[ILLINOIS TESTING SITES]

[Symptoms Infographic]

[Resources for Healthcare Facilities]

[Preventing Community Spread]

[Information for Law Enforcement Personnel]

[Interim Guidance for Emergency Medical Services]

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[Environmental Cleaning and Disinfection Recommendations]

[RESTORE ILLINOIS]

[Interim Guidance for Management of Coronavirus in Correctional Facilities]

[Guidance for Pets and Animals if]

LaSalle County COVID-19 Test Results and Data

7.30.20

Negative - 12,610

Positive - 467

Total Recovered* - 246

Total Deaths* - 18

(*included in the total number of positive cases)

8.06.20

Negative - 14,090

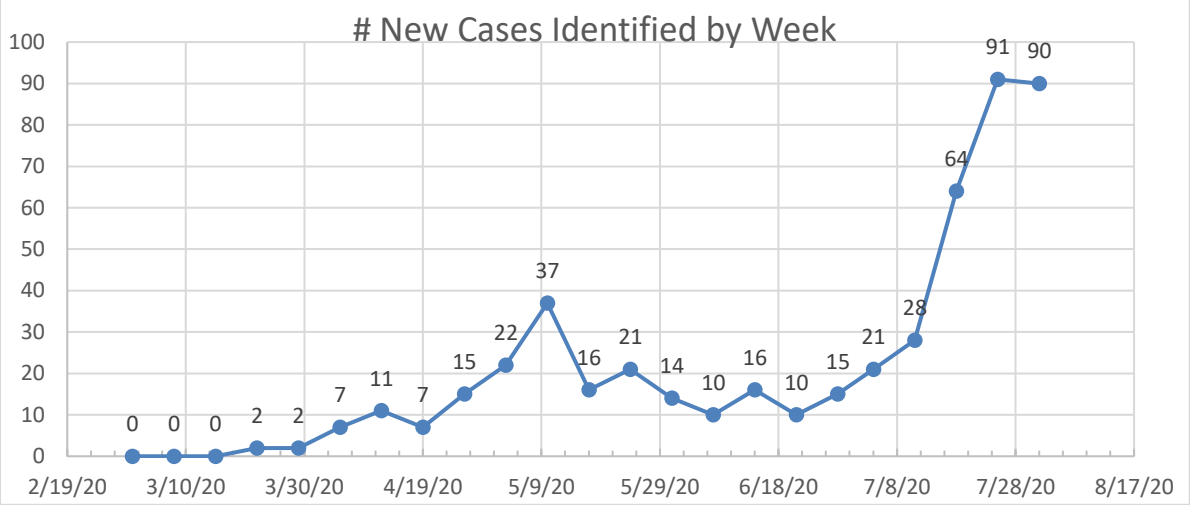
Positive - 673

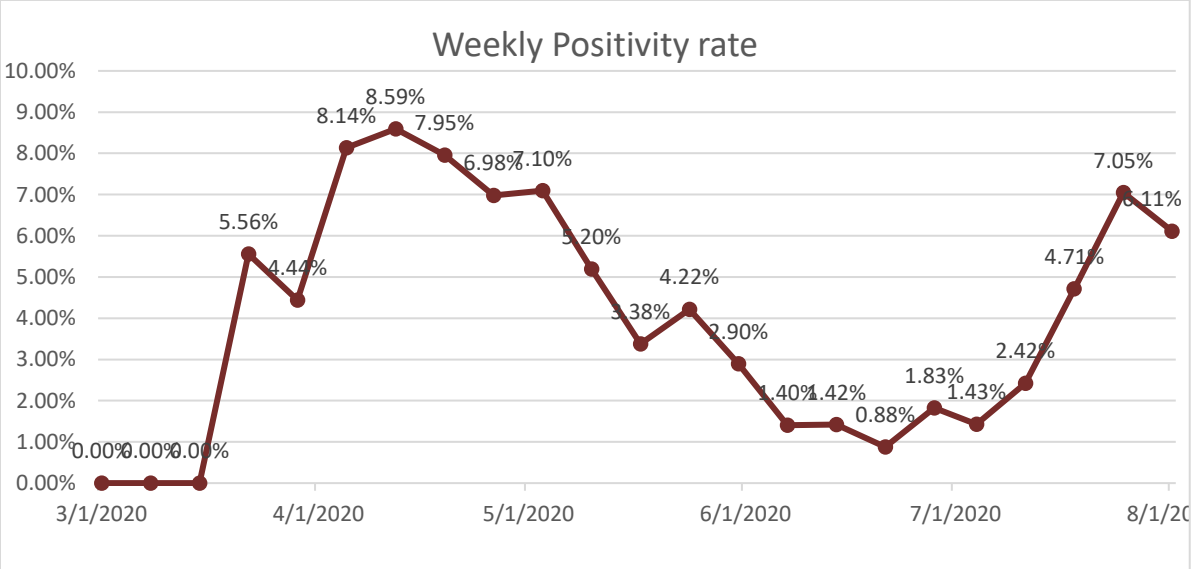
Total Recovered* - 277

Total Deaths* - 24

(*included in the total number of positive cases)

Graphs and statistical data are counted from Sunday to Saturday to coincide with IDPH reporting. (week ending 8/01/2020)





Of those tested this past week, 6.11 % were positive compared to 7.05% last week

you have COVID-19

COVID-19 Web Links to PDF Resources

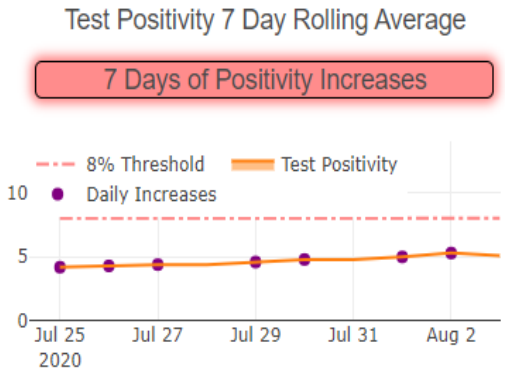
- Checklist for Healthcare Facilities: Strategies for Optimizing the Supply of N95 Respirators during the COVID-19 Response
- ASPR COVID-19 Healthcare Planning Checklist
- Cover Your Cough Poster
- Proper Handwashing Poster
- COVID-19 Poster: Stop the Spread of Germs
- Guide for Faith-Based Community
- Guide for Homeless Shelters
- Workplace Guidance
- Interim Guidance for Implementing Safety Practices for Critical Infrastructure Workers Who May Have Had Exposure to a Person with Suspected or Confirmed COVID-19

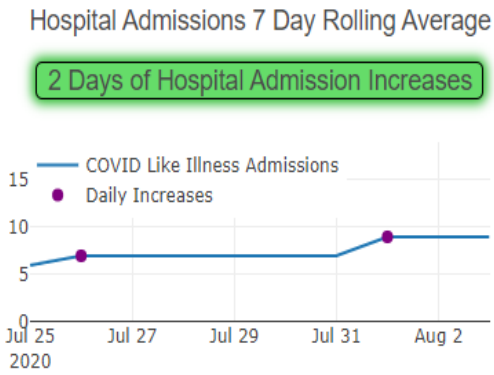
Case counts below as of 8/6/2020

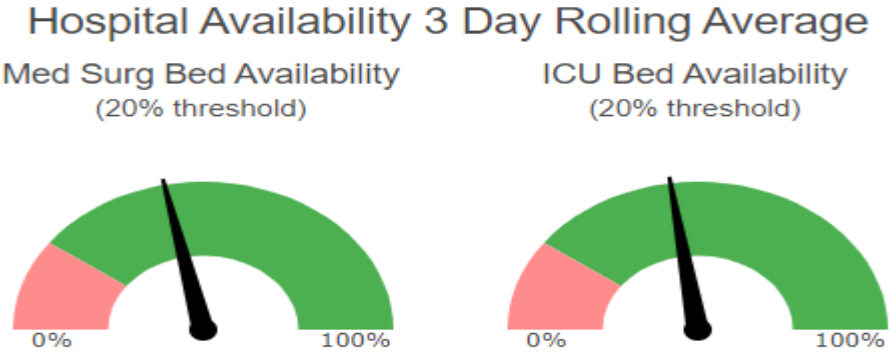
Age Range	M	F
0-9	15	3
10-19	13	24
20s	47	80
30s	37	49
40s	42	52
50s	56	51
60s	37	46
70s	25	27
80s	15	30
90s	7	16
100s	0	1
Total	294	379
%	43.68%	56.17%
total cases tracked		673

Total Deaths	24
Deaths by Age	
20's	0
30's	0
40's	1
50's	0
60's	6
70's	4
80's	8
90's	5
Deaths by Gender	
Males	15
Females	9

Region 2 Summary - 8/06/2020







42%

45%

- Interim Guidance for Routine Oral and Dental Care

County Level COVID-19 Risk Metrics – 7/26- 8/01/2020

New Cases Per 100,000 Case rate reported Sun-Sat (Target: less than 50 per 100,000)	**Number of Deaths** Death number reported Sun-Sat (Target: decreasing or stable Sun-Sat)	**Test Positivity (%)** (%) positive tests reported Sun-Sat (Target: less than or equal to 10%)
92 per 100k	0	5.9%
Tests Performed Number of tests reported Sun-Sat Target: Testing is Sufficient when test positivity is less than or equal to 10%	**CLI ED Visits (%), Adults** Emergency Department visits for COVID-19-like illness (Target: decreasing or stable Sun-Sat)	**Number of CLI Admissions** Hospital admissions for COVID-19-like illness (Target: decreasing or stable Sun-Sat)
1503	1. 6%	5
Cluster (%) of cases No Target This metric helps explain large increase in cases	**ICU (%) Available** ICU bed availability (Target: at least 20% of ICU beds available)	Metrics in target Range Metrics outside Target Range More information at https://dph.illinois.gov/countymetrics
13%	48.4%	

Community Based Testing

A list of public and private testing sites can be found on the IDPH website at http://www.dph.illinois.gov/testing.

Location	Address	Times
Aurora	1650 Premium Outlet Blvd Aurora	8:00am-4:00pm while daily supplies last
***Bloomington**	1106 Interstate Drive Bloomington	9:00am-5:00pm while daily supplies last
Champaign	Market Place Shopping Ctr 2000 N. Neil Street Champaign	8:00am-4:00pm while daily supplies last
***East St. Louis**	Jackie Joyner Kersee Ctr. Argonne Drive East St. Louis	8:00am-4:00pm while daily supplies last
Harwood Heights	6959 W. Forest Preserve Rd. Chicago	7:00am-3:00pm while daily supplies last
***Peoria**	Peoria Civic Center Fulton Street Parking Lot Peoria	8:00am-4:00pm while daily supplies last
Rockford	1601 Parkview Avenue Rockford	8:00am-4:00pm while daily supplies last
Rolling Meadows	Rolling Meadows HS 2901 Central Road Rolling Meadows	8:00am-4:00pm while daily supplies last
South Holland	South Suburban College 15800 State St South Holland	8:00am-4:00pm while daily supplies last
Waukegan	102 W. Water Street Waukegan	8:00am-4:00pm while daily supplies last

* Walk-up testing is available at Bloomington, East St. Louis, and Peoria.

Frequently Asked Questions

What Does it Mean When Recovery Numbers Are Reported?

As of August 6, 2020, LaSalle County Health Department was fortunate to be able to highlight 3 new recoveries for a total of 277 recovered cases. When it comes to COVID-19

what is the definition of "recovered" and what does it mean when that number is reported? Confirmed cases are reported as recovered once they are 10 days past their symptom onset date and have gone an additional 24 hours with no fever and feeling well. In the case of a confirmed asymptomatic individual, they need to isolate for 10 days past their test collection date. They can be released after the 10th day as long as they remained asymptomatic.

If an individual is still sick on day 10, they will be instructed to stay isolated until they can go 24 hours with no fever and feeling well.

Find us on:

www.facebook.com/LaSalleCountyHealth

www.twitter.com/LaSalleCoHealth

www.lasallecounty.org

Making Sense of the County Level Risk Metrics

Beginning in late June, the Illinois Department of Public Health (IDPH) began posting County Level Risk Metrics on their website in an effort to increase local residents' awareness of each County's progress throughout Phase 4 and to help the public make informed decisions and promote healthy behaviors.

The risk factors include several indicators that are monitored by the Illinois Department of Public Heath in order to measure the health burden of COVID-19 in each county and aid in determining the county's ability to respond to the virus. The measures are updated on a weekly basis and are based on the timeframe of Sunday to Saturday of the week prior. The metrics are compared to a target value or expected trend. Each county will be assessed to determine whether it is meeting or exceeding each indicator target. Using a color-coded system, counties will be able to determine whether they are meeting or not meeting set targets. Blue indicates that the county is experiencing overall stable COVID-19 metrics, while orange indicates there are warning signs of increased COVID-19 risk in the county. A warning level means that a county saw increases in two or more COVID-19 risk indicators. The eight metrics used to measure COVID-19 rates at a county level are:

- **New cases per 100,000 people.** If there are more than 50 new cases per 100,000 people in the county, this triggers a warning.
- **Number of deaths.** This metric indicates a warning when the weekly number of deaths increases more than 20% for two consecutive weeks.
- **Weekly test positivity.** This metric indicates a warning when the 7-day test positivity rate rises above 8%.
- **ICU availability.** If there are fewer than 20% of intensive care units available in the region, this triggers a warning.
- **Weekly emergency department visits.** A warning is triggered when the weekly visits to Emergency Departments for COVID-19-like-illness increase by more than 20% for two consecutive weeks.
- **Weekly hospital admissions.** A warning is triggered when the weekly number of hospital admissions for COVID-19-like-illness increases by more than 20% for two consecutive weeks.

- **Tests performed.** This metric is used for context and increased awareness of testing resources, but is not a metric that is used to trigger a county warning. Test positivity at or under 8% indicates there is sufficient testing. If the test positivity exceeds 8%, then the number of tests is considered insufficient.
- **Clusters.** This metric looks at the percent of COVID-19 cases associated with clusters or outbreaks and is used to understand a large increase in cases. It is also an indicator of successful investigation of cases to a known source. This is not a metric that is used to trigger a county warning.

How should this data be used? Individuals, families, and community groups can use this data to help inform their choices about personal and family gatherings, as well as what activities they choose to do. For example, if the county is currently orange, some questions you should consider include: Should I still attend or host a large gathering? Are there additional precautions I should take given my personal/family health risks? Should I wait to dine out or go to a movie?

Is LaSalle County at risk for being at the orange warning level again? Yes, unfortunately, we are still experiencing a high number of cases being reported. Until we can get a handle on that metric and slow the number of cases, we are seeing weekly, LaSalle County will be at risk for being issued a warning level again. To view the County Level Risk Metrics, please visit http://www.dph.illinois.gov/countymetrics.

Regional Metrics – What Does It All Mean?

In mid-July, Governor Pritzker and the Illinois Department of Public Health (IDPH) announced a new regional mitigation plan to prevent resurgence of COVID-19 in Illinois. The plan divides the State into 11 regions. The regional metrics can help people make informed decisions regarding a road trip vacation, family gatherings, and activities they have planned. The resurgence prevention plan outlines three tiers of general and industry-specific mitigations that can be acted upon to prevent a renewed spread of COVID-19. By looking at all available data it allows timely decisions to be made to protect the health of our communities. By assessing key metrics that indicate both the disease burden and the capacity of each COVID-19 region to respond, it allows for targeted actions to be taken within specific regions to help mitigate the spread of the illness. The following metrics will be used to determine when the spread of the virus in a region requires additional mitigations:

Sustained increase in 7-day rolling average (7 out of 10 days) in the positivity rate and one of the following severity indicators:

- Sustained 7-day increase in hospital admissions for a COVID-19 like illness
- Reduction in hospital capacity threatening surge capabilities (ICU capacity or medical/surgical beds < 20%)
- **OR** three consecutive days averaging ≥ 8% positivity rate

The updated guidance from IDPH establishes three tiers of mitigations that can be implemented should a region meet the resurgence metrics.

Actions to Combat a Resurgence of COVID-19			
***Triggers:** (1) sustained increase in positivity rate and A) sustained increase in hospital admissions or B) reduction in hospital capacity threatening surge capabilities; or (2) ≥ 8% positivity rate over three consecutive days*			
SETTING	**TIER 1**	**TIER 2**	**TIER 3**
Bars and restaurants	Reduce indoor dining capacity and suspend indoor bar service	Suspend indoor dining and bar service	Suspend in-person dining; takeout only
Hospitals	Reduce elective surgeries and procedures; limit visitation at hospitals; implement twice daily bed-reporting	Suspend elective surgeries and procedures; implement surge capacity; assess need to open Alternate Care Facility	Open Alternate Care Facility
Meetings, social events and religious gatherings	Additional limits on gatherings and room capacity	Greater limits on gatherings and room capacity	Strictest limit to gatherings and room capacity
Offices	Institute remote work for high risk individuals; continued emphasis on telework for as many workers as possible	Reduce office capacity with recommendations to resume remote work where possible	Institute remote work for all non-essential workers
Organized group recreational activities & gyms* (fitness centers, sports, etc.)	Reduce indoor capacity	Suspend organized indoor recreational activities	Suspend organized indoor and outdoor recreational activities
Retail*	Reduce in-person capacity	Suspend in-person non-essential retail; online and curbside pick-up available for all	Suspend all non-essential retail; only essential retail open (i.e. grocery stores, pharmacies)
Salons and personal care*	Institute temporary location shutdown tied to outbreak	Institute temporary location shutdown tied to outbreak with possible broader mitigations	Suspend salon and personal care operations

** Optional measures based on a region's on-the-ground condition. This list is not exhaustive and other industries may be added if indicated by the data.*

The regional metrics are updated daily and can be found at http://www.dph.illinois.gov/regionmetrics?regionID=2.

COVID-19 Protocols for a Business

The LaSalle County Health Department works very closely with business owners when they have an employee test positive for COVID-19. Business owners are an integral part of our investigation as they are able to provide us with timely and accurate information which is essential to preventing continued spread of the virus.

Through our investigation, the health department will contact anyone determined to be a close contact of a positive case and ask them to quarantine for 14 days and monitor for symptoms. Close contacts are defined as anyone who was less than 6 ft. away for 15 minutes or longer to the confirmed case. The department asks each confirmed case to

identify anyone they had close contact with 48 hours before they started to have symptoms or 48 hrs. prior to their positive test.

Quarantined or isolated workers cannot work at the business until they are released from isolation or quarantine by the health department. These workers should be able to provide documentation that they are required to not work at this time. They will be given release letters when they can return to work.

In the majority of situations, contact tracing is a very effective way of reaching those potentially exposed and is conducted with all confirmed cases. Public health officials work quickly to investigate and identify all individuals who were in close contact with the case. Everyone's level of risk is different depending on their interaction with the confirmed case. Anyone with questions is encouraged to contact the LaSalle County Health Department at 815-433-3366.

Protocols when a Business has a Positive Employee

When an employee tests positive the Health Department advises the employee to notify the employer.

The Health Department will also notify the business/owner.

During the interview process with the employee and owner, a determination will be made on who had close contact with the case.

Employers are required to notify staff that has been in close contact with a case. Although some businesses chose to notify all staff and/or the public, it is not required.

Quarantined or isolated workers cannot work at the business until they are released from isolation or quarantine by the health department.

If a business or food establishment has enough additional staff to continue to operate there are no requirements to close.

Businesses may make the decision to voluntary close. Often this is done to ensure proper cleaning and disinfection, testing of employees, and to determine staff availability.

Additionally, the Health Department may provide assistance and guidelines to reduce exposure among employees.

In an outbreak situation where the facility is having difficulty controlling the spread of the illness, the Health Department may recommend a business to close.

Public Notice of a Business Affected by COVID-19

In addition, to protect patient privacy, when public health officials are investigating patients with communicable diseases, we do not routinely name the business/establishment they are employed at. However, we would potentially name the business/establishment if:

1. There is concern that the general public may be at risk of infection
2. We cannot identify individuals who need follow-up or monitoring

If it is determined the general public is at risk, the health department would work with the business/establishment and the media to notify the public.

Purpose of the Coalition Bulletin
Publishing a regular newsletter -- weekly, in this case – will help keep our LaSalle County Healthcare Coalition in regular contact with up-to-date information between meetings.
For more information on the web:

- LaSalle County Health Department
- Illinois Department of Public Health
- Centers for Disease Control and Prevention

COVID-19: Quarantine vs. Isolation

QUARANTINE keeps someone who was in close contact with someone who has COVID-19 away from others.

If you had close contact with a person who has COVID-19

- Stay home until 14 days after your last contact.

- Check your temperature twice a day and watch for symptoms of COVID-19.

- If possible, stay away from people who are at higher-risk for getting very sick from COVID-19.

ISOLATION keeps someone who is sick or tested positive for COVID-19 without symptoms away from others, even in their own home.

If you are sick and think or know you have COVID-19

- Stay home until after
  - 3 days with no fever and
  - Symptoms improved and
  - 10 days since symptoms first appeared

If you tested positive for COVID-19 but do not have symptoms

- Stay home until after
  - 10 days have passed since your positive test.

If you live with others, stay in a specific "sick room" or area and away from other people or animals, including pets. Use a separate bathroom, if available.

cdc.gov/coronavirus

CS317422-A 6/8/2020 2PM

COVID-19 Coalition Bulletin

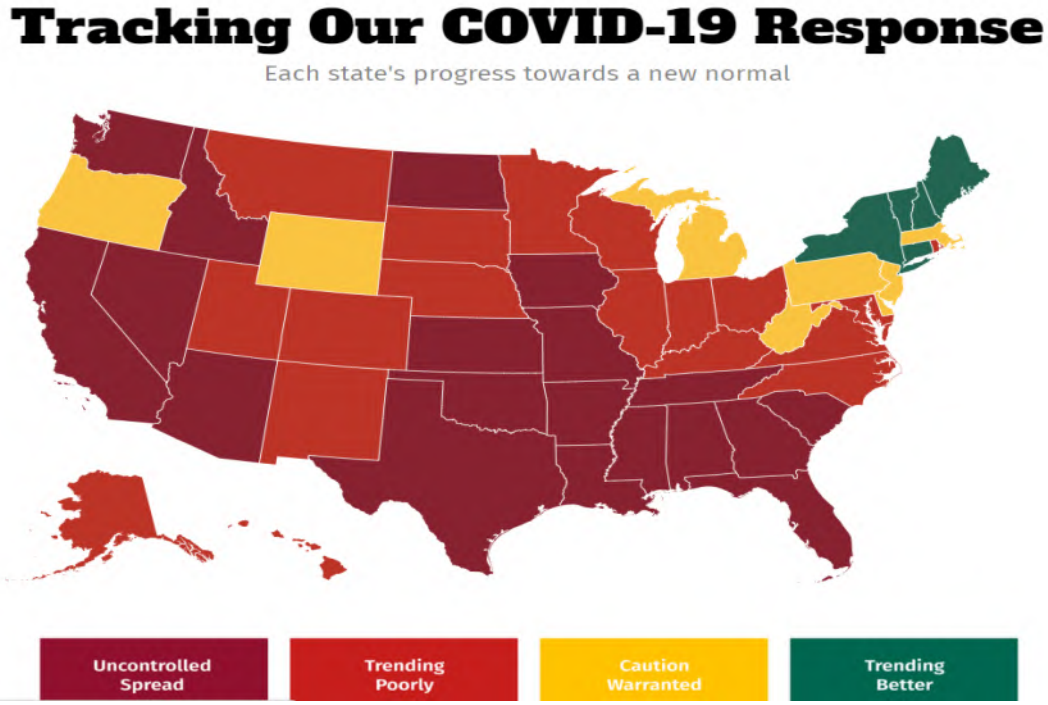
August 14 2020

In This Issue

- Coronavirus Disease 2019 – Situational Update
- COVID Numbers at a Glance
- LaSalle County COVID-19 Test Results &Data Summary
- Current LaSalle County Case Counts
- Region 2 Summary
- IDPH County Level COVID-19 Risk Metrics
- Community Based Testing
- Frequently Asked Questions
- Let's Work Together to Make Contact Tracing Work More Effectively!
- Need A Copy of Your COVID-19 Test Results? Follow these Easy Steps…

Web Link Resources

COVID-19 Situational Update



Map from https://www.covidexitstrategy.org/ which provides state by state data including 14-DAY TREND OF COVID+, LAST 14 DAYS OF COVID+ (ROLLING), INFLUENZA-LIKE ILLNESS, % OF TEST TARGET (US: 500K/DAY), ICU AVAILABILITY, NEW CASES PER MILLION PER DAY, and COVID+ RATE

COVID Numbers at a Glance

8.06.20

	Cases	Deaths
Worldwide	18,860,908	708,540
US	4,826,861	158,445
Illinois	188,424	7594
LaSalle County	673	24

8.13.2020

	Cases	Deaths
Worldwide	20,728,874	751,448
US	5,236,599	166,777
Illinois	200,427	7696
LaSalle County	882	28

John Hopkins GIS Map

ILLINOIS TESTING SITES

Symptoms Infographic

Resources for Healthcare Facilities

Preventing Community Spread

Information for Law Enforcement Personnel

Interim Guidance for Emergency Medical Services

Interim Guidance for School and Childcare

Environmental Cleaning and Disinfection Recommendations

RESTORE ILLINOIS

Interim Guidance for Management of Coronavirus in Correctional Facilities

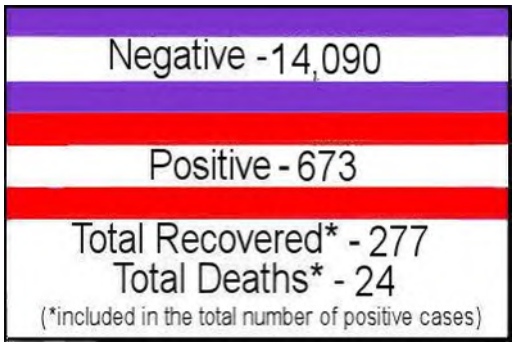
Guidance for Pets and Animals if you have COVID-19

COVID-19 Web Links to PDF Resources

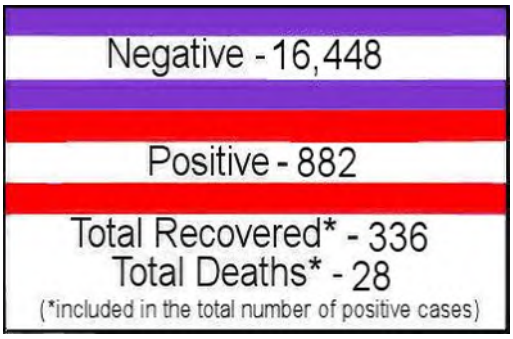
- Checklist for Healthcare Facilities: Strategies for Optimizing the Supply of N95

LaSalle County COVID-19 Test Results and Data

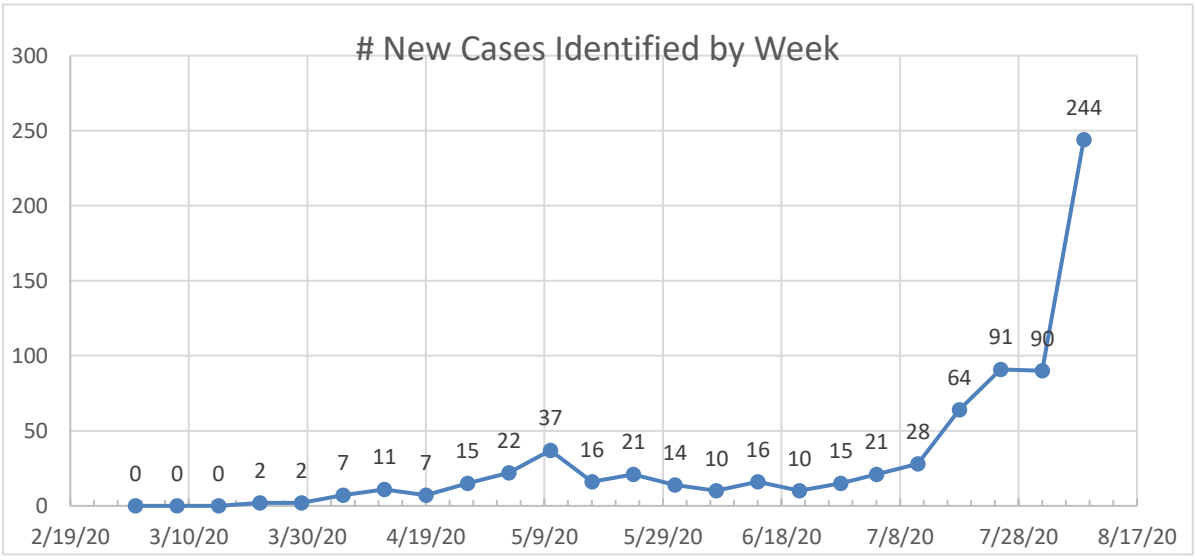
8.06.20

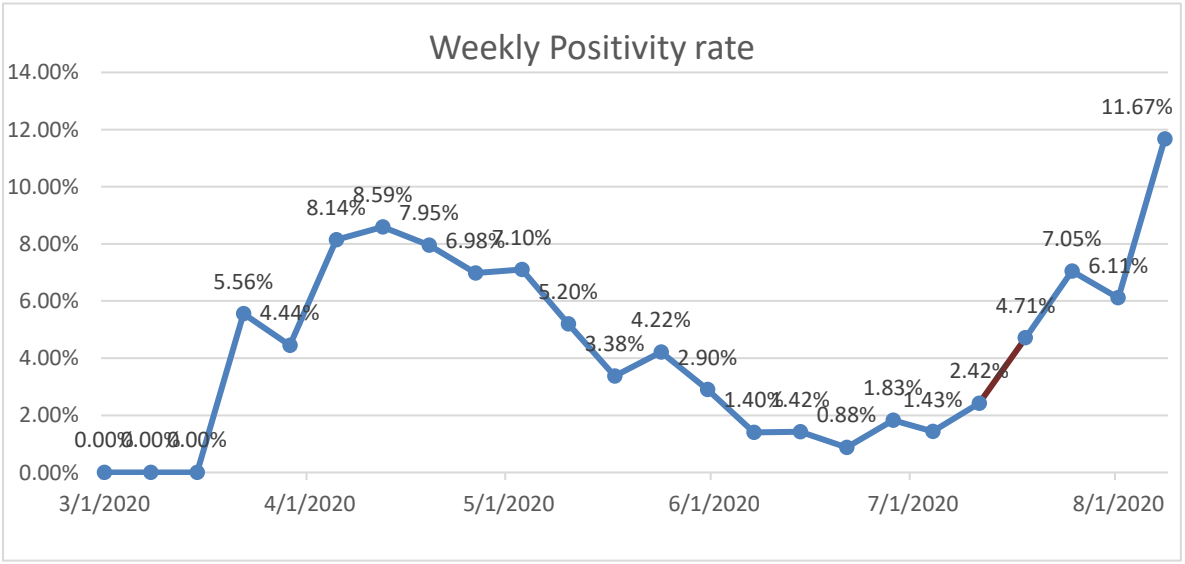


8.13.20



Graphs and statistical data are counted from Sunday to Saturday to coincide with IDPH reporting. (week ending 8/08/2020)





Of those tested this past week, 11.67 % were positive compared to 6.11 % last week

- Respirators during the COVID-19 Response
- ASPR COVID-19 Healthcare Planning Checklist
- Cover Your Cough Poster
- Proper Handwashing Poster
- COVID-19 Poster: Stop the Spread of Germs
- Guide for Faith-Based Community
- Guide for Homeless Shelters
- Workplace Guidance
- Interim Guidance for Implementing Safety Practices for Critical Infrastructure Workers Who May Have Had Exposure to a Person with Suspected or Confirmed COVID-19
- Interim Guidance for Routine Oral and Dental Care

Current LaSalle County Case Counts as of 8/14/2020*

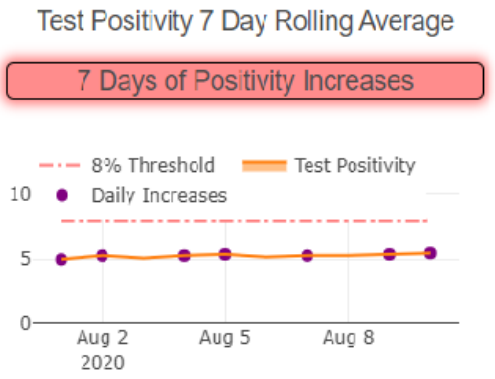
Age Range	M	F
0-9	23	8
10-19	21	35
20s	68	113
30s	50	62
40s	53	70
50s	66	75
60s	49	55
70s	29	37
80s	22	37
90s	8	27
100s	0	4
UNK		
Total	389	523
%	42.65%	57.35%
TOTAL CASEs		912

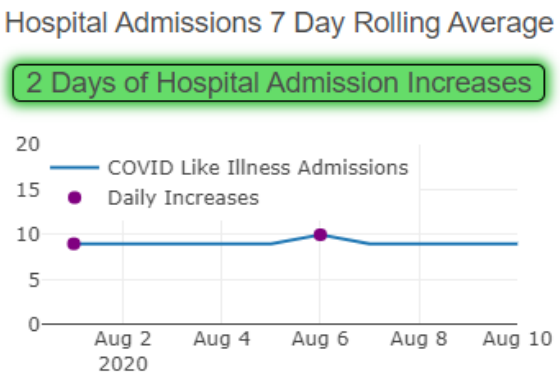
Total Deaths	29
Deaths by Age	
20's	0
30's	0
40's	1
50's	0
60's	6
70's	4
80's	10
90's	8
Deaths by Gender	
Males	15
Females	14

	March	April	May	June	July	August	Running Total
Number Cases	6	50	98	67	261	430	912
% of total cases	0.66%	5.48%	10.75%	7.35%	28.62%	47.15%	100.00%

*Note these numbers are adjusted based on the number of cases transferred to other locations.

Region 2 Summary - 8/13/2020





Hospital Availability 3 Day Rolling Average

Med Surg Bed Availability
(20% threshold)

40%

ICU Bed Availability
(20% threshold)

46%

County Level COVID-19 Risk Metrics – 8/02- 8/08/2020

New Cases Per 100,000 Case rate reported Sun-Sat (Target: less than 50 per 100,000) **229 per 100K**	**Number of Deaths** Death number reported Sun-Sat (Target: decreasing or stable Sun-Sat) **6**	**Test Positivity (%)** (%) positive tests reported Sun-Sat (Target: less than or equal to 10%) **10%**
Tests Performed Number of tests reported Sun-Sat Target: Testing is Sufficient when test positivity is less than or equal to 10% **2336**	**CLI ED Visits (%), Adults** Emergency Department visits for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **3.8 %**	**Number of CLI Admissions** Hospital admissions for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **9**
Cluster (%) of cases No Target This metric helps explain large increase in cases **12%**	**ICU (%) Available** ICU bed availability (Target: at least 20% of ICU beds available) **46.4%**	Metrics in target Range Metrics outside Target Range More information at https://dph.illinois.gov/countymetrics

Community Based Testing

A list of public and private testing sites can be found on the IDPH website at http://www.dph.illinois.gov/testing.

Location	Address	Times
Arlington Heights	Arlington Racetrack 2000 W Euclid Ave Arlington Heights	8:00am – 4:00pm while daily supplies last
Aurora	1650 Premium Outlet Blvd Aurora	8:00am-4:00pm while daily supplies last
***Bloomington**	1106 Interstate Drive Bloomington	9:00am-5:00pm while daily supplies last
Champaign	Market Place Shopping Ctr 2000 N. Neil Street Champaign	8:00am-4:00pm while daily supplies last
***East St. Louis**	Jackie Joyner Kersee Ctr. Argonne Drive East St. Louis	8:00am-4:00pm while daily supplies last
Harwood Heights	6959 W. Forest Preserve Rd. Chicago	7:00am-3:00pm while daily supplies last
***Peoria**	Peoria Civic Center Fulton Street Parking Lot Peoria	8:00am-4:00pm while daily supplies last
Rockford	1601 Parkview Avenue Rockford	8:00am-4:00pm while daily supplies last
South Holland	South Suburban College 15800 State St South Holland	8:00am-4:00pm while daily supplies last
Waukegan	102 W. Water Street Waukegan	8:00am-4:00pm while daily supplies last

* Walk-up testing is available at Bloomington, East St. Louis, and Peoria.

Frequently Asked Questions

I am currently under quarantine. If I am tested and test negative, do I still need to be quarantined?

Yes, you cannot test your way out of quarantine. The reason is the test measures infection, not exposure. It can take up to 14 days from the time of exposure for a person to test positive for COVID-19. For example, someone can be exposed on a Monday, be tested and test negative on a Tuesday, but then develop a clinical infection on Wednesday and then have a positive test Thursday. So, quarantine needs to last for 14 days regardless of testing results.

Find us on:

www.facebook.com/LaSalleCountyHealth

www.twitter.com/LaSalleCoHealth

www.lasallecounty.org

County Level Risk Metrics – LaSalle County Moves Back to an Orange Warning Level

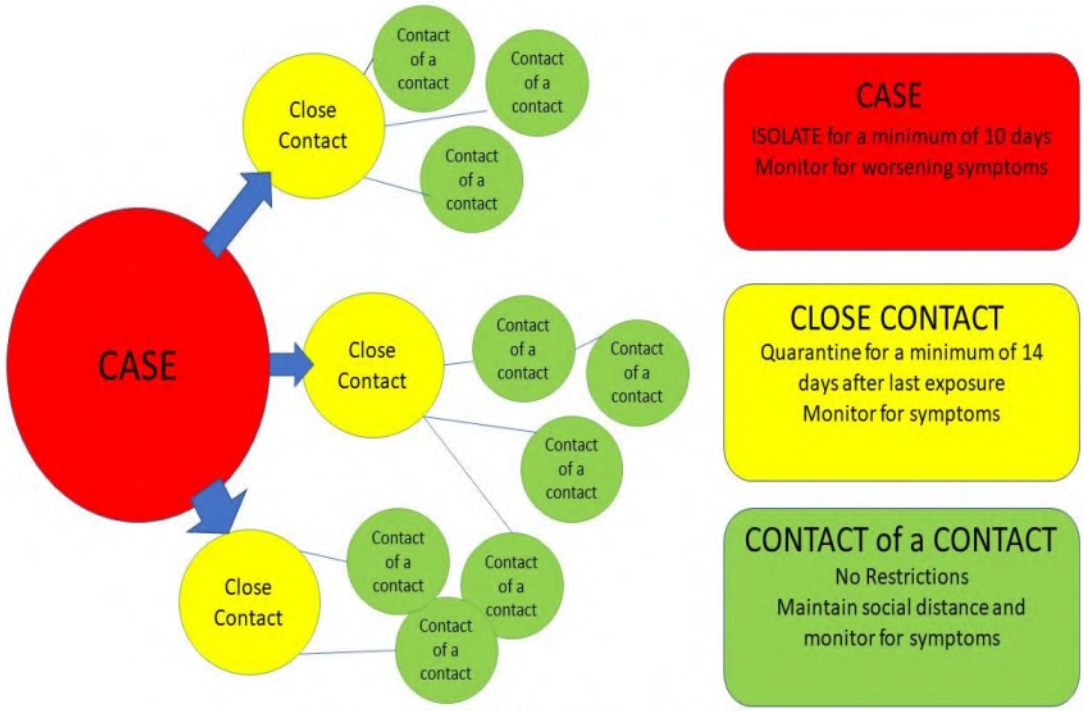
The LaSalle County Health Department is alerting residents that as of Friday, August 14, 2020, our County-Level COVID-19 Risk Metrics has been moved back to orange. As a reminder, orange status indicates there are warning signs of increased COVID-19 risk in the county. A warning level means that a county saw increases in two or more COVID-19 risk indicators.

LaSalle County has continued to see a concerning spike in our number of cases since early July. To date, there have already been more cases in August than there were in June and July combined. There were 67 confirmed cases identified in June and 261 confirmed cases identified in July. As of August 13th, we have already identified 400 confirmed cases this month. Until LaSalle County can get a handle on the number of new cases being identified each week and slow the community spread that is occurring, LaSalle County will continue to be at risk for remaining at the orange warning level. In addition, per the county-level risk metrics provided by the Illinois Department of Public Health, the 7-day test positivity rate has risen above 8%, as well as emergency room visits for COVID-like illness (CLI) have increased by more than 20% for two consecutive weeks.

Let's Work Together to Make Contact Tracing Work More Effectively!

If you have COVID-19, someone from the LaSalle County Health Department will call you to check on your health, discuss who you've been in contact with and ask you to stay at home to self-isolate.

The LaSalle County Health Department's contact tracing efforts are only as good as the information you provide. Please be ready to share all of your close contact information so we can reach out to these individuals. Together, we can make a difference.



Need A Copy of Your COVID-19 Test Results? Follow these Easy Steps…

If you need a copy of your COVID-19 test results for your records, please visit the LaSalle County Health Department's website at www.lasallecounty.org and click on COVID-19. Under the information header "Testing for COVID-19 – LaSalle County Health Department" you will find the ***Authorization for Release of Protected Health Information*** form. Click on this link and fill out the form. The form can be saved and then attached to an email. Please send the email to environmentalhealth@lasallecounty.org. Please include "Attn: Request for COVID-19 Testing Results" in the subject field of the email. The results can be mailed or picked up at the health department. For additional questions, please call 815-433-3366.

Purpose of the Coalition Bulletin
Publishing a regular newsletter -- weekly, in this case – will help keep our LaSalle County Healthcare Coalition in regular contact with up-to-date information between meetings.
For more information on the web:

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COVID-19 Coalition Bulletin

August 21 2020

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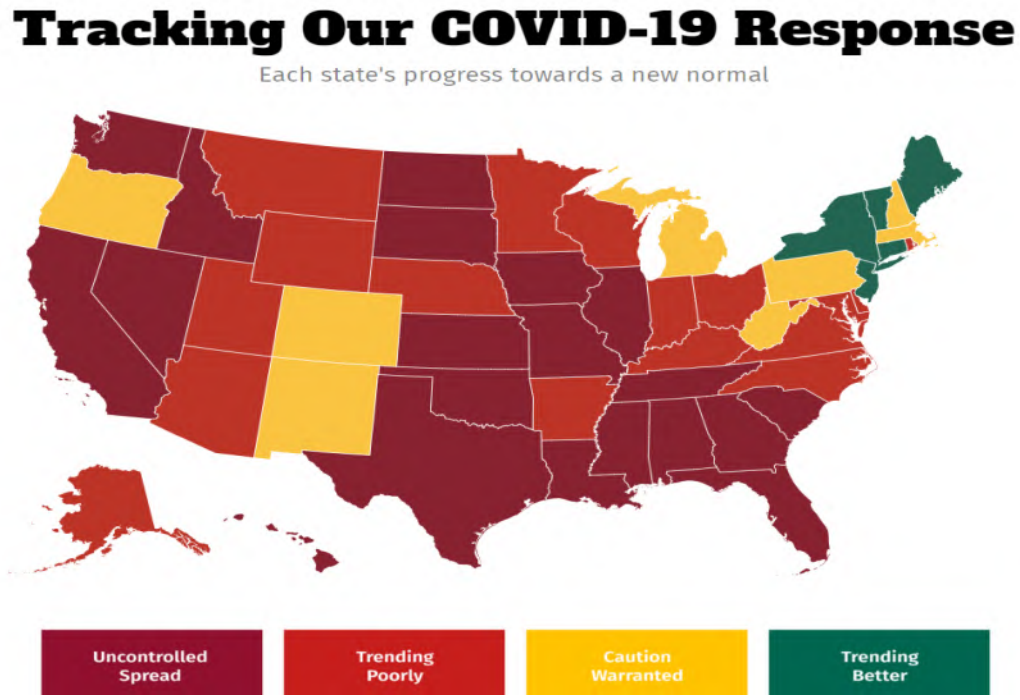
- Frequently Asked Questions
- LaSalle County's Orange Warning Level Returns to Blue
- New County Level COVID-19 Risk Metrics Data Added
- Resurgence Mitigations for Region 4 – Metro East Region
- Illinois Department of

COVID-19 Situational Update



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US	5,236,599	166,777
Illinois	200,427	7696
LaSalle County	882	28

8.20.2020

	Cases	Deaths
Worldwide	22,486,892	789,222
US	5,545,427	173,517
Illinois	213,721	7833
LaSalle County	1033	38

- Public Health Launches Travel Map to Provide Guidance on Travel Risk
- Test-Based Strategy Not Recommended for Return to Work

Web Link Resources

John Hopkins GIS Map

ILLINOIS TESTING SITES

Symptoms Infographic

Resources for Healthcare Facilities

Preventing Community Spread

Information for Law Enforcement Personnel

Interim Guidance for Emergency Medical Services

Interim Guidance for School and Childcare

Environmental Cleaning and Disinfection Recommendations

RESTORE ILLINOIS

Interim Guidance for Management of Coronavirus in

LaSalle County COVID-19 Test Results and Data

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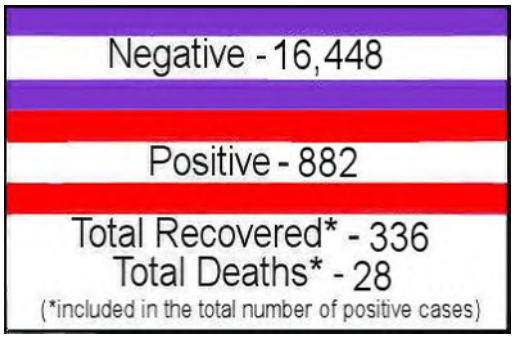

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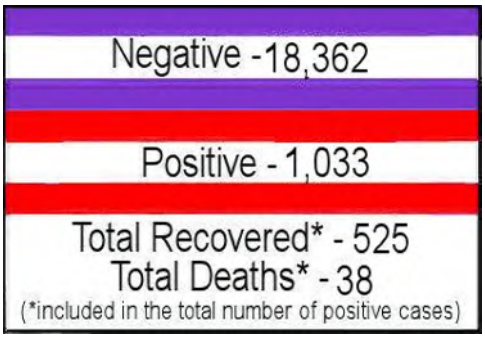

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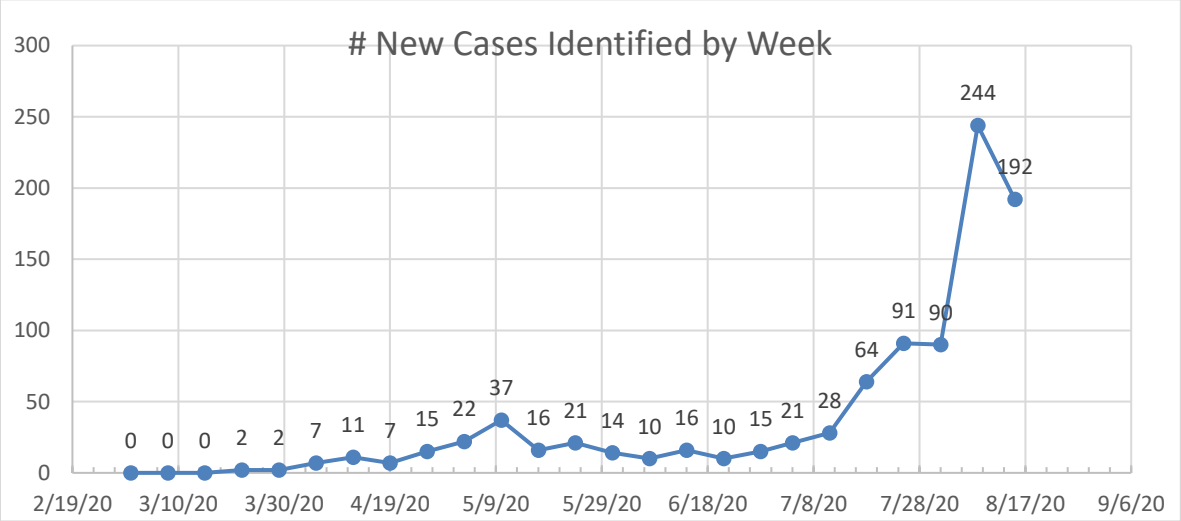
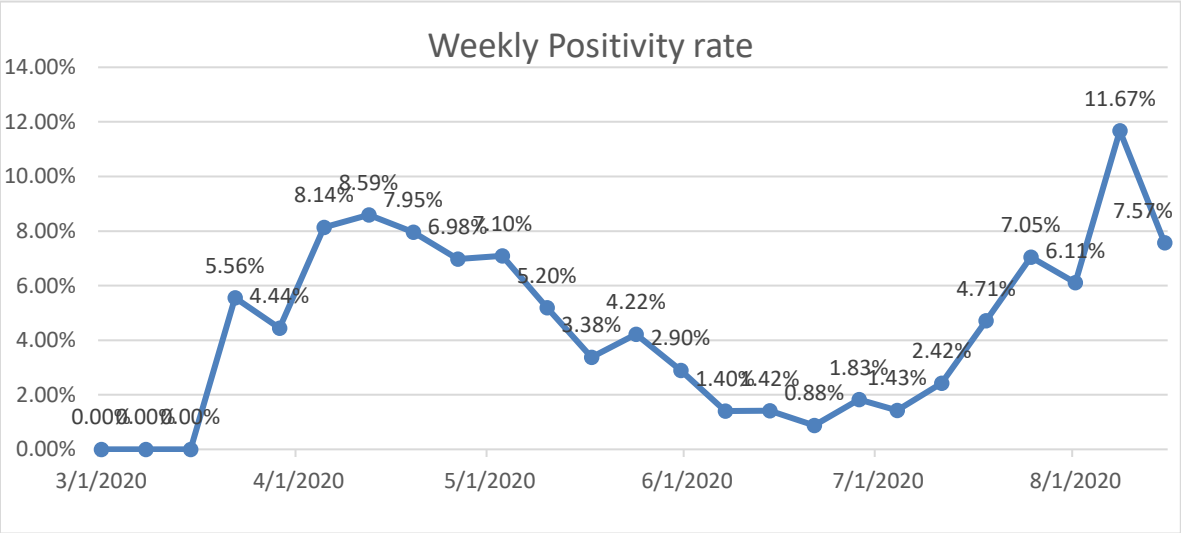




Of those tested this past week, 7.57 % were positive compared to 11.67 % last week

Correctional Facilities

Guidance for Pets and Animals if you have COVID-19

COVID-19 Web Links to PDF Resources

- Checklist for Healthcare Facilities: Strategies for Optimizing the Supply of N95 Respirators during the COVID-19 Response
- ASPR COVID-19 Healthcare Planning Checklist
- Cover Your Cough Poster
- Proper Handwashing Poster
- COVID-19 Poster: Stop the Spread of Germs
- Guide for Faith-Based Community
- Guide for Homeless Shelters
- Workplace Guidance
- Interim Guidance for Implementing Safety Practices for Critical Infrastructure Workers Who May Have Had Exposure to a

Current LaSalle County Case Data as of 8/21/2020*

Age Range	M	F
0-9	23	9
10-19	30	45
20s	78	132
30s	58	73
40s	68	85
50s	82	84
60s	58	65
70s	31	43
80s	24	41
90s	8	28
100s	0	4
UNK		
Total	460	609
%	43.03%	56.97%
TOTAL CASEs		1069

Total Deaths	39
Deaths by Age	
20's	0
30's	0
40's	1
50's	0
60's	6
70's	7
80's	12
90's	13
Deaths by Gender	
Males	20
Females	19

	March	April	May	June	July	August	Running Total
Number Cases	6	50	98	67	261	587	1069
% of total cases	0.66%	5.48%	10.75%	7.35%	28.62%	54.91%	100.00%

	March	April	May	June	July	August	total
Deaths by month	1	0	12	4	1	21	39
% of total deaths	2.70%	0.00%	32.43%	10.81%	2.70%	53.85%	100%

8.21.20

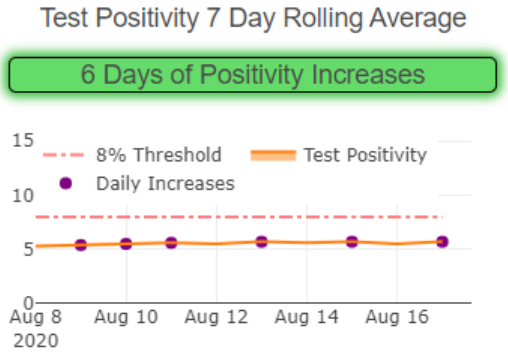
Town	Current Total	% of County Cases
Earlville	16	1.50%
Grand Ridge	17	1.59%
LaSalle	99	9.26%
Leland	10	0.94%
Lostant	8	0.75%

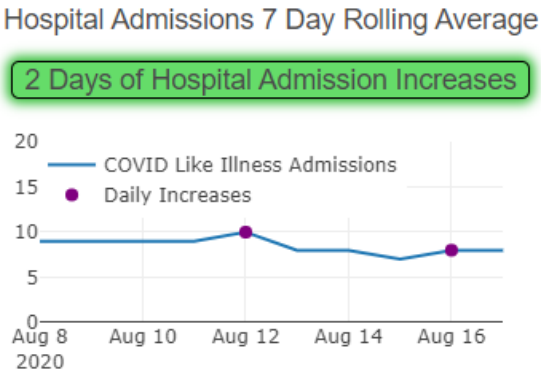
- Person with Suspected or Confirmed COVID-19
- Interim Guidance for Routine Oral and Dental Care

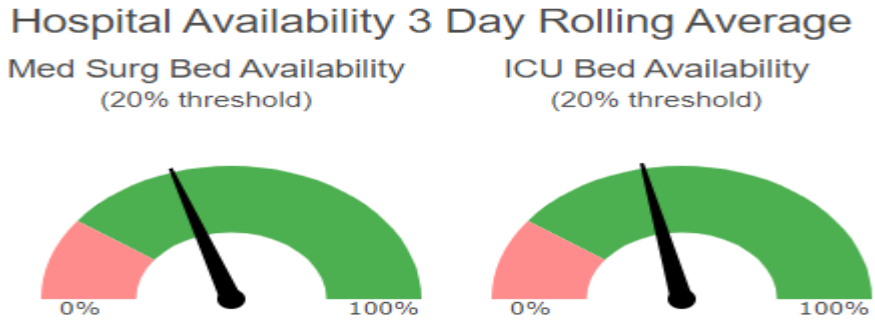
Marseilles	80	7.48%
Mendota	228	21.33%
Oglesby	40	3.74%
Ottawa	188	17.59%
Peru	64	5.99%
Sandwich	55	5.14%
Seneca	13	1.22%
Sheridan	40	3.74%
Somonauk	16	1.50%
Streator	158	14.78%
Tonica	5	0.47%
Utica	14	1.31%
Other**	18	1.68%
TOTAL CASES		1069

*Note these numbers are adjusted based on the number of cases transferred to other locations.
** Number of LaSalle County Cases in Communities with less than 5 cases

Region 2 Summary - 8/20/2020







39% 43%

County Level COVID-19 Risk Metrics – 8/09- 8/15/2020

New Cases Per 100,000 Case rate reported Sun-Sat (Target: less than 50 per 100,000) **171 per 100K**	**Number of Deaths** Death number reported Sun-Sat (Target: decreasing or stable Sun-Sat) **6**	**Test Positivity (%)** (%) positive tests reported Sun-Sat (Target: less than or equal to 10%) **7.5 %**
Tests Performed Number of tests reported Sun-Sat Target: Testing is Sufficient when test positivity is less than or equal to 10% **2510**	**CLI ED Visits (%), Adults** Emergency Department visits for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **3.3 %**	**Number of CLI Admissions** Hospital admissions for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **7**
Cluster (%) of cases No Target This metric helps explain large increase in cases **13.2%**	**ICU (%) Available** ICU bed availability (Target: at least 20% of ICU beds available) **46.1%**	Metrics in target Range Metrics outside Target Range More information at https://dph.illinois.gov/countymetrics

Community Based Testing

A list of public and private testing sites can be found on the IDPH website at http://www.dph.illinois.gov/testing.

Location	Address	Times
Arlington Heights	Arlington Racetrack 2000 W Euclid Ave Arlington Heights	8:00am – 4:00pm while daily supplies last
Aurora	1650 Premium Outlet Blvd Aurora	8:00am-4:00pm while daily supplies last
***Bloomington**	1106 Interstate Drive Bloomington	9:00am-5:00pm while daily supplies last

Champaign	Market Place Shopping Ctr 2000 N. Neil Street Champaign	8:00am-4:00pm while daily supplies last
***East St. Louis**	Jackie Joyner Kersee Ctr. Argonne Drive East St. Louis	8:00am-4:00pm while daily supplies last
Harwood Heights	6959 W. Forest Preserve Rd. Chicago	7:00am-3:00pm while daily supplies last
***Peoria**	Peoria Civic Center Fulton Street Parking Lot Peoria	8:00am-4:00pm while daily supplies last
Rockford	1601 Parkview Avenue Rockford	8:00am-4:00pm while daily supplies last
South Holland	South Suburban College 15800 State St South Holland	8:00am-4:00pm while daily supplies last
Waukegan	102 W. Water Street Waukegan	8:00am-4:00pm while daily supplies last

* Walk-up testing is available at Bloomington, East St. Louis, and Peoria.

Why Does the LaSalle County Health Department Not Report the Number of Hospitalized Individuals?

The LaSalle County Health Department has not included the number of hospitalized individuals in the information they share with the public and media as it is a constantly evolving number. There are many variables that effect the accuracy of the number, as we are not always notified immediately when someone becomes hospitalized, or when they are released from the hospital. We are continually evaluating this data piece and are working to find a way to incorporate an accurate number into our updates.

LaSalle County's Orange Warning Level Returns to Blue

LaSalle County was not included in the counties with a warning level this week. It takes two or more COVID-19 risk indicator from the state's COVID-19 Resurgence Mitigation

plan for a county to turn or remain orange and enter a warning level. LaSalle County returned to blue because we saw a decrease in the 7-day test positivity rate that had previously risen above 8%, as well as emergency room visits for COVID-like illness (CLI) during the time frame of August 9-15th.
However, the county is still experiencing a high number of cases being reported. Until LaSalle County can get a handle on the number of new cases being identified each week and slow the community spread that is occurring, LaSalle County will continue to be at risk for remaining at the orange warning level. The Department is asking everyone to continue to follow the advice of public health officials to help slow the spread of COVID-19. LaSalle County is definitely not out of the woods and there is still much progress to be made.

Precautions to help prevent the spread of COVID-19:

- Face coverings should be properly worn in public spaces as well as when within 6 ft of individuals outside of your immediate household
- Proper use of face coverings involves covering the nose and mouth
- Maintain social distancing of at least 6ft between yourself and individuals outside of your household
- In-person and large gatherings should be avoided as it is difficult to maintain distancing
- Stay home if you are sick, even when you have mild symptoms and get tested
- While waiting for your test results, stay in isolation to prevent further exposure to others
- Re-consider traveling to areas that are experiencing high rates of activity or areas where there aren't protective measures. If you do travel take precautions and monitor symptoms upon return.

New County Level COVID-19 Risk Metrics Data Added

Beginning in late June, the Illinois Department of Public Health (IDPH) began posting County Level Risk Metrics on their website. These metrics are intended to be used for local level awareness of each county's progress during Phase 4 and will help local leaders, businesses, local health departments, and the public make informed decisions and promote healthy behaviors.

On Friday, August 21st, IDPH will roll-out additional data in the form of web pop-ups which will show more information such as trends in positives, case rate, and new cases in youth over a 2-week period.

To view the County Level Risk Metrics, please visit http://www.dph.illinois.gov/countymetrics.

Resurgence Mitigations for Region 4 – Metro East Region (Clinton, Madison, Monroe, Randolph, St. Clair, and Washington counties)

On August 16, 2020 new COVID-19 Mitigations were announced for Region 4. Region 4 has exceeded IPDH criteria that trigger additional mitigations to combat a resurgence of COVID-19 and

prevent uncontrollable spread. As detailed in the July 15 Restore Illinois resurgence place, new mitigations will be applied if a region's positive rate averages greater than or equal to 8% for three consecutive days, as it has in Region 4 from August 14 to 16, 2020. Effective August 18, Region 4 began operating under these new mitigation requirements. Read the new mitigations here: https://dceocovid19resources.com/assets/Restore-Illinois/Resurgence-Migitations-Region-4.pdf

RESTORE ILLINOIS

Resurgence Mitigations for Region 4

ANNOUNCED 8/16/20 | EFFECTIVE 8/18/20

Region 4 has exceeded IDPH criteria that trigger additional mitigations to combat a resurgence of COVID-19 and prevent uncontrollable spread. As detailed in the July 15 Restore Illinois resurgence plan, new mitigations will be applied if a region's positivity rate averages greater than or equal to 8% for three consecutive days, as it has in Region 4 from August 14 to 16, 2020. Region 4 includes Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington counties.

Effective August 18, Region 4 will operate under these new mitigation requirements:

SETTING	MITIGATION REQUIREMENTS
Bars	• All bars close at 11:00pm (matching new closing time at bars in St. Louis) • No ordering, seating, or congregating at bar (bar stools should be removed) • All bar patrons should be seated at tables inside and outside • All indoor tables should be reduced to 6 persons or less • Tables should be 6 feet apart • No standing or congregating indoors or outdoors while waiting for a table or exiting • No dancing or standing indoors • Reservations required for each party
Restaurants	• All restaurants close at 11:00pm (matching new closing time at bars in St. Louis) • All indoor tables should be reduced to 6 people or less • Tables should be 6 feet apart • No standing or congregating indoors or outdoors while waiting for a table or exiting • Reservations required for each party • If the restaurant also has a bar, the rules for bars apply
Meetings, social events and gatherings	• Limit to lesser of 25 guests or 25% of overall room capacity • All reception halls closed • No party buses • Gaming and Casinos close at 11:00pm and are limited to 25% capacity
Organized group recreational activities (fitness centers, sports, etc.)	• No change • All Sports Guidance effective August 15, 2020, remains in effect • Outdoor Activities (not included in the above exposure settings) continue per current DCEO guidance

IDPH will track the positivity rate in Region 4 over a 14-day monitoring period to determine if mitigations can be relaxed, if additional mitigations are required, or if current mitigation should remain in place. If the positivity rate averages less than or equal to 6.5 percent over a 14-day period, the region will return to Phase 4 mitigations under the Restore Illinois Plan. If the positivity rate averages between 6.5 percent and 8 percent, the new mitigations will remain in place. If the positivity rate averages greater than or equal to 8 percent after 14 days, more stringent mitigations will be applied to further reduce spread of the virus, which can include the closure of indoor bars and dining.

Follow the latest regional metrics at: https://dph.illinois.gov/regionmetrics

Illinois Department of Public Health Launches Travel Map to Provide Guidance on Travel Risk

The Illinois Department of Public Health launched a new coronavirus disease (COVID-19) travel map to help inform residents of potential risks associated with traveling during the pandemic. The map indicates countries and U.S. states with increased risk of COVID-19 based on case rates. While staying home is the best way to protect yourself and others from COVID-19, we know that is may not be possible to avoid all travel. Anyone who is traveling, whether for work or otherwise, is encouraged to check out the map before making plans.

Locations that have an average daily case rate of 15 cases per 100,000 or greater are designated as "higher risk" on the map, which can be found here http://www.dph.illinois.gov/covid19/travel.

Airports, bus stations, train stations, and rest stops are all places travelers can be exposed to the virus in the air and on surfaces. The more people you come into contact with, for longer periods of time, the greater your risk of infection if you are exposed to someone with COVID-19.

Do not travel when you are sick or with someone who is sick. When traveling, it is especially important to wear your mask, to keep 6 feet of distance between you and others you are not traveling with, and wash your hands frequently or use hand sanitizer if soap and water are not available.

When considering travel, think about the destination. It is also important to think about needed precautions for moving through bus, train, or airport terminals, check-in and security lines, as well as the actual bus, train, or plane ride. Remember to take precautions when stopping for gas, food, and bathroom breaks when traveling by car or RV and as you interact with others and frequently touched surfaces.

Test-Based Strategy Not Recommended for Return to Work

Accumulating evidence supports ending isolation and precautions for persons with COVID-19 using a symptom-based strategy. Specifically, researchers have reported that people with mild to moderate COVID-19 remain infectious no longer than 10 days after their symptoms began, and those with more severe illness or those who are severely immunocompromised remain infectious no longer than 20 days after their symptoms began. Therefore, CDC has updated the recommendations for discontinuing home isolation as follows:

Persons with COVID-19 who have symptoms and were directed to care for themselves at home may discontinue isolation under the following conditions:

- At least 10 days* have passed since symptom onset **and**
- At least 24 hours have passed since resolution of fever without the use of fever-reducing medications **and**
- Other symptoms have improved (feeling well).

A limited number of persons with severe illness may produce replication-competent virus beyond 10 days, that may warrant extending duration of isolation for up to 20 days after symptom onset.

Consider consultation with infection control experts. See Discontinuation of Transmission-Based Precautions and Disposition of Patients with COVID-19 in Healthcare Settings (Interim Guidance).

Persons infected with COVID-19 who never develop COVID-19 symptoms may discontinue isolation and other precautions 10 days after the date they went to get tested.
If a person has tested positive for COVID-19, it is not recommended nor required by the Centers for Disease Control or the LaSalle County Health Department for people to test negative before returning to work. Once someone tests positive, they are likely to continue testing positive for 6-8 week after their infection resolves. That does not mean they are still contagious to others. The test is very sensitive and picks up both live, currently infectious virus and dead, no longer infectious virus, and there is no way for the test to differentiate the two. Read the CDC guidance here, https://www.cdc.gov/coronavirus/2019-ncov/hcp/disposition-in-home-patients.html

Purpose of the Coalition Bulletin
Publishing a regular newsletter -- weekly, in this case – will help keep our LaSalle County Healthcare Coalition in regular contact with up-to-date information between meetings.
For more information on the web:

- LaSalle County Health Department
- Illinois Department of Public Health
- Centers for Disease Control and Prevention

Find us on:

www.facebook.com/LaSalleCountyHealth

www.twitter.com/LaSalleCoHealth

www.lasallecounty.org

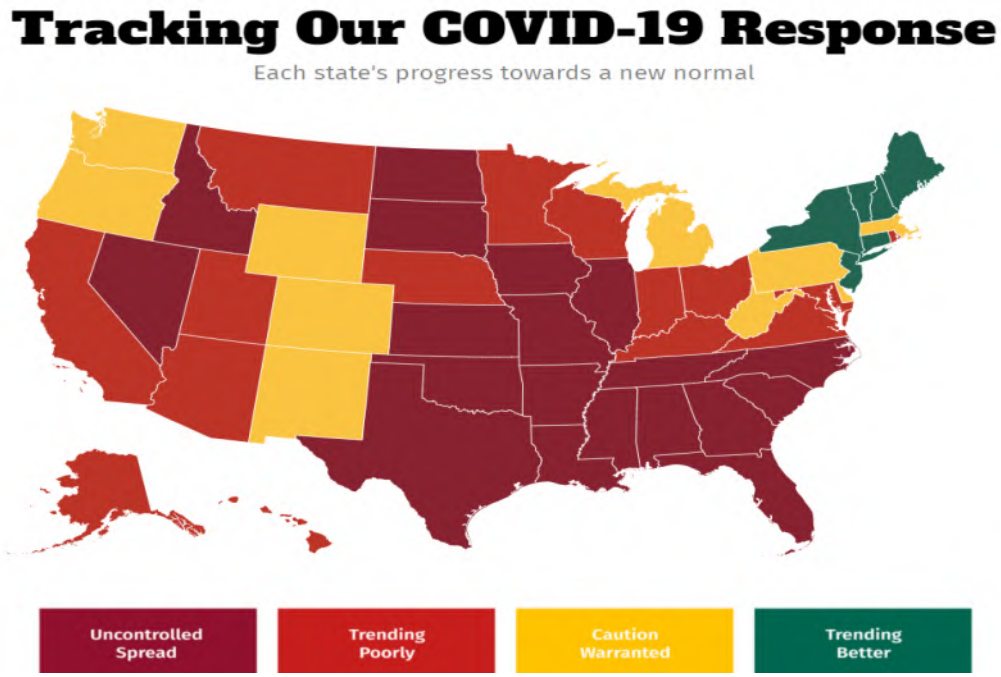
COVID-19 Coalition Bulletin

August 28 2020

In This Issue

- Coronavirus Disease 2019 – Situational Update
- COVID Numbers at a Glance
- LaSalle County COVID-19 Test Results &Data Summary
- Current LaSalle County Case Counts
- Region 2 Summary
- IDPH County Level COVID-19 Risk Metrics
- Local Testing Information
- Community Based Testing
- Frequently Asked Questions
- IDPH Highlights Importance of Testing Amid Pandemic
- Illinois Updates Safety Guidelines for Restaurants and Bar Establishments
- Resurgence Mitigations for Region 7 – Will

COVID-19 Situational Update



Map from https://www.covidexitstrategy.org/ which provides state by state data including 14-DAY TREND OF COVID+, LAST 14 DAYS OF COVID+ (ROLLING), INFLUENZA-LIKE ILLNESS, % OF TEST TARGET (US: 500K/DAY), ICU AVAILABILITY, NEW CASES PER MILLION PER DAY, and COVID+ RATE

COVID Numbers at a Glance

8.20.20

	Cases	Deaths
Worldwide	22,486,892	789,222
US	5,545,427	173,517
Illinois	213,721	7833
LaSalle County	1033	38

8.27.2020

	Cases	Deaths
Worldwide	24,206,817	826,591
US	5,824,189	179,756
Illinois	227,334	7977
LaSalle County	1183	45

and Kankakee Counties

- COVID-19 Workplace Health and Safety Guidance for Business Employees and Staff
- Guidance for Employers and Employees on Worker's Rights

Web Link Resources

John Hopkins GIS Map

ILLINOIS TESTING SITES

Symptoms Infographic

Resources for Healthcare Facilities

Preventing Community Spread

Information for Law Enforcement Personnel

Interim Guidance for Emergency Medical Services

Interim Guidance for School and Childcare

Environmental Cleaning and Disinfection Recommendations

RESTORE ILLINOIS

Interim Guidance for Management

LaSalle County COVID-19 Test Results and Data

8.20.20

Negative -18,362

Positive - 1,033

Total Recovered* - 525

Total Deaths* - 38

(*included in the total number of positive cases)

8.27.20

Negative -20,294

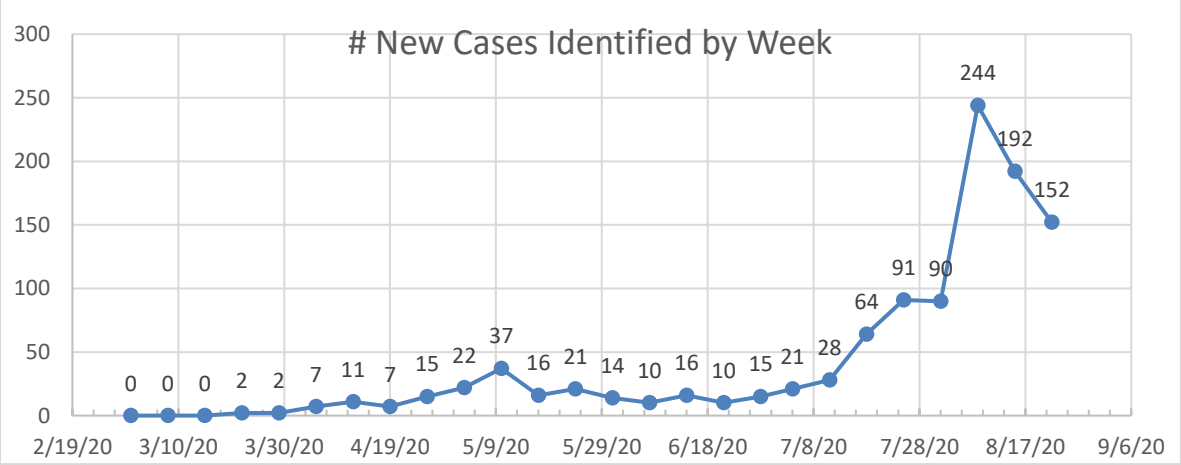
Positive -1,183

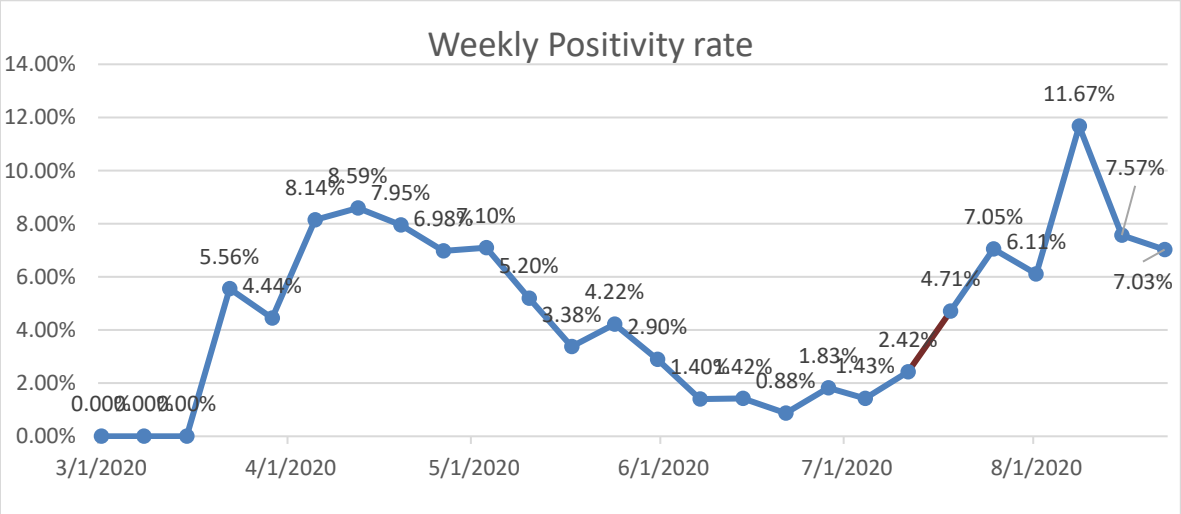
Total Recovered* - 664

Total Deaths* - 45

(*included in the total number of positive cases)

Graphs and statistical data are counted from Sunday to Saturday to coincide with IDPH reporting. (week ending 8/22/2020)





Of those tested this past week, 7.03 % were positive compared to 7.57 % last week

of Coronavirus in Correctional Facilities

Guidance for Pets and Animals if you have COVID-19

COVID-19 Web Links to PDF Resources

- Checklist for Healthcare Facilities: Strategies for Optimizing the Supply of N95 Respirators during the COVID-19 Response
- ASPR COVID-19 Healthcare Planning Checklist
- Cover Your Cough Poster
- Proper Handwashing Poster
- COVID-19 Poster: Stop the Spread of Germs
- Guide for Faith-Based Community
- Guide for Homeless Shelters
- Workplace Guidance
- Interim Guidance for Implementing Safety Practices for Critical Infrastructure Workers Who May Have Had

Current LaSalle County Case Data as of 8/28/2020*

Age Range	M	F
0-9	25	11
10-19	37	57
20s	88	143
30s	63	87
40s	77	92
50s	90	100
60s	68	74
70s	34	48
80s	26	46
90s	8	30
100s	0	4
UNK		
Total	516	692
%	42.72%	57.28%
TOTAL CASEs		1208

Total Deaths	45
Deaths by Age	
20's	0
30's	0
40's	1
50's	0
60's	6
70's	8
80's	15
90's	13
100s	2
Deaths by Gender	
Males	20
Females	25

Case by Month Summary

	March	April	May	June	July	August	Running Total
Number Cases	6	50	98	67	261	726	1208
% of total cases	0.50%	4.14%	8.11%	5.55%	21.61%	60.10%	100.00%

Deaths by Month Summary

	March	April	May	June	July	August	total
Deaths by month	1	0	12	4	1	27	45
% of total deaths	2.22%	0.00%	26.67%	8.89%	2.22%	60.00%	100%

- Exposure to a Person with Suspected or Confirmed COVID-19
- Interim Guidance for Routine Oral and Dental Care

8.21.20

Town	Current Total	% of County Cases
Earlville	16	1.50%
Grand Ridge	17	1.59%
LaSalle	99	9.26%
Leland	10	0.94%
Lostant	8	0.75%
Marseilles	80	7.48%
Mendota	228	21.33%
Millington	<5	N/A
Oglesby	40	3.74%
Ottawa	188	17.59%
Peru	64	5.99%
Sandwich	55	5.14%
Seneca	13	1.22%
Sheridan	40	3.74%
Somonauk	16	1.50%
Streator	158	14.78%
Tonica	5	0.47%
Utica	14	1.31%
Other**	18	1.68%
TOTAL CASES		1069

8.28.20

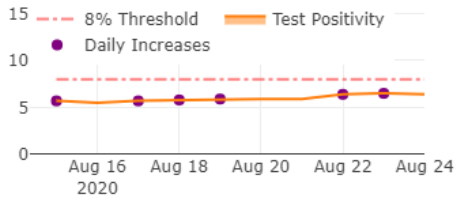
Town	Current Total	Increase since last week	*% of County Cases*
Earlville	19	3	1.57%
Grand Ridge	17	0	1.41%
LaSalle	106	7	8.77%
Leland	13	3	1.08%
Lostant	8	0	0.66%
Marseilles	85	5	7.04%
Mendota	233	5	19.29%
Millington	5	N/A	0.41%
Oglesby	43	3	3.26%
Ottawa	219	31	18.13%
Peru	76	12	6.29%
Sandwich	57	2	4.72%
Seneca	16	3	1.32%
Sheridan	43	3	3.56%
Somonauk	16	0	1.32%
Streator	210	52	17.38%
Tonica	9	4	0.75%
Utica	18	4	1.49%
Other**	15	--	1.24%
TOTAL CASES			1208

*Note these numbers are adjusted based on the number of cases transferred to other locations.
** Number of LaSalle County Cases in Communities with less than 5 cases

Region 2 Summary - 8/27/2020

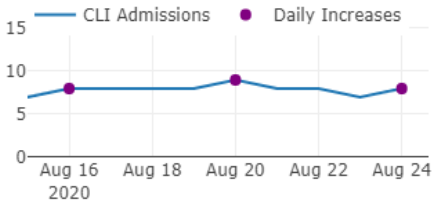
Test Positivity 7 Day Rolling Average

6 Days of Positivity Increases



Hospital Admissions 7 Day Rolling Average

3 Days of Hospital Admission Increases



Hospital Availability 3 Day Rolling Average

Med Surg Bed Availability
(20% threshold)

36%

ICU Bed Availability
(20% threshold)

44%

County Level COVID-19 Risk Metrics – 8/16- 8/22/2020

New Cases Per 100,000 Case rate reported Sun-Sat (Target: less than 50 per 100,000) **128 per 100K**	**Number of Deaths** Death number reported Sun-Sat (Target: decreasing or stable Sun-Sat) **9**	**Test Positivity (%)** (%) positive tests reported Sun-Sat (Target: less than or equal to 10%) **5.7 %**
Tests Performed Number of tests reported Sun-Sat Target: Testing is Sufficient when test positivity is less than or equal to 10% **2112**	**CLI ED Visits (%), Adults** Emergency Department visits for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **4.4 %**	**Number of CLI Admissions** Hospital admissions for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **9**
Cluster (%) of cases No Target This metric helps explain large increase in cases **8.3%**	**ICU (%) Available** ICU bed availability (Target: at least 20% of ICU beds available) **43.4%**	Metrics in target Range Metrics outside Target Range More information at https://dph.illinois.gov/countymetrics

Local Testing Information

LaSalle County Health Department
A drive-thru COVID-19 Community Based Testing Site (CBTS) is held on a weekly basis at the LaSalle County Emergency Management Agency Building (EMA) at 711 E Etna Rd, Ottawa. The site will be open from 9:00 a.m. to 11:00 a.m. and will run **by appointment only**.

This testing site is open to all regardless of symptoms, no Doctor's order is required. Health insurance will be billed. **Individuals are required to schedule an appointment by calling 815-433-3366 prior to arriving on site.** Instructions including wearing a mask, bringing a Photo ID, and directions for how to drive into the site will be provided at that time.

Illinois Valley Community Hospital

- IVCH is proud to offer Covid-19 testing for both those with symptoms or who have had an exposure to a COVID-19 case.
- Patients seeking Covid-19 testing may either call their IVCH primary care provider for an order or may call the IVCH Covid-19 Hotline 9am – 5 pm weekdays and 10am – 4 pm weekends, at 815-780-3425 to speak to a nurse regarding testing.
- All Covid-19 tests must be ordered by a provider.
- Testing is available Monday through Friday and by appointment only.
- Covid-19 tests take approximately 72 hours to receive a result.
- All patients will be notified of their test result by phone.
- IVCH Care Today and the Emergency Room do not provide routine COVID-19 testing.

OSF HealthCare Saint Elizabeth Medical Center

If you suspect you have novel coronavirus (COVID-19) and it is not an emergency, DO NOT go to a hospital or doctor's office. Instead, use one of the care options that best fits your needs below.

- Clare, our 24/7 virtual assistant chatbot at osfhealthcare.org/covid19, can educate you, screen you for COVID-19 and connect you to further care if needed.

- You can call the 24/7, COVID-19 Nurse Hotline* at 1-(833) OSF-KNOW (1-833-673-5669).

- Contact your OSF Primary Care Provider, and they can order the test for you.

- If you have a Primary Care Provider that is not an OSF Provider, they can fax an order to (815) 431-3072 (OSF PromptCare Ottawa, 1640 1st Avenue, Ottawa).

- If you do not have a Primary Care Provider, you can be seen at one of the below locations and they can order a test for you if indicated:

    - OSF PromptCare - Ottawa (8 a.m. - 8 p.m. daily) at (815) 431-9208

- OSF Urgo – Ottawa (8 a.m. – 8 p.m. daily) at (815) 431-3410
- OSF PromptCare – Streator (weekdays 8 a.m. – 6 p.m.) at (815) 673-4545

- If you are experiencing shortness of breath, chest pain, or severe weakness, call 911 or come to your nearest OSF Emergency Department, where a test will be performed during your medical screening exam.

*Staffed by RNs and other health care professionals.

OSF HealthCare Saint Paul Medical Center

If you suspect you have novel coronavirus (COVID-19) and it is not an emergency, DO NOT go to a hospital or doctor's office. Instead, use one of the care options that best fits your needs below.

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- You can call the 24/7, COVID-19 Nurse Hotline* at 1-(833) OSF-KNOW (1-833-673-5669).
- Contact your OSF Primary Care Provider, and they can order the test for you.
- If you have a Primary Care Provider that is not an OSF Provider, they can fax an order to our OSF Saint Paul Medical Center lab.
- If you do not have a Primary Care Provider, you can call our OSF Prompt Care - Mendota, (weekdays, 8 a.m. - 5 p.m.) at (815) 538-1311 and they can order a test for you after a quick telephone visit.
- If you are experiencing shortness of breath, chest pain, or severe weakness, you can call 911 or come to our OSF Saint Paul Emergency Department, where a test will be performed during your medical screening exam.

*Staffed by RNs and other health care professionals.

Morris Hospital

- Morris Hospital offers nasal swab testing by appointment for symptomatic individuals with a physician's order. Testing is available for individuals of all ages from 7:30 a.m. to 2 p.m., Monday-Friday. Appointments are required – no exceptions. Testing is **NOT** available at this time for asymptomatic individuals due to a nationwide shortage of the testing reagent.

- Testing is performed through the drive-up testing site on the Morris Hospital campus at the **corner of Lisbon & High Streets** on the far southwest corner of the hospital campus. When you arrive on the hospital campus, please follow the Drive-Thru Testing directional signs on Lisbon Street or High Street. Patients are required to have photo ID, insurance card and sign a release at the time of their test.
- **After a physician places an order for your test**, a Scheduling representative from Morris Hospital will call you to schedule. Please allow up to 72 hours for test results to get sent to the ordering physician, who will inform you of your results. You can also check your patient portal for test results or contact the provider who ordered the test. Please remain at home, away from others while you are waiting for your test results.

St. Margaret's Hospital

St. Margaret's testing facility requires a physician's order and is perfect for those patients who need a COVID test within 72 hours of a surgery or a procedure. It is also for patients who may have been exposed to a COVID positive person or who is exhibiting symptoms.

The patients' primary physician needs to fax an order to the registration department. Insurance information and a copy of a driver's license is also collected.

Testing is available Monday through Friday from 8:30 am to 5pm. Saturday and Sunday, we are open from 8-1pm.

For patients who don't have a physician but are exhibiting signs of an illness, the St. Margaret's Walk-in clinics at Midtown Health Center in Peru or Center for Family Health in Princeton are available. Patients will be offered a virtual or telehealth visit and if warranted, will be sent for a swab.

The St. Margaret's testing center is not a walk-in, public screening center.

Community Based Testing

A list of public and private testing sites can be found on the IDPH website at http://www.dph.illinois.gov/testing.

Location	Address	Times
Arlington Heights	Arlington Racetrack 2000 W Euclid Ave Arlington Heights	8:00am – 4:00pm while daily supplies last
Aurora	1650 Premium Outlet Blvd Aurora	8:00am-4:00pm while daily supplies last
***Bloomington**	1106 Interstate Drive Bloomington	9:00am-5:00pm while daily supplies last
Champaign	Market Place Shopping Ctr 2000 N. Neil Street	8:00am-4:00pm while daily supplies last

	Champaign	
***East St. Louis**	Jackie Joyner Kersee Ctr. Argonne Drive East St. Louis	8:00am-4:00pm while daily supplies last
Harwood Heights	6959 W. Forest Preserve Rd. Chicago	7:00am-3:00pm while daily supplies last
***Peoria**	Peoria Civic Center Fulton Street Parking Lot Peoria	8:00am-4:00pm while daily supplies last
Rockford	1601 Parkview Avenue Rockford	8:00am-4:00pm while daily supplies last
South Holland	South Suburban College 15800 State St South Holland	8:00am-4:00pm while daily supplies last
Waukegan	102 W. Water Street Waukegan	8:00am-4:00pm while daily supplies last

* Walk-up testing is available at Bloomington, East St. Louis, and Peoria.

Does the Health Department notify schools about positive cases of COVID-19 or do schools notify the Health Department?

Both. Parents, guardians, and school faculty and staff should notify their school administration immediately if they have been identified as a positive case or a close contact to a COVID-19 positive individual.

In addition, heath department staff monitor the confirmed cases they receive each day to quickly identify school-age children. The LaSalle County Health Department works very closely with school administrators to promptly identify and monitor individuals who have tested positive for COVID-19 or who have had recent contact with a COVID-19 positive individual to prevent further spread within schools and the school community. Contract tracing efforts are conducted and coordinated by health department staff and school staff to quarantine anyone determined to be a close contact of a confirmed individual. All close contacts are required to complete a 14-day quarantine before being cleared to return to school. For more information related to COVID-19 County and School Metrics, please visit: http://www.dph.illinois.gov/countyschool?county=LaSalle

Illinois Department of Public Health Highlights Importance of Getting Tested Amid Ongoing COVID-19 Pandemic

Following the Centers for Disease Control and Prevention's (CDC) recent announcement on changes regarding COVID-19 testing protocols, the Illinois Department of Public Health (IDPH) is reminding all Illinois residents of the importance of getting tested, including after close contact with someone who has tested positive. The Pritzker administration's strategy to combat COVID-19 across Illinois has always relied on increased testing. IDPH state labs were the first labs outside of the CDC to test successfully for COVID-19 early in the state's pandemic response. Since March, Illinois has tested more than 3.8 million COVID-19 specimens and has expanded testing to areas in the northern, central, and southern parts of the state.

The recent change in federal guidelines on COVID-19 testing does not recommend asymptomatic individuals who come into close contact with a confirmed case be tested for the deadly virus. Many individuals who test positive for COVID-19 have not reported having symptoms. However, scientific studies have proven that those individuals are still able to spread the disease to family, friends, and members of their community who may become sick and require medical attention and even hospitalization, especially for those with underlying health conditions. Illinois will continue advising anyone who comes into close contact with a confirmed case be tested.

State of Illinois Updates Safety Guidelines for Restaurants and Bar Establishments to Protect Patrons and Workers from COVID-19.

On August 24, 2020, the State of Illinois announced revised guidelines for restaurants and bar establishments statewide to operate safely and help prevent the spread of COVID-19. Based on a recent increase in cases, these latest guidelines will require patrons to wear a mask during any interaction with wait staff, food service workers and other employees at bars and restaurants. Face coverings must be worn over the nose and mouth when patrons are approached and served by staff, including but not limited to when employees take patrons orders, deliver food and beverages, and service tables. This guidance will also apply to other facilities with food services areas that are currently subject to the Restore Illinois guidance, such as indoor recreational facilities, museums and entertainment venues.

The new guidelines went into effect Wednesday, August 26th and will require face coverings to be worn both in indoor and outdoor dining settings in all eleven regions in the state. Full guidelines may be found on the Department of Commerce and Economic Opportunity (DCEO) website.

Resurgence Mitigations for Region 7 – Greater Will and Kankakee County areas

On August 24, 2020 new COVID-19 Mitigations were announced for Region 7. Region 7 has exceeded IPDH criteria that trigger additional mitigations to combat a resurgence of COVID-19 and prevent uncontrollable spread. As detailed in the July 15 Restore Illinois resurgence place, new mitigations will be applied if a region's positive rate averages greater than or equal to 8% for three consecutive days, as it has in Region 7.

Region 4, the Metro East region, which is already operating under additional mitigations, continues to report increasing COVID-19 positivity rates and will have until September 2nd at their current mitigation level before the state must move to impose further mitigation in the region.

For Region 7, mitigation measures taking effect August 26, 2020 include the following:

RESTORE ILLINOIS

Resurgence Mitigations for Region 7

ANNOUNCED 8/24/20 | EFFECTIVE 8/26/20

Region 7 has exceeded IDPH criteria that trigger additional mitigations to combat a resurgence of COVID-19 and prevent uncontrollable spread. As detailed in the July 15 Restore Illinois resurgence plan, new mitigations will be applied if a region's positivity rate averages greater than or equal to 8 percent for three consecutive days, as it has in Region 7 from August 22 to 24, 2020. Region 7 includes Will and Kankakee counties.

Effective August 26, Region 7 will operate under these new mitigation requirements:

SETTING	MITIGATION REQUIREMENTS
Bars	• All bars close at 11:00pm • No indoor service • All bar patrons should be seated at tables outside • No ordering, seating, or congregating at bar (bar stools should be removed) • Tables should be 6 feet apart • No standing or congregating indoors or outdoors while waiting for a table or exiting • No dancing or standing indoors • Reservations required for each party • No seating of multiple parties at one table
Restaurants	• All restaurants close at 11:00pm • No indoor dining or bar service • Tables should be 6 feet apart • No standing or congregating indoors or outdoors while waiting for a table or exiting • Reservations required for each party • No seating of multiple parties at one table
Meetings, social events and gatherings	• Limit to lesser of 25 guests or 25% of overall room capacity • No party buses • Gaming and Casinos close at 11:00pm, are limited to 25 percent capacity, and follow mitigations for bars and restaurants, if applicable
Organized group recreational activities (fitness centers, sports, etc.)	• No change • All Sports Guidance effective August 15, 2020, remains in effect • Outdoor Activities (not included in the above exposure settings) continue per current DCEO guidance

IDPH will track the positivity rate in Region 7 over a 14-day monitoring period to determine if mitigations can be relaxed, if additional mitigations are required, or if current mitigation should remain in place. If the positivity rate averages less than or equal to 6.5 percent over a 14-day period, the region will return to Phase 4 mitigations under the Restore Illinois Plan. If the positivity rate averages between 6.5 percent and 8 percent, IDPH will continue to monitor the region to determine if additional mitigations are needed. If the positivity rate averages greater than or equal to 8 percent after 14 days, more stringent mitigations will be applied to further reduce spread of the virus.

Follow the latest regional metrics at: https://dph.illinois.gov/regionmetrics

COVID-19 Workplace Health and Safety Guidance for Business Employees and Staff

Pursuant to Executive Order, your employer must comply to the greatest extent feasible with social distancing requirements. This means that your employer should:

- Make sure you can maintain at least 6-feet physical separation between yourself and others around you, including your co-workers and customers.
- Mark with signage or tape 6-foot spacing for employees and customers to maintain appropriate distance from one another.

- Provide face coverings to employees, especially when it is not possible to maintain at least 6 feet of space between you and another person.
- Provide handwashing stations with soap, clean water, and single use paper towels and encourage frequent handwashing for 20 seconds or longer.
- Provide hand sanitizer (with at least 60% alcohol) and sanitizing products for employees and customers.

Regularly clean high-touch surfaces, including doorknobs, light switches, shared equipment, toilet handles, sink faucets, and clock in/out areas

Who You Can Contact if You Have Concerns About the Spread or Likely Spread of COVID-19 in Your Workplace?

If you have concerns that your employer is not maintaining a safe and sanitary work environment necessary to minimize the risk of spread of COVID-19, contact the Workplace Rights Bureau of the Office of the Illinois Attorney General at (844) 740-5076 or workplacerights@atg.state.il.us

If you believe that two or more employees at your workplace have COVID-19, notify your local health department (LHD). A list of LHDs can be found at http://www.dph.illinois.gov/LHD

Pursuant to Section 25(b) of the Whistleblower Protection Act, 740 ILCS 174, businesses are prohibited from retaliating against an employee for disclosing information when the employee has reasonable cause to believe the information discloses a violation of a state or federal law, rule, or regulation.

For more information about COVID-19, including ways to protect yourself and others, visit the Illinois Department of Public Health's COVID-19 website at https://www.dph.illinois.gov/covid19

State of Illinois

COVID-19
Workplace Health and Safety Guidance for Business Employees and Staff

August 4, 2020

Practice Social Distancing

Pursuant to Executive Order, your employer must comply to the greatest extent feasible with **social distancing requirements**. This means that your employer should:

- Make sure you can maintain **at least 6-feet physical separation** between yourself and others around you, including your co-workers and customers.
- Mark with **signage or tape** 6-foot spacing for employees and customers to maintain appropriate distance from one another.
- **Provide face coverings** to employees, especially when it is not possible to maintain at least 6 feet of space between you and another person.
- Provide **handwashing stations** with soap, clean water, and single use paper towels and encourage frequent handwashing for 20 seconds or longer.
- **Provide hand sanitizer (with at least 60% alcohol) and sanitizing products** for employees and customers.
- **Regularly clean** high-touch surfaces, including doorknobs, light switches, shared equipment, toilet handles, sink faucets, and clock in/out areas.

Do Not Work if You Are Sick

You should not report to work if you are experiencing symptoms of coronavirus disease (COVID-19), which include fever (100.4° F or higher) or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or running nose, nausea or vomiting, and diarrhea. If you are experiencing any of these symptoms, stay home and call your doctor.

If you have been a close contact to a COVID-19 case, you must self-quarantine at home for 14 days from the date of last exposure to the case.

Who You Can Contact if You Have Concerns About the Spread or Likely Spread of COVID-19 in Your Workplace

If you have concerns that your employer is not maintaining a safe and sanitary work environment necessary to minimize the risk of spread of COVID-19, contact the **Workplace Rights Bureau of the Office of the Illinois Attorney General** at (844) 740-5076 or workplacerights@atg.state.il.us.

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For more information about COVID-19, including ways to protect yourself and others, visit the Illinois Department of Public Health's COVID-19 website at https://www.dph.illinois.gov/covid19.

IDPH
Illinois Department of Public Health

Office of the Illinois Attorney General

Questions about COVID-19?
Call 1-800-889-3931 or email dph.sick@illinois.gov
Illinois Department of Public Health - www.dph.illinois.gov

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Guidance for Employers and Employees on Worker's Rights and Safety During Phase 4 of the Restore Illinois Plan

Federal and Illinois law require employers to maintain a safe and healthy workplace. Phase 4 of the Restore Illinois plan allows more Illinoisans to return to work, and employers and employees are navigating difficult questions about how to maintain a safe and healthy workplace during the COVID-19 pandemic. COVID-19 also has raised other employment-related questions involving issues like pay and benefits, leave, and eligibility for unemployment insurance.

This guidance is intended to help both employers and employees educate themselves about minimum required workplace safety requirements, best practices to promote a safe and well-functioning workplace during the COVID-19 pandemic, and to answer some frequently asked questions about COVID-19 and the workplace. To view the entire document, please visit the link below: http://www.dph.illinois.gov/sites/default/files/COVID-19%20Guidance%20for%20Employers%20on%20Workplace%20Rights%20and%20Safety.pdf

Purpose of the Coalition Bulletin
Publishing a regular newsletter -- weekly, in this case – will help keep our LaSalle County Healthcare Coalition in regular contact with up-to-date information between meetings.
For more information on the web:

- LaSalle County Health Department
- Illinois Department of Public Health
- Centers for Disease Control and Prevention

Find us on:

www.facebook.com/LaSalleCountyHealth

www.twitter.com/LaSalleCoHealth

www.lasallecounty.org

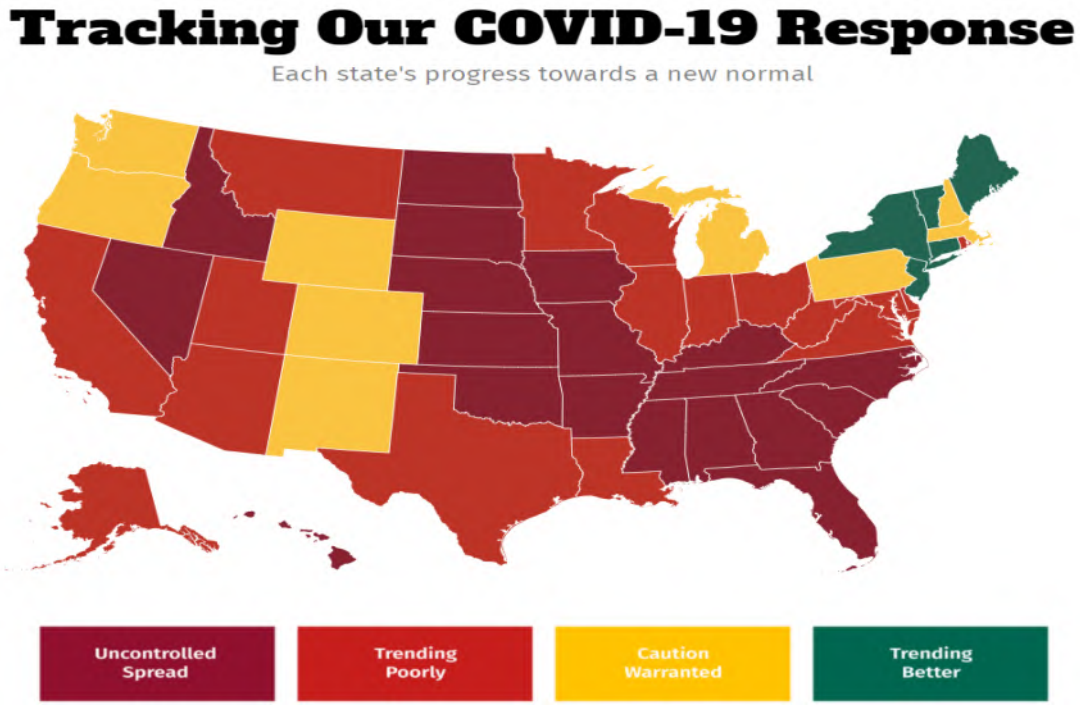
COVID-19 Coalition Bulletin

September 04, 2020

In This Issue

- Coronavirus Disease 2019 – Situational Update
- COVID Numbers at a Glance
- LaSalle County COVID-19 Test Results &Data Summary
- Current LaSalle County Case Counts
- Region 2 Summary
- IDPH County Level COVID-19 Risk Metrics
- Local Testing Information
- Community Based Testing
- Frequently Asked Questions
- What is the difference between Quarantine and Isolation?
- State Public Health Officials Announce Additional COVID-19 Mitigation Efforts to Take Effect in Region 4

COVID-19 Situational Update



Map from https://www.covidexitstrategy.org/ which provides state by state data including 14-DAY TREND OF COVID+, LAST 14 DAYS OF COVID+ (ROLLING), INFLUENZA-LIKE ILLNESS, % OF TEST TARGET (US: 500K/DAY), ICU AVAILABILITY, NEW CASES PER MILLION PER DAY, and COVID+ RATE

COVID Numbers at a Glance

8.27.20

	Cases	Deaths
Worldwide	24,206,817	826,591
US	5,824,189	179,756
Illinois	227,334	7977
LaSalle County	1183	45

9.03.2020

	Cases	Deaths
Worldwide	26,112,402	864,691
US	6,125,916	186,185
Illinois	240,003	8115
LaSalle County	1311	51

- Illinois Department of Public Health Provides Guidance for State Polling Locations

Web Link Resources

John Hopkins GIS Map

ILLINOIS TESTING SITES

Symptoms Infographic

Resources for Healthcare Facilities

Preventing Community Spread

Information for Law Enforcement Personnel

Interim Guidance for Emergency Medical Services

Interim Guidance for School and Childcare

Environmental Cleaning and Disinfection Recommendations

RESTORE ILLINOIS

Interim Guidance for Management of Coronavirus in Correctional Facilities

Guidance for Pets and Animals if

LaSalle County COVID-19 Test Results and Data

8.27.20

Negative -20,294

Positive -1,183

Total Recovered* - 664
Total Deaths* - 45
(*included in the total number of positive cases)

9.03.20

Negative - 21,653

Positive - 1,311

Total Recovered* - 749
Total Deaths* - 51
(*included in the total number of positive cases)

Positivity Rate

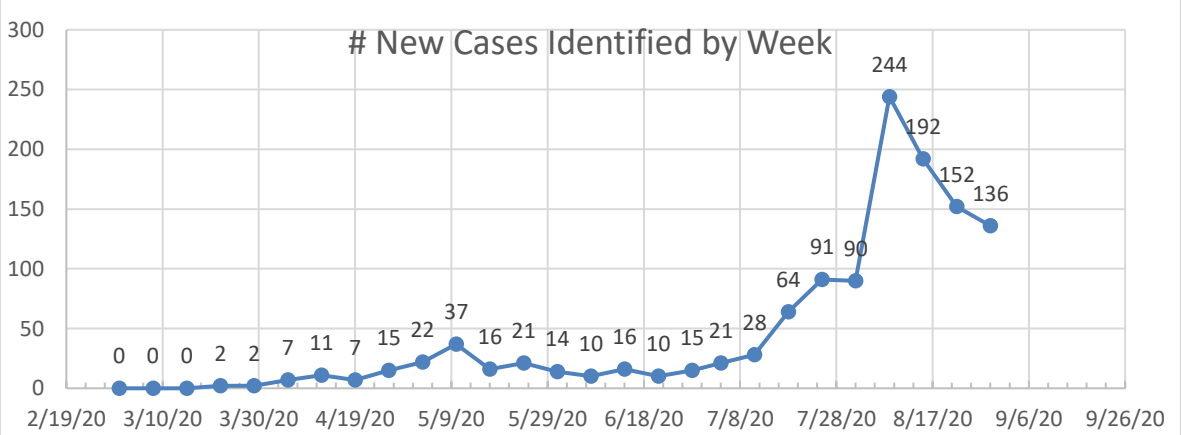
7.03%

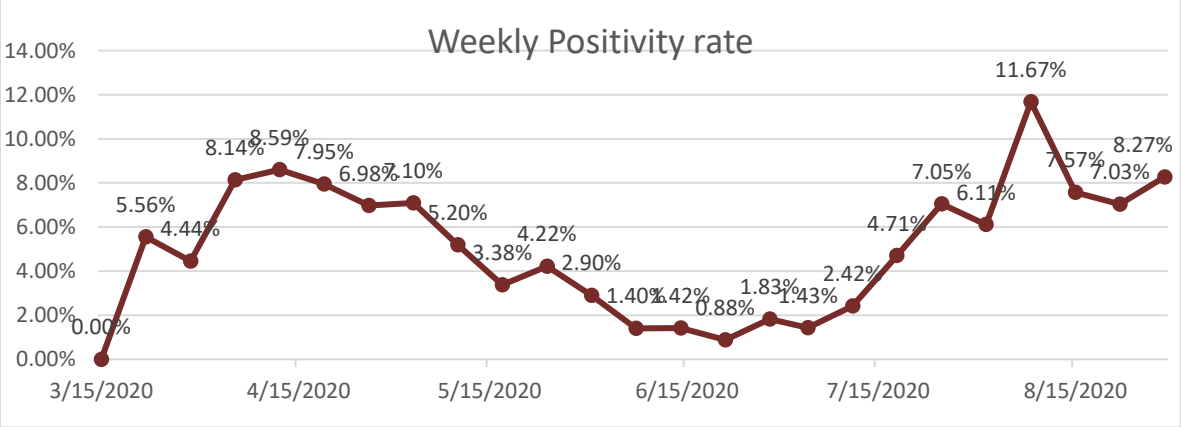
Week Ending 8/22/2020

8.27%

Week ending 8/29/2020

Graphs and statistical data are counted from Sunday to Saturday to coincide with IDPH reporting. (week ending 8/29/2020)





you have COVID-19

COVID-19 Web Links to PDF Resources

- Checklist for Healthcare Facilities: Strategies for Optimizing the Supply of N95 Respirators during the COVID-19 Response
- ASPR COVID-19 Healthcare Planning Checklist
- Cover Your Cough Poster
- Proper Handwashing Poster
- COVID-19 Poster: Stop the Spread of Germs
- Guide for Faith-Based Community
- Guide for Homeless Shelters
- Workplace Guidance
- Interim Guidance for Implementing Safety Practices for Critical Infrastructure Workers Who May Have Had Exposure to a Person with Suspected or Confirmed COVID-19

Current LaSalle County Case Data as of 9/04/2020*

Age Range	M	F
0-9	27	11
10-19	44	73
20s	102	160
30s	75	93
40s	84	105
50s	100	115
60s	78	83
70s	40	51
80s	28	46
90s	8	30
100s	0	4
UNK		
Total	586	771
%	43.18%	56.82%
TOTAL CASEs		1357

Total Deaths	52
Deaths by Age	
20's	0
30's	0
40's	1
50's	0
60's	7
70's	8
80's	19
90's	15
100s	2
Deaths by Gender	
Males	22
Females	30

Case by Month Summary

	March	April	May	June	July	August	Sept	Running Total
Number Cases	6	50	98	67	261	778	97	1357
% of total cases	0.44%	3.68%	7.22%	4.94%	19.23%	57.33%	7.15%	100%

Deaths by Month Summary

	March	April	May	June	July	August	Sept	total
Deaths by month	1	0	12	4	1	30	4	52
% of total deaths	1.92%	0.00%	23.08%	7.69%	1.92%	57.69%	7.69%	100%

- Interim Guidance for Routine Oral and Dental Care

8.28.20

Town	Current Total	% of County Cases
Cedar Point	<5	**
Earlville	19	1.57%
Grand Ridge	17	1.41%
LaSalle	106	8.77%
Leland	13	1.08%
Lostant	8	0.66%
Marseilles	85	7.04%
Mendota	233	19.29%
Millington	5	0.41%
Oglesby	43	3.26%
Ottawa	219	18.13%
Peru	76	6.29%
Sandwich	57	4.72%
Seneca	16	1.32%
Sheridan	43	3.56%
Somonauk	16	1.32%
Streator	210	17.38%
Tonica	9	0.75%
Utica	18	1.49%
Other**	15	1.24%
TOTAL CASES		1208

9.04.20

Town	Current Total	Increase since last week	*% of Total County Cases*
Cedar Point	5	****	0.37%
Earlville	19	0	1.40%
Grand Ridge	18	1	1.33%
LaSalle	118	12	8.70%
Leland	16	3	1.18%
Lostant	8	0	0.59%
Marseilles	93	8	6.85%
Mendota	245	12	18.05%
Millington	5	0	0.37%
Oglesby	49	6	3.61%
Ottawa	247	28	18.20%
Peru	89	13	6.56%
Sandwich	58	1	4.27%
Seneca	21	5	1.55%
Sheridan	45	2	3.32%
Somonauk	16	0	1.18%
Streator	259	49	19.09%
Tonica	9	0	0.66%
Utica	22	4	1.62%
Other**	15	***	1.11%
TOTAL CASES			1357

*Note these numbers are adjusted based on the number of cases transferred to other locations.

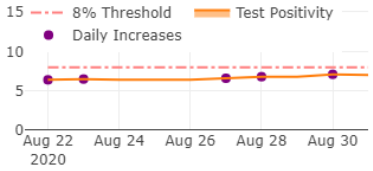
** Number of LaSalle County Cases in Communities with less than 5 cases

Region 2 Summary - 9/03/2020

Test Positivity 7 Day Rolling Average

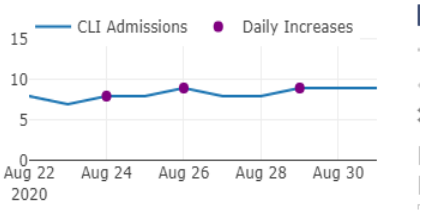
5 Days of Positivity Increases

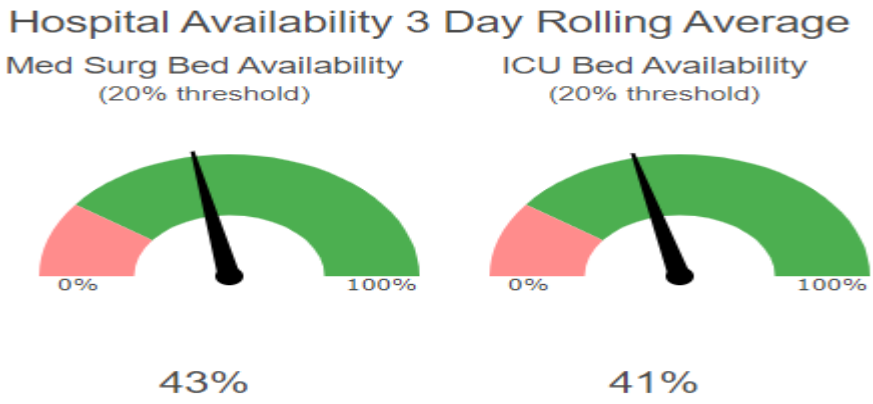
* Current Positivity 7.0%



Hospital Admissions 7 Day Rolling Average

3 Days of Hospital Admission Increases





County Level COVID-19 Risk Metrics – 8/23- 8/29/2020

New Cases Per 100,000 Case rate reported Sun-Sat (Target: less than 50 per 100,000) **132 per 100K**	**Number of Deaths** Death number reported Sun-Sat (Target: decreasing or stable Sun-Sat) **6**	**Test Positivity (%)** (%) positive tests reported Sun-Sat (Target: less than or equal to 8 %) **7.5 %**
Tests Performed Number of tests reported Sun-Sat (Target: Testing is Sufficient when test positivity is less than or equal to 8 %) **1808**	**CLI ED Visits (%), Adults** Emergency Department visits for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **2.9 %**	**Number of CLI Admissions** Hospital admissions for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **5**
Cluster (%) of cases No Target This metric helps explain large increase in cases **3.7 %**	**ICU (%) Available** ICU bed availability (Target: at least 20% of ICU beds available) **43.8%**	Metrics in target Range Metrics outside Target Range More information at https://dph.illinois.gov/countymetrics

Local Testing Information

LaSalle County Health Department
A drive-thru COVID-19 Community Based Testing Site (CBTS) is held on a weekly basis at the LaSalle County Emergency Management Agency Building (EMA) at 711 E Etna Rd, Ottawa. The site will be open from 9:00 a.m. to 11:00 a.m. and will run **by appointment only**.

This testing site is open to all regardless of symptoms, no Doctor's order is required. Health insurance will be billed. **Individuals are required to schedule an appointment by calling 815-433-3366 prior to arriving on site.** Instructions including wearing a mask, bringing a Photo ID, and directions for how to drive into the site will be provided at that time.

Illinois Valley Community Hospital

- IVCH is proud to offer Covid-19 testing for both those with symptoms or who have had an exposure to a COVID-19 case.
- Patients seeking Covid-19 testing may either call their IVCH primary care provider for an order or may call the IVCH Covid-19 Hotline 9am – 5 pm weekdays and 10am – 4 pm weekends, at 815-780-3425 to speak to a nurse regarding testing.
- All Covid-19 tests must be ordered by a provider.
- Testing is available Monday through Friday and by appointment only.
- Covid-19 tests take approximately 72 hours to receive a result.
- All patients will be notified of their test result by phone.
- IVCH Care Today and the Emergency Room do not provide routine COVID-19 testing.

OSF HealthCare Saint Elizabeth Medical Center

If you suspect you have novel coronavirus (COVID-19) and it is not an emergency, DO NOT go to a hospital or doctor's office. Instead, use one of the care options that best fits your needs below.

- Clare, our 24/7 virtual assistant chatbot at osfhealthcare.org/covid19, can educate you, screen you for COVID-19 and connect you to further care if needed.
- You can call the 24/7, COVID-19 Nurse Hotline* at 1-(833) OSF-KNOW (1-833-673-5669).
- Contact your OSF Primary Care Provider, and they can order the test for you.
- If you have a Primary Care Provider that is not an OSF Provider, they can fax an order to (815) 431-3072 (OSF PromptCare Ottawa, 1640 1st Avenue, Ottawa).
- If you do not have a Primary Care Provider, you can be seen at one of the below locations and they can order a test for you if indicated:
    - OSF PromptCare - Ottawa (8 a.m. - 8 p.m. daily) at (815) 431-9208

- OSF Urgo – Ottawa (8 a.m. – 8 p.m. daily) at (815) 431-3410
- OSF PromptCare – Streator (weekdays 8 a.m. – 6 p.m.) at (815) 673-4545

- If you are experiencing shortness of breath, chest pain, or severe weakness, call 911 or come to your nearest OSF Emergency Department, where a test will be performed during your medical screening exam.

*Staffed by RNs and other health care professionals.

OSF HealthCare Saint Paul Medical Center

If you suspect you have novel coronavirus (COVID-19) and it is not an emergency, DO NOT go to a hospital or doctor's office. Instead, use one of the care options that best fits your needs below.

- Clare, our 24/7 virtual assistant chatbot at osfhealthcare.org/covid19, can educate you, screen you for COVID-19 and connect you to further care if needed.
- You can call the 24/7, COVID-19 Nurse Hotline* at 1-(833) OSF-KNOW (1-833-673-5669).
- Contact your OSF Primary Care Provider, and they can order the test for you.
- If you have a Primary Care Provider that is not an OSF Provider, they can fax an order to our OSF Saint Paul Medical Center lab.
- If you do not have a Primary Care Provider, you can call our OSF Prompt Care - Mendota, (weekdays, 8 a.m. - 5 p.m.) at (815) 538-1311 and they can order a test for you after a quick telephone visit.
- If you are experiencing shortness of breath, chest pain, or severe weakness, you can call 911 or come to our OSF Saint Paul Emergency Department, where a test will be performed during your medical screening exam.

*Staffed by RNs and other health care professionals.

Morris Hospital

- Morris Hospital offers nasal swab testing by appointment for symptomatic individuals with a physician's order. Testing is available for individuals of all ages from 7:30 a.m. to 2 p.m., Monday-Friday. Appointments are required – no exceptions. Testing is **NOT** available at this time for asymptomatic individuals due to a nationwide shortage of the testing reagent.

- Testing is performed through the drive-up testing site on the Morris Hospital campus at the **corner of Lisbon & High Streets** on the far southwest corner of the hospital campus. When you arrive on the hospital campus, please follow the Drive-Thru Testing directional signs on Lisbon Street or High Street. Patients are required to have photo ID, insurance card and sign a release at the time of their test.
- **After a physician places an order for your test**, a Scheduling representative from Morris Hospital will call you to schedule. Please allow up to 72 hours for test results to get sent to the ordering physician, who will inform you of your results. You can also check your patient portal for test results or contact the provider who ordered the test. Please remain at home, away from others while you are waiting for your test results.

St. Margaret's Hospital

St. Margaret's testing facility requires a physician's order and is perfect for those patients who need a COVID test within 72 hours of a surgery or a procedure. It is also for patients who may have been exposed to a COVID positive person or who is exhibiting symptoms.

The patients' primary physician needs to fax an order to the registration department. Insurance information and a copy of a driver's license is also collected.

Testing is available Monday through Friday from 8:30 am to 5pm. Saturday and Sunday, we are open from 8-1pm.

For patients who don't have a physician but are exhibiting signs of an illness, the St. Margaret's Walk-in clinics at Midtown Health Center in Peru or Center for Family Health in Princeton are available. Patients will be offered a virtual or telehealth visit and if warranted, will be sent for a swab.

The St. Margaret's testing center is not a walk-in, public screening center.

Community Based Testing

A list of public and private testing sites can be found on the IDPH website at http://www.dph.illinois.gov/testing.

Location	Address	Times
Arlington Heights	Arlington Racetrack 2000 W Euclid Ave Arlington Heights	8:00am – 4:00pm while daily supplies last
Aurora	1650 Premium Outlet Blvd Aurora	8:00am-4:00pm while daily supplies last
***Bloomington**	1106 Interstate Drive Bloomington	9:00am-5:00pm while daily supplies last

Champaign	Market Place Shopping Ctr 2000 N. Neil Street Champaign	8:00am-4:00pm while daily supplies last
***East St. Louis**	Jackie Joyner Kersee Ctr. Argonne Drive East St. Louis	8:00am-4:00pm while daily supplies last
Harwood Heights	6959 W. Forest Preserve Rd. Chicago	7:00am-3:00pm while daily supplies last
***Peoria**	Peoria Civic Center Fulton Street Parking Lot Peoria	8:00am-4:00pm while daily supplies last
Rockford	1601 Parkview Avenue Rockford	8:00am-4:00pm while daily supplies last
South Holland	South Suburban College 15800 State St South Holland	8:00am-4:00pm while daily supplies last
Waukegan	102 W. Water Street Waukegan	8:00am-4:00pm while daily supplies last

* Walk-up testing is available at Bloomington, East St. Louis, and Peoria.

Are individuals in quarantine counted as a confirmed COVID-19 case?

No. LaSalle County Health Department only reports lab-confirmed COVID-19 cases. If an individual is determined to be a close contact of a confirmed case and are required to quarantine for 14 days they are not counted as a confirmed case unless they are tested and test positive for COVID-19.
In addition, an individual who becomes symptomatic in quarantine is not counted as a confirmed case until they are tested and receive a positive test result.

What is the difference between Quarantine and Isolation?

Quarantine keeps someone who was in close contact with someone who has COVID-19 away from others.

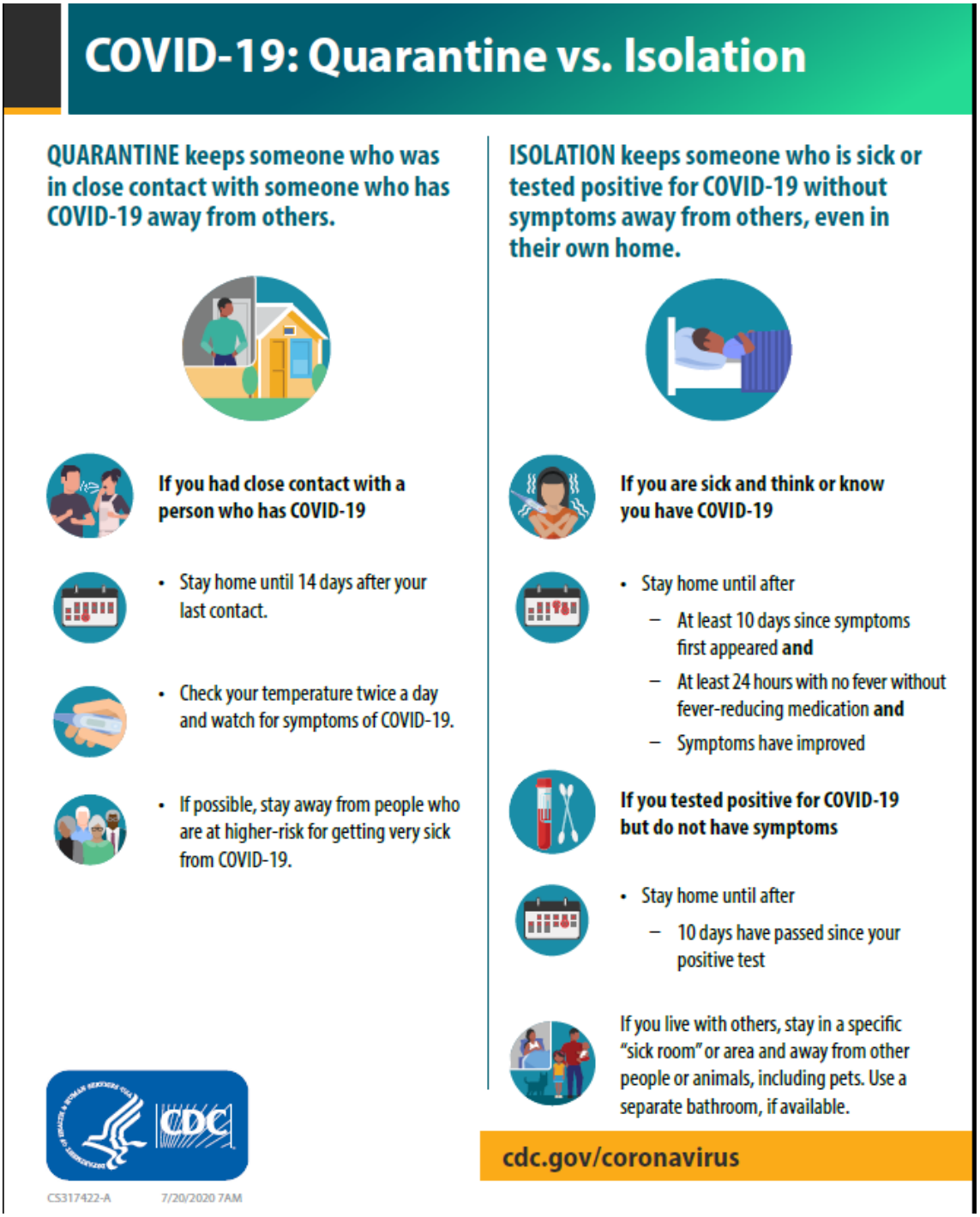
* Stay home for 14 days after your last contact with the person
* Monitor yourself for symptoms
* Stay away from people who are at higher-risk for getting very sick from COVID-19.

If the Health Department calls and tells a person to quarantine it is because they have been identified by a confirmed case as a close contact.

Testing is recommended for anyone who has been around a person diagnosed with COVID-19. It is recommended a person be tested 5-7 days after their exposure.
If the test comes back negative, and symptoms do not develop, the person still must complete their 14-day quarantine. This is because symptoms can appear up to 14 days after a person has been exposed.
If the test comes back positive and a quarantined individual is identified as a confirmed case, they will be moved into isolation for ten days from the onset of symptoms, or if they were asymptomatic, ten days after the day they went to get tested.

Isolation keeps someone who tested positive for COVID-19 with or without symptoms away from others, even in their own home.

A person is no longer considered contagious after ten days have passed from their onset of symptoms and they have been fever free for at least 24 hour and feeling well.



State Public Health Officials Announce Additional COVID-19 Mitigation Efforts to Take Effect in Region 4

On Tuesday, September 1, 2020, Governor Pritzker and the Illinois Department of Public Health (IDPH) announced additional COVID-19 mitigation efforts will be implemented in the Metro East effective Wednesday, September 2, 2020. Region 4 has only increased its positivity rate following initial mitigations and is now reporting a current 7-day rolling test positivity average of 9.6%.

The state has continued working closely with local public health administrators and county

officials to address activities and behaviors contributing to the spread of COVID-19 in Region 4. Mitigation measures taking effect September 2, 2020 as well as continuing mitigations already in place, include the following:

RESTORE ILLINOIS

Resurgence Mitigations for Region 4

ANNOUNCED 9/1/20 | EFFECTIVE 9/2/20

Region 4 has exceeded IDPH criteria that trigger additional mitigations to combat a resurgence of COVID-19 and prevent uncontrollable spread. As detailed in the July 15 Restore Illinois resurgence plan, new mitigations will be applied if a region's positivity rate averages greater than or equal to 8 percent for three consecutive days, as it did in Region 4 from August 14 to 16, 2020. Since the positivity rate in Region 4 has continued to average greater than or equal to 8 percent, additional mitigations are required. Region 4 includes Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington counties.

Effective September 2, Region 4 will operate under these new mitigation requirements:

SETTING	MITIGATION REQUIREMENTS
Bars	• All bars close at 11pm and may reopen no earlier than 6am the following day • No indoor service • All bar patrons should be seated at tables outside • No ordering, seating, or congregating at bar (bar stools should be removed) • Tables should be 6 feet apart • No standing or congregating indoors or outdoors while waiting for a table or exiting • No dancing or standing indoors • Reservations required for each party • No seating of multiple parties at one table
Restaurants	• All restaurants close at 11pm and may reopen no earlier than 6am the following day • No indoor dining or bar service • Tables should be 6 feet apart No standing or congregating indoors or outdoors while waiting for a table or exiting • Reservations required for each party • No seating of multiple parties at one table
Meetings, social events and gatherings (including weddings, funerals, potlucks, etc.)	• Limit to lesser of 25 guests or 25% of overall room capacity both indoors and outdoors • No party buses • Gaming and Casinos close at 11:00pm, are limited to 25 percent capacity, and follow mitigations for bars and restaurants, if applicable
Organized group recreational activities (fitness centers, sports, etc.)	• No change • All Sports Guidance effective August 15, 2020, remains in effect • Outdoor Activities (not included in the above exposure settings) continue per current DCEO guidance

IDPH will continue to track the positivity rate in Region 4 over a 14-day monitoring period to determine if mitigations can be relaxed, if additional mitigations are required, or if current mitigation should remain in place. If the positivity rate averages less than or equal to 6.5 percent over a 14-day period, the region will return to Phase 4 mitigations under the Restore Illinois Plan. If the positivity rate averages between 6.5 percent and 8 percent, IDPH will continue to monitor the region to determine if additional mitigations are needed. If the positivity rate averages greater than or equal to 8 percent after 14 days, more stringent mitigations will be applied to further reduce spread of the virus.

Follow the latest regional metrics at: https://dph.illinois.gov/regionmetrics

IDPH will continue to track the positivity rate in Region 4 to determine if mitigations can be relaxed, if additional mitigations are required, or if current mitigations should remain in place. If the positivity rate averages less than or equal to 6.5% over a 14-day period, the region will return to Phase 4 mitigations under the Restore Illinois Plan. If the positivity rate remains the same or increases over the next 14 days, more stringent mitigations can be applied to further reduce spread of the virus.

Illinois Department of Public Health Provides Guidance for State Polling Locations

In preparation for the 2020 elections, the Illinois Department of Public Health (IDPH) has issued guidance to protect the safety and health of voters as they cast ballots at polling locations throughout the state during early voting and Election Day. The "COVID-19 Guidance for Election Polling Places" guidance can be found here.

In accordance with the guidance, all local election authorities will be required to develop written COVID-19 prevention plans for all polling sites within their jurisdiction. Plans will contain specific COVID-19 safety and training instructions along with the names of individuals responsible for implementation of the plan.

Election authorities are being strongly encouraged to relocate polls previously housed in long-term care facilities and senior living residences to protect voters and residents – particularly those who are most vulnerable.

All locations will have signage to encourage voters to wear masks and maintain a distance of 6 feet, while inside the polling places. If voters show up to a polling place without one, election authorities are required to offer them a face covering outside of the polling place. Polling booths will be set up at least 6 feet apart and foot traffic will be one-directional.

Additional recommended preventative actions in the guidance include using Plexiglas barriers between election officials and voters, large print instructions to facilitate communication, routine cleaning of frequently touched surfaces, and polling place personnel to remind voters to maintain physical distance. While election officials are prohibited from preventing a voter without a face covering from casting a ballot, the guidance requires they take every reasonable action to separate noncompliant voters, ensuring they are socially distanced from those voters who are compliant.

Purpose of the Coalition Bulletin
Publishing a regular newsletter -- weekly, in this case – will help keep our LaSalle County Healthcare Coalition in regular contact with up-to-date information between meetings.
For more information on the web:

- LaSalle County Health Department
- Illinois Department of Public Health
- Centers for Disease Control and Prevention

Find us on:

www.facebook.com/LaSalleCountyHealth

www.twitter.com/LaSalleCoHealth

www.lasallecounty.org

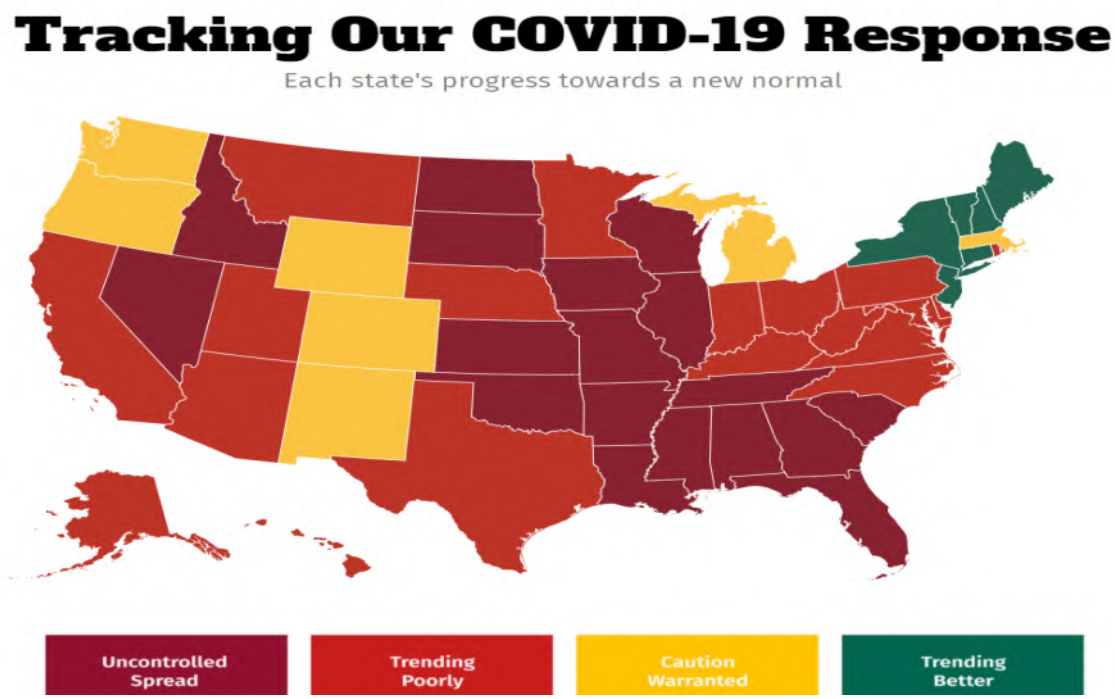
COVID-19 Coalition Bulletin

September 11, 2020

In This Issue

- Coronavirus Disease 2019 – Situational Update
- COVID Numbers at a Glance
- LaSalle County COVID-19 Test Results &Data Summary
- Current LaSalle County Case Counts
- Region 2 Summary
- IDPH County Level COVID-19 Risk Metrics
- Local Testing Information
- Community Based Testing
- Frequently Asked Questions
- Understanding Contact Tracing
- Illinois Department of Public Health Updates School Guidance
- COVID Release Letters to Return to Work and School

COVID-19 Situational Update



Map from https://www.covidexitstrategy.org/ which provides state by state data including 14-DAY TREND OF COVID+, LAST 14 DAYS OF COVID+ (ROLLING), INFLUENZA-LIKE ILLNESS, % OF TEST TARGET (US: 500K/DAY), ICU AVAILABILITY, NEW CASES PER MILLION PER DAY, and COVID+ RATE

COVID Numbers at a Glance

9.03.2020

	Cases	Deaths
Worldwide	26,112,402	864,691
US	6,125,916	186,185
Illinois	240,003	8115
LaSalle County	1311	51

9.10.2020

	Cases	Deaths
Worldwide	27,933,388	905181
US	6,373,349	191,248
Illinois	255,643	8242
LaSalle County	1433	54

- Multisystem Inflammatory Syndrome
- You've been tested. Now what?

Web Link Resources

John Hopkins GIS Map

ILLINOIS TESTING SITES

Symptoms Infographic

Resources for Healthcare Facilities

Preventing Community Spread

Information for Law Enforcement Personnel

Interim Guidance for Emergency Medical Services

Interim Guidance for School and Childcare

Environmental Cleaning and Disinfection Recommendations

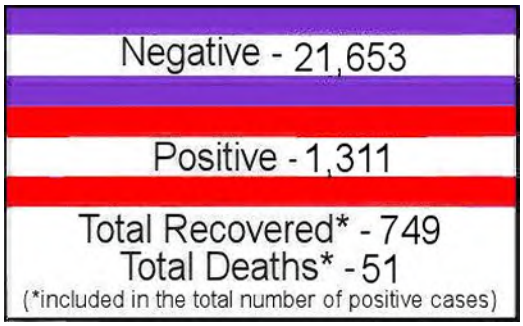
RESTORE ILLINOIS

Interim Guidance for Management of Coronavirus in Correctional Facilities

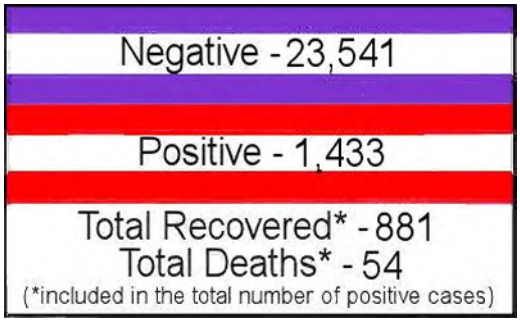
Guidance for Pets and Animals if

LaSalle County COVID-19 Test Results and Data

9.03.20



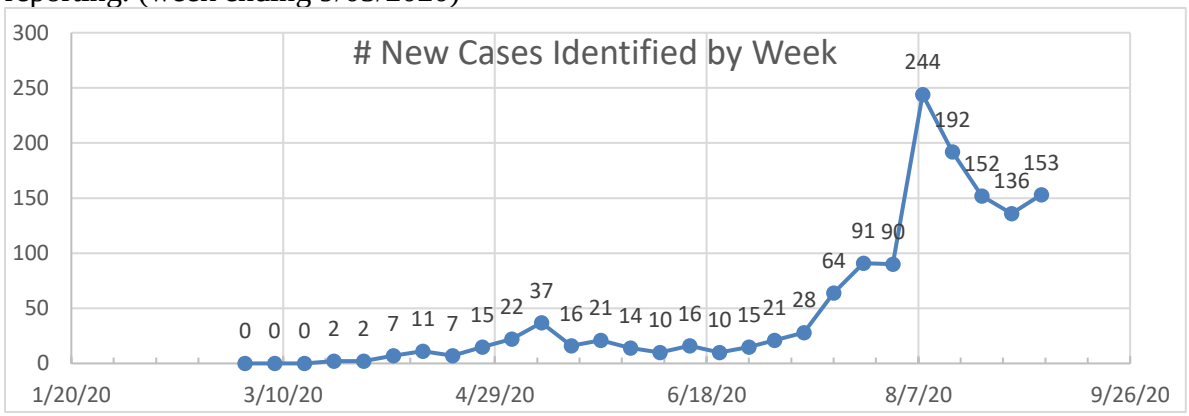
9.10.20

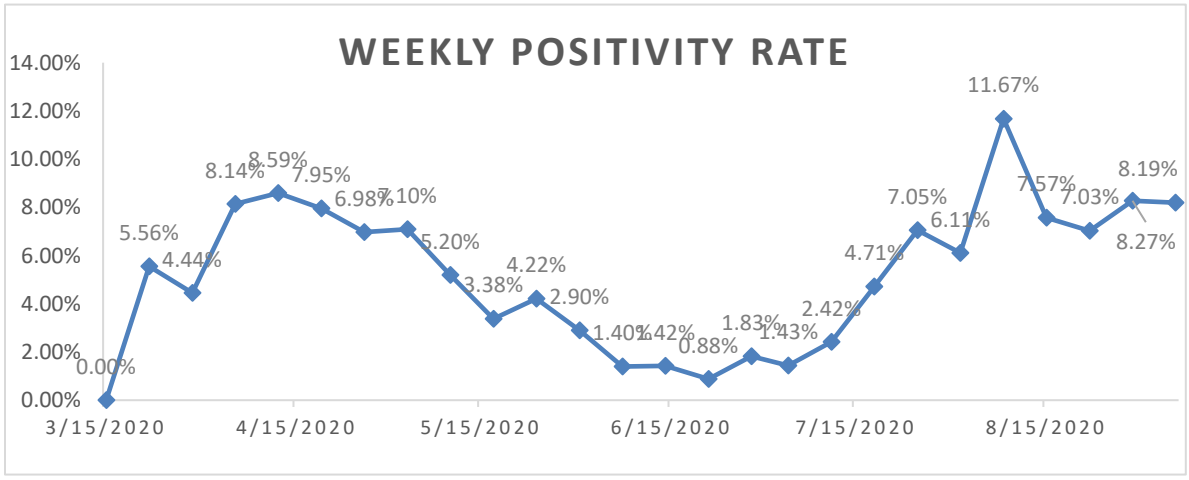


Positivity Rate

8.27%	8.19%
Week Ending 8/29/2020	Week ending 9/5/2020

Graphs and statistical data are counted from Sunday to Saturday to coincide with IDPH reporting. (week ending 9/05/2020)





you have COVID-19

COVID-19 Web Links to PDF Resources

- Checklist for Healthcare Facilities: Strategies for Optimizing the Supply of N95 Respirators during the COVID-19 Response
- ASPR COVID-19 Healthcare Planning Checklist
- Cover Your Cough Poster
- Proper Handwashing Poster
- COVID-19 Poster: Stop the Spread of Germs
- Guide for Faith-Based Community
- Guide for Homeless Shelters
- Workplace Guidance
- Interim Guidance for Implementing Safety Practices for Critical Infrastructure Workers Who May Have Had Exposure to a Person with Suspected or Confirmed COVID-19

Current LaSalle County Case Data as of 9/11/2020*

Age Range	M	F
0-9	29	13
10-19	46	81
20s	116	164
30s	87	104
40s	92	111
50s	110	125
60s	88	84
70s	42	53
80s	29	49
90s	9	30
100s	0	4
UNK		
Total	648	818
%	44.20%	55.80%
TOTAL CASEs		1466

Total Deaths	54
Deaths by Age	
20's	0
30's	0
40's	1
50's	0
60's	7
70's	9
80's	20
90's	15
100s	2
Deaths by Gender	
Males	23
Females	31

Case by Month Summary

	March	April	May	June	July	August	Sept	Running Total
Number Cases	6	50	98	67	261	778	206	1466
% of total cases	0.41%	3.41%	6.68%	4.57%	17.80%	53.07%	14.05%	100.00%

Deaths by Month Summary

	March	April	May	June	July	August	Sept	total
Deaths by month	1	0	12	4	1	30	6	54
% of total deaths	1.85%	0.00%	22.22%	7.41%	1.85%	55.56%	11.11%	100%

- Interim Guidance for Routine Oral and Dental Care

9.04.20

Town	Current Total	% of County Cases
Cedar Point	5	0.37%
Earlville	19	1.40%
Grand Ridge	18	1.33%
LaSalle	118	8.70%
Leland	16	1.18%
Lostant	8	0.59%
Marseilles	93	6.85%
Mendota	245	18.05%
Millington	5	0.37%
Oglesby	49	3.61%
Ottawa	247	18.20%
Peru	89	6.56%
Ransom	<5	NA
Sandwich	58	4.27%
Seneca	21	1.55%
Sheridan	45	3.32%
Somonauk	16	1.18%
Streator	259	19.09%
Tonica	9	0.66%
Utica	22	1.62%
Other**	15	1.11%
TOTAL CASES		1357

9.11.20

Town	Current Total	Increase since last week	*% of Total County Cases*
Cedar Point	6	1	0.41%
Earlville	19	0	1.30%
Grand Ridge	19	1	1.30%
LaSalle	133	15	9.07%
Leland	16	0	1.09%
Lostant	8	0	0.55%
Marseilles	99	6	6.75%
Mendota	248	3	16.92%
Millington	5	0	0.34%
Oglesby	58	9	3.96%
Ottawa	268	21	18.28%
Peru	101	12	6.89%
Ransom	5	NA	0.34%
Sandwich	59	1	4.02%
Seneca	22	1	1.50%
Sheridan	46	1	3.14%
Somonauk	16	0	1.09%
Streator	284	25	19.37%
Tonica	11	2	0.75%
Utica	31	9	2.11%
Other**	12	3	0.82%
TOTAL CASES	1466		

*Note these numbers are adjusted based on the number of cases transferred to other locations.

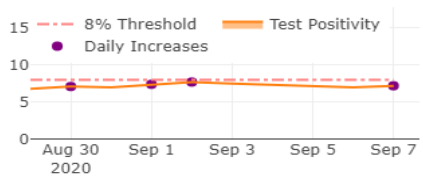
** Number of LaSalle County Cases in Communities with less than 5 cases

Region 2 Summary - 9/10/2020

Test Positivity 7 Day Rolling Average

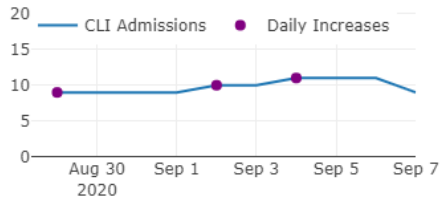
4 Days of Positivity Increases

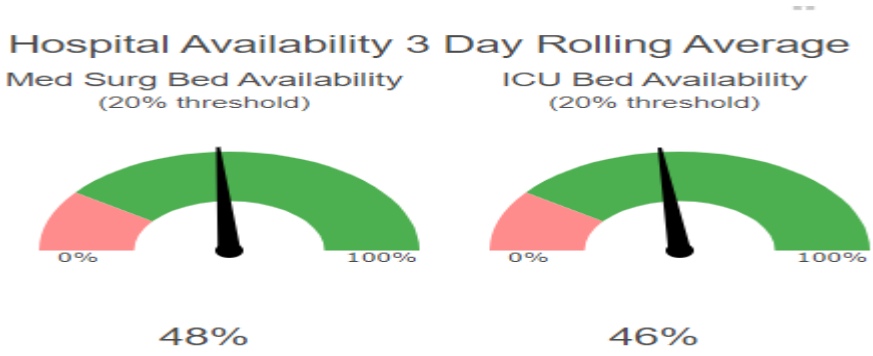
* Current Positivity 7.2%



Hospital Admissions 7 Day Rolling Average

3 Days of Hospital Admission Increases





County Level COVID-19 Risk Metrics – 8/30- 9/05/2020

New Cases Per 100,000 Case rate reported Sun-Sat (Target: less than 50 per 100,000) **148 per 100K**	**Number of Deaths** Death number reported Sun-Sat (Target: decreasing or stable Sun-Sat) **7**	**Test Positivity (%)** (%) positive tests reported Sun-Sat (Target: less than or equal to 8 %) **6.7 %**
Tests Performed Number of tests reported Sun-Sat (Target: Testing is Sufficient when test positivity is less than or equal to 8 %) **2088**	**CLI ED Visits (%), Adults** Emergency Department visits for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **2.7 %**	**Number of CLI Admissions** Hospital admissions for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **7**
Cluster (%) of cases No Target This metric helps explain large increase in cases **2.9 %**	**ICU (%) Available** ICU bed availability (Target: at least 20% of ICU beds available) **41.6 %**	Metrics in target Range Metrics outside Target Range More information at https://dph.illinois.gov/countymetrics

Local Testing Information

LaSalle County Health Department
A drive-thru COVID-19 Community Based Testing Site (CBTS) is held on a weekly basis at the LaSalle County Emergency Management Agency Building (EMA) at 711 E Etna Rd, Ottawa. The site will be open from 9:00 a.m. to 11:00 a.m. and will run **by appointment only**.

This testing site is open to all regardless of symptoms, no Doctor's order is required. Health insurance will be billed. **Individuals are required to schedule an appointment by calling 815-433-3366 prior to arriving on site.** Instructions including wearing a mask, bringing a Photo ID, and directions for how to drive into the site will be provided at that time.

Illinois Valley Community Hospital

- IVCH is proud to offer Covid-19 testing for both those with symptoms or who have had an exposure to a COVID-19 case.
- Patients seeking Covid-19 testing may either call their IVCH primary care provider for an order or may call the IVCH Covid-19 Hotline 9am – 5 pm weekdays and 10am – 4 pm weekends, at 815-780-3425 to speak to a nurse regarding testing.
- All Covid-19 tests must be ordered by a provider.
- Testing is available Monday through Friday and by appointment only.
- Covid-19 tests take approximately 72 hours to receive a result.
- All patients will be notified of their test result by phone.
- IVCH Care Today and the Emergency Room do not provide routine COVID-19 testing.

OSF HealthCare Saint Elizabeth Medical Center

If you suspect you have novel coronavirus (COVID-19) and it is not an emergency, DO NOT go to a hospital or doctor's office. Instead, use one of the care options that best fits your needs below.

- Clare, our 24/7 virtual assistant chatbot at osfhealthcare.org/covid19, can educate you, screen you for COVID-19 and connect you to further care if needed.
- You can call the 24/7, COVID-19 Nurse Hotline* at 1-(833) OSF-KNOW (1-833-673-5669).
- Contact your OSF Primary Care Provider, and they can order the test for you.
- If you have a Primary Care Provider that is not an OSF Provider, they can fax an order to (815) 431-3072 (OSF PromptCare Ottawa, 1640 1st Avenue, Ottawa).
- If you do not have a Primary Care Provider, you can be seen at one of the below locations and they can order a test for you if indicated:
    - OSF PromptCare - Ottawa (8 a.m. - 8 p.m. daily) at (815) 431-9208

- OSF Urgo – Ottawa (8 a.m. – 8 p.m. daily) at (815) 431-3410
- OSF PromptCare – Streator (weekdays 8 a.m. – 6 p.m.) at (815) 673-4545

- If you are experiencing shortness of breath, chest pain, or severe weakness, call 911 or come to your nearest OSF Emergency Department, where a test will be performed during your medical screening exam.

*Staffed by RNs and other health care professionals.

OSF HealthCare Saint Paul Medical Center

If you suspect you have novel coronavirus (COVID-19) and it is not an emergency, DO NOT go to a hospital or doctor's office. Instead, use one of the care options that best fits your needs below.

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- You can call the 24/7, COVID-19 Nurse Hotline* at 1-(833) OSF-KNOW (1-833-673-5669).
- Contact your OSF Primary Care Provider, and they can order the test for you.
- If you have a Primary Care Provider that is not an OSF Provider, they can fax an order to our OSF Saint Paul Medical Center lab.
- If you do not have a Primary Care Provider, you can call our OSF Prompt Care - Mendota, (weekdays, 8 a.m. - 5 p.m.) at (815) 538-1311 and they can order a test for you after a quick telephone visit.
- If you are experiencing shortness of breath, chest pain, or severe weakness, you can call 911 or come to our OSF Saint Paul Emergency Department, where a test will be performed during your medical screening exam.

*Staffed by RNs and other health care professionals.

Morris Hospital

- Morris Hospital offers nasal swab testing by appointment for symptomatic individuals with a physician's order. Testing is available for individuals of all ages from 7:30 a.m. to 2 p.m., Monday-Friday. Appointments are required – no exceptions. Testing is **NOT** available at this time for asymptomatic individuals due to a nationwide shortage of the testing reagent.

- Testing is performed through the drive-up testing site on the Morris Hospital campus at the **corner of Lisbon & High Streets** on the far southwest corner of the hospital campus. When you arrive on the hospital campus, please follow the Drive-Thru Testing directional signs on Lisbon Street or High Street. Patients are required to have photo ID, insurance card and sign a release at the time of their test.
- **After a physician places an order for your test**, a Scheduling representative from Morris Hospital will call you to schedule. Please allow up to 72 hours for test results to get sent to the ordering physician, who will inform you of your results. You can also check your patient portal for test results or contact the provider who ordered the test. Please remain at home, away from others while you are waiting for your test results.

St. Margaret's Hospital

St. Margaret's testing facility requires a physician's order and is perfect for those patients who need a COVID test within 72 hours of a surgery or a procedure. It is also for patients who may have been exposed to a COVID positive person or who is exhibiting symptoms.

The patients' primary physician needs to fax an order to the registration department. Insurance information and a copy of a driver's license is also collected.

Testing is available Monday through Friday from 8:30 am to 5pm. Saturday and Sunday, we are open from 8-1pm.

For patients who don't have a physician but are exhibiting signs of an illness, the St. Margaret's Walk-in clinics at Midtown Health Center in Peru or Center for Family Health in Princeton are available. Patients will be offered a virtual or telehealth visit and if warranted, will be sent for a swab.

The St. Margaret's testing center is not a walk-in, public screening center.

Community Based Testing

A list of public and private testing sites can be found on the IDPH website at http://www.dph.illinois.gov/testing.

Location	Address	Times
Arlington Heights	Arlington Racetrack 2000 W Euclid Ave Arlington Heights	8:00am – 4:00pm while daily supplies last
Auburn Gresham	Foreman Mills Shopping Center 122 W. 79th Street Chicago	8:00am – 4:00pm while daily supplies last

Aurora	1650 Premium Outlet Blvd Aurora	8:00am-4:00pm while daily supplies last
***Bloomington**	1106 Interstate Drive Bloomington	9:00am-5:00pm while daily supplies last
Champaign	Market Place Shopping Ctr 2000 N. Neil Street Champaign	8:00am-4:00pm while daily supplies last
***East St. Louis**	Jackie Joyner Kersee Ctr. Argonne Drive East St. Louis	8:00am-4:00pm while daily supplies last
Harwood Heights	6959 W. Forest Preserve Rd. Chicago	7:00am-3:00pm while daily supplies last
***Peoria**	Peoria Civic Center Fulton Street Parking Lot Peoria	8:00am-4:00pm while daily supplies last
Rockford	1601 Parkview Avenue Rockford	8:00am-4:00pm while daily supplies last
South Holland	South Suburban College 15800 State St South Holland	8:00am-4:00pm while daily supplies last
Waukegan	102 W. Water Street Waukegan	8:00am-4:00pm while daily supplies last

* Walk-up testing is available at Bloomington, East St. Louis, and Peoria.

How Long Does It Take for the Health Department to Receive COVID-19 Test Results of Confirmed Individuals?

Health care providers, hospitals and laboratories, by law must report suspected or confirmed cases of certain infectious diseases, including COVID-19 electronically through Illinois' National Electronic Disease Surveillance System (I-NEDSS). Labs are required to enter lab results within 24 hours. Once a report is entered, it is routed to the appropriate local health department for additional follow-up. In addition, the information reported in I-NEDSS is automatically transferred to Contact Tracing database system utilized by local health

departments. The transfer of this information happens several times per day. Occasionally, cases are sent to the wrong department and staff have to wait for the case to be transferred to the right department. Health Department staff work diligently to ensure all cases reported in I-NEDSS are being transferred and accounted for in the contact tracing system to be contacted by one of our contact tracers. On average, it takes 24-72 hours from the time a person is tested for COVID before they are entered into the database and will be contacted by the Health Department.

Understanding Contact Tracing

Contact tracing is a method used by state and local health departments to slow, even stop the spread of infectious diseases. Contact tracing lets people who may have been exposed to COVID-19 know so they can be monitored for symptoms, get tested, and self-isolate or quarantine.

Individuals in LaSalle County who test positive for COVID-19 will be contacted by the health department and asked to provide their close contacts, or people they came within 6 feet of for at least 15 minutes in the 48 hours (2 days) before the infected individual showed symptoms of COVID-19 or tested positive. Those who test positive will be placed under isolation and close contacts will be placed under quarantine for 14 days. You will receive a call, text, or email each day to monitor your symptoms.

Discussions with health department staff are confidential. If you have been diagnosed with COVID-19, your name will not be shared with those you came in contact with. The health department will only notify people you were in close contact with that they might have been exposed to COVID-19. No financial, credit card, bank account, social security information, or at home testing in discussed.

Isolation

A positive diagnosis of COVID-19 prompts isolation.

The sick individual separates from others until:

- It has been at least 10 days since symptoms first appeared.
- The patient is free from fever without the use of fever-reducing medications for at least 24 hours, no longer showing symptoms and feeling well.

Quarantine

A person is placed under quarantine when they are exposed to a person with COVID-19.

The purpose of quarantine is to restrict the person's movement and see if they become sick. COVID-19 symptoms can take 2-14 days to develop. Some people develop COVID-19 but are asymptomatic, meaning they never show symptoms. For this reason, individuals quarantine so that they do not expose anyone else to the virus.

Contact tracing works best when health department staff have as much information as possible provided to them and are able to talk to all the people who are contacts. Please be ready to share all of your close contact information so we can reach out to these individuals.

Illinois Department of Public Health Updates School Guidance

The Illinois Department of Public Health recently updated their "COVID-19 Exclusion Guidance Decision Tree (9/10/2020)" chart and "Frequently Asked Questions for Schools (9/9/2020)." These updated documents can be found on the Illinois State Board of Education (ISBE) website at https://www.isbe.net/Pages/covid19.aspx or the LaSalle County Health Department website at www.lasallecounty.org.

COVID Release Letters to Return to Work and School

COVID-19 Release Letters are automatically generated following completion of a final opinion survey once all monitoring and reporting is complete. The day after your last assessment, click back into the link sent to you on the final monitoring day, take the final survey, enter your email, and the release letter will be sent to you.
If the release letter is not sent or if there is a problem with the automated system please call the LaSalle County Health Department at (815) 433-3366.

Multisystem Inflammatory Syndrome

Multisystem inflammatory syndrome in children (MIS-C) is a condition where different body parts can become inflamed, including the heart, lungs, kidneys, brain, skin, eyes, or gastrointestinal organs. Children with MIS-C may have a fever and various symptoms, including abdominal (gut) pain, vomiting, diarrhea, neck pain, rash, bloodshot eyes, or feeling extra tired.

Since mid-May 2020, CDC has been tracking reports of MIS-C, a rare but serious condition associated with COVID-19. MIS-C is a new syndrome, and many questions remain about why some children develop it after a COVID-19 illness or contact with someone with COVID-19, while others do not. As of 9/3/2020, CDC has received reports of 792 confirmed cases of MIS-C and 16 deaths in 42 states, New York City, and Washington, DC. Additional cases are under investigation.

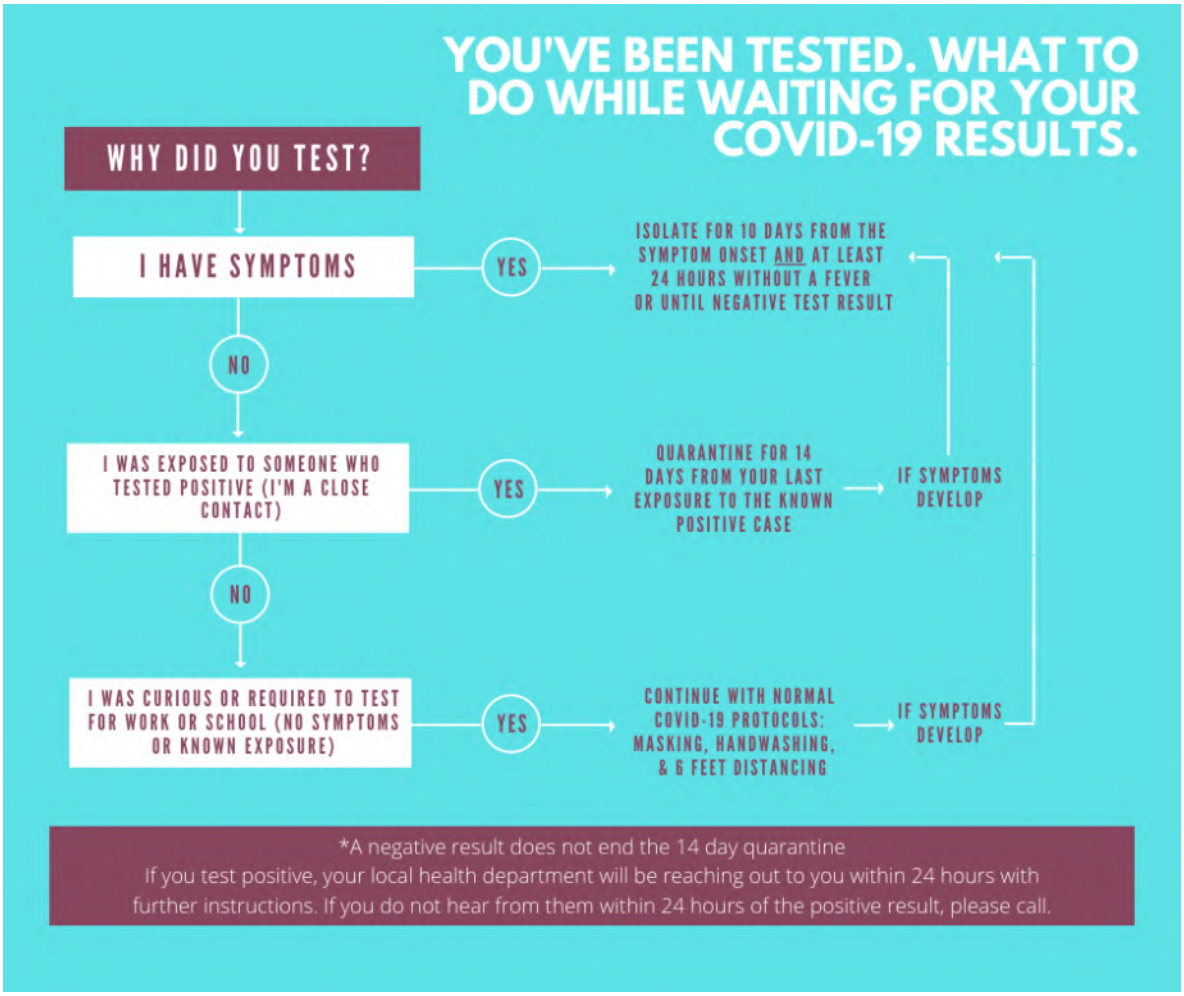
- Most cases are in children between the ages of 1 and 14 years, with an average age of 8 years.
- Cases have occurred in children from <1 year old to 20 years old.
- More than 70% of reported cases have occurred in children who are Hispanic/Latino (276 cases) or Non-Hispanic Black (230 cases).
- 99% of cases (783) tested positive for SARS CoV-2, the virus that causes COVID-19. The remaining 1% were around someone with COVID-19.
- Most children developed MIS-C 2-4 weeks after infection with SARS-CoV-2.
- Slightly more than half (54%) of reported cases were male.

Learn more about MIS-C and COVID-19 at https://www.cdc.gov/mis-c/?deliveryName=USCDC_2067-DM37553

If you choose to go out, please be considerate of those working in restaurants. Please make sure you are wearing your face covering to protect both of you.

You've been tested. Now what?

Follow this chart to see what you need to do to help stop the spread of COVID-19.



Purpose of the Coalition Bulletin
Publishing a regular newsletter -- weekly, in this case – will help keep our LaSalle County Healthcare Coalition in regular contact with up-to-date information between meetings.
For more information on the web:

- LaSalle County Health Department
- Illinois Department of Public Health
- Centers for Disease Control and Prevention

Find us on:

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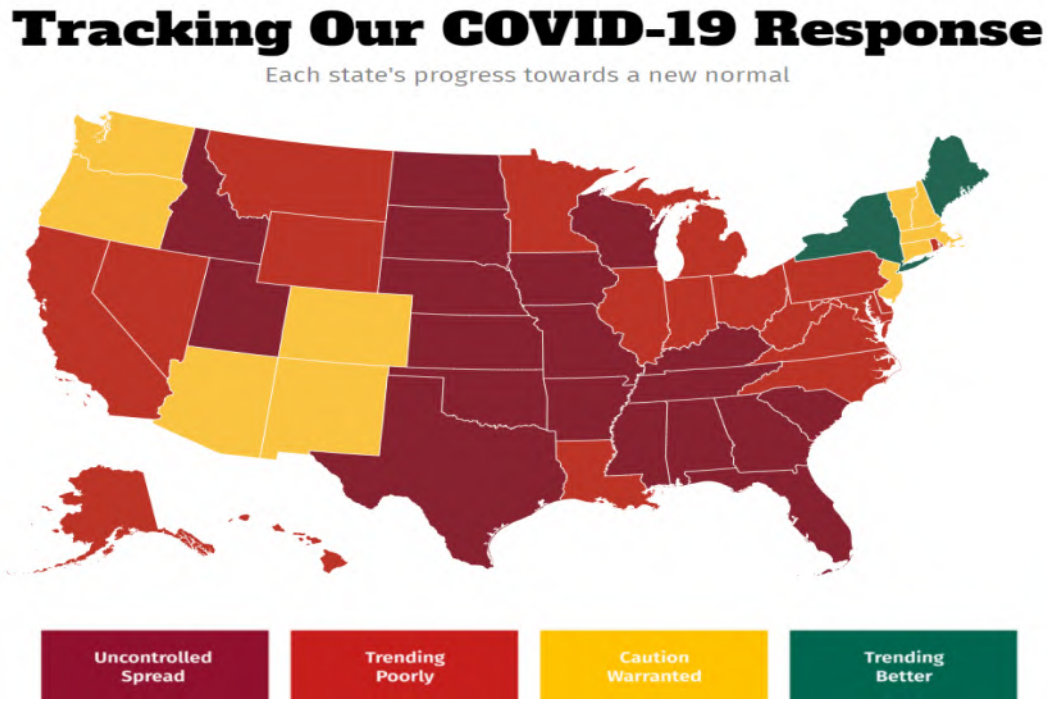
COVID-19 Coalition Bulletin

September 18, 2020

In This Issue

- Coronavirus Disease 2019 – Situational Update
- COVID Numbers at a Glance
- LaSalle County COVID-19 Test Results &Data Summary
- Current LaSalle County Case Counts
- Region 2 Summary
- IDPH County Level COVID-19 Risk Metrics
- Local Testing Information
- Community Based Testing
- Frequently Asked Questions
- LaSalle County Health Department To Hold Drive-Thru Seasonal Flu Clinic on September 19th
- Illinois Regional Metrics – Where Does Region 2 Stand?
- How to Select, Wear, and

COVID-19 Situational Update



Map from https://www.covidexitstrategy.org/ which provides state by state data including 14-DAY TREND OF COVID+, LAST 14 DAYS OF COVID+ (ROLLING), INFLUENZA-LIKE ILLNESS, % OF TEST TARGET (US: 500K/DAY), ICU AVAILABILITY, NEW CASES PER MILLION PER DAY, and COVID+ RATE

COVID Numbers at a Glance

9.10.2020

	Cases	Deaths
Worldwide	27,933,388	905,181
US	6,373,349	191,248
Illinois	255,643	8242
LaSalle County	1433	54

9.17.2020

	Cases	Deaths
Worldwide	29,925,969	942,076
US	6,640,540	197,091
Illinois	268,207	8,392
LaSalle County	1553	54

Clean Your Mask

Web Link Resources

John Hopkins GIS Map

ILLINOIS TESTING SITES

Symptoms Infographic

Resources for Healthcare Facilities

Preventing Community Spread

Information for Law Enforcement Personnel

Interim Guidance for Emergency Medical Services

Interim Guidance for School and Childcare

Environmental Cleaning and Disinfection Recommendations

RESTORE ILLINOIS

Interim Guidance for Management of Coronavirus in Correctional Facilities

Guidance for Pets and Animals if

LaSalle County COVID-19 Test Results and Data

9.10.20

Negative - 23,541

Positive - 1,433

Total Recovered* - 881
Total Deaths* - 54
(*included in the total number of positive cases)

9.17.20

Negative - 25,007

Positive - 1,553

Total Recovered* - 997
Total Deaths* - 54
(*included in the total number of positive cases)

Positivity Rate

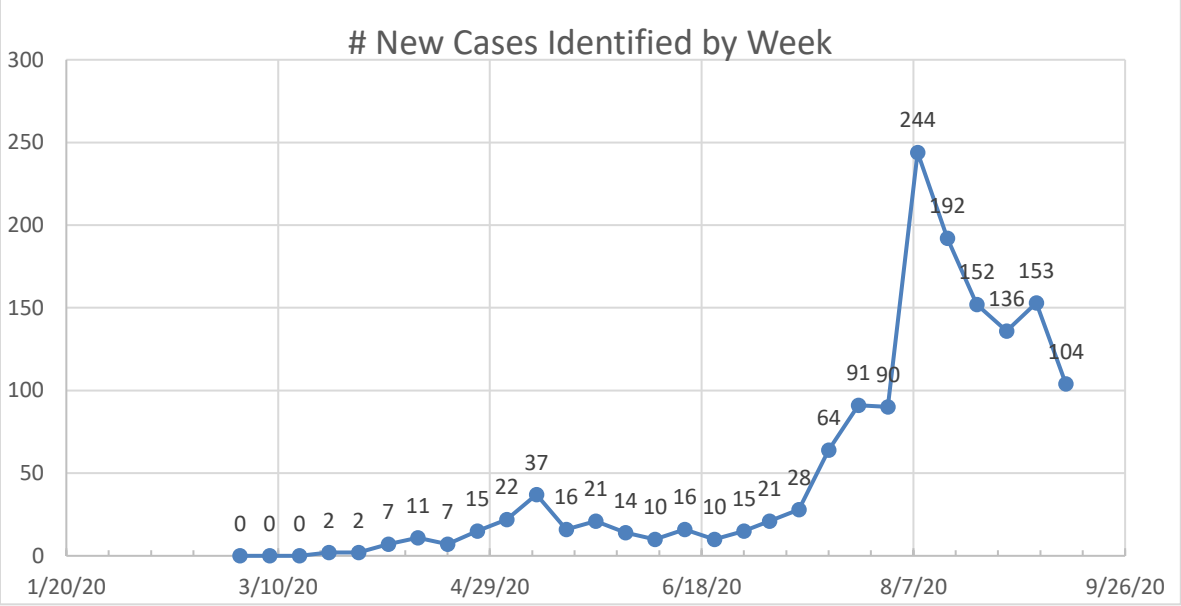
8.19%

Week Ending 9/5/2020

6.45 %

Week ending 9/12/2020

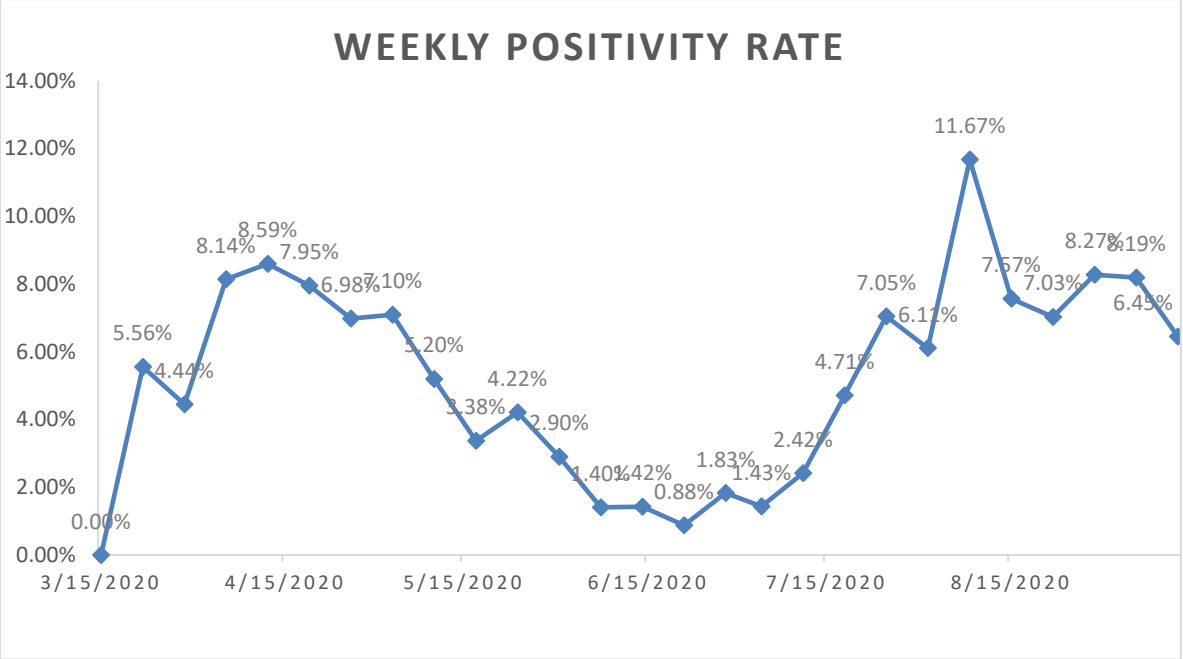
Graphs and statistical data are counted from Sunday to Saturday to coincide with IDPH reporting. (week ending 9/12/2020)



you have COVID-19

COVID-19 Web Links to PDF Resources

- Checklist for Healthcare Facilities: Strategies for Optimizing the Supply of N95 Respirators during the COVID-19 Response
- ASPR COVID-19 Healthcare Planning Checklist
- Cover Your Cough Poster
- Proper Handwashing Poster
- COVID-19 Poster: Stop the Spread of Germs
- Guide for Faith-Based Community
- Guide for Homeless Shelters
- Workplace Guidance
- Interim Guidance for Implementing Safety Practices for Critical Infrastructure Workers Who May Have Had Exposure to a Person with Suspected or Confirmed COVID-19



Current LaSalle County Case Data as of 9/17/2020*

Age Range	M	F
0-9	31	14
10-19	51	86
20s	121	173
30s	94	104
40s	100	119
50s	118	132
60s	97	86
70s	47	58
80s	30	49
90s	9	30
100s	0	4
UNK		
Total	698	855
%	44.95%	55.05%
TOTAL CASEs		1553

Total Deaths	54
Deaths by Age	
20's	0
30's	0
40's	1
50's	0
60's	7
70's	9
80's	20
90's	15
100s	2
Deaths by Gender	
Males	23
Females	31

- Interim Guidance for Routine Oral and Dental Care

Case by Month Summary

	March	April	May	June	July	August	Sept	Running Total
Number Cases	6	50	98	67	261	778	293	1553
% of total cases	0.39%	3.22%	6.31%	4.31%	16.81%	50.10%	18.87%	100.00%

Deaths by Month Summary

	March	April	May	June	July	August	Sept	total
Deaths by month	1	0	12	4	1	30	6	54
% of total deaths	1.85%	0.00%	22.22%	7.41%	1.85%	55.56%	11.11%	100%

9.11.20

Town	Current Total	% of County Cases
Cedar Point	6	0.41%
Earlville	19	1.30%
Grand Ridge	19	1.30%
LaSalle	133	9.07%
Leland	16	1.09%
Lostant	8	0.55%
Marseilles	99	6.75%
Mendota	248	16.92%
Millington	5	0.34%
Oglesby	58	3.96%
Ottawa	268	18.28%
Peru	101	6.89%
Ransom	5	0.34%
Sandwich	59	4.02%
Seneca	22	1.50%
Sheridan	46	3.14%
Somonauk	16	1.09%
Streator	284	19.37%
Tonica	11	0.75%
Utica	31	2.11%
Other**	12	0.82%
TOTAL CASES	1466	

9.17.20

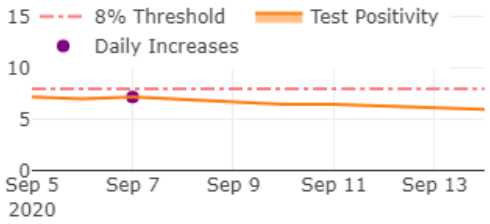
Town	Current Total	Increase since last week	*% of Total County Cases*
Cedar Point	6	0	0.39%
Earlville	20	1	1.29%
Grand Ridge	23	4	1.48%
LaSalle	142	9	9.14%
Leland	16	0	1.03%
Lostant	8	0	0.52%
Marseilles	102	3	6.57%
Mendota	259	11	16.68%
Millington	7	2	0.45%
Oglesby	60	2	3.86%
Ottawa	283	15	18.22%
Peru	114	13	7.34%
Ransom	6	1	0.39%
Sandwich	61	2	3.93%
Seneca	22	0	1.42%
Sheridan	48	2	3.09%
Somonauk	17	1	1.09%
Streator	303	19	19.51%
Tonica	11	0	0.71%
Utica	32	1	2.06%
Other**	13	NA	0.84%
TOTAL CASES	1553		

*Note these numbers are adjusted based on the number of cases transferred to other locations.
** Number of LaSalle County Cases in Communities with less than 5 cases

Region 2 Summary - 9/17/2020

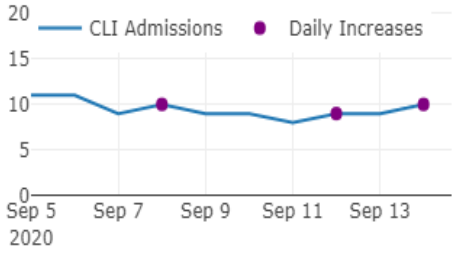
Test Positivity 7 Day Rolling Average

1 Day of Positivity Increases
* Current Positivity 6.0%



Hospital Admissions 7 Day Rolling Average

3 Days of Hospital Admission Increases



Hospital Availability 3 Day Rolling Average

Med Surg Bed Availability
(20% threshold)

42%

ICU Bed Availability
(20% threshold)

41%

County Level COVID-19 Risk Metrics – 9/06-9/12/2020

New Cases Per 100,000	Number of Deaths	Test Positivity (%)
Case rate reported Sun-Sat (Target: less than 50 per 100,000)	Death number reported Sun-Sat (Target: decreasing or stable Sun-Sat)	(%) positive tests reported Sun-Sat (Target: less than or equal to 8 %)
89 per 100K	**2**	**6.7 %**

Tests Performed	CLI ED Visits (%), Adults	Number of CLI Admissions
Number of tests reported Sun-Sat (Target: Testing is Sufficient when test positivity is less than or equal to 8 %) **1352**	Emergency Department visits for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **2.5 %**	Hospital admissions for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **9**
Cluster (%) of cases	**ICU (%) Available**	Metrics in target Range Metrics outside Target Range More information at https://dph.illinois.gov/countymetrics
No Target This metric helps explain large increase in cases **1 %**	ICU bed availability (Target: at least 20% of ICU beds available) **45.2 %**	

Local Testing Information

LaSalle County Health Department

A drive-thru COVID-19 Community Based Testing Site (CBTS) is held on a weekly basis at the LaSalle County Emergency Management Agency Building (EMA) at 711 E Etna Rd, Ottawa. The site will be open from 9:00 a.m. to 11:00 a.m. and will run **by appointment only**.

This testing site is open to all regardless of symptoms, no Doctor's order is required. Health insurance will be billed. **Individuals are required to schedule an appointment by calling 815-433-3366 prior to arriving on site.** Instructions including wearing a mask, bringing a Photo ID, and directions for how to drive into the site will be provided at that time.

Illinois Valley Community Hospital

- IVCH is proud to offer Covid-19 testing for both those with symptoms or who have had an exposure to a COVID-19 case.
- Patients seeking Covid-19 testing may either call their IVCH primary care provider for an order or may call the IVCH Covid-19 Hotline 9am – 5 pm weekdays and 10am – 4 pm weekends, at 815-780-3425 to speak to a nurse regarding testing.
- All Covid-19 tests must be ordered by a provider.
- Testing is available Monday through Friday and by appointment only.
- Covid-19 tests take approximately 72 hours to receive a result.
- All patients will be notified of their test result by phone.

- IVCH Care Today and the Emergency Room do not provide routine COVID-19 testing.

OSF HealthCare Saint Elizabeth Medical Center

If you suspect you have novel coronavirus (COVID-19) and it is not an emergency, DO NOT go to a hospital or doctor's office. Instead, use one of the care options that best fits your needs below.

- Clare, our 24/7 virtual assistant chatbot at osfhealthcare.org/covid19, can educate you, screen you for COVID-19 and connect you to further care if needed.
- You can call the 24/7, COVID-19 Nurse Hotline* at 1-(833) OSF-KNOW (1-833-673-5669).
- Contact your OSF Primary Care Provider, and they can order the test for you.
- If you have a Primary Care Provider that is not an OSF Provider, they can fax an order to (815) 431-3072 (OSF PromptCare Ottawa, 1640 1st Avenue, Ottawa).
- If you do not have a Primary Care Provider, you can be seen at one of the below locations and they can order a test for you if indicated:
- OSF PromptCare - Ottawa (8 a.m. - 8 p.m. daily) at (815) 431-9208
- OSF Urgo – Ottawa (8 a.m. – 8 p.m. daily) at (815) 431-3410
- OSF PromptCare – Streator (weekdays 8 a.m. – 6 p.m.) at (815) 673-4545
- If you are experiencing shortness of breath, chest pain, or severe weakness, call 911 or come to your nearest OSF Emergency Department, where a test will be performed during your medical screening exam.

*Staffed by RNs and other health care professionals.

OSF HealthCare Saint Paul Medical Center

If you suspect you have novel coronavirus (COVID-19) and it is not an emergency, DO NOT go to a hospital or doctor's office. Instead, use one of the care options that best fits your needs below.

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- Contact your OSF Primary Care Provider, and they can order the test for you.
- If you have a Primary Care Provider that is not an OSF Provider, they can fax an order to our OSF Saint Paul Medical Center lab.
- If you do not have a Primary Care Provider, you can call our OSF Prompt Care - Mendota, (weekdays, 8 a.m. - 5 p.m.) at (815) 538-1311 and they can order a test for you after a quick telephone visit.
- If you are experiencing shortness of breath, chest pain, or severe weakness, you can call 911 or come to our OSF Saint Paul Emergency Department, where a test will be performed during your medical screening exam.

*Staffed by RNs and other health care professionals.

Morris Hospital

- Morris Hospital offers nasal swab testing by appointment for symptomatic individuals with a physician's order. Testing is available for individuals of all ages from 7:30 a.m. to 2 p.m., Monday-Friday. Appointments are required – no exceptions. Testing is **NOT** available at this time for asymptomatic individuals due to a nationwide shortage of the testing reagent.
- Testing is performed through the drive-up testing site on the Morris Hospital campus at the **corner of Lisbon & High Streets** on the far southwest corner of the hospital campus. When you arrive on the hospital campus, please follow the Drive-Thru Testing directional signs on Lisbon Street or High Street. Patients are required to have photo ID, insurance card and sign a release at the time of their test.
- **After a physician places an order for your test**, a Scheduling representative from Morris Hospital will call you to schedule. Please allow up to 72 hours for test results to get sent to the ordering physician, who will inform you of your results. You can also check your patient portal for test results or contact the provider who ordered the test. Please remain at home, away from others while you are waiting for your test results.

St. Margaret's Hospital

St. Margaret's testing facility requires a physician's order and is perfect for those patients who need a COVID test within 72 hours of a surgery or a procedure. It is also for patients who may have been exposed to a COVID positive person or who is exhibiting symptoms.

The patients' primary physician needs to fax an order to the registration department. Insurance information and a copy of a driver's license is also collected.

Testing is available Monday through Friday from 8:30 am to 5pm. Saturday and Sunday, we are open from 8-1pm.

For patients who don't have a physician but are exhibiting signs of an illness, the St. Margaret's Walk-in clinics at Midtown Health Center in Peru or Center for Family Health in Princeton are available. Patients will be offered a virtual or telehealth visit and if warranted, will be sent for a swab.

The St. Margaret's testing center is not a walk-in, public screening center.

Community Based Testing

A list of public and private testing sites can be found on the IDPH website at http://www.dph.illinois.gov/testing.

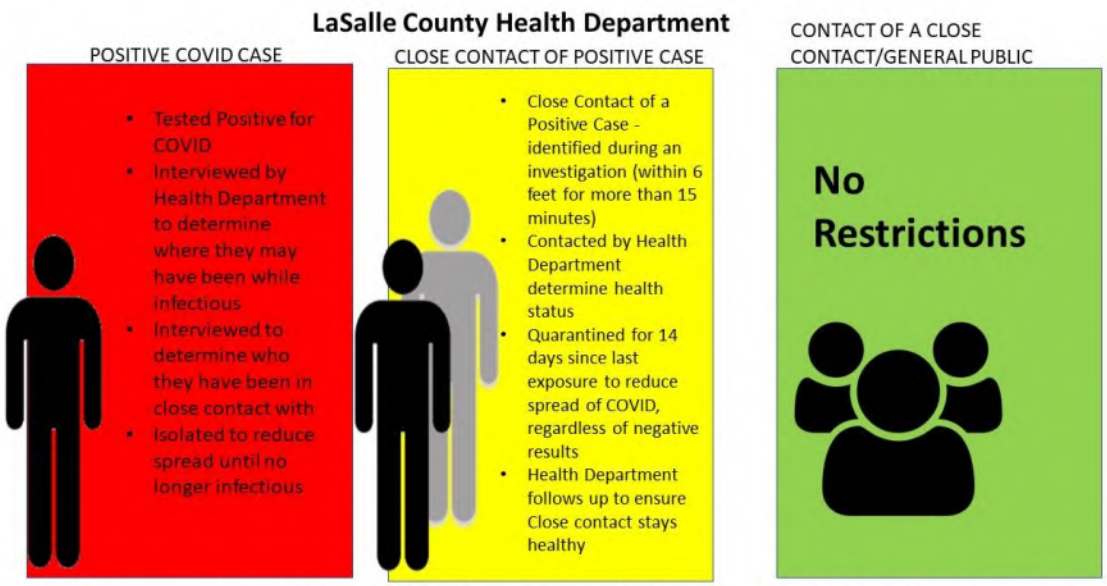
Location	Address	Times
Arlington Heights	Arlington Racetrack 2000 W Euclid Ave Arlington Heights	8:00am – 4:00pm while daily supplies last

Auburn Gresham	Foreman Mills Shopping Center 122 W. 79th Street Chicago	8:00am – 4:00pm while daily supplies last
Aurora	1650 Premium Outlet Blvd Aurora	8:00am-4:00pm while daily supplies last
***Bloomington**	1106 Interstate Drive Bloomington	9:00am-5:00pm while daily supplies last
Champaign	Market Place Shopping Ctr 2000 N. Neil Street Champaign	8:00am-4:00pm while daily supplies last
***East St. Louis**	Jackie Joyner Kersee Ctr. Argonne Drive East St. Louis	8:00am-4:00pm while daily supplies last
Harwood Heights	6959 W. Forest Preserve Rd. Chicago	7:00am-3:00pm while daily supplies last
***Peoria**	Peoria Civic Center Fulton Street Parking Lot Peoria	8:00am-4:00pm while daily supplies last
Rockford	1601 Parkview Avenue Rockford	8:00am-4:00pm while daily supplies last
South Holland	South Suburban College 15800 State St South Holland	8:00am-4:00pm while daily supplies last
Waukegan	102 W. Water Street Waukegan	8:00am-4:00pm while daily supplies last

* Walk-up testing is available at Bloomington, East St. Louis, and Peoria.

If an individual, student or employee is identified as a close contact to a person with COVID-19 and is instructed to quarantine for 14 calendar days, do their household members and close contacts also have to quarantine?

No, contacts of a person who is a close contact to a COVID-19 case do not need to self-quarantine unless they develop symptoms or if the person identified as the close contact develops COVID-19. They should, however, monitor themselves closely for symptoms of COVID-19 and if they become symptomatic, self-isolate and seek medical evaluation/testing.



People who are awaiting COVID-19 test results should presume they have the virus and self-isolate until they receive test results in order to mitigate the spread of the virus.

LaSalle County Health Department To Hold Drive-Thru Seasonal Flu Clinic on September 19th

With flu season quickly approaching, the LaSalle County Health Department will be holding a drive-thru flu shot clinic on Saturday, September 19th. The drive-thru clinic will make it more convenient and safer due to COVID-19 restrictions still in effect. This Fall and Winter, getting a seasonal flu vaccine will be more important than ever for protecting your health and the health of those around you.

The drive-thru clinic is open to the public, no appointment necessary. The clinic is scheduled from 10:00 am -1:00 pm Saturday and will be held at the LaSalle County Governmental Complex, located at 707 Etna Road, Ottawa, IL. Recipients of the flu vaccine are asked to wear a mask and a short- sleeved shirt. For easy access please sit with your preferred arm facing the window.

We offer insurance billing or cash only payment. Debit or credit cards **will not** be accepted. The fee for the seasonal flu shot will be $25. The fee for influenza High Dose will be $50. Most insurances will be accepted. **You must have your insurance card with you and a photo ID**. No Doctors order is required. We will be vaccinating only clients 19 years of age and older. Please call to schedule appointments for your child to receive their flu shots. No pneumonia vaccines available at this event. All LaSalle County Health Department influenza vaccines are preservative free.

To lessen your chances of developing the flu, adults and children need to practice good hygiene measures. Teach the importance of covering your mouth when coughing or sneezing, and educate children about hand to mucous membrane transmission. One of the best ways to protect yourself and your children is through frequent and thorough hand washing. People who are exhibiting "flu-like" symptoms should stay home from work, out of *childcare* and school to minimize transmission. Remember the 3 C's: clean, cover, and contain. Clean – frequently wash your hands with soap and warm water. Cover – cover your cough and sneeze. Contain – contain your germs by staying home if you are sick.

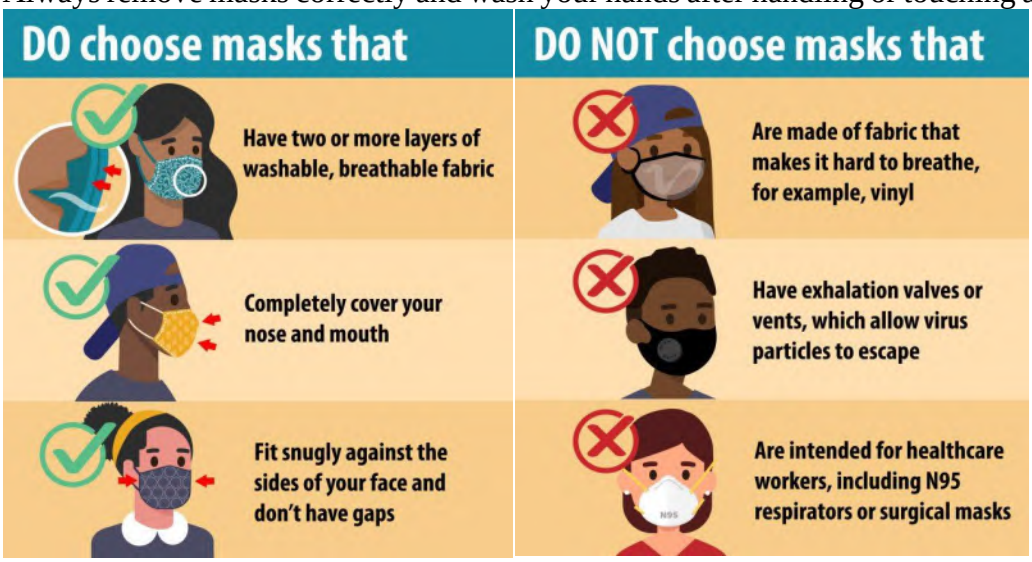
Illinois Regional Metrics – Where Does Region 2 Stand?

LaSalle County is included in the North Central Region (Region 2) of the Illinois Regional Metrics. Region 2 includes Bureau, Fulton, Grundy, Henderson, Henry, Kendall, Knox, La Salle, Livingston, Marshall, McDonough, McLean, Mercer, Peoria, Putnam, Rock Island, Stark, Tazewell, Warren and Woodford counties.

Remember to stay informed about our region and where we stand on seven-day averages by checking the Illinois Regional Metrics page on the Illinois Department of Public Health (IDPH) website at https://bit.ly/33fhyP9. These numbers tell the story of how well we are doing in the fight against COVID-19. Continue to wear your mask, watch your distance and wash your hands.

How to Select, Wear, and Clean Your Mask

The CDC recommends that you wear masks in public settings around people who don't live in your household and when you can't stay 6 feet away from others. Masks help stop the spread of COVID-19 to others. **See this webpage** from the CDC with guidance on how to properly select, wear, and clean your mask – along with infographics. Wear a mask correctly and consistently for the best protection. Be sure to wash your hands before putting on a mask and do not touch the mask when wearing it. In addition, masks should be washed regularly. Always remove masks correctly and wash your hands after handling or touching a used mask.



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Publishing a regular newsletter -- weekly, in this case – will help keep our LaSalle County Healthcare Coalition in regular contact with up-to-date information between meetings.
For more information on the web:

- LaSalle County Health Department
- Illinois Department of Public Health
- Centers for Disease Control and Prevention

Find us on:

www.facebook.com/LaSalleCountyHealth

www.twitter.com/LaSalleCoHealth

www.lasallecounty.org

COVID-19 Coalition Bulletin

September 25 2020

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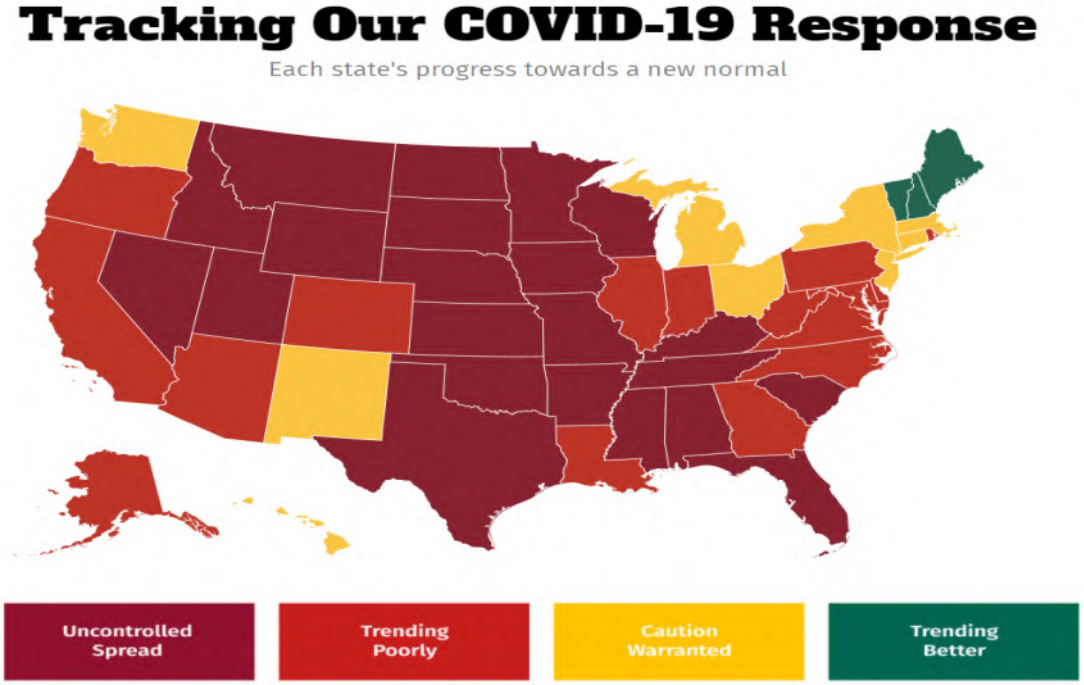
- What is the difference between

COVID-19 Situational Update



Map from https://www.covidexitstrategy.org/ which provides state by state data including 14-DAY TREND OF COVID+, LAST 14 DAYS OF COVID+ (ROLLING), INFLUENZA-LIKE ILLNESS, % OF TEST TARGET (US: 500K/DAY), ICU AVAILABILITY, NEW CASES PER MILLION PER DAY, and COVID+ RATE

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Illinois	268,207	8,392
LaSalle County	1553	54

9.25.2020

	Cases	Deaths
Worldwide	31,937,244	977,624
US	6,937,145	201,959
Illinois	281,371	8,538
LaSalle County	1686	56

Influenza (Flu) and COVID-19?

- Deciding to Go Out - Understand the Potential Risks
- IPDH Issues Small Gathering Guidance

Web Link Resources

John Hopkins GIS Map

ILLINOIS TESTING SITES

Symptoms Infographic

Resources for Healthcare Facilities

Preventing Community Spread

Information for Law Enforcement Personnel

Interim Guidance for Emergency Medical Services

Interim Guidance for School and Childcare

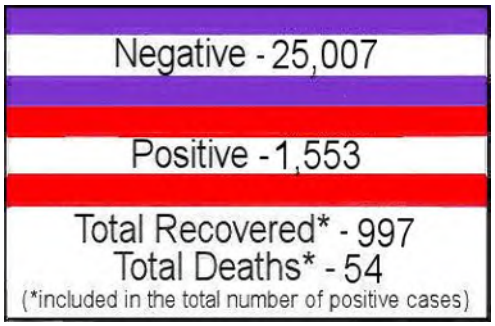
Environmental Cleaning and Disinfection Recommendations

RESTORE ILLINOIS

Interim Guidance for Management of Coronavirus in

LaSalle County COVID-19 Test Results and Data

9.17.20



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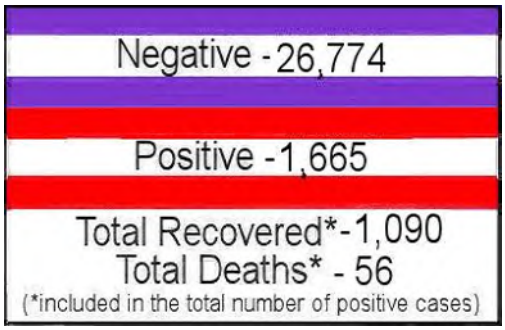


Positivity Rate***

6.7 %	5.9 %
Week Ending 9/12/2020	Week ending 9/19/2020

***Based on IDPH County Level Metric

Current LaSalle County Case Data as of 9/25/2020*

Age Range	M	F
0-9	31	16
10-19	58	92
20s	135	183
30s	101	117
40s	106	131
50s	124	144
60s	110	94
70s	51	63
80s	33	54
90s	9	30
100s	0	4
UNK		
Total	758	928
%	44.96%	55.04%
TOTAL CASEs		1686

Total Deaths	56
Deaths by Age	
20's	0
30's	0
40's	1
50's	1
60's	7
70's	10
80's	20
90's	15
100s	2
Deaths by Gender	
Males	25
Females	31

Correctional Facilities

Guidance for Pets and Animals if you have COVID-19

COVID-19 Web Links to PDF Resources

- Checklist for Healthcare Facilities: Strategies for Optimizing the Supply of N95 Respirators during the COVID-19 Response
- ASPR COVID-19 Healthcare Planning Checklist
- Cover Your Cough Poster
- Proper Handwashing Poster
- COVID-19 Poster: Stop the Spread of Germs
- Guide for Faith-Based Community
- Guide for Homeless Shelters
- Workplace Guidance
- Interim Guidance for Implementing Safety Practices for Critical Infrastructure Workers Who May Have Had Exposure to a

Case by Month Summary

	March	April	May	June	July	August	Sept	Running Total
Number Cases	6	50	98	67	261	778	426	1686
% of total cases	0.36%	2.97%	5.81%	3.97%	15.48%	46.14%	25.27%	

Deaths by Month Summary

	March	April	May	June	July	August	Sept	total
Deaths by month	1	0	12	4	1	30	8	56
% of total deaths	1.79%	0.00%	21.43%	7.14%	1.79%	53.57%	14.29%	

9.17.20

Town	Current Total	% of County Cases
Cedar Point	6	0.39%
Earlville	20	1.29%
Grand Ridge	23	1.48%
LaSalle	142	9.14%
Leland	16	1.03%
Lostant	8	0.52%
Marseilles	102	6.57%
Mendota	259	16.68%
Millington	7	0.45%
Oglesby	60	3.86%
Ottawa	283	18.22%
Peru	114	7.34%
Ransom	6	0.39%
Sandwich	61	3.93%
Seneca	22	1.42%
Sheridan	48	3.09%
Somonauk	17	1.09%
Streator	303	19.51%
Tonica	11	0.71%
Utica	32	2.06%
Other**	13	0.84%
TOTAL CASES	1553	

9.25.20

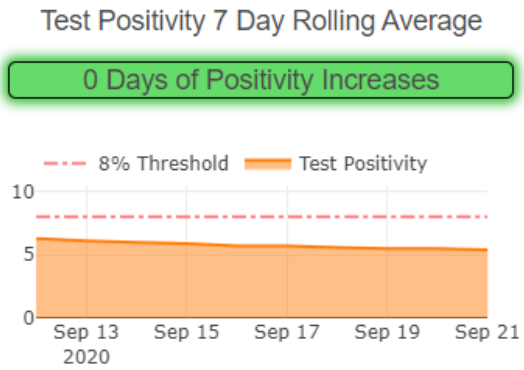
Town	Current Total	Increase since last week	*% of Total County Cases*
Cedar Point	6	0	0.36%
Earlville	21	1	1.25%
Grand Ridge	24	1	1.42%
LaSalle	168	24	9.96%
Leland	18	2	1.07%
Lostant	11	3	0.65%
Marseilles	106	4	6.29%
Mendota	273	14	16.19%
Millington	8	1	0.47%
Oglesby	65	5	3.86%
Ottawa	296	13	17.56%
Peru	138	24	8.19%
Ransom	7	1	0.42%
Sandwich	65	4	3.86%
Seneca	24	2	1.42%
Sheridan	50	2	2.97%
Somonauk	18	1	1.07%
Streator	325	22	19.28%
Tonica	14	3	0.83%
Utica	34	2	2.02%
Other**	15	**	0.89%
TOTAL CASES	1686		

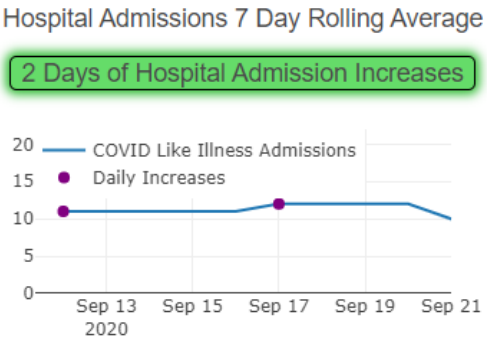
Person with Suspected or Confirmed COVID-19

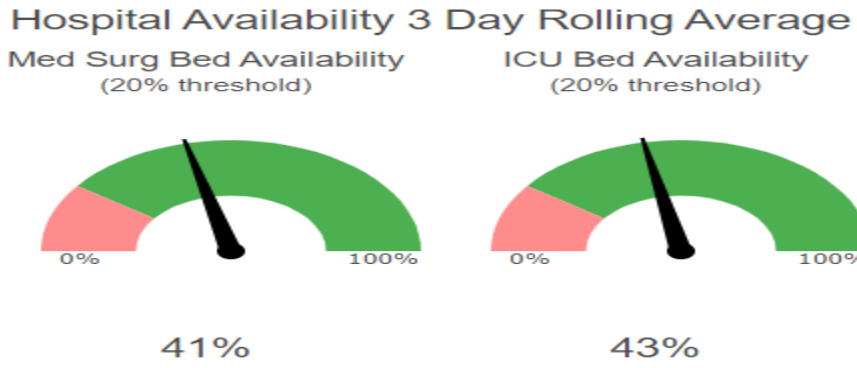
- Interim Guidance for Routine Oral and Dental Care

*Note these numbers are adjusted based on the number of cases transferred to other locations.
** Number of LaSalle County Cases in Communities with less than 5 cases

Region 2 Summary - 9/24/2020







County Level COVID-19 Risk Metrics – 9/13-9/19/2020

New Cases Per 100,000	Number of Deaths	Test Positivity (%)
Case rate reported Sun-Sat (Target: less than 50 per 100,000)	Death number reported Sun-Sat (Target: decreasing or stable Sun-Sat)	(%) positive tests reported Sun-Sat (Target: less than or equal to 8 %)
102 per 100K	**1**	**5.9 %**

Tests Performed	CLI ED Visits (%), Adults	Number of CLI Admissions
Number of tests reported Sun-Sat (Target: Testing is Sufficient when test positivity is less than or equal to 8 %) **1635**	Emergency Department visits for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **1.2 %**	Hospital admissions for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **<5**
Cluster (%) of cases No Target This metric helps explain large increase in cases **5.5 %**	**ICU (%) Available** ICU bed availability (Target: at least 20% of ICU beds available) **40.8 %**	Metrics in target Range Metrics outside Target Range More information at https://dph.illinois.gov/countymetrics

Local Testing Information

LaSalle County Health Department

A drive-thru COVID-19 Community Based Testing Site (CBTS) is held on a weekly basis at the LaSalle County Emergency Management Agency Building (EMA) at 711 E Etna Rd, Ottawa. The site will be open from 9:00 a.m. to 11:00 a.m. and will run **by appointment only**.

This testing site is open to all regardless of symptoms, no Doctor's order is required. Health insurance will be billed. **Individuals are required to schedule an appointment by calling 815-433-3366 prior to arriving on site.** Instructions including wearing a mask, bringing a Photo ID, and directions for how to drive into the site will be provided at that time.

Illinois Valley Community Hospital

IVCH is proud to offer Covid-19 testing for both those with symptoms or who have had an exposure to a COVID-19 case.
Patients seeking Covid-19 testing may either call their IVCH primary care provider for an order or may call the IVCH Covid-19 Hotline 9am – 5 pm weekdays and 10am – 4 pm weekends, at 815-780-3425 to speak to a nurse regarding testing. All Covid-19 tests must be ordered by a provider. Testing is available Monday through Friday and by appointment only.
Covid-19 tests take approximately 72 hours to receive a result.
All patients will be notified of their test result by phone.
IVCH Care Today and the Emergency Room do not provide routine COVID-19 testing.

Morris Hospital

Morris Hospital offers nasal swab testing by appointment for symptomatic individuals with a physician's order. Testing is available for individuals of all ages from 7:30 a.m. to 2 p.m., Monday-Friday. Appointments are required – no exceptions. Testing is NOT available at this time for asymptomatic individuals due to a nationwide shortage of the testing reagent.

Testing is performed through the drive-up testing site on the Morris Hospital campus at the corner of Lisbon & High Streets on the far southwest corner of the hospital campus. When you arrive on the hospital campus, please follow the Drive-Thru Testing directional signs on Lisbon Street or High Street. Patients are required to have photo ID, insurance card and sign a release at the time of their test.

After a physician places an order for your test, a Scheduling representative from Morris Hospital will call you to schedule. Please allow up to 72 hours for test results to get sent to the ordering physician, who will inform you of your results. You can also check your patient portal for test results or contact the provider who ordered the test. Please remain at home, away from others while you are waiting for your test results.

OSF HealthCare Saint Elizabeth Medical Center

If you suspect you have novel coronavirus (COVID-19) and it is not an emergency, DO NOT go to a hospital or doctor's office. Instead, use one of the care options that best fits your needs below.

- Clare, our 24/7 virtual assistant chatbot at osfhealthcare.org/covid19, can educate you, screen you for COVID-19 and connect you to further care if needed.
- You can call the 24/7, COVID-19 Nurse Hotline* at 1-(833) OSF-KNOW (1-833-673-5669).
- Contact your OSF Primary Care Provider, and they can order the test for you.
- If you have a Primary Care Provider that is not an OSF Provider, they can fax an order to (815) 431-3072 (OSF Prompt Care Ottawa, 1640 1st Avenue, Ottawa).
- If you do not have a Primary Care Provider, you can be seen at one of the below locations and they can order a test for you if indicated:
    - OSF Prompt Care - Ottawa (8 a.m. - 8 p.m. daily) at (815) 431-9208
    - OSF Urgo – Ottawa (8 a.m. – 8 p.m. daily) at (815) 431-3410
    - OSF Prompt Care – Streator (weekdays 8 a.m. – 6 p.m.) at (815) 673-4545
- If you are experiencing shortness of breath, chest pain, or severe weakness, call 911 or come to your nearest OSF Emergency Department, where a test will be performed during your medical screening exam.

*Staffed by RNs and other health care professionals.

OSF HealthCare Saint Paul Medical Center

If you suspect you have novel coronavirus (COVID-19) and it is not an emergency, DO NOT go to a hospital or doctor's office. Instead, use one of the care options that best fits your needs below.

- Clare, our 24/7 virtual assistant chatbot at osfhealthcare.org/covid19, can educate you, screen you for COVID-19 and connect you to further care if needed.
- You can call the 24/7, COVID-19 Nurse Hotline* at 1-(833) OSF-KNOW (1-833-673-5669).
- Contact your OSF Primary Care Provider, and they can order the test for you.
- If you have a Primary Care Provider that is not an OSF Provider, they can fax an order to our OSF Saint Paul Medical Center lab.
- If you do not have a Primary Care Provider, you can call our OSF Prompt Care - Mendota, (weekdays, 8 a.m. - 5 p.m.) at (815) 538-1311 and they can order a test for you after a quick telephone visit.
- If you are experiencing shortness of breath, chest pain, or severe weakness, you can call 911 or come to our OSF Saint Paul Emergency Department, where a test will be performed during your medical screening exam.

*Staffed by RNs and other health care professionals.

St. Margaret's Hospital

St. Margaret's testing facility requires a physician's order and is perfect for those patients who need a COVID test within 72 hours of a surgery or a procedure. It is also for patients who may have been exposed to a COVID positive person or who is exhibiting symptoms. The patients' primary physician needs to fax an order to the registration department. Insurance information and a copy of a driver's license is also collected.
Testing is available Monday through Friday from 8:30 am to 5pm. Saturday and Sunday, we are open from 8-1pm.
For patients who don't have a physician but are exhibiting signs of an illness, the St. Margaret's Walk-in clinics at Midtown Health Center in Peru or Center for Family Health in Princeton are available. Patients will be offered a virtual or telehealth visit and if warranted, will be sent for a swab.
The St. Margaret's testing center is not a walk-in, public screening center.

Community Based Testing

A list of public and private testing sites can be found on the IDPH website at http://www.dph.illinois.gov/testing.

Location	Address	Times
Arlington Heights	Arlington Racetrack 2000 W Euclid Ave Arlington Heights	8:00am – 4:00pm while daily supplies last
Auburn Gresham	Foreman Mills Shopping Center 122 W. 79th Street Chicago	8:00am – 4:00pm while daily supplies last
Aurora	1650 Premium Outlet Blvd Aurora	8:00am-4:00pm while daily supplies last
***Bloomington**	1106 Interstate Drive Bloomington	9:00am-5:00pm while daily supplies last
Champaign	Market Place Shopping Ctr 2000 N. Neil Street Champaign	8:00am-4:00pm while daily supplies last
***East St. Louis**	Jackie Joyner Kersee Ctr. Argonne Drive East St. Louis	8:00am-4:00pm while daily supplies last
Harwood Heights	6959 W. Forest Preserve Rd. Chicago	7:00am-3:00pm while daily supplies last
***Peoria**	Peoria Civic Center Fulton Street Parking Lot Peoria	8:00am-4:00pm while daily supplies last
Rockford	1601 Parkview Avenue Rockford	8:00am-4:00pm while daily supplies last
South Holland	South Suburban College 15800 State St South Holland	8:00am-4:00pm while daily supplies last
Waukegan	102 W. Water Street Waukegan	8:00am-4:00pm while daily supplies last

* Walk-up testing is available at Bloomington, East St. Louis, and Peoria.

Why is it important for influenza (flu) vaccines to be given during the COVID-19 pandemic?

This year it is more important than ever to get a flu shot. Each season, millions of Americans are sickened with flu, hundreds of thousands are hospitalized, and tens of thousands die. This season we are also battling COVID-19, another virus that can cause severe respiratory illness. While a vaccine for COVID-19 is still under development, there is a vaccine for flu that has been proven to be safe and effective over the past 50 years. Getting a flu vaccine can help you avoid co-infection with COVID-19 and flu.
Public health officials recommend everyone six months of age and older should get the seasonal flu vaccine. The vaccine is available in either a flu shot, or in a nasal spray. Talk with a health care provider about what type is most appropriate for you. More information on the types of flu vaccine can be found on the CDC website.

In addition to getting your flu vaccine, IDPH recommends following the 3 W's for both COVID-19 and influenza.

- **W**ash your hands
- **W**atch your distance
- **W**ear your mask

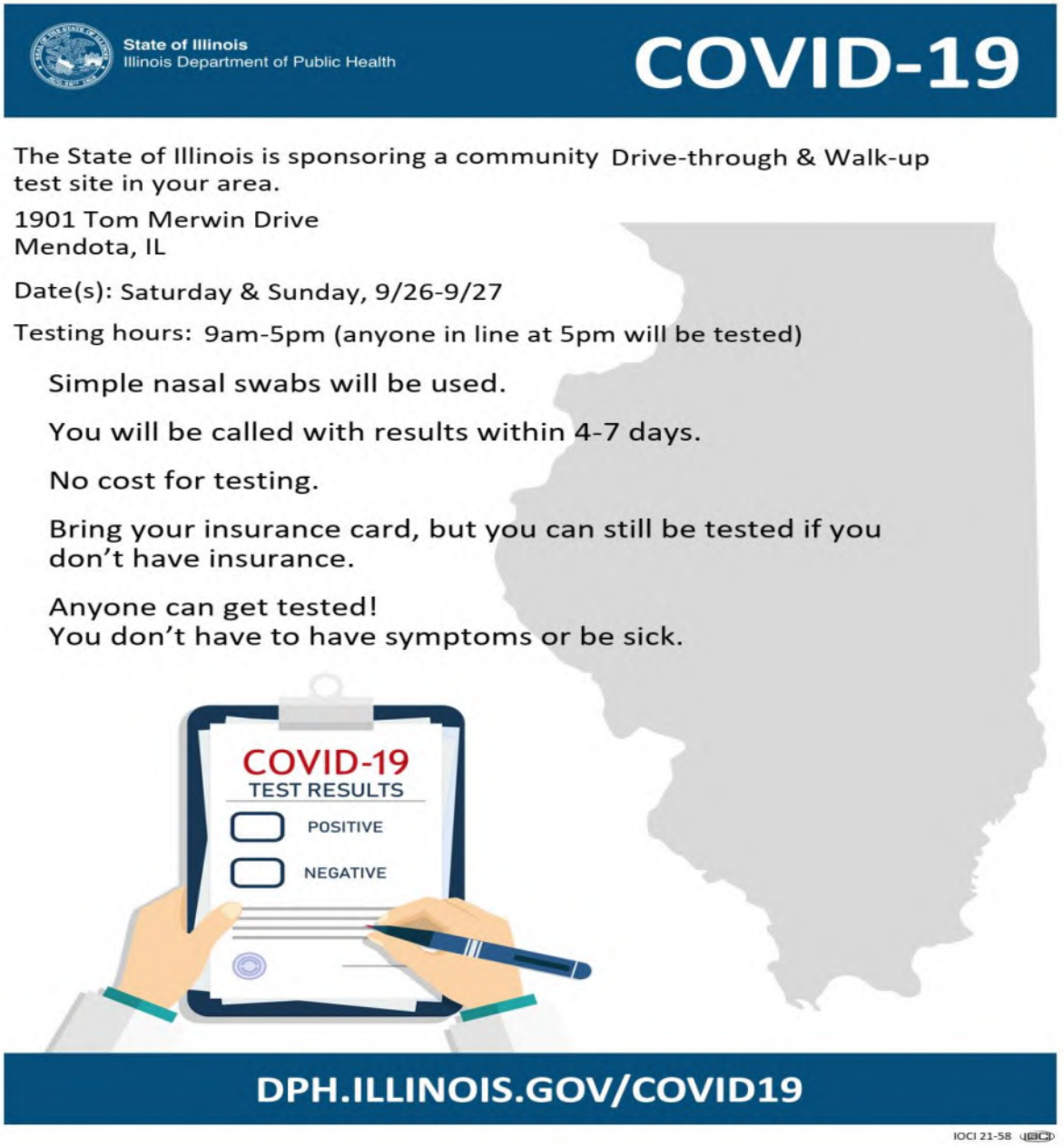
Many of the symptoms of flu and COVID-19 are the same, such as fever and cough, but there are some differences. If you have symptoms of either flu or COVID-19, self-isolate and contact a health care provider. They can talk with you about testing and other measures you should be taking.

Your best protection against flu is the flu vaccine. Please get yours today and avoid co-infection with COVID-19. Call the LaSalle County Health Department at 815-433-3366 to make an appointment for your flu vaccine.

Temporary Drive-Thru COVID-19 Testing Site Offered in Mendota

The LaSalle County Health Department is announcing a temporary drive-through COVID-19 testing site sponsored by the State of Illinois which will be held in Mendota. The site will

be set-up on Saturday, September 26th and Sunday September 27th from 9 a.m. to 5 p.m. at the Mendota Civic Center, 1901 Tom Merwin Dr.



What is the difference between Influenza (Flu) and COVID-19?

Influenza (Flu) and COVID-19 are both contagious respiratory illnesses, but they are caused by different viruses. COVID-19 is caused by infection with a new coronavirus (called SARS-CoV-2) and flu is caused by infection with influenza viruses. Because some of the symptoms of flu and COVID-19 are similar, it may be hard to tell the difference between them based on symptoms alone, and testing may be needed to help confirm a diagnosis. Flu and COVID-19 share many characteristics, but there are some key differences between the two.

Viruses spread when people who are infected cough, sneeze, or talk. Flu usually comes on suddenly. Many of the symptoms of flu and COVID-19 are the same, such as fever and cough, but there are some differences. If you have symptoms of either flu or COVID-19, self-isolate and contact a health care provider. They can talk with you about testing and other measures you should be taking.

Below is a list of symptoms for flu and COVID-19:

SYMPTOMS	FLU	COVID-19
Symptom onset	2 days	2-14 days
Body Aches	Common	Common
Cough	Common	Common
Diarrhea	Sometimes	Sometimes
Fatigue/weakness	Common	Common
Fever/chills/shaking	Common	Common
Loss of taste or smell	Rare	Sometimes
Shortness of breath or difficulty breaking	Common	Common
Stuffy nose	Common	Common
Sneezing	Sometimes	Rare
Sore throat	Common	Common
Headache	Common	Common

Source: Illinois Department of Public Health

State Public Health Officials Announce Region 7 to Return to Phase 4 of Restore Illinois

Governor Pritzker and the Illinois Department of Public Health (IDPH) announced that Region 7, which includes the greater Will and Kankakee County areas, would return to Phase 4 of the Restore Illinois Plan on September 18, 2020 at 5 p.m. The announcement followed weeks of close coordination between IDPH and local health departments, as well as a concerted effort by community leaders and residents to follow the additional mitigation measures implemented on August 26, 2020.

Region 7 moved to stricter mitigations following three consecutive days of a rolling positivity rate above 8 percent. As of September 18th, Region 7 had reached the threshold to lift mitigations of three consecutive days of a rolling positivity rate below 6.5 percent. This means indoor dining and bar service has resumed along with larger gathering sizes as outlined in Phase 4 of the Restore Illinois plan.

IDPH continues to monitor each region in the state for several key indicators to identify early, but significant increases of COVID-19 transmission in Illinois, potentially signifying resurgence. These indicators can be used to determine whether additional community mitigation interventions are needed to prevent the further spread of COVID-19.

Additional measures will be implemented if a region experiences an increase in COVID-19 test positivity with a simultaneous decrease in hospital capacity or increase in hospital admissions for COVID-like-illness, or if the 7-day rolling positivity rate is above 8 percent for three consecutive days.

Stay informed about our region (LaSalle County is in Region 2) and where we stand on seven-day averages by checking the Illinois Regional Metrics page on the Illinois Department of Public Health (IDPH) website at https://bit.ly/33fhyP9.

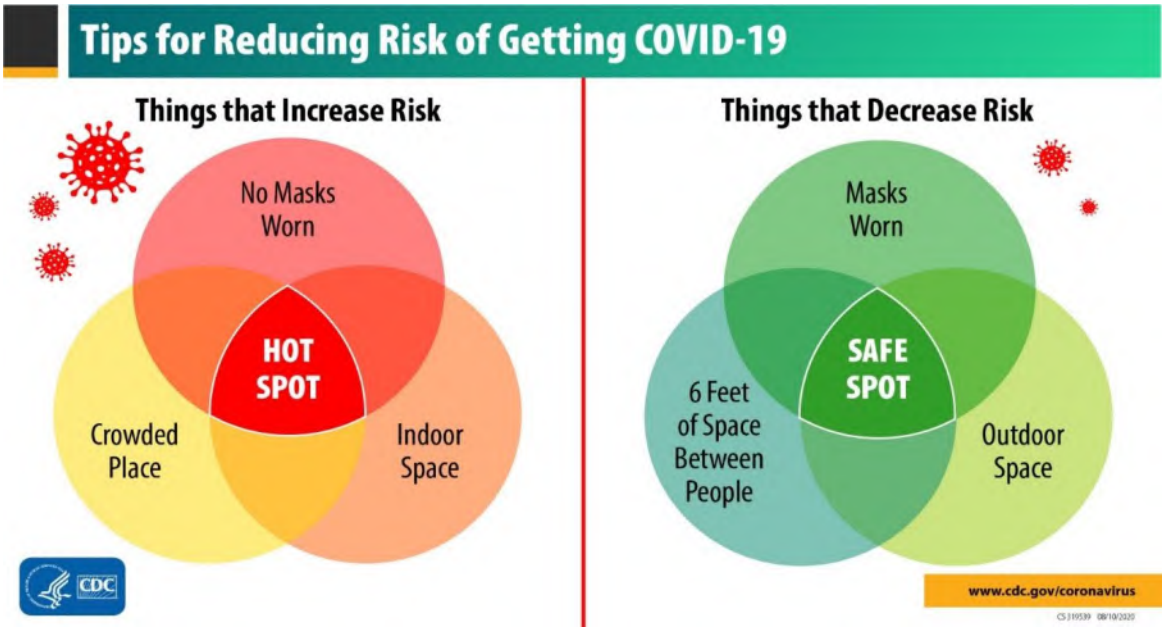
Deciding to Go Out - Understand the Potential Risks

Many people may be looking for ways to resume some daily activities as safely as possible. While there is no way to ensure zero risk of infection, it is important to understand potential risks and how to adopt different types of prevention measures to protect yourself and to help reduce the spread of COVID-19.

In general, the more closely you interact with others and the longer that interaction, the higher the risk of COVID-19 spread. If you decide to engage in public activities, continue to protect yourself by practicing everyday preventive actions. In addition, keep these items on hand when venturing out: a mask, tissues, and a hand sanitizer with at least 60% alcohol, if possible.

The risk of an activity depends on many factors, such as:

- Is COVID-19 spreading in your community?
- Will you have a potential close contact with someone who is sick or anyone who is not wearing a mask (and may be asymptomatic)?
- Are you at increased risk of severe illness?
- Do you take everyday actions to protect yourself from COVID-19?



Source: Centers for Disease Control and Prevention

IDPH Issues Small Gathering Guidance

Small social gatherings are places where COVID-19 can quickly spread. Also, as we start thinking ahead to special holidays and family get-togethers, here are some tips to help small social gatherings greatly reduce the propensity for spread during this time of pandemic. Small holiday gatherings must be planned with great care in order to be as safe as possible. Here are some crucial safety tips to help reduce risk of infection:

✓You should get your flu-shot prior to visiting friends and family during the flu season. Influenza activity begins in the month of October and often peaks in the winter months so the time to get your flu shot is now.

✓ Take special care to avoid exposure during the two weeks prior to an in-person event in order to prevent asymptomatic spread of COVID-19.

✓ Know the infection rates in the area and consider virtual events or deferring events (click here to find area rates).

✓ Travel with care to avoid exposure during two weeks prior to a small holiday gathering (click here to see travel guidance).

✓ If your work entails remote modalities, consider checking with employer to see if remote work might be possible during this time.

✓ Elder and immunocompromised individuals should consider refraining from in- person events.

✓ Consider special virtual meetings for youth and adults, with a test-run in advance.

✓ Virtual events can include creative backgrounds, prerecorded greetings, and video games.

✓ For in-person small gatherings, let your guests know ahead of time what you will be doing and your expectations for creating safe in-person holiday/social gatherings in your home. The following safety tips are crucial for the safety of you family and friends and should be an essential part of your planning.

✓ Gather outdoors if weather permits, as much as is reasonably possible.

✓ Indoor gatherings should include guests wearing face coverings, except to eat and drink.

✓ Indoor gatherings should include six feet of social distancing between members of different households.

✓ Even last minute/unannounced casual visits, whether in an apartment or single family setting, should include mask wearing and social distancing.

✓ Limit gathering to a manageable number of people for which social distancing is possible before, during, and after the meal.

✓ Consider the number of people and the number of households your home will comfortably accommodate while maintaining social distancing before, during, and after the meal.

✓ Plan with care where each household will be seated before, during, and after the meal.

✓ Measure seating spaces and table space to ensure that households are 6 feet apart, this will determine the capacity that will be safe for your family and friends.

✓ Plan this specifically for each seating space that you plan to use, not just in the formal eating area.

✓ Invite your guests to the seat that you have prepared for them.

State of Illinois
Illinois Department of Public Health

COVID-19

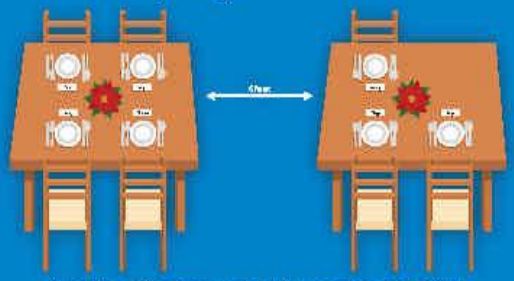
Small Social Gatherings Safety Tips

Get your flu-shot prior to visiting friends and family during the flu season.

Influenza activity begins in the month of October and often peaks in the winter months so the time to get your flu shot is now.

Allow about 2 weeks for the flu shot to be active in protection.

Plan with care where each household will be seated before, during, and after the meal.



Measure seating spaces and table space to ensure that households are 6 feet apart.

Consider sharing your seating chart with guests in advance.

Consider creating additional ventilation by opening windows slightly where possible.

Remember to be sure that food is served with utensils or individually prepared.

Having one household at a time approach the food serving area will prevent congregating or gathering in the kitchen/serving area.

Provide paper towels in the bathroom in place of a communal/shared hand towel.

Consider placing hand sanitizer throughout the house as well as disinfectant/wipes.

IDPH
Illinois Department of Public Health

Questions about COVID-19?
Call 1-800-889-3931 or email dph.sick@illinois.gov
Illinois Department of Public Health - www.dph.illinois.gov

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✓ Consider sharing your seating chart with guests in advance.
✓ Follow-through on the safety plans that you have thoughtfully prepared.
✓ Consider creating additional ventilation by opening windows slightly where possible.
✓ Remember to be sure that food is served with utensils or individually prepared.
✓ Having one household at a time approach the food serving area will prevent congregating or gathering in the kitchen/serving area.
✓ Offering straws with beverages can help promote continuous wearing of face coverings.
✓ Take care with adherence to careful plans even during longer small gathering events.
✓ If hosting overnight guests, integrate the same principles throughout the visit.
✓ Provide paper towels in the bathroom in place of a communal/shared hand towel.
✓ Consider placing hand sanitizer throughout the house as well as disinfectant/wipes
https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/cleaning-disinfection.html

As the holidays and cooler weather approaches, prepare for these very special occasions by planning with care using these *Small Social Gatherings Safety Tips*

Purpose of the Coalition Bulletin
Publishing a regular newsletter -- weekly, in this case – will help keep our LaSalle County Healthcare Coalition in regular contact with up-to-date information between meetings.
For more information on the web:

- LaSalle County Health Department
- Illinois Department of Public Health
- Centers for Disease Control and Prevention

Find us on:

www.facebook.com/LaSalleCountyHealth

www.twitter.com/LaSalleCoHealth

www.lasallecounty.org

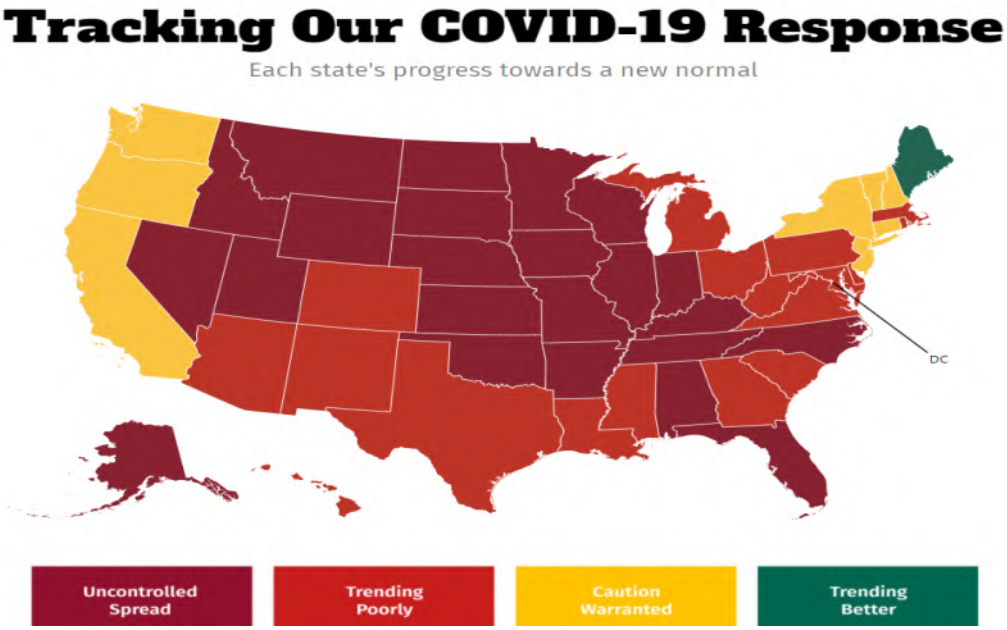
COVID-19 Coalition Bulletin

October 9, 2020

In This Issue

- Coronavirus Disease 2019 – Situational Update
- COVID Numbers at a Glance
- LaSalle County COVID-19 Test Results &Data Summary
- Current LaSalle County Case Counts
- Region 2 Summary
- IDPH County Level COVID-19 Risk Metrics
- Local Testing Information
- Community Based Testing
- Frequently Asked Questions
- CDC updates "How COVID is Spread" Webpage
- Travel During the COVID-19 Pandemic
- Adolescent with COVID-19 as the Source of an Outbreak at a 3-Week Family Gathering

COVID-19 Situational Update



Map from https://www.covidexitstrategy.org/ which provides state by state data including 14-DAY TREND OF COVID+, LAST 14 DAYS OF COVID+ (ROLLING), INFLUENZA-LIKE ILLNESS, % OF TEST TARGET (US: 500K/DAY), ICU AVAILABILITY, NEW CASES PER MILLION PER DAY, and COVID+ RATE

COVID Numbers at a Glance

10.02.2020

	Cases	Deaths
Worldwide	34,080,123	1,015,815
US	7,245,228	207,211
Illinois	295,440	8,696
LaSalle County	1775	57

10.08.2020

	Cases	Deaths
Worldwide	36,265,982	1,057,102
US	7,560,010	211,917
Illinois	310,700	8,910
LaSalle County	1920	57

Involving Four States

- Trends in COVID-19 Incidence After Implementation of Mitigation Measures in Arizona

Web Link Resources

John Hopkins GIS Map

ILLINOIS TESTING SITES

Symptoms Infographic

Resources for Healthcare Facilities

Preventing Community Spread

Information for Law Enforcement Personnel

Interim Guidance for Emergency Medical Services

Interim Guidance for School and Childcare

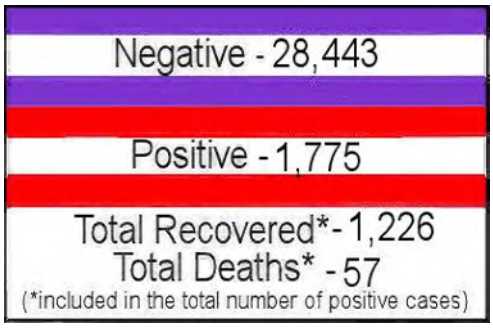
Environmental Cleaning and Disinfection Recommendations

RESTORE ILLINOIS

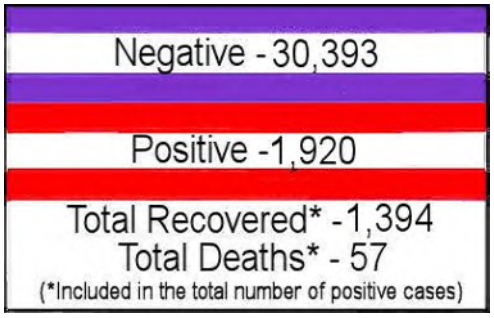
Interim Guidance for Management of Coronavirus in

LaSalle County COVID-19 Test Results and Data

10.01.20



10.08.20



Positivity Rate***

5.4 %	5.0%
Week Ending 9/26/2020	Week ending 10/04/2020

***Based on IDPH County Level Metric

Current LaSalle County Case Data as of 10/08/2020*

Age Range	M	F
0-9	36	18
10-19	68	107
20s	153	200
30s	116	135
40s	120	142
50s	143	163
60s	125	113
70s	59	78
80s	35	63
90s	10	32
100s	0	4
UNK		
Total	865	1055
%	45.05%	54.95%
TOTAL CASEs	1920	

Total Deaths	57
Deaths by Age	
20's	0
30's	0
40's	1
50's	2
60's	7
70's	10
80's	20
90's	15
100s	2
Deaths by Gender	
Males	26
Females	31

Correctional Facilities

Guidance for Pets and Animals if you have COVID-19

COVID-19 Web Links to PDF Resources

- Checklist for Healthcare Facilities: Strategies for Optimizing the Supply of N95 Respirators during the COVID-19 Response
- ASPR COVID-19 Healthcare Planning Checklist
- Cover Your Cough Poster
- Proper Handwashing Poster
- COVID-19 Poster: Stop the Spread of Germs
- Guide for Faith-Based Community
- Guide for Homeless Shelters
- Workplace Guidance
- Interim Guidance for Implementing Safety Practices for Critical Infrastructure Workers Who May Have Had Exposure to a

Case by Month Summary

	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Number Cases	6	50	98	67	261	778	504	156		
% of total cases	0.31	2.60	5.10	3.49	13.59	40.52	26.25	8.13		

Deaths by Month Summary

	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Number Deaths	1	0	12	4	1	30	9	0		
% of total Deaths	1.75	0.00	21.05	7.02	1.75	52.63	15.79	0.00		

10.02.20

Town	Current Total	% of County Cases
Cedar Point	7	0.39%
Earlville	23	1.27%
Grand Ridge	24	1.33%
LaSalle	186	10.30%
Leland	22	1.22%
Lostant	11	0.61%
Marseilles	108	5.98%
Mendota	284	15.73%
Millington	8	0.44%
Oglesby	70	3.88%
Ottawa	312	17.28%
Peru	155	8.58%
Ransom	7	0.39%
Sandwich	72	3.99%
Seneca	25	1.38%
Sheridan	54	2.99%
Somonauk	22	1.22%
Streator	347	19.21%
Tonica	14	0.78%
Utica	40	2.21%
Other**	15	0.83%
TOTAL CASES	1806	

10.08.20

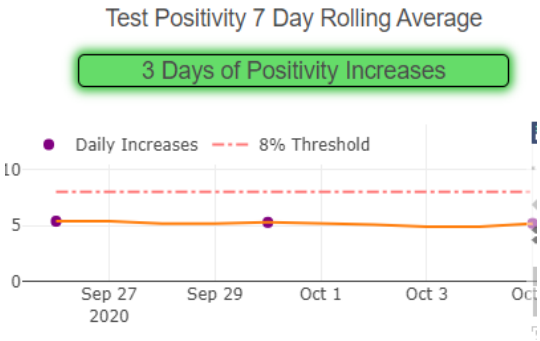
Town	Current Total	Increase since last week	*% of Total County Cases*
Cedar Point	7	0	0.36%
Earlville	29	6	1.51%
Grand Ridge	24	0	1.25%
LaSalle	201	15	10.47%
Leland	23	1	1.20%
Lostant	11	0	0.57%
Marseilles	115	7	5.99%
Mendota	298	14	15.52%
Millington	8	0	0.42%
Oglesby	74	4	3.85%
Ottawa	328	16	17.08%
Peru	172	17	8.96%
Ransom	7	0	0.36%
Sandwich	80	8	4.17%
Seneca	30	5	1.56%
Sheridan	59	5	3.07%
Somonauk	23	1	1.20%
Streator	359	12	18.70%
Tonica	14	0	0.73%
Utica	41	1	2.14%
Other**	17	2	0.89%
TOTAL CASES	1920	*114*	

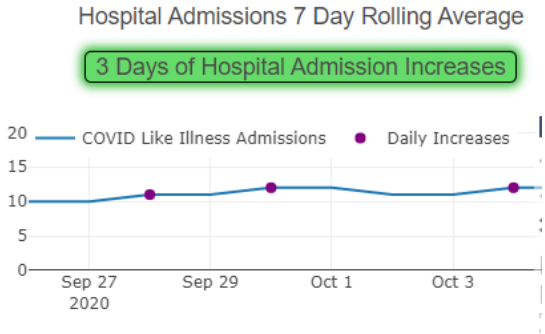
Person with Suspected or Confirmed COVID-19

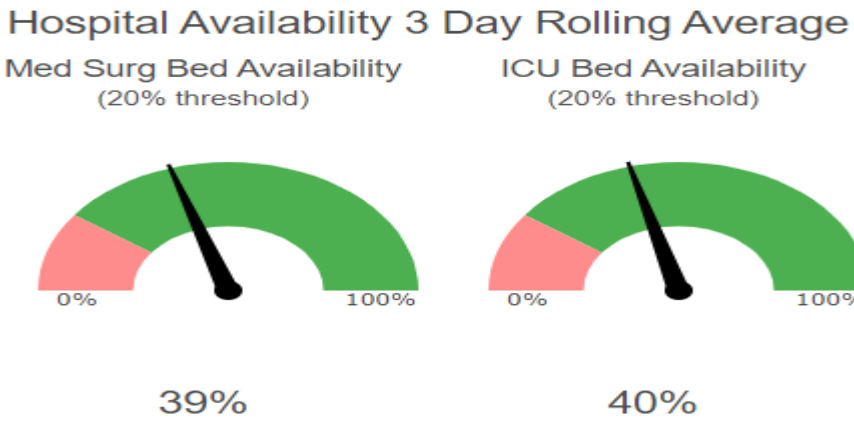
- Interim Guidance for Routine Oral and Dental Care

*Note these numbers are adjusted based on the number of cases transferred to other locations.
** Number of LaSalle County Cases in Communities with less than 5 cases

Region 2 Summary - 10/8/2020







County Level COVID-19 Risk Metrics – 9/27-10/03/2020

New Cases Per 100,000	Number of Deaths	Test Positivity (%)
Case rate reported Sun-Sat (Target: less than 50 per 100,000)	Death number reported Sun-Sat (Target: decreasing or stable Sun-Sat)	(%) positive tests reported Sun-Sat (Target: less than or equal to 8 %)
109 per 100K	**0**	**5.0%**

Tests Performed	CLI ED Visits (%), Adults	Number of CLI Admissions
Number of tests reported Sun-Sat (Target: Testing is Sufficient when test positivity is less than or equal to 8 %) **2,210**	Emergency Department visits for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **2.8%**	Hospital admissions for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **7**
Cluster (%) of cases	**ICU (%) Available**	Metrics in target Range Metrics outside Target Range More information at https://dph.illinois.gov/countymetrics
No Target This metric helps explain large increase in cases **0%**	ICU bed availability (Target: at least 20% of ICU beds available) **42.2%**	

Local Testing Information

LaSalle County Health Department

A drive-thru COVID-19 Community Based Testing Site (CBTS) is held on a weekly basis at the LaSalle County Emergency Management Agency Building (EMA) at 711 E Etna Rd, Ottawa. The site will be open from 9:00 a.m. to 11:00 a.m. and will run **by appointment only**.

This testing site is open to all regardless of symptoms, no Doctor's order is required. Health insurance will be billed. **Individuals are required to schedule an appointment by calling 815-433-3366 prior to arriving on site.** Instructions including wearing a mask, bringing a Photo ID, and directions for how to drive into the site will be provided at that time.

Illinois Valley Community Hospital

IVCH is proud to offer Covid-19 testing for both those with symptoms or who have had an exposure to a COVID-19 case.
Patients seeking Covid-19 testing may either call their IVCH primary care provider for an order or may call the IVCH Covid-19 Hotline 9am – 5 pm weekdays and 10am – 4 pm weekends, at 815-780-3425 to speak to a nurse regarding testing. All Covid-19 tests must be ordered by a provider. Testing is available Monday through Friday and by appointment only.
Covid-19 tests take approximately 72 hours to receive a result.
All patients will be notified of their test result by phone.
IVCH Care Today and the Emergency Room do not provide routine COVID-19 testing.

Morris Hospital

Morris Hospital offers nasal swab testing by appointment for symptomatic individuals with a physician's order. Testing is available for individuals of all ages from 7:30 a.m. to 2 p.m., Monday-Friday. Appointments are required – no exceptions. Testing is NOT available at this time for asymptomatic individuals due to a nationwide shortage of the testing reagent.

Testing is performed through the drive-up testing site on the Morris Hospital campus at the corner of Lisbon & High Streets on the far southwest corner of the hospital campus. When you arrive on the hospital campus, please follow the Drive-Thru Testing directional signs on Lisbon Street or High Street. Patients are required to have photo ID, insurance card and sign a release at the time of their test.

After a physician places an order for your test, a Scheduling representative from Morris Hospital will call you to schedule. Please allow up to 72 hours for test results to get sent to the ordering physician, who will inform you of your results. You can also check your patient portal for test results or contact the provider who ordered the test. Please remain at home, away from others while you are waiting for your test results.

OSF HealthCare Saint Elizabeth Medical Center

If you suspect you have novel coronavirus (COVID-19) and it is not an emergency, DO NOT go to a hospital or doctor's office. Instead, use one of the care options that best fits your needs below.

- Clare, our 24/7 virtual assistant chatbot at osfhealthcare.org/covid19, can educate you, screen you for COVID-19 and connect you to further care if needed.
- You can call the 24/7, COVID-19 Nurse Hotline* at 1-(833) OSF-KNOW (1-833-673-5669).
- Contact your OSF Primary Care Provider, and they can order the test for you.
- If you have a Primary Care Provider that is not an OSF Provider, they can fax an order to (815) 431-3072 (OSF Prompt Care Ottawa, 1640 1st Avenue, Ottawa).
- If you do not have a Primary Care Provider, you can be seen at one of the below locations and they can order a test for you if indicated:
    - OSF Prompt Care - Ottawa (8 a.m. - 8 p.m. daily) at (815) 431-9208
    - OSF Urgo – Ottawa (8 a.m. – 8 p.m. daily) at (815) 431-3410
    - OSF Prompt Care – Streator (weekdays 8 a.m. – 6 p.m.) at (815) 673-4545
- If you are experiencing shortness of breath, chest pain, or severe weakness, call 911 or come to your nearest OSF Emergency Department, where a test will be performed during your medical screening exam.

*Staffed by RNs and other health care professionals.

OSF HealthCare Saint Paul Medical Center

If you suspect you have novel coronavirus (COVID-19) and it is not an emergency, DO NOT go to a hospital or doctor's office. Instead, use one of the care options that best fits your needs below.

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- You can call the 24/7, COVID-19 Nurse Hotline* at 1-(833) OSF-KNOW (1-833-673-5669).
- Contact your OSF Primary Care Provider, and they can order the test for you.
- If you have a Primary Care Provider that is not an OSF Provider, they can fax an order to our OSF Saint Paul Medical Center lab.
- If you do not have a Primary Care Provider, you can call our OSF Prompt Care - Mendota, (weekdays, 8 a.m. - 5 p.m.) at (815) 538-1311 and they can order a test for you after a quick telephone visit.
- If you are experiencing shortness of breath, chest pain, or severe weakness, you can call 911 or come to our OSF Saint Paul Emergency Department, where a test will be performed during your medical screening exam.

*Staffed by RNs and other health care professionals.

St. Margaret's Hospital

St. Margaret's testing facility requires a physician's order and is perfect for those patients who need a COVID test within 72 hours of a surgery or a procedure. It is also for patients who may have been exposed to a COVID positive person or who is exhibiting symptoms. The patients' primary physician needs to fax an order to the registration department. Insurance information and a copy of a driver's license is also collected.
Testing is available Monday through Friday from 8:30 am to 5pm. Saturday and Sunday, we are open from 8-1pm.
For patients who don't have a physician but are exhibiting signs of an illness, the St. Margaret's Walk-in clinics at Midtown Health Center in Peru or Center for Family Health in Princeton are available. Patients will be offered a virtual or telehealth visit and if warranted, will be sent for a swab.
The St. Margaret's testing center is not a walk-in, public screening center.

Community Based Testing

A list of public and private testing sites can be found on the IDPH website at http://www.dph.illinois.gov/testing.

Location	Address	Times
Arlington Heights	Arlington Racetrack 2000 W Euclid Ave Arlington Heights	8:00am – 4:00pm while daily supplies last
Auburn Gresham	Foreman Mills Shopping Center 122 W. 79th Street Chicago	8:00am – 4:00pm while daily supplies last
Aurora	1650 Premium Outlet Blvd Aurora	8:00am-4:00pm while daily supplies last
***Bloomington**	1106 Interstate Drive Bloomington	9:00am-5:00pm while daily supplies last
Champaign	Market Place Shopping Ctr 2000 N. Neil Street Champaign	8:00am-4:00pm while daily supplies last
***East St. Louis**	Jackie Joyner Kersee Ctr. Argonne Drive East St. Louis	8:00am-4:00pm while daily supplies last
Harwood Heights	6959 W. Forest Preserve Rd. Chicago	7:00am-3:00pm while daily supplies last
***Peoria**	Peoria Civic Center Fulton Street Parking Lot Peoria	8:00am-4:00pm while daily supplies last
Rockford	1601 Parkview Avenue Rockford	8:00am-4:00pm while daily supplies last
South Holland	South Suburban College 15800 State St South Holland	8:00am-4:00pm while daily supplies last
Waukegan	102 W. Water Street Waukegan	8:00am-4:00pm while daily supplies last

* Walk-up testing is available at Bloomington, East St. Louis, and Peoria.

Is There COVID-19 Guidance for Polling Locations?

In preparation for the 2020 elections, the Illinois Department of Public Health (IDPH) has issued guidance to protect the safety and health of voters as they cast ballots at polling locations throughout the state during early voting and Election Day. The "COVID-19 Guidance for Election Polling Places" guidance can be found here.

In accordance with the guidance, all local election authorities will be required to develop written COVID-19 prevention plans for all polling sites within their jurisdiction. Plans will contain specific COVID-19 safety and training instructions along with the names of individuals responsible for implementation of the plan.

Election authorities are being strongly encouraged to relocate polls previously housed in long-term care facilities and senior living residences to protect voters and residents – particularly those who are most vulnerable.

All locations will have signage to encourage voters to wear masks and maintain a distance of 6 feet, while inside the polling places. If voters show up to a polling place without one, election authorities are required to offer them a face covering outside of the polling place. Polling booths will be set up at least 6 feet apart and foot traffic will be one-directional.

Additional recommended preventative actions in the guidance include using Plexiglas barriers between election officials and voters, large print instructions to facilitate communication, routine cleaning of frequently touched surfaces, and polling place personnel to remind voters to maintain physical distance. While election officials are prohibited from preventing a voter without a face covering from casting a ballot, the guidance requires they take every reasonable action to separate noncompliant voters, ensuring they are socially distanced from those voters who are compliant.

Source: Illinois Department of Public Health

CDC updates “How COVID is Spread” Webpage

On October 5, 2020, the Centers for Disease Control and Prevention (CDC) issued updated guidance to its How COVID-19 Spreads website, which includes information about the potential for airborne spread of the virus that causes COVID-19.

CDC continues to believe, based on current science, that people are more likely to become infected the longer and closer they are to a person with COVID-19. Today’s update acknowledges the existence of some published reports showing limited, uncommon circumstances where people with COVID-19 infected others who were more than 6 feet away or shortly after the COVID-19-positive person left an area. In these instances, transmission occurred in poorly ventilated and enclosed spaces that often-involved activities that caused heavier breathing, like singing or exercise. Such environments and activities may contribute to the buildup of virus-carrying particles.

CDC’s recommendations remain the same based on existing science and after a thorough technical review of the guidance. People can protect themselves from the virus that causes COVID-19 by staying at least 6 feet away from others, wearing a mask that covers their nose and mouth, washing their hands frequently, cleaning touched surfaces often and staying home when sick.

Source: Centers for Disease Control and Prevention (CDC)

Travel During the COVID-19 Pandemic

COVID-19 cases and deaths have been reported in all 50 states across the U.S. and in over 200 countries across the globe. Travel increases your chance of getting and spreading COVID-19 and staying home is the best way to protect yourself and others from COVID-19. Before you travel, consider whether COVID-19 is spreading at your destination. The more cases at your destination, the more likely you are to get infected during travel and spread the virus to others when you return.

When you must travel away from your local community, keep informed about the current COVID-19 status of a potential destination and keep your family safe by avoiding travel to places of higher risk. Below are two resources to access before traveling:

Illinois Department of Public Health - http://www.dph.illinois.gov/covid19/travel

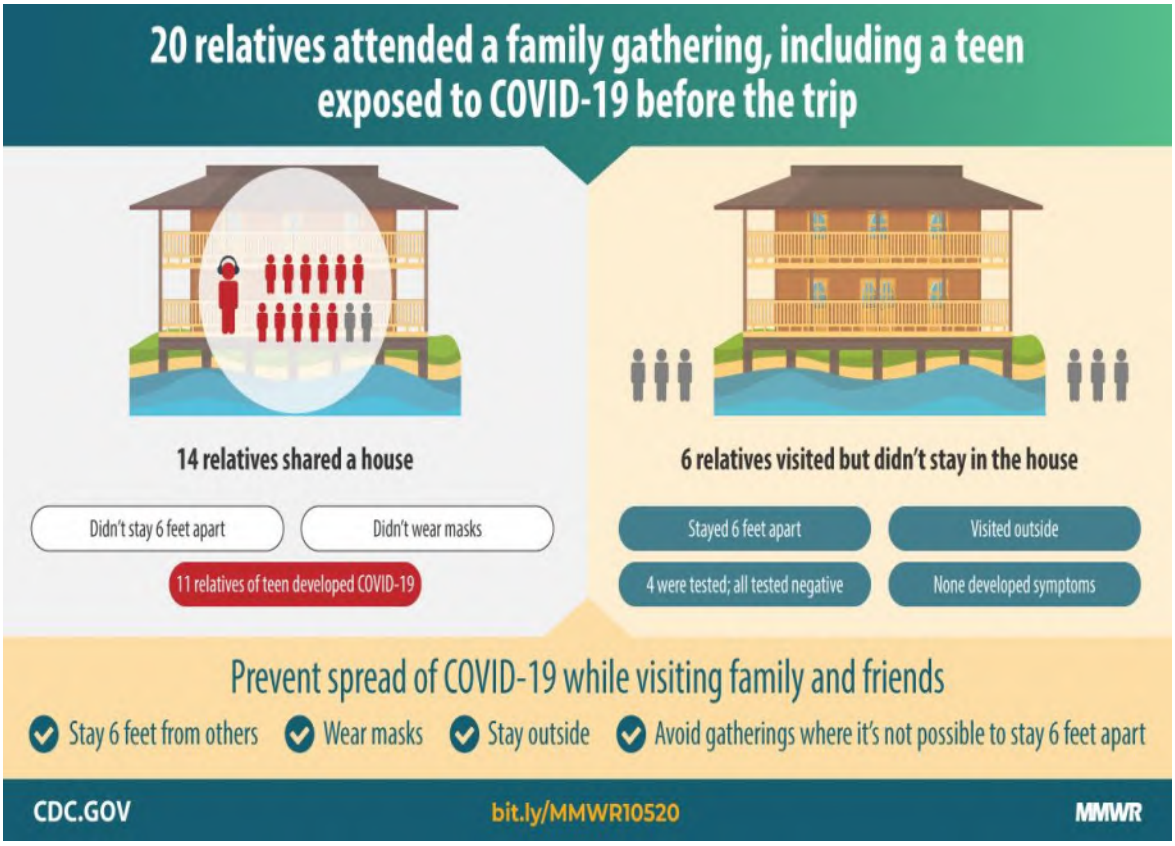
CDC - https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html

When you do travel, practice the 3 W's every time you are away from home and in close proximity to other groups of people. Wear a face covering. Wash your hands with soap and water. Watch your physical distance, staying at least 6 feet from others.

Source: Centers for Disease Control and Prevention (CDC) and Illinois Department of Public Health (IDPH)

Adolescent with COVID-19 as the Source of an Outbreak at a 3-Week Family Gathering — Four States, June–July 2020

On October 5, 2020, the Centers for Disease Control and Prevention (CDC) released a report highlighting an adolescent with COVID-19 as the source of an outbreak at a 3-week family gathering. Attendees belonged to five households in four states and ranged in age from 9 to 72 years. During a 3-week family gathering of 20 relatives, 11 developed COVID-19. The outbreak was likely sparked by a 13-year-old who was exposed to someone with COVID-19 before the gathering. All relatives who developed COVID-19 stayed in the same house as the teen and didn't stay 6 feet apart or wear masks. This outbreak highlights the importance of taking steps to prevent the spread of COVID-19 when visiting family or friends. View the full report at http://bit.ly/MMWR10520.

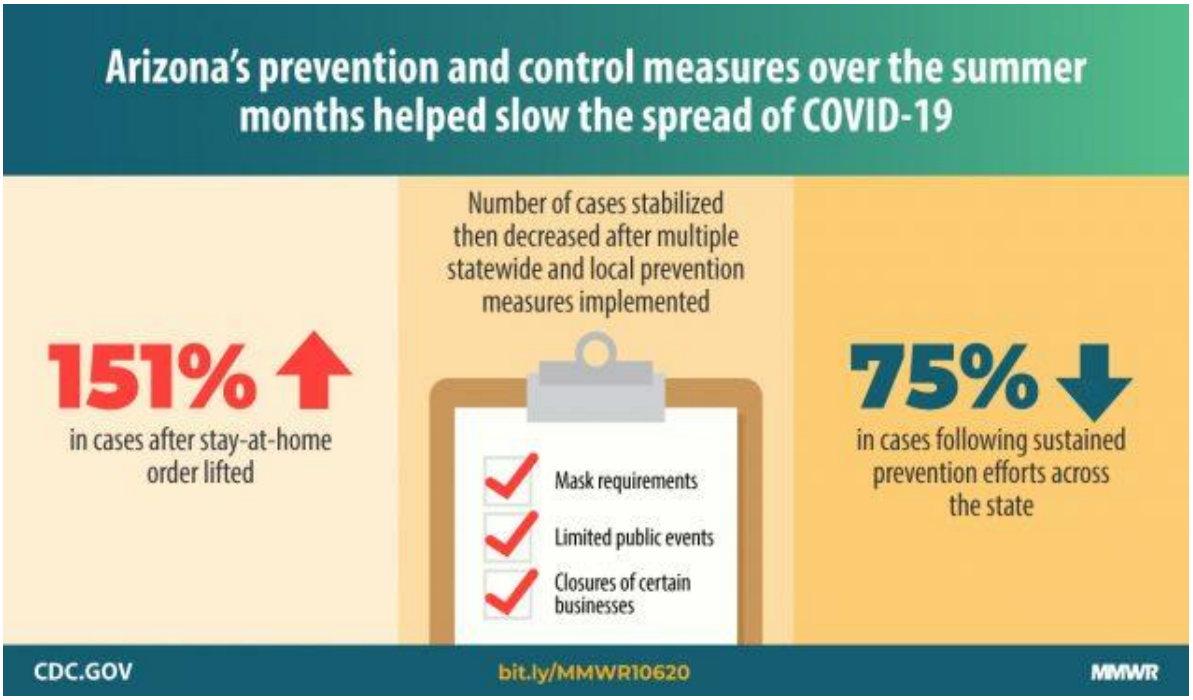


Source: Schwartz NG, Moorman AC, Makaretz A, et al. Adolescent with COVID -19 as the Source of an Outbreak at a 3-Week Family Gathering – Four States, June-July 2020. MMWR Morb Moral Wkly Rep. ePub: 5 October 2020. DOI: http://dx.doi.org/10.15585/mmwr.mm6940e2externalicon

Trends in COVID-19 Incidence After Implementation of Mitigation Measures — Arizona, January 22–August 7, 2020

On October 6, 2020, the Centers for Disease Control and Prevention (CDC) released a report highlighting trends in COVID-19 incidence after implementation of mitigation measures in Arizona from January 22-August 7, 2020. The report shows that multiple prevention and control measures — such as requiring masks and limiting large gatherings— decreased the number of COVID-19 cases in Arizona. The number of COVID-19 cases in Arizona stabilized and then decreased after sustained implementation and enforcement of statewide and locally enhanced mitigation measures, beginning approximately 2 weeks after implementation and enforcement of mask mandates and enhanced sanitations practices began on June 17; further decreases were observed during July 13–August 7, after statewide limitations and closures of certain services and businesses.

Widespread implementation and enforcement of sustained community mitigation measures, including mask wearing, informed by state and local officials' continual data monitoring and collaboration can help prevent transmission of SARS-CoV-2 and decrease the numbers of COVID-19 cases. View the full report at http://bit.ly/MMWR10620.



Source: Gallaway MS, Rigler J, Robinson S, et al. Trends in COVID-19 Incidence After Implementation of Mitigation Measures – Arizona, January 22 – August 7, 2020. MMWR Morb Moral Wkly Rep. ePub: 6 October 2020. DOI: http://bit.ly/MMWR10620.

Purpose of the Coalition Bulletin
Publishing a regular newsletter -- weekly, in this case – will help keep our LaSalle County Healthcare Coalition in regular contact with up-to-date information between meetings.
For more information on the web:

- LaSalle County Health Department
- Illinois Department of Public Health
- Centers for Disease Control and Prevention

Find us on:

www.facebook.com/LaSalleCountyHealth

www.twitter.com/LaSalleCoHealth

www.lasallecounty.org

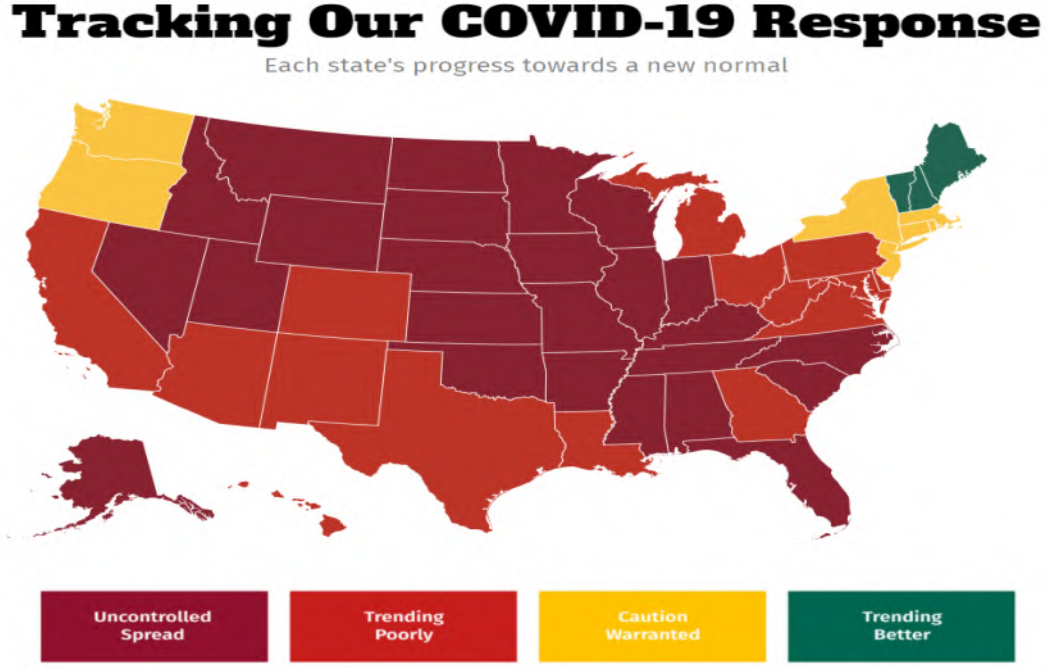
COVID-19 Coalition Bulletin

October 2, 2020

In This Issue

- Coronavirus Disease 2019 – Situational Update
- COVID Numbers at a Glance
- LaSalle County COVID-19 Test Results &Data Summary
- Current LaSalle County Case Counts
- Region 2 Summary
- IDPH County Level COVID-19 Risk Metrics
- Local Testing Information
- Community Based Testing
- Frequently Asked Questions
- LaSalle County Health Department To Hold High-Dose Flu Clinic on October 6th
- Know the difference between Cold, Flu, & COVID-19 symptoms
- State Public Health Officials Announce

COVID-19 Situational Update



Map from https://www.covidexitstrategy.org/ which provides state by state data including 14-DAY TREND OF COVID+, LAST 14 DAYS OF COVID+ (ROLLING), INFLUENZA-LIKE ILLNESS, % OF TEST TARGET (US: 500K/DAY), ICU AVAILABILITY, NEW CASES PER MILLION PER DAY, and COVID+ RATE

COVID Numbers at a Glance

9.25.2020

	Cases	Deaths
Worldwide	31,937,244	977,624
US	6,937,145	201,959
Illinois	281,371	8,538
LaSalle County	1686	56

10.02.2020

	Cases	Deaths
Worldwide	34,080,123	1,015,815
US	7,245,228	207,211
Illinois	295,440	8,696
LaSalle County	1775	57

COVID-19 Resurgence Mitigations to Take Effect in Region 1 on October 3, 2020

- Changing Age Distribution of the COVID-19 Pandemic — United States, May–August 2020
- COVID-19 Trends Among School-Aged Children — United States, March 1–September 19, 2020

Web Link Resources

John Hopkins GIS Map

ILLINOIS TESTING SITES

Symptoms Infographic

Resources for Healthcare Facilities

Preventing Community Spread

Information for Law Enforcement Personnel

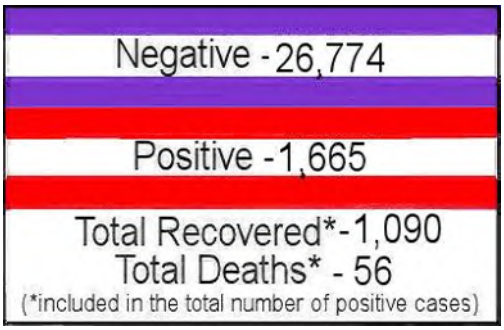
Interim Guidance for Emergency Medical Services

Interim Guidance for School and Childcare

Environmental Cleaning and Disinfection Recommendations

LaSalle County COVID-19 Test Results and Data

9.24.20



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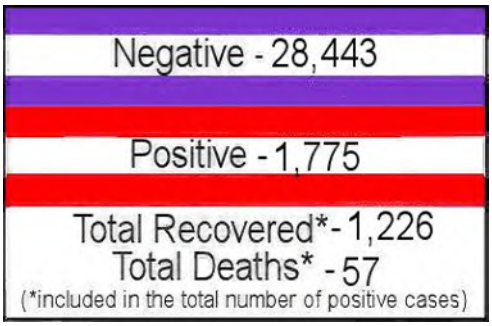

Positivity Rate***

5.9 %	5.4 %
Week Ending 9/19/2020	Week ending 9/262020

***Based on IDPH County Level Metric

Current LaSalle County Case Data as of 10/02/2020*

Age Range	M	F
0-9	34	17
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Total	816	990
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TOTAL CASEs		1806

Total Deaths	57
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RESTORE ILLINOIS

Interim Guidance for Management of Coronavirus in Correctional Facilities

Guidance for Pets and Animals if you have COVID-19

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Number Cases	6	50	98	67	261	778	504	42		
% of total cases	0.33	2.77	5.43	3.71	14.45	43.08	27.91	2.33		

Deaths by Month Summary

	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Number Deaths	1	0	12	4	1	30	9	0		
% of total Deaths	1.75	0.00	21.05	7.02	1.75	52.63	15.79	0.00		

9.25.20

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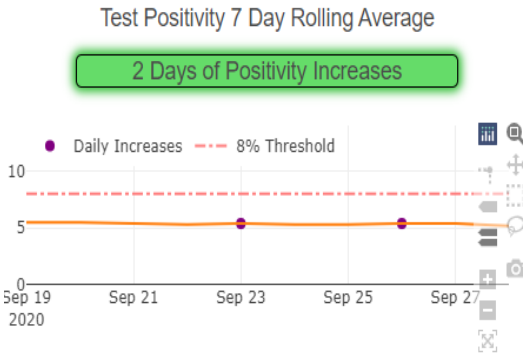
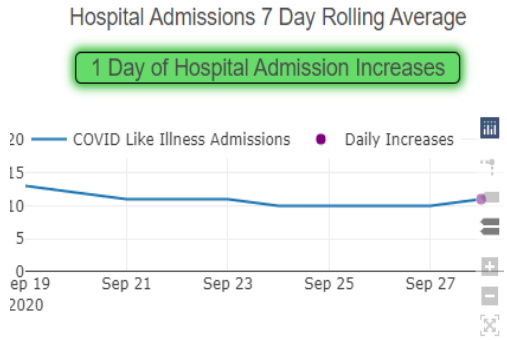
Marseilles	108	2	5.98%
Mendota	284	11	15.73%
Millington	8	0	0.44%
Oglesby	70	5	3.88%
Ottawa	312	16	17.28%
Peru	155	17	8.58%
Ransom	7	0	0.39%
Sandwich	72	7	3.99%
Seneca	25	1	1.38%
Sheridan	54	4	2.99%
Somonauk	22	4	1.22%
Streator	347	22	19.21%
Tonica	14	0	0.78%
Utica	40	6	2.21%
Other**	15	-------	0.83%
TOTAL CASES	1806		

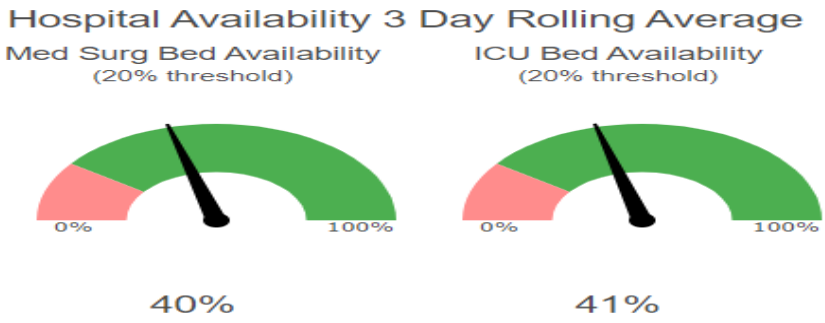
- Interim Guidance for Implementing Safety Practices for Critical Infrastructure Workers Who May Have Had Exposure to a Person with Suspected or Confirmed COVID-19
- Interim Guidance for Routine Oral and Dental Care

*Note these numbers are adjusted based on the number of cases transferred to other locations.
** Number of LaSalle County Cases in Communities with less than 5 cases

Region 2 Summary - 10/1/2020







County Level COVID-19 Risk Metrics – 9/20-9/26/2020

New Cases Per 100,000	Number of Deaths	Test Positivity (%)
Case rate reported Sun-Sat (Target: less than 50 per 100,000)	Death number reported Sun-Sat (Target: decreasing or stable Sun-Sat)	(%) positive tests reported Sun-Sat (Target: less than or equal to 8 %)
95 per 100K	**2**	**5.4 %**

Tests Performed	CLI ED Visits (%), Adults	Number of CLI Admissions
Number of tests reported Sun-Sat (Target: Testing is Sufficient when test positivity is less than or equal to 8 %)	Emergency Department visits for COVID-19-like illness (Target: decreasing or stable Sun-Sat)	Hospital admissions for COVID-19-like illness (Target: decreasing or stable Sun-Sat)
1675	**2.6 %**	**<5**
Cluster (%) of cases	**ICU (%) Available**	Metrics in target Range Metrics outside Target Range More information at https://dph.illinois.gov/countymetrics
No Target This metric helps explain large increase in cases	ICU bed availability (Target: at least 20% of ICU beds available)	
1 %	**42.2 %**	

Local Testing Information

LaSalle County Health Department

A drive-thru COVID-19 Community Based Testing Site (CBTS) is held on a weekly basis at the LaSalle County Emergency Management Agency Building (EMA) at 711 E Etna Rd, Ottawa. The site will be open from 9:00 a.m. to 11:00 a.m. and will run **by appointment only**.

This testing site is open to all regardless of symptoms, no Doctor's order is required. Health insurance will be billed. **Individuals are required to schedule an appointment by calling 815-433-3366 prior to arriving on site.** Instructions including wearing a mask, bringing a Photo ID, and directions for how to drive into the site will be provided at that time.

Illinois Valley Community Hospital

IVCH is proud to offer Covid-19 testing for both those with symptoms or who have had an exposure to a COVID-19 case.
Patients seeking Covid-19 testing may either call their IVCH primary care provider for an order or may call the IVCH Covid-19 Hotline 9am – 5 pm weekdays and 10am – 4 pm weekends, at 815-780-3425 to speak to a nurse regarding testing. All Covid-19 tests must be ordered by a provider. Testing is available Monday through Friday and by appointment only.
Covid-19 tests take approximately 72 hours to receive a result.
All patients will be notified of their test result by phone.
IVCH Care Today and the Emergency Room do not provide routine COVID-19 testing.

Morris Hospital

Morris Hospital offers nasal swab testing by appointment for symptomatic individuals with a physician's order. Testing is available for individuals of all ages from 7:30 a.m. to 2 p.m., Monday-Friday. Appointments are required – no exceptions. Testing is NOT available at this time for asymptomatic individuals due to a nationwide shortage of the testing reagent.

Testing is performed through the drive-up testing site on the Morris Hospital campus at the corner of Lisbon & High Streets on the far southwest corner of the hospital campus. When you arrive on the hospital campus, please follow the Drive-Thru Testing directional signs on Lisbon Street or High Street. Patients are required to have photo ID, insurance card and sign a release at the time of their test.

After a physician places an order for your test, a Scheduling representative from Morris Hospital will call you to schedule. Please allow up to 72 hours for test results to get sent to the ordering physician, who will inform you of your results. You can also check your patient portal for test results or contact the provider who ordered the test. Please remain at home, away from others while you are waiting for your test results.

OSF HealthCare Saint Elizabeth Medical Center

If you suspect you have novel coronavirus (COVID-19) and it is not an emergency, DO NOT go to a hospital or doctor's office. Instead, use one of the care options that best fits your needs below.

- Clare, our 24/7 virtual assistant chatbot at osfhealthcare.org/covid19, can educate you, screen you for COVID-19 and connect you to further care if needed.
- You can call the 24/7, COVID-19 Nurse Hotline* at 1-(833) OSF-KNOW (1-833-673-5669).
- Contact your OSF Primary Care Provider, and they can order the test for you.
- If you have a Primary Care Provider that is not an OSF Provider, they can fax an order to (815) 431-3072 (OSF Prompt Care Ottawa, 1640 1st Avenue, Ottawa).
- If you do not have a Primary Care Provider, you can be seen at one of the below locations and they can order a test for you if indicated:
    - OSF Prompt Care - Ottawa (8 a.m. - 8 p.m. daily) at (815) 431-9208
    - OSF Urgo – Ottawa (8 a.m. – 8 p.m. daily) at (815) 431-3410
    - OSF Prompt Care – Streator (weekdays 8 a.m. – 6 p.m.) at (815) 673-4545
- If you are experiencing shortness of breath, chest pain, or severe weakness, call 911 or come to your nearest OSF Emergency Department, where a test will be performed during your medical screening exam.

*Staffed by RNs and other health care professionals.

OSF HealthCare Saint Paul Medical Center

If you suspect you have novel coronavirus (COVID-19) and it is not an emergency, DO NOT go to a hospital or doctor's office. Instead, use one of the care options that best fits your needs below.

- Clare, our 24/7 virtual assistant chatbot at osfhealthcare.org/covid19, can educate you, screen you for COVID-19 and connect you to further care if needed.
- You can call the 24/7, COVID-19 Nurse Hotline* at 1-(833) OSF-KNOW (1-833-673-5669).
- Contact your OSF Primary Care Provider, and they can order the test for you.
- If you have a Primary Care Provider that is not an OSF Provider, they can fax an order to our OSF Saint Paul Medical Center lab.
- If you do not have a Primary Care Provider, you can call our OSF Prompt Care - Mendota, (weekdays, 8 a.m. - 5 p.m.) at (815) 538-1311 and they can order a test for you after a quick telephone visit.
- If you are experiencing shortness of breath, chest pain, or severe weakness, you can call 911 or come to our OSF Saint Paul Emergency Department, where a test will be performed during your medical screening exam.

*Staffed by RNs and other health care professionals.

St. Margaret's Hospital

St. Margaret's testing facility requires a physician's order and is perfect for those patients who need a COVID test within 72 hours of a surgery or a procedure. It is also for patients who may have been exposed to a COVID positive person or who is exhibiting symptoms. The patients' primary physician needs to fax an order to the registration department. Insurance information and a copy of a driver's license is also collected.
Testing is available Monday through Friday from 8:30 am to 5pm. Saturday and Sunday, we are open from 8-1pm.
For patients who don't have a physician but are exhibiting signs of an illness, the St. Margaret's Walk-in clinics at Midtown Health Center in Peru or Center for Family Health in Princeton are available. Patients will be offered a virtual or telehealth visit and if warranted, will be sent for a swab.
The St. Margaret's testing center is not a walk-in, public screening center.

Community Based Testing

A list of public and private testing sites can be found on the IDPH website at http://www.dph.illinois.gov/testing.

Location	Address	Times
Arlington Heights	Arlington Racetrack 2000 W Euclid Ave Arlington Heights	8:00am – 4:00pm while daily supplies last
Auburn Gresham	Foreman Mills Shopping Center 122 W. 79th Street Chicago	8:00am – 4:00pm while daily supplies last
Aurora	1650 Premium Outlet Blvd Aurora	8:00am-4:00pm while daily supplies last
***Bloomington**	1106 Interstate Drive Bloomington	9:00am-5:00pm while daily supplies last
Champaign	Market Place Shopping Ctr 2000 N. Neil Street Champaign	8:00am-4:00pm while daily supplies last
***East St. Louis**	Jackie Joyner Kersee Ctr. Argonne Drive East St. Louis	8:00am-4:00pm while daily supplies last
Harwood Heights	6959 W. Forest Preserve Rd. Chicago	7:00am-3:00pm while daily supplies last
***Peoria**	Peoria Civic Center Fulton Street Parking Lot Peoria	8:00am-4:00pm while daily supplies last
Rockford	1601 Parkview Avenue Rockford	8:00am-4:00pm while daily supplies last
South Holland	South Suburban College 15800 State St South Holland	8:00am-4:00pm while daily supplies last
Waukegan	102 W. Water Street Waukegan	8:00am-4:00pm while daily supplies last

* Walk-up testing is available at Bloomington, East St. Louis, and Peoria.

Halloween and COVID-19: How Do We Celebrate Safely?

As we enter fall, families are starting to plan for the upcoming holiday season, starting with Halloween. Because some of the traditional ways to celebrate this holiday do not allow for proper social distancing, the Illinois Department of Public Health (IDPH) is providing the following guidance to allow for safe Halloween celebrations.
Guidelines include following the 3 W's – Wash your hands. Watch your distance. Wear your mask.

Trick-or-treating events need to incorporate social distancing, masking, and proper handwashing, as well as adherence to event size limitations. For this year, it would be safest to plan special events at home, using social media and other meeting platforms to connect with family and friends. However, for those who choose to celebrate in person IDPH is offering the following guidance.

As a reminder, if you think you could have COVID-19 or may have been exposed to someone with COVID-19, you should not participate in in-person Halloween festivities and should not give out candy to trick-or-treaters. Individuals at increased risk for severe illness should not attend in-person Halloween gatherings.

Trick-or-treating

- Anyone participating in trick-or-treating, including those passing out candy, should maintain 6-feet of social distance and wear proper face coverings.
- Consider leaving individually wrapped candy (spaced apart) on a table in driveways or in front of walkways, sidewalks, or any outdoor space where 6-feet of distance can be maintained.
- A Halloween costume mask is not a substitute for a cloth mask. Ensure that breathing is not impaired if a cloth mask is worn under a costume mask. If so, discard the costume mask.
- Trick-or-treat in groups with household members only.
- Candy collected during trick-or-treating should not be eaten until after handwashing.

An alternative to traditional trick-or-treating is to set up in a large parking lot or other outdoor setting with tables with individually wrapped candy (spaced apart) where participants with a parent/guardian can parade past while still keeping 6-feet of distance and wearing a face covering. It's suggested to offer reserved time slots to limit everyone showing up at once.

Haunted Houses

- Halloween haunted houses currently are not allowed in Restore Illinois Phase 4 Guidelines.
- Consider open-air, one-way haunted forests or haunted walks where 6-feet of distance can be maintained and face coverings are used.

Adult costume parties, social gatherings, Halloween parties at bars

- Gatherings of more than 50 people or 50% or more of a building's maximum occupancy are prohibited. (Lower limits may apply for regions in additional mitigation.)
- The more time you spend at a gathering, the closer the contact, the more people, the higher your risk of exposure to COVID-19.
- Follow small social gathering safety tips from IDPH.

Pumpkin patches and orchards

- Cloth face coverings and social distancing should be enforced.
- Use hand sanitizer before handling pumpkins, apples, and other produce.

Hayrides

- Hayrides should not exceed 50% capacity with parties spaced at least six feet apart.
- Wear face coverings at all times when around people not from your household.

After participating in any of the above activities, if you think that you may have been exposed during your celebration, take extra precautions for 14 days after the event to help protect others. You should:

- Stay home as much as possible.
- Avoid being around people at increased risk for severe illness from COVID-19.
- Consider getting tested for COVID-19.

View IDPH Halloween guidance on the IDPH website.

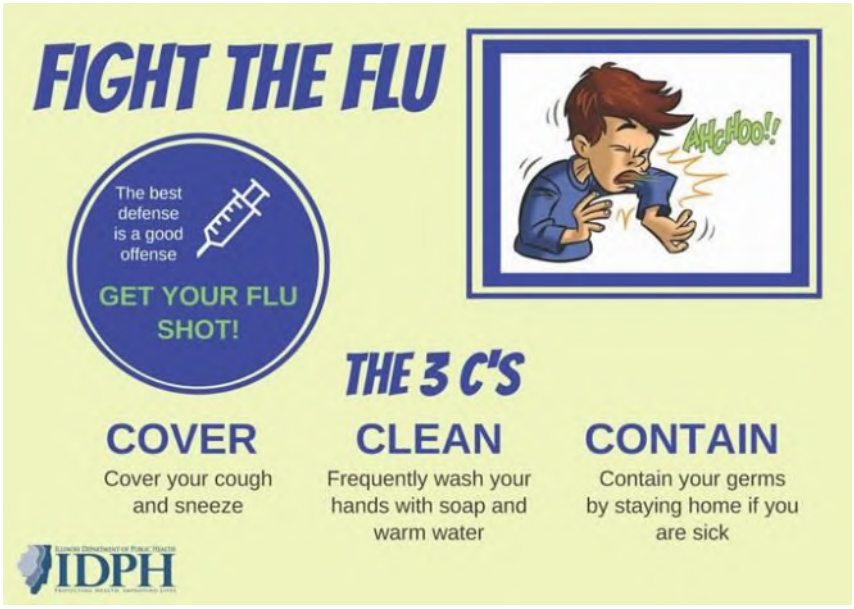
LaSalle County Health Department To Hold High-Dose Flu Clinic on October 6th

The LaSalle County Health Department will be holding a high dose flu shot clinic on Tuesday, October 6th. This clinic will be **by appointment** only. This Fall and Winter, getting a seasonal flu vaccine will be more important than ever for protecting your health and the health of those around you. The clinic is scheduled from 1:30 pm - 3:30 pm and will be held at the LaSalle County Health Department parking lot, located at 717 Etna Road, Ottawa, IL. Recipients of the flu vaccine are asked to wear a mask and a short-sleeved shirt.

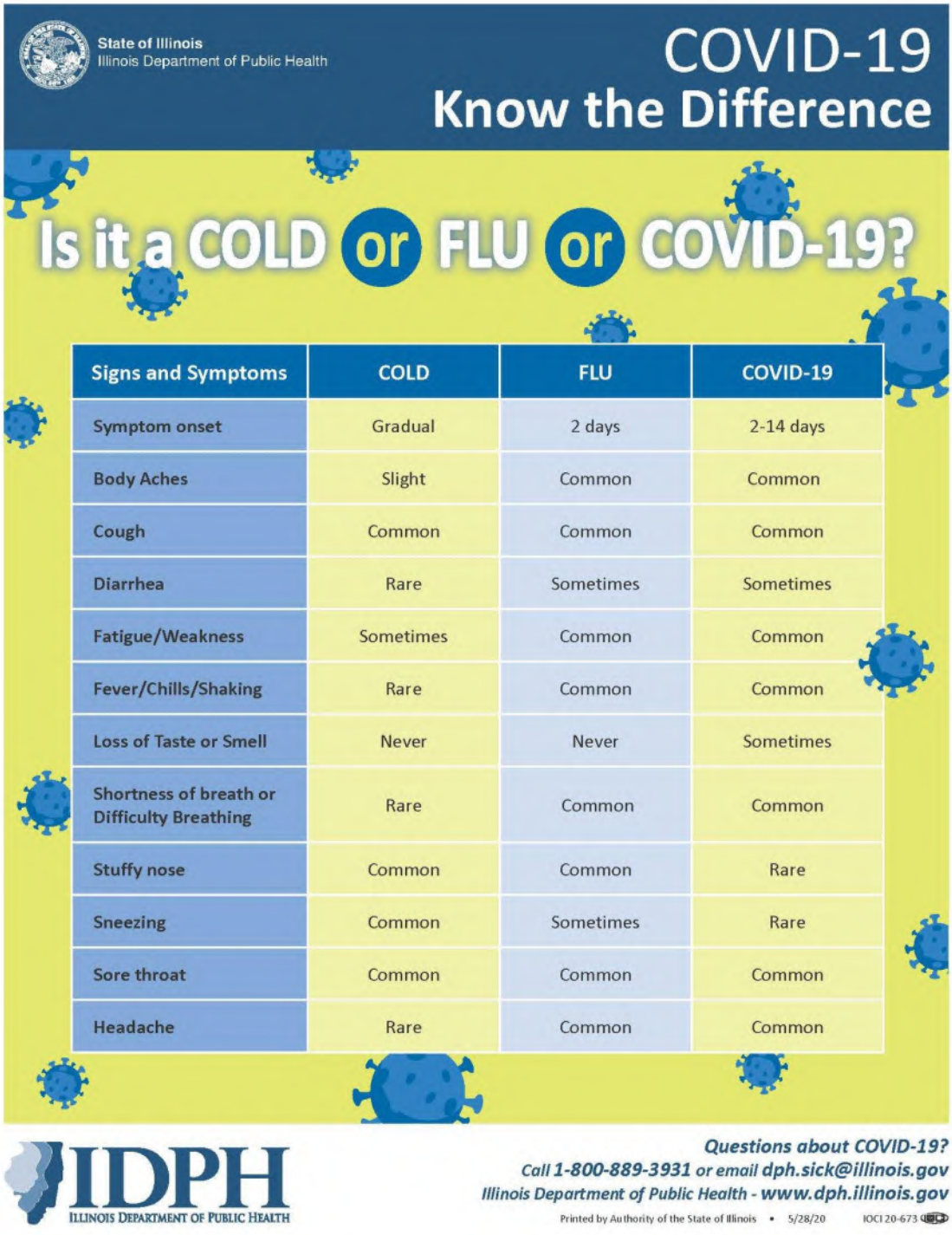
The Health Department offers insurance billing or cash only payment. Debit or credit cards **will not** be accepted. The fee for influenza High Dose will be $50. Most insurances will be accepted. **You must have your insurance card with you and a photo ID**. No Doctors order is required. We will be vaccinating only clients 65 years of age and older. Anyone else needing a regular flu shot should call the Health Department to make an appointment. No pneumonia vaccines available at this clinic. All LaSalle County Health Department influenza vaccines are preservative free.

To lessen your chances of developing the flu, adults and children need to practice good hygiene measures. Teach the importance of covering your mouth when coughing or sneezing, and educate children about hand to mucous membrane transmission. One of the best ways to protect yourself and your children is through frequent and thorough hand washing. People who are exhibiting "flu-like" symptoms should stay home from work, out of *childcare* and school to minimize transmission.

Remember the 3 C's: clean, cover, and contain. Clean – frequently wash your hands with soap and warm water. Cover – cover your cough and sneeze. Contain – contain your germs by staying home if you are sick. To make an appointment call the Health Department at 815-433-3366.



Know the difference between Cold, Flu, & COVID-19 symptoms. If you are feeling any of the COVID-19 symptoms get tested today!



Signs and Symptoms	COLD	FLU	COVID-19
Symptom onset	Gradual	2 days	2-14 days
Body Aches	Slight	Common	Common
Cough	Common	Common	Common
Diarrhea	Rare	Sometimes	Sometimes
Fatigue/Weakness	Sometimes	Common	Common
Fever/Chills/Shaking	Rare	Common	Common
Loss of Taste or Smell	Never	Never	Sometimes
Shortness of breath or Difficulty Breathing	Rare	Common	Common
Stuffy nose	Common	Common	Rare
Sneezing	Common	Sometimes	Rare
Sore throat	Common	Common	Common
Headache	Rare	Common	Common

Source: Illinois Department of Public Health

State Public Health Officials Announce COVID-19 Resurgence Mitigations to Take Effect in Region 1 on October 3, 2020

On September 29, 2020, Governor Pritzker and the Illinois Department of Public Health (IDPH) announced COVID-19 resurgence mitigations will be implemented in Region 1, the northwestern most counties in Illinois, beginning Saturday, October 3, 2020. The region has seen a 7-day rolling average test positivity rate of 8% or above for three consecutive days, which exceeds the threshold set for establishing mitigation measures in the region under the state's Restore Illinois Resurgence Plan. This announcement follows last week's warnings to local leaders that additional mitigation measures would be implemented if the region continued to see an increase in cases. Region 1 includes Boone, Carroll, DeKalb, Jo Daviess, Lee, Ogle, Stephenson, Whiteside and Winnebago counties.

In the past week, Region 1 also had an early indication of increasing hospital admissions for COVID-like-illness. Although this increase has not yet reached the threshold level, it indicates more severe illness is increasing and IDPH will continue to monitor the region's hospital capacity.

The full list of Mitigation measures taking effect October 3, 2020 in Region 1 may be found on the Illinois Department of Commerce and Economic Opportunity (DCEO) website at www.dceocovid19resources.com/restore-illinois.

IDPH will track the positivity rate in Region 1 to determine if mitigations can be relaxed, if additional mitigations are required, or if current mitigations should remain in place. If the positivity rate averages less than or equal to 6.5% for three consecutive days, then Regions 1 will return to Phase 4 mitigations under the Restore Illinois Plan. If the positivity rate averages between 6.5% and 8%, the new mitigations will remain in place and unchanged. If the positivity rate averages greater than or equal to 8% after 14 days, more stringent mitigations can be applied to further reduce spread of the virus.

Region 4, the Metro East, remains under additional mitigation measures as well. Although the 7-day rolling average test positivity rate is less than 8%, it remains above 6.5% and has increased in recent days.

IDPH continues to monitor each region in the state for several key indicators to identify early, but significant increases of COVID-19 transmission in Illinois, potentially signifying resurgence. Indictors include an increase in the region's positivity rate with a simultaneous increase in either hospital admissions for COVID-like-illness or a decrease in hospital capacity, or three consecutive days of greater than or equal to 8% test positivity rate (7-day rolling average). These indicators can be used to determine whether additional community mitigation interventions are needed for a region to prevent the further spread of COVID-19.

Stay informed about our region (LaSalle County is in Region 2) and where we stand on seven-day averages by checking the Illinois Regional Metrics page on the Illinois Department of Public Health (IDPH) website at https://bit.ly/33fhyP9.

Changing Age Distribution of the COVID-19 Pandemic — United States, May–August 2020

On September 23, 2020, the Centers for Disease Control and Prevention (CDC) released a report highlighting Changing Age Distribution of the COVID-19 Pandemic. Early in the pandemic, COVID-19 incidence was highest among older adults. During June–August 2020, COVID-19 incidence was highest in persons aged 20–29 years, who accounted for >20% of all confirmed cases. Younger adults likely contribute to community transmission of COVID-19. Across the southern United States in June 2020, increases in percentage of positive SARS-CoV-2 test results among adults aged 20–39 years preceded increases among those aged ≥60 years by 4–15 days. Strict adherence to community mitigation strategies and personal preventive behaviors by younger adults is needed to help reduce infection and subsequent transmission to persons at higher risk for severe illness. View the full report at https://go.usa.gov/xGy2z.

Source: Boehmer TK, DeVies J, Caruso E, et al. Changing Age Distribution of the COVID-19 Pandemic – United States, May-August 2020. MMWR Morb Mortal Wkly Rep. ePub: 23 September 2020. DOI: https://www.cdc.gov/mmwr/volumes/69/wr/mm6939e1.htm?s_cid=mm6939e1_w

COVID-19 Trends Among School-Aged Children — United States, March 1–September 19, 2020

On September 28, 2020, the Centers for Disease Control and Prevention (CDC) released a report highlighting COVID-19 trends Among School-Aged Children. Children aged <10 years can transmit SARS-CoV-2 in school settings, but less is known about COVID-19 incidence, characteristics, and health outcomes among school-aged children (aged 5–17 years) with COVID-19. Since March, 277,285 COVID-19 cases in children have been reported. COVID-19 incidence among adolescents aged 12–17 years was approximately twice that in children aged 5–11 years. Underlying conditions were more common among school-aged children with severe outcomes related to COVID-19. Weekly incidence, SARS-CoV-2 test volume, and percentage of tests positive among school-aged children varied over time and by region of the United States. It is important for schools and communities to monitor multiple indicators of COVID-19 among school-aged children and layer prevention strategies to reduce COVID-19 disease risk for students, teachers, school staff, and families. View the full report at https://go.usa.gov/xGvGT.

Source: Leeb RT, Price S, Sliwa, et al. COVID-19 Trends Among School-Aged Children – United States, March 1-September 19, 2020. MMWR Morb Mortal Wkly Rep. ePub: 28 September 2020. DOI: http://dx.doi.org/10.15585/mmwr.mm6939e2

Purpose of the Coalition Bulletin
Publishing a regular newsletter -- weekly, in this case – will help keep our LaSalle County Healthcare Coalition in regular contact with up-to-date information between meetings.
For more information on the web:

- LaSalle County Health Department
- Illinois Department of Public Health
- Centers for Disease Control and Prevention

Find us on:

www.facebook.com/LaSalleCountyHealth

www.twitter.com/LaSalleCoHealth

www.lasallecounty.org

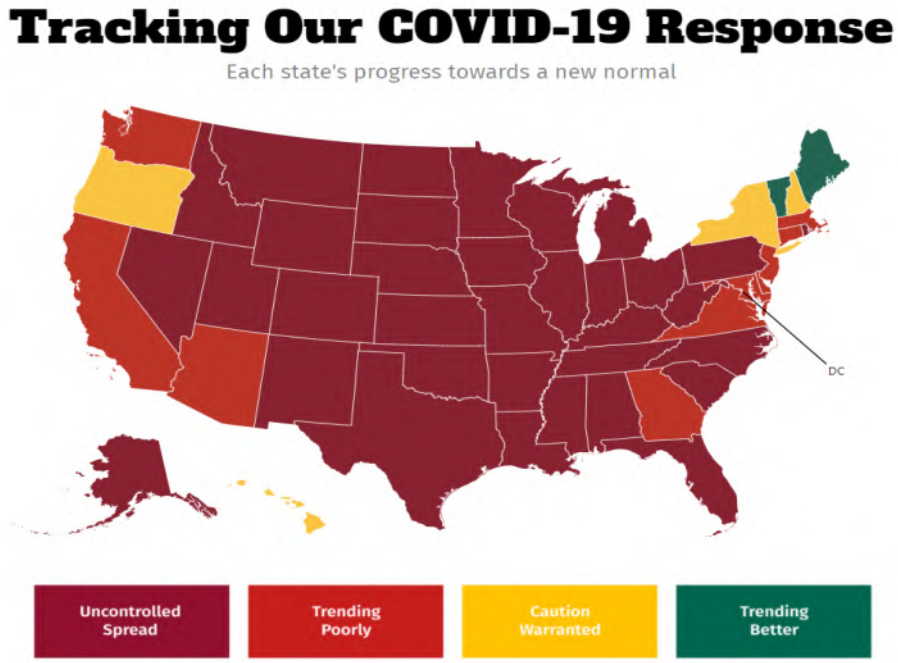
COVID-19 Coalition Bulletin

October 23, 2020

In This Issue

- Coronavirus Disease 2019 – Situational Update
- COVID Numbers at a Glance
- LaSalle County COVID-19 Test Results & Data Summary
- Current LaSalle County Case Counts
- Region 2 Summary
- IDPH County Level COVID-19 Risk Metrics
- Local Testing Information
- Community Based Testing
- Frequently Asked Questions
- County Level Risk Metrics – LaSalle County Moves Back to an Orange Warning Level
- State Public Health Officials Announce COVID-19 Resurgence Mitigations Are in Effect for 4

COVID-19 Situational Update



Map from https://www.covidexitstrategy.org/ which provides state by state data including 14-DAY TREND OF COVID+, LAST 14 DAYS OF COVID+ (ROLLING), INFLUENZA-LIKE ILLNESS, % OF TEST TARGET (US: 500K/DAY), ICU AVAILABILITY, NEW CASES PER MILLION PER DAY, and COVID+ RATE

COVID Numbers at a Glance

10.15.2020

	Cases	Deaths
Worldwide	38,620,508	1,093,921
US	7,920,386	216,933
Illinois	331,620	9127
LaSalle County	2076	58

10.22.2020

	Cases	Deaths
Worldwide	41,341,755	1,133,032
US	8,342,228	222,263
Illinois	360,159	9387
LaSalle County	2284	62

out of 11 Regions

- Tips for Staying Safe at Halloween
- Excess Deaths Associated with COVID-19, by Age and Race and Ethnicity
- Helpful tips to choose the proper face covering

Web Link Resources

John Hopkins GIS Map

ILLINOIS TESTING SITES

Symptoms Infographic

Resources for Healthcare Facilities

Preventing Community Spread

Information for Law Enforcement Personnel

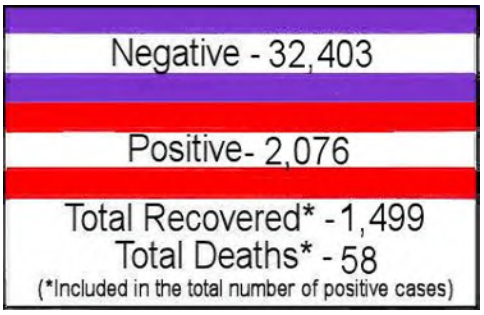
Interim Guidance for Emergency Medical Services

Interim Guidance for School and Childcare

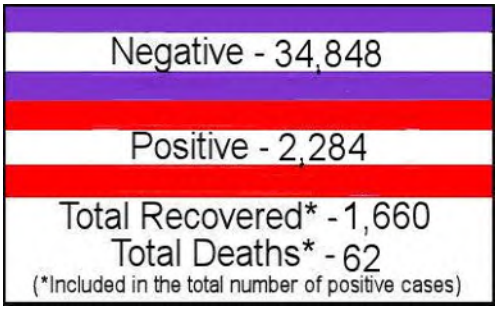
Environmental Cleaning and Disinfection Recommendations

LaSalle County COVID-19 Test Results and Data

10.15.20



10.22.20



Positivity Rate***

5.7 %	9.0 %
Week Ending 10/10/2020	Week ending 10/17/2020

***Based on IDPH County Level Metric

Current LaSalle County Case Data as of 10/22/2020*

Age Range	M	F
0-9	43	23
10-19	76	122
20s	172	224
30s	140	172
40s	142	177
50s	168	195
60s	149	133
70s	78	101
80s	45	72
90s	10	38
100s	0	4
UNK		
Total	1023	1261
%	44.79%	55.21%
TOTAL CASES		2284

Total Deaths	62
Deaths by Age	
20's	0
30's	0
40's	1
50's	2
60's	7
70's	10
80's	23
90's	17
100s	2
Deaths by Gender	
Males	27
Females	35

RESTORE ILLINOIS

Interim Guidance for Management of Coronavirus in Correctional Facilities

Guidance for Pets and Animals if you have COVID-19

COVID-19 Web Links to PDF Resources

- Checklist for Healthcare Facilities: Strategies for Optimizing the Supply of N95 Respirators during the COVID-19 Response
- ASPR COVID-19 Healthcare Planning Checklist
- Cover Your Cough Poster
- Proper Handwashing Poster
- COVID-19 Poster: Stop the Spread of Germs
- Guide for Faith-Based Community
- Guide for Homeless Shelters
- Workplace Guidance

Case by Month Summary

	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Number Cases	6	50	98	67	261	778	504	520		
% of total cases	0.26	2.19	4.29	2.93	11.43	34.06	22.07	22.77		

Deaths by Month Summary

	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Number Deaths	1	0	12	4	1	30	9	5		
% of total Deaths	1.61	0.00	19.35	6.45	1.61	48.39	14.52	8.06		

10.15.20

Town	Current Total	% of County Cases
Cedar Point	7	0.36%
Earlville	31	1.51%
Grand Ridge	25	1.25%
LaSalle	220	10.47%
Leland	24	1.20%
Lostant	13	0.57%
Marseilles	127	5.99%
Mendota	309	15.52%
Millington	9	0.42%
Oglesby	83	3.85%
Ottawa	359	17.08%
Peru	186	8.96%
Ransom	7	0.36%
Sandwich	93	4.17%
Serena	7	
Seneca	31	1.56%
Sheridan	74	3.07%
Somonauk	25	1.20%
Streator	375	18.70%
Tonica	14	0.73%
Utica	41	2.14%
Other**	16	0.89%
TOTAL CASES	2076	

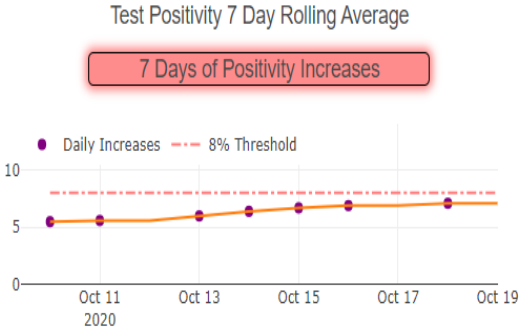
10.22.20

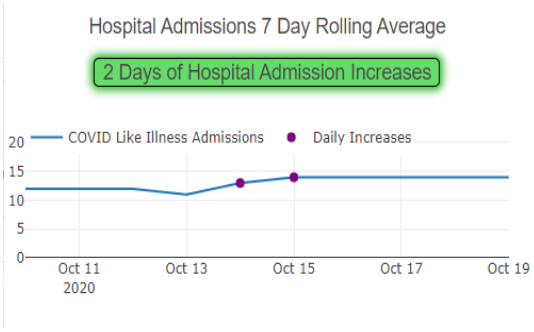
Town	Current Total	Increase since last week	*% of Total County Cases*
Cedar Point	7	0	0.31%
Earlville	32	1	1.40%
Grand Ridge	26	1	1.14%
LaSalle	242	22	10.60%
Leland	24	0	1.05%
Lostant	13	0	0.57%
Marseilles	143	16	6.26%
Mendota	331	22	14.49%
Millington	8	-1	0.35%
Oglesby	93	10	4.07%
Ottawa	400	41	17.51%
Peru	215	29	9.41%
Ransom	8	1	0.35%
Sandwich	101	8	4.42%
Serena	9	2	0.39%
Seneca	37	6	1.62%
Sheridan	84	10	3.68%
Somonauk	28	3	1.23%
Streator	406	31	17.78%
Tonica	17	3	0.74%
Utica	44	3	1.93%
Other**	16	0	0.70%
TOTAL CASES	2284	208	

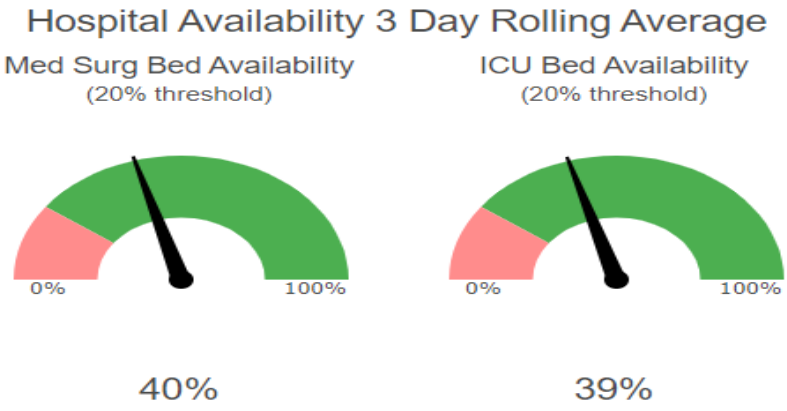
- Interim Guidance for Implementing Safety Practices for Critical Infrastructure Workers Who May Have Had Exposure to a Person with Suspected or Confirmed COVID-19
- Interim Guidance for Routine Oral and Dental Care

*Note these numbers are adjusted based on the number of cases transferred to other locations.
** Number of LaSalle County Cases in Communities with less than 5 cases

Region 2 Summary - 10/22/2020







County Level COVID-19 Risk Metrics – 10/11-10/17/2020

New Cases Per 100,000	Number of Deaths	Test Positivity (%)
Case rate reported Sun-Sat (Target: less than 50 per 100,000)	Death number reported Sun-Sat (Target: decreasing or stable Sun-Sat)	(%) positive tests reported Sun-Sat (Target: less than or equal to 8 %)
167 per 100K	**1**	**9.0%**

Tests Performed	CLI ED Visits (%), Adults	Number of CLI Admissions
Number of tests reported Sun-Sat (Target: Testing is Sufficient when test positivity is less than or equal to 8 %) **2,169**	Emergency Department visits for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **4.2 %**	Hospital admissions for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **13**
Cluster (%) of cases No Target This metric helps explain large increase in cases **6 %**	**ICU (%) Available** ICU bed availability (Target: at least 20% of ICU beds available) **40.0 %**	Metrics in target Range Metrics outside Target Range More information at https://dph.illinois.gov/countymetrics

Local Testing Information

LaSalle County Health Department

A drive-thru COVID-19 Community Based Testing Site (CBTS) is held on a weekly basis at the LaSalle County Emergency Management Agency Building (EMA) at 711 E Etna Rd, Ottawa. The site will be open from 9:00 a.m. to 11:00 a.m. and will run **by appointment only**.

This testing site is open to all regardless of symptoms, no Doctor's order is required. Health insurance will be billed. **Individuals are required to schedule an appointment by calling 815-433-3366 prior to arriving on site.** Instructions including wearing a mask, bringing a Photo ID, and directions for how to drive into the site will be provided at that time.

Illinois Valley Community Hospital

IVCH is proud to offer Covid-19 testing for both those with symptoms or who have had an exposure to a COVID-19 case.

Patients seeking Covid-19 testing may either call their IVCH primary care provider for an order or may call the IVCH Covid-19 Hotline 9am – 5 pm weekdays and 10am – 4 pm weekends, at 815-780-3425 to speak to a nurse regarding testing. All Covid-19 tests must be ordered by a provider. Testing is available Monday through Friday and by appointment only.

Covid-19 tests take approximately 72 hours to receive a result. All patients will be notified of their test result by phone.

IVCH Care Today and the Emergency Room do not provide routine COVID-19 testing.

Morris Hospital

Morris Hospital offers nasal swab testing by appointment for symptomatic individuals with a physician's order. Testing is available for individuals of all ages from 7:30 a.m. to 2 p.m., Monday-Friday. Appointments are required – no exceptions. Testing is NOT available at this time for asymptomatic individuals due to a nationwide shortage of the testing reagent.

Testing is performed through the drive-up testing site on the Morris Hospital campus at the corner of Lisbon & High Streets on the far southwest corner of the hospital campus. When you arrive on the hospital campus, please follow the Drive-Thru Testing directional signs on Lisbon Street or High Street. Patients are required to have photo ID, insurance card and sign a release at the time of their test.

After a physician places an order for your test, a Scheduling representative from Morris Hospital will call you to schedule. Please allow up to 72 hours for test results to get sent to the ordering physician, who will inform you of your results. You can also check your patient portal for test results or contact the provider who ordered the test. Please remain at home, away from others while you are waiting for your test results.

OSF HealthCare Saint Elizabeth Medical Center

If you suspect you have novel coronavirus (COVID-19) and it is not an emergency, DO NOT go to a hospital or doctor's office. Instead, use one of the care options that best fits your needs below.

- Clare, our 24/7 virtual assistant chatbot at osfhealthcare.org/covid19, can educate you, screen you for COVID-19 and connect you to further care if needed.
- You can call the 24/7, COVID-19 Nurse Hotline* at 1-(833) OSF-KNOW (1-833-673-5669).
- Contact your OSF Primary Care Provider, and they can order the test for you.
- If you have a Primary Care Provider that is not an OSF Provider, they can fax an order to (815) 431-3072 (OSF Prompt Care Ottawa, 1640 1st Avenue, Ottawa).
- If you do not have a Primary Care Provider, you can be seen at one of the below locations and they can order a test for you if indicated:
    - OSF Prompt Care - Ottawa (8 a.m. - 8 p.m. daily) at (815) 431-9208
    - OSF Urgo – Ottawa (8 a.m. – 8 p.m. daily) at (815) 431-3410
    - OSF Prompt Care – Streator (weekdays 8 a.m. – 6 p.m.) at (815) 673-4545
- If you are experiencing shortness of breath, chest pain, or severe weakness, call 911 or come to your nearest OSF Emergency Department, where a test will be performed during your medical screening exam.

*Staffed by RNs and other health care professionals.

OSF HealthCare Saint Paul Medical Center

If you suspect you have novel coronavirus (COVID-19) and it is not an emergency, DO NOT go to a hospital or doctor's office. Instead, use one of the care options that best fits your needs below.

- Clare, our 24/7 virtual assistant chatbot at osfhealthcare.org/covid19, can educate you, screen you for COVID-19 and connect you to further care if needed.
- You can call the 24/7, COVID-19 Nurse Hotline* at 1-(833) OSF-KNOW (1-833-673-5669).
- Contact your OSF Primary Care Provider, and they can order the test for you.
- If you have a Primary Care Provider that is not an OSF Provider, they can fax an order to our OSF Saint Paul Medical Center lab.
- If you do not have a Primary Care Provider, you can call our OSF Prompt Care - Mendota, (weekdays, 8 a.m. - 5 p.m.) at (815) 538-1311 and they can order a test for you after a quick telephone visit.
- If you are experiencing shortness of breath, chest pain, or severe weakness, you can call 911 or come to our OSF Saint Paul Emergency Department, where a test will be performed during your medical screening exam.

*Staffed by RNs and other health care professionals.

St. Margaret's Hospital

St. Margaret's testing facility requires a physician's order and is perfect for those patients who need a COVID test within 72 hours of a surgery or a procedure. It is also for patients who may have been exposed to a COVID positive person or who is exhibiting symptoms. The patients' primary physician needs to fax an order to the registration department. Insurance information and a copy of a driver's license is also collected.
Testing is available Monday through Friday from 8:30 am to 5pm. Saturday and Sunday, we are open from 8-1pm.
For patients who don't have a physician but are exhibiting signs of an illness, the St. Margaret's Walk-in clinics at Midtown Health Center in Peru or Center for Family Health in Princeton are available. Patients will be offered a virtual or telehealth visit and if warranted, will be sent for a swab.
The St. Margaret's testing center is not a walk-in, public screening center.

Community Based Testing

A list of public and private testing sites can be found on the IDPH website at http://www.dph.illinois.gov/testing.

Location	Address	Times
Arlington Heights	Arlington Racetrack 2000 W Euclid Ave Arlington Heights	8:00am – 4:00pm while daily supplies last
Auburn Gresham	Foreman Mills Shopping Center 122 W. 79th Street Chicago	8:00am – 4:00pm while daily supplies last
Aurora	1650 Premium Outlet Blvd Aurora	8:00am-4:00pm while daily supplies last
***Bloomington**	1106 Interstate Drive Bloomington	9:00am-5:00pm while daily supplies last
Champaign	Market Place Shopping Ctr 2000 N. Neil Street Champaign	8:00am-4:00pm while daily supplies last
***East St. Louis**	Jackie Joyner Kersee Ctr. Argonne Drive East St. Louis	8:00am-4:00pm while daily supplies last
Harwood Heights	6959 W. Forest Preserve Rd. Chicago	7:00am-3:00pm while daily supplies last
***Peoria**	Peoria Civic Center Fulton Street Parking Lot Peoria	8:00am-4:00pm while daily supplies last
Rockford	1601 Parkview Avenue Rockford	8:00am-4:00pm while daily supplies last
South Holland	South Suburban College 15800 State St South Holland	8:00am-4:00pm while daily supplies last
Waukegan	102 W. Water Street Waukegan	8:00am-4:00pm while daily supplies last

* Walk-up testing is available at Bloomington, East St. Louis, and Peoria.

What are some tips to stay healthy as cold and flu season is upon us and COVID is still circulating?

Wearing a mask, washing your hands often, getting a flu vaccine, and watching your distance are four simple actions that everyone, especially people at higher risk of developing serious flu complications, should take to help reduce the spread of flu.

Mask Up: Cover your nose and mouth with a mask when out in public.
Lather Up: Wash your hands frequently with soap and water.
Sleeve Up: Roll up your sleeve to get a flu shot.
Back Up: Keep 6 feet of distance between you and others.

And please remember to stay home if you are sick. Do not travel and do not attend gatherings and celebrations. Even if your symptoms are mild, you may still be able to infect others.

To help stave off illness, get your flu vaccine now. It takes the body several weeks after receiving the vaccine to build up antibodies that will help protect you from flu, so get it now to help protect you and others. Roll your #SleeveUp and get your flu shot.

County Level Risk Metrics – LaSalle County Moves Back to an Orange Warning Level

The LaSalle County Health Department is alerting residents that as of Friday, October 23, 2020, our County-Level COVID-19 Risk Metrics has been moved back to orange. As a reminder, orange status indicates there are warning signs of increased COVID-19 risk in the county. A warning level means that a county saw increases in two or more COVID-19 risk indicators.

LaSalle County has seen a concerning rise in our number of cases. In addition, per the county-level risk metrics provided by the Illinois Department of Public Health, the 7-day test positivity rate has risen above 8%. Until LaSalle County can get a handle on the number of new cases being identified each week and slow the community spread that is occurring, LaSalle County will continue to be at risk for remaining at the orange warning level.

The department's contact tracing efforts continue to show small clusters of cases among families and household contacts. Social and family gatherings, household sharing, workplace exposures, long-term care outbreaks and community spread have all contributed to the increase in cases. Getting together in groups, both small and large, without taking appropriate precautions such as social distancing and wearing face coverings is leading to increased transmission and will continue to lead us in the wrong direction. All residents are encouraged to wear a face covering, maintain 6 feet of social distance, wash hands frequently, avoid gatherings with people not in your household, and stay home when ill.

The LaSalle County Health Department also recommends that anyone who has attended a large event or a social gathering where social distancing was not being practiced to monitor themselves for symptoms. We advise anyone who has had exposure to these types of situations to consider being tested for COVID-19, 5-7 days after the event or immediately if they begin to develop symptoms.

State Public Health Officials Announce COVID-19 Resurgence Mitigations Are in Effect for 4 out of 11 Regions of the Restore Illinois Plan, as Cases Continue to Increase in Illinois

On Monday, October 19, 2020, Governor Pritzker and the Illinois Department of Public Health (IDPH) announced COVID-19 resurgence mitigations would be implemented in Region 5, in Southern Illinois, beginning at 12:01 a.m. on Thursday, October 22, 2020. In addition, Governor Pritzker and the Illinois Department of Public Health (IDPH) announced on October 20, 2020, COVID-19 resurgence mitigations would be implemented in Region 7 (Will and Kankakee counties) and Region 8 (Kane and DuPage counties), beginning at 12:01 a.m. on Friday, October 23, 2020. The regions are seeing a 7-day rolling average test positivity rate of 8 percent or above for three consecutive days, which exceeds the threshold set for establishing mitigation measures in the region under the state's Restore Illinois Resurgence Plan.

This marks the second time that Region 7 has surpassed the threshold set for establishing additional resurgence mitigation measures. The state initially implemented additional mitigations in Region 7 on August 26. The region was able to return to Phase 4 of the Restore Illinois Plan on September 18, following weeks of close coordination between IDPH and local health departments, as well as a concerted effort by community leaders and residents. Now, in addition to a test positivity rate of above 8% for three consecutive days, Region 7 is also experiencing concerning ICU availability.

Additional COVID-19 mitigation efforts will be implemented in Region 1, Northwestern Illinois, beginning at 12:01 a.m. on Sunday, October 25, 2020. After mitigation efforts initially took effect in Region 1 on October 3, the positivity rate has remained the highest in the state, with the region reporting an 11.9 percent rolling positivity rate on October 22. Region 1 has been under Tier 1 of the state's resurgence mitigation plan since October 3, after seeing a 7-day rolling average test positivity rate of 8 percent or above for three consecutive days. Beginning October 25, Northwestern Illinois will face additional mitigations, such as a tighter gathering cap of 10 individuals rather than 25 and new table caps of six rather than 10 when eating out. Region 1 includes Boone, Carroll, DeKalb, Jo Daviess, Lee, Ogle, Stephenson, Whiteside and Winnebago counties.

Currently, all regions of the state continue to show increases over last week. Of the 7 regions still operating under Phase 4 – that is, without additional resurgence mitigations – all seven are now at a rolling positivity average above 7%. In response to the recent increase in cases in all 11 regions across Illinois, Governor Pritzker and the administration have resumed daily weekday press conferences to ensure transparency as the state continues to combat the COVID-19 pandemic.

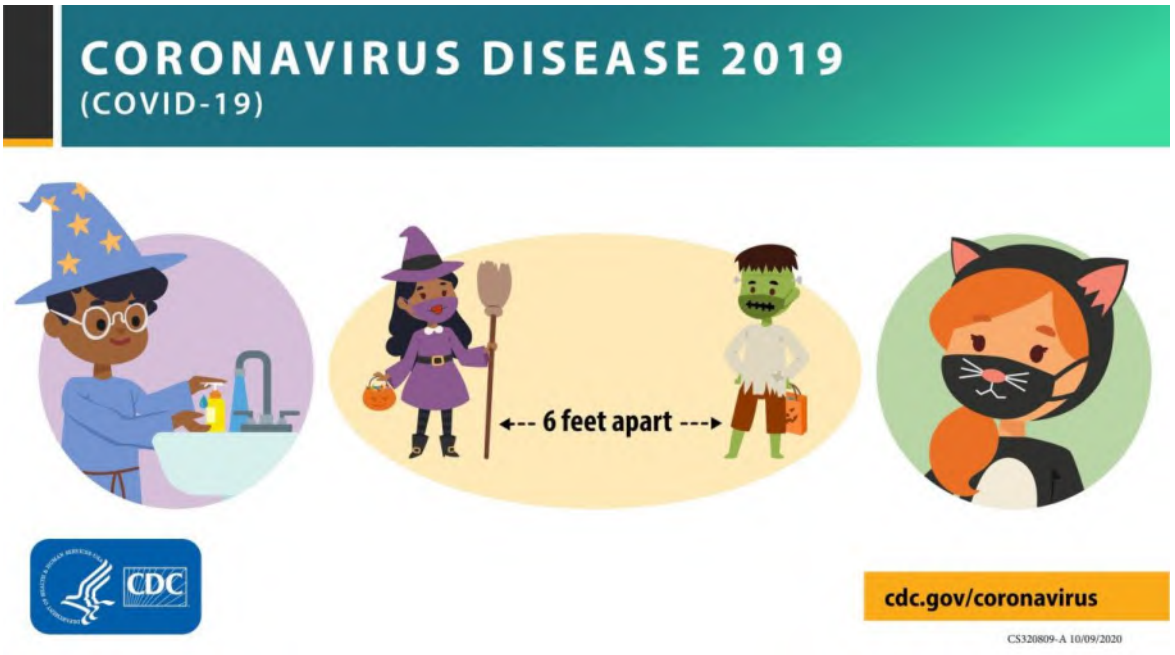
Stay informed about our region (LaSalle County is in Region 2) and where we stand on seven-day averages by checking the Illinois Regional Metrics page on the Illinois Department of Public Health (IDPH) website at https://bit.ly/33fhyP9.

Source: Office of Governor JB Pritzker and the Illinois Department of Public Health

Tips for Staying Safe at Halloween

Let's aim for all Halloween treats, no COVID-19 tricks. If celebrating Halloween this year, do so safely. Please note that social distancing and appropriate (non-costume) face masks are strongly encouraged. We hope you will enjoy Halloween as much as possible while also continuing to do your part to reduce the spread of COVID-19 among friends and neighbors.

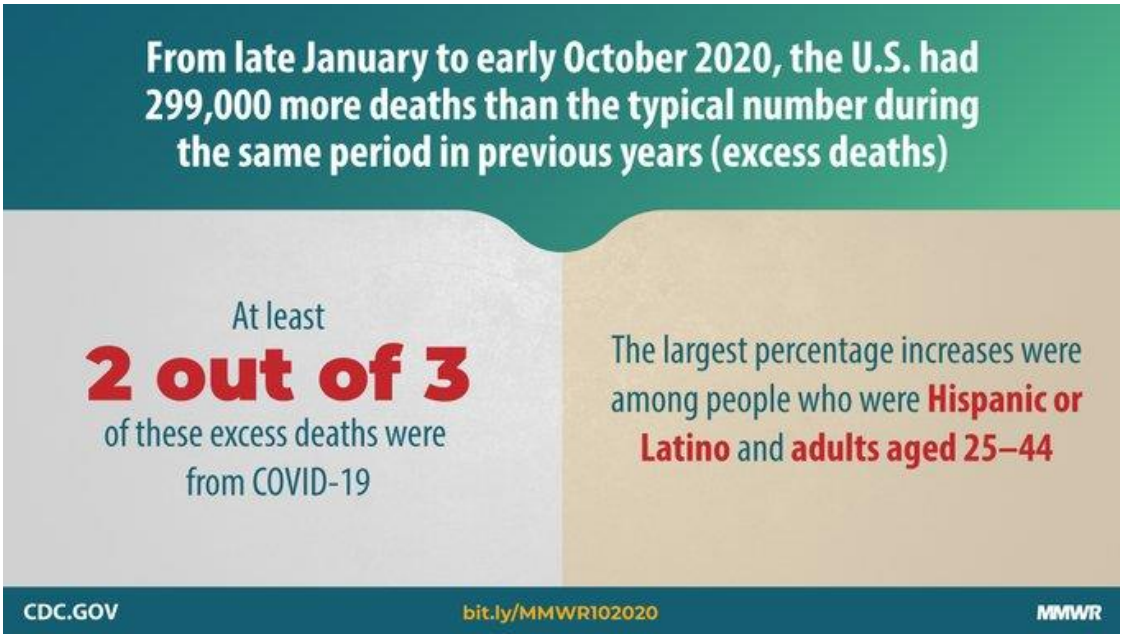
Safety guidance from the Illinois Department of Public Health (IDPH) and the Centers for Disease Control and Prevention (CDC) can be found here:
http://www.dph.illinois.gov/.../Halloween%20guidance....
http://dph.illinois.gov/.../small-social-gatherings....
https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/holidays/halloween.html



Source: Centers for Disease Control and Prevention (CDC) and the Illinois Department of Public Health (IDPH)

Excess Deaths Associated with COVID-19, by Age and Race and Ethnicity – United States, January 26-October 3, 2020

On October 20, 2020, the Centers for Disease Control and Prevention (CDC) released a report highlighting excess deaths associated with COVID-19, by age, race, and ethnicity. As of October 15, 216,025 deaths from COVID-19 have been reported in the United States; however, this might underestimate the total impact of the pandemic on mortality. Overall, an estimated 299,028 excess deaths occurred from late January through October 3, 2020, with 198,081 (66%) excess deaths attributed to COVID-19. The largest percentage increases were seen among adults aged 25–44 years and among Hispanic or Latino persons. These results inform efforts to prevent mortality directly or indirectly associated with the COVID-19 pandemic, such as efforts to minimize disruptions to health care. Learn more: bit.ly/MMWR102020.



Source: Rossen LM, Branum AM, Ahmad FB, Sutton P, Anderson RN. Excess Deaths Associated with COVID-19, by Age, and Race and Ethnicity – United States, January 26-October 3, 2020. MMWR Morb Mortal Wkly Rep. ePub: 20 October 2020. DOI: bit.ly/MMWR102020

Find us on:

www.facebook.com/LaSalleCountyHealth

www.twitter.com/LaSalleCoHealth

www.lasallecounty.org

Helpful tips to choose the proper face covering

Source: Centers for Disease Control and Prevention (CDC)

Purpose of the Coalition Bulletin
Publishing a regular newsletter -- weekly, in this case – will help keep our LaSalle County Healthcare Coalition in regular contact with up-to-date information between meetings.
For more information on the web:

- LaSalle County Health Department
- Illinois Department of Public Health
- Centers for Disease Control and Prevention

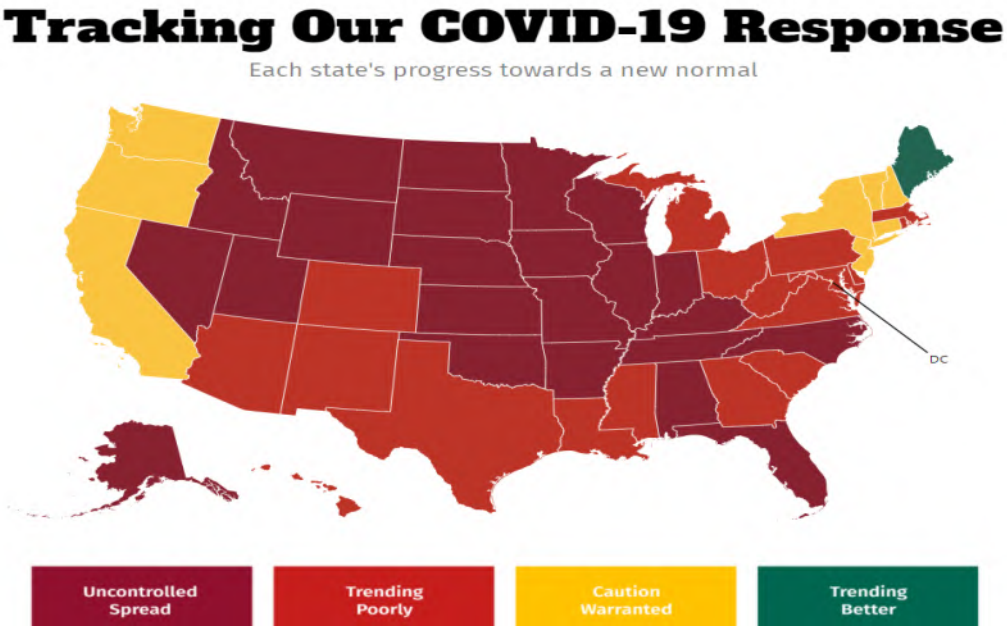
COVID-19 Coalition Bulletin

October 9, 2020

In This Issue

- Coronavirus Disease 2019 – Situational Update
- COVID Numbers at a Glance
- LaSalle County COVID-19 Test Results &Data Summary
- Current LaSalle County Case Counts
- Region 2 Summary
- IDPH County Level COVID-19 Risk Metrics
- Local Testing Information
- Community Based Testing
- Frequently Asked Questions
- CDC updates "How COVID is Spread" Webpage
- Travel During the COVID-19 Pandemic
- Adolescent with COVID-19 as the Source of an Outbreak at a 3-Week Family Gathering

COVID-19 Situational Update



Map from https://www.covidexitstrategy.org/ which provides state by state data including 14-DAY TREND OF COVID+, LAST 14 DAYS OF COVID+ (ROLLING), INFLUENZA-LIKE ILLNESS, % OF TEST TARGET (US: 500K/DAY), ICU AVAILABILITY, NEW CASES PER MILLION PER DAY, and COVID+ RATE

COVID Numbers at a Glance

10.02.2020

	Cases	Deaths
Worldwide	34,080,123	1,015,815
US	7,245,228	207,211
Illinois	295,440	8,696
LaSalle County	1775	57

10.08.2020

	Cases	Deaths
Worldwide	36,265,982	1,057,102
US	7,560,010	211,917
Illinois	310,700	8,910
LaSalle County	1920	57

Involving Four States

- Trends in COVID-19 Incidence After Implementation of Mitigation Measures in Arizona

Web Link Resources

John Hopkins GIS Map

ILLINOIS TESTING SITES

Symptoms Infographic

Resources for Healthcare Facilities

Preventing Community Spread

Information for Law Enforcement Personnel

Interim Guidance for Emergency Medical Services

Interim Guidance for School and Childcare

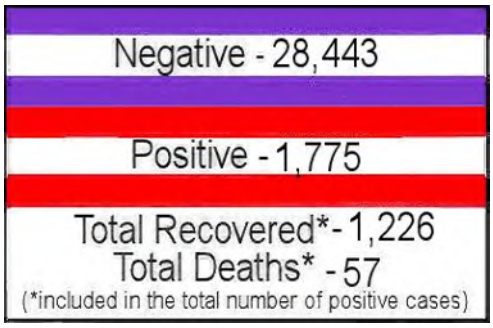
Environmental Cleaning and Disinfection Recommendations

RESTORE ILLINOIS

Interim Guidance for Management of Coronavirus in

LaSalle County COVID-19 Test Results and Data

10.01.20



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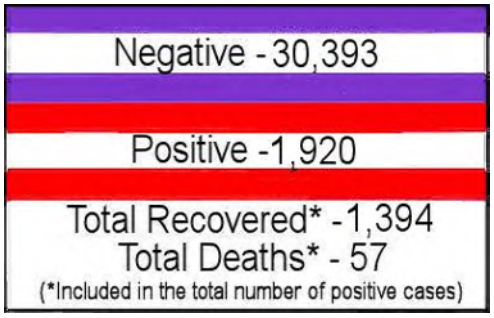


Positivity Rate***

5.4 %	5.0%
Week Ending 9/26/2020	Week ending 10/04/2020

***Based on IDPH County Level Metric

Current LaSalle County Case Data as of 10/08/2020*

Age Range	M	F
0-9	36	18
10-19	68	107
20s	153	200
30s	116	135
40s	120	142
50s	143	163
60s	125	113
70s	59	78
80s	35	63
90s	10	32
100s	0	4
UNK		
Total	865	1055
%	45.05%	54.95%
TOTAL CASEs	1920	

Total Deaths	57
Deaths by Age	
20's	0
30's	0
40's	1
50's	2
60's	7
70's	10
80's	20
90's	15
100s	2
Deaths by Gender	
Males	26
Females	31

Correctional Facilities

Guidance for Pets and Animals if you have COVID-19

COVID-19 Web Links to PDF Resources

- Checklist for Healthcare Facilities: Strategies for Optimizing the Supply of N95 Respirators during the COVID-19 Response
- ASPR COVID-19 Healthcare Planning Checklist
- Cover Your Cough Poster
- Proper Handwashing Poster
- COVID-19 Poster: Stop the Spread of Germs
- Guide for Faith-Based Community
- Guide for Homeless Shelters
- Workplace Guidance
- Interim Guidance for Implementing Safety Practices for Critical Infrastructure Workers Who May Have Had Exposure to a

Case by Month Summary

	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Number Cases	6	50	98	67	261	778	504	156		
% of total cases	0.31	2.60	5.10	3.49	13.59	40.52	26.25	8.13		

Deaths by Month Summary

	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Number Deaths	1	0	12	4	1	30	9	0		
% of total Deaths	1.75	0.00	21.05	7.02	1.75	52.63	15.79	0.00		

10.02.20

Town	Current Total	% of County Cases
Cedar Point	7	0.39%
Earlville	23	1.27%
Grand Ridge	24	1.33%
LaSalle	186	10.30%
Leland	22	1.22%
Lostant	11	0.61%
Marseilles	108	5.98%
Mendota	284	15.73%
Millington	8	0.44%
Oglesby	70	3.88%
Ottawa	312	17.28%
Peru	155	8.58%
Ransom	7	0.39%
Sandwich	72	3.99%
Seneca	25	1.38%
Sheridan	54	2.99%
Somonauk	22	1.22%
Streator	347	19.21%
Tonica	14	0.78%
Utica	40	2.21%
Other**	15	0.83%
TOTAL CASES	1806	

10.08.20

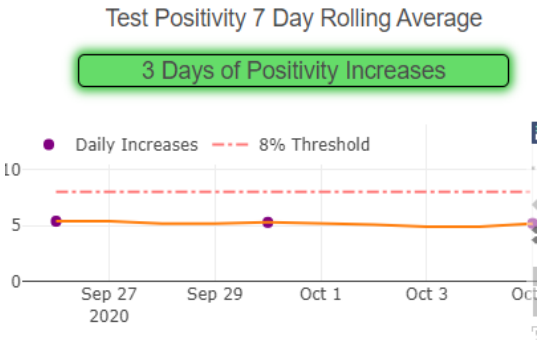
Town	Current Total	Increase since last week	*% of Total County Cases*
Cedar Point	7	0	0.36%
Earlville	29	6	1.51%
Grand Ridge	24	0	1.25%
LaSalle	201	15	10.47%
Leland	23	1	1.20%
Lostant	11	0	0.57%
Marseilles	115	7	5.99%
Mendota	298	14	15.52%
Millington	8	0	0.42%
Oglesby	74	4	3.85%
Ottawa	328	16	17.08%
Peru	172	17	8.96%
Ransom	7	0	0.36%
Sandwich	80	8	4.17%
Seneca	30	5	1.56%
Sheridan	59	5	3.07%
Somonauk	23	1	1.20%
Streator	359	12	18.70%
Tonica	14	0	0.73%
Utica	41	1	2.14%
Other**	17	2	0.89%
TOTAL CASES	1920	*114*	

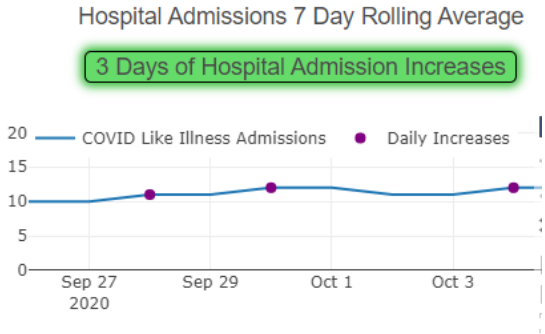
Person with Suspected or Confirmed COVID-19

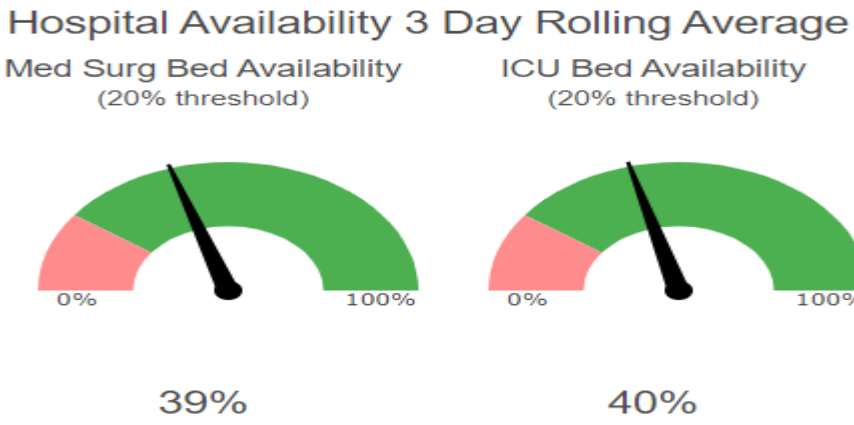
- Interim Guidance for Routine Oral and Dental Care

*Note these numbers are adjusted based on the number of cases transferred to other locations.
** Number of LaSalle County Cases in Communities with less than 5 cases

Region 2 Summary - 10/8/2020







County Level COVID-19 Risk Metrics – 9/27-10/03/2020

New Cases Per 100,000	Number of Deaths	Test Positivity (%)
Case rate reported Sun-Sat (Target: less than 50 per 100,000)	Death number reported Sun-Sat (Target: decreasing or stable Sun-Sat)	(%) positive tests reported Sun-Sat (Target: less than or equal to 8 %)
109 per 100K	**0**	**5.0%**

Tests Performed	CLI ED Visits (%), Adults	Number of CLI Admissions
Number of tests reported Sun-Sat (Target: Testing is Sufficient when test positivity is less than or equal to 8 %) **2,210**	Emergency Department visits for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **2.8%**	Hospital admissions for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **7**
Cluster (%) of cases	**ICU (%) Available**	Metrics in target Range Metrics outside Target Range More information at https://dph.illinois.gov/countymetrics
No Target This metric helps explain large increase in cases **0%**	ICU bed availability (Target: at least 20% of ICU beds available) **42.2%**	

Local Testing Information

LaSalle County Health Department

A drive-thru COVID-19 Community Based Testing Site (CBTS) is held on a weekly basis at the LaSalle County Emergency Management Agency Building (EMA) at 711 E Etna Rd, Ottawa. The site will be open from 9:00 a.m. to 11:00 a.m. and will run **by appointment only**.

This testing site is open to all regardless of symptoms, no Doctor's order is required. Health insurance will be billed. **Individuals are required to schedule an appointment by calling 815-433-3366 prior to arriving on site.** Instructions including wearing a mask, bringing a Photo ID, and directions for how to drive into the site will be provided at that time.

Illinois Valley Community Hospital

IVCH is proud to offer Covid-19 testing for both those with symptoms or who have had an exposure to a COVID-19 case.
Patients seeking Covid-19 testing may either call their IVCH primary care provider for an order or may call the IVCH Covid-19 Hotline 9am – 5 pm weekdays and 10am – 4 pm weekends, at 815-780-3425 to speak to a nurse regarding testing. All Covid-19 tests must be ordered by a provider. Testing is available Monday through Friday and by appointment only.
Covid-19 tests take approximately 72 hours to receive a result.
All patients will be notified of their test result by phone.
IVCH Care Today and the Emergency Room do not provide routine COVID-19 testing.

Morris Hospital

Morris Hospital offers nasal swab testing by appointment for symptomatic individuals with a physician's order. Testing is available for individuals of all ages from 7:30 a.m. to 2 p.m., Monday-Friday. Appointments are required – no exceptions. Testing is NOT available at this time for asymptomatic individuals due to a nationwide shortage of the testing reagent.

Testing is performed through the drive-up testing site on the Morris Hospital campus at the corner of Lisbon & High Streets on the far southwest corner of the hospital campus. When you arrive on the hospital campus, please follow the Drive-Thru Testing directional signs on Lisbon Street or High Street. Patients are required to have photo ID, insurance card and sign a release at the time of their test.

After a physician places an order for your test, a Scheduling representative from Morris Hospital will call you to schedule. Please allow up to 72 hours for test results to get sent to the ordering physician, who will inform you of your results. You can also check your patient portal for test results or contact the provider who ordered the test. Please remain at home, away from others while you are waiting for your test results.

OSF HealthCare Saint Elizabeth Medical Center

If you suspect you have novel coronavirus (COVID-19) and it is not an emergency, DO NOT go to a hospital or doctor's office. Instead, use one of the care options that best fits your needs below.

- Clare, our 24/7 virtual assistant chatbot at osfhealthcare.org/covid19, can educate you, screen you for COVID-19 and connect you to further care if needed.
- You can call the 24/7, COVID-19 Nurse Hotline* at 1-(833) OSF-KNOW (1-833-673-5669).
- Contact your OSF Primary Care Provider, and they can order the test for you.
- If you have a Primary Care Provider that is not an OSF Provider, they can fax an order to (815) 431-3072 (OSF Prompt Care Ottawa, 1640 1st Avenue, Ottawa).
- If you do not have a Primary Care Provider, you can be seen at one of the below locations and they can order a test for you if indicated:
    - OSF Prompt Care - Ottawa (8 a.m. - 8 p.m. daily) at (815) 431-9208
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    - OSF Prompt Care – Streator (weekdays 8 a.m. – 6 p.m.) at (815) 673-4545
- If you are experiencing shortness of breath, chest pain, or severe weakness, call 911 or come to your nearest OSF Emergency Department, where a test will be performed during your medical screening exam.

*Staffed by RNs and other health care professionals.

OSF HealthCare Saint Paul Medical Center

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- Contact your OSF Primary Care Provider, and they can order the test for you.
- If you have a Primary Care Provider that is not an OSF Provider, they can fax an order to our OSF Saint Paul Medical Center lab.
- If you do not have a Primary Care Provider, you can call our OSF Prompt Care - Mendota, (weekdays, 8 a.m. - 5 p.m.) at (815) 538-1311 and they can order a test for you after a quick telephone visit.
- If you are experiencing shortness of breath, chest pain, or severe weakness, you can call 911 or come to our OSF Saint Paul Emergency Department, where a test will be performed during your medical screening exam.

*Staffed by RNs and other health care professionals.

St. Margaret's Hospital

St. Margaret's testing facility requires a physician's order and is perfect for those patients who need a COVID test within 72 hours of a surgery or a procedure. It is also for patients who may have been exposed to a COVID positive person or who is exhibiting symptoms. The patients' primary physician needs to fax an order to the registration department. Insurance information and a copy of a driver's license is also collected.
Testing is available Monday through Friday from 8:30 am to 5pm. Saturday and Sunday, we are open from 8-1pm.
For patients who don't have a physician but are exhibiting signs of an illness, the St. Margaret's Walk-in clinics at Midtown Health Center in Peru or Center for Family Health in Princeton are available. Patients will be offered a virtual or telehealth visit and if warranted, will be sent for a swab.
The St. Margaret's testing center is not a walk-in, public screening center.

Community Based Testing

A list of public and private testing sites can be found on the IDPH website at http://www.dph.illinois.gov/testing.

Location	Address	Times
Arlington Heights	Arlington Racetrack 2000 W Euclid Ave Arlington Heights	8:00am – 4:00pm while daily supplies last
Auburn Gresham	Foreman Mills Shopping Center 122 W. 79th Street Chicago	8:00am – 4:00pm while daily supplies last
Aurora	1650 Premium Outlet Blvd Aurora	8:00am-4:00pm while daily supplies last
***Bloomington**	1106 Interstate Drive Bloomington	9:00am-5:00pm while daily supplies last
Champaign	Market Place Shopping Ctr 2000 N. Neil Street Champaign	8:00am-4:00pm while daily supplies last
***East St. Louis**	Jackie Joyner Kersee Ctr. Argonne Drive East St. Louis	8:00am-4:00pm while daily supplies last
Harwood Heights	6959 W. Forest Preserve Rd. Chicago	7:00am-3:00pm while daily supplies last
***Peoria**	Peoria Civic Center Fulton Street Parking Lot Peoria	8:00am-4:00pm while daily supplies last
Rockford	1601 Parkview Avenue Rockford	8:00am-4:00pm while daily supplies last
South Holland	South Suburban College 15800 State St South Holland	8:00am-4:00pm while daily supplies last
Waukegan	102 W. Water Street Waukegan	8:00am-4:00pm while daily supplies last

* Walk-up testing is available at Bloomington, East St. Louis, and Peoria.

Is There COVID-19 Guidance for Polling Locations?

In preparation for the 2020 elections, the Illinois Department of Public Health (IDPH) has issued guidance to protect the safety and health of voters as they cast ballots at polling locations throughout the state during early voting and Election Day. The "COVID-19 Guidance for Election Polling Places" guidance can be found here.

In accordance with the guidance, all local election authorities will be required to develop written COVID-19 prevention plans for all polling sites within their jurisdiction. Plans will contain specific COVID-19 safety and training instructions along with the names of individuals responsible for implementation of the plan.

Election authorities are being strongly encouraged to relocate polls previously housed in long-term care facilities and senior living residences to protect voters and residents – particularly those who are most vulnerable.

All locations will have signage to encourage voters to wear masks and maintain a distance of 6 feet, while inside the polling places. If voters show up to a polling place without one, election authorities are required to offer them a face covering outside of the polling place. Polling booths will be set up at least 6 feet apart and foot traffic will be one-directional.

Additional recommended preventative actions in the guidance include using Plexiglas barriers between election officials and voters, large print instructions to facilitate communication, routine cleaning of frequently touched surfaces, and polling place personnel to remind voters to maintain physical distance. While election officials are prohibited from preventing a voter without a face covering from casting a ballot, the guidance requires they take every reasonable action to separate noncompliant voters, ensuring they are socially distanced from those voters who are compliant.

Source: Illinois Department of Public Health

CDC updates “How COVID is Spread” Webpage

On October 5, 2020, the Centers for Disease Control and Prevention (CDC) issued updated guidance to its How COVID-19 Spreads website, which includes information about the potential for airborne spread of the virus that causes COVID-19.

CDC continues to believe, based on current science, that people are more likely to become infected the longer and closer they are to a person with COVID-19. Today’s update acknowledges the existence of some published reports showing limited, uncommon circumstances where people with COVID-19 infected others who were more than 6 feet away or shortly after the COVID-19-positive person left an area. In these instances, transmission occurred in poorly ventilated and enclosed spaces that often-involved activities that caused heavier breathing, like singing or exercise. Such environments and activities may contribute to the buildup of virus-carrying particles.

CDC’s recommendations remain the same based on existing science and after a thorough technical review of the guidance. People can protect themselves from the virus that causes COVID-19 by staying at least 6 feet away from others, wearing a mask that covers their nose and mouth, washing their hands frequently, cleaning touched surfaces often and staying home when sick.

Source: Centers for Disease Control and Prevention (CDC)

Travel During the COVID-19 Pandemic

COVID-19 cases and deaths have been reported in all 50 states across the U.S. and in over 200 countries across the globe. Travel increases your chance of getting and spreading COVID-19 and staying home is the best way to protect yourself and others from COVID-19. Before you travel, consider whether COVID-19 is spreading at your destination. The more cases at your destination, the more likely you are to get infected during travel and spread the virus to others when you return.

When you must travel away from your local community, keep informed about the current COVID-19 status of a potential destination and keep your family safe by avoiding travel to places of higher risk. Below are two resources to access before traveling:

Illinois Department of Public Health - http://www.dph.illinois.gov/covid19/travel

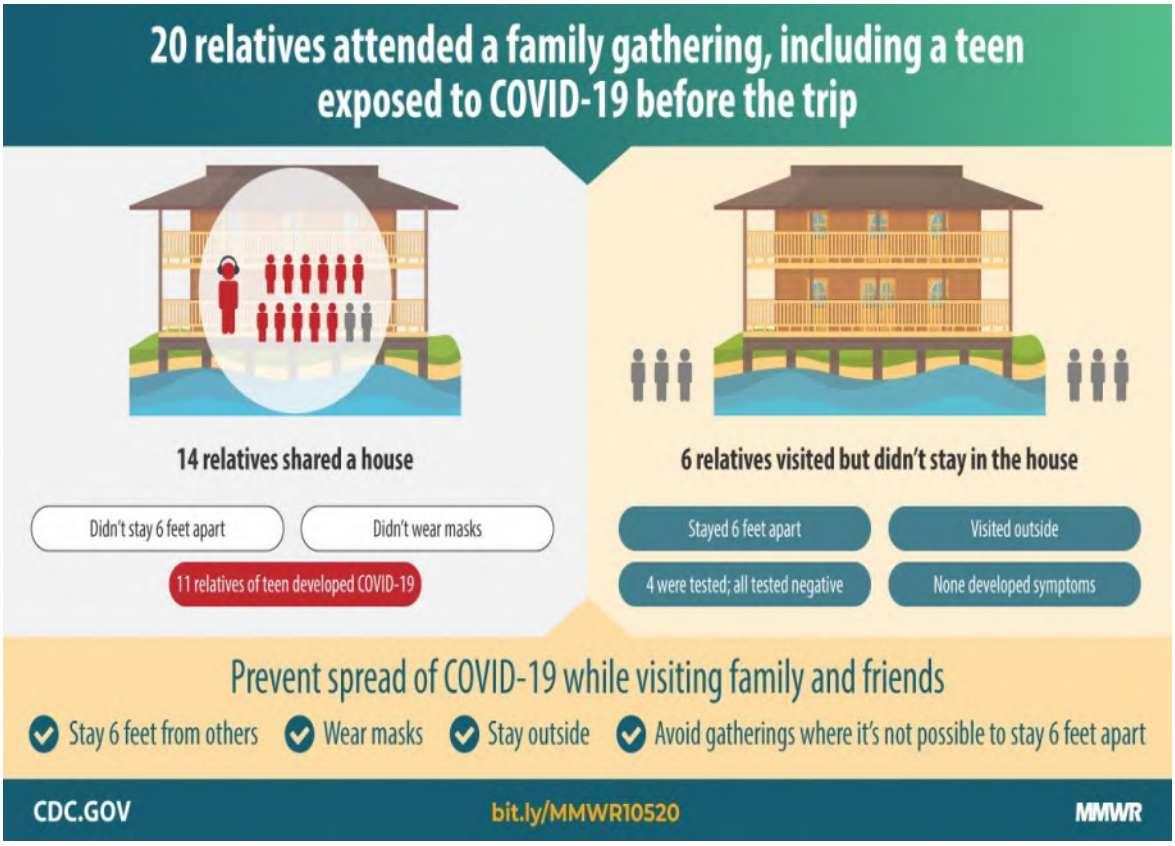
CDC - https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html

When you do travel, practice the 3 W's every time you are away from home and in close proximity to other groups of people. Wear a face covering. Wash your hands with soap and water. Watch your physical distance, staying at least 6 feet from others.

Source: Centers for Disease Control and Prevention (CDC) and Illinois Department of Public Health (IDPH)

Adolescent with COVID-19 as the Source of an Outbreak at a 3-Week Family Gathering — Four States, June–July 2020

On October 5, 2020, the Centers for Disease Control and Prevention (CDC) released a report highlighting an adolescent with COVID-19 as the source of an outbreak at a 3-week family gathering. Attendees belonged to five households in four states and ranged in age from 9 to 72 years. During a 3-week family gathering of 20 relatives, 11 developed COVID-19. The outbreak was likely sparked by a 13-year-old who was exposed to someone with COVID-19 before the gathering. All relatives who developed COVID-19 stayed in the same house as the teen and didn't stay 6 feet apart or wear masks. This outbreak highlights the importance of taking steps to prevent the spread of COVID-19 when visiting family or friends. View the full report at http://bit.ly/MMWR10520.

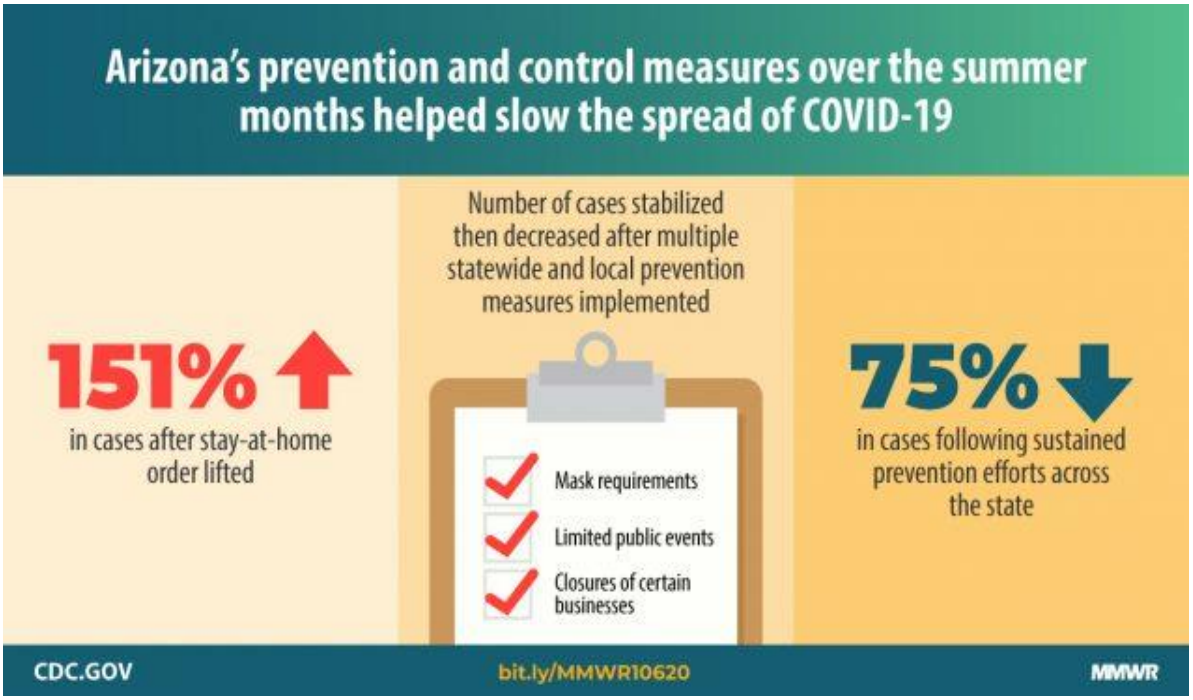


Source: Schwartz NG, Moorman AC, Makaretz A, et al. Adolescent with COVID -19 as the Source of an Outbreak at a 3-Week Family Gathering – Four States, June-July 2020. MMWR Morb Moral Wkly Rep. ePub: 5 October 2020. DOI: http://dx.doi.org/10.15585/mmwr.mm6940e2externalicon

Trends in COVID-19 Incidence After Implementation of Mitigation Measures — Arizona, January 22–August 7, 2020

On October 6, 2020, the Centers for Disease Control and Prevention (CDC) released a report highlighting trends in COVID-19 incidence after implementation of mitigation measures in Arizona from January 22-August 7, 2020. The report shows that multiple prevention and control measures — such as requiring masks and limiting large gatherings— decreased the number of COVID-19 cases in Arizona. The number of COVID-19 cases in Arizona stabilized and then decreased after sustained implementation and enforcement of statewide and locally enhanced mitigation measures, beginning approximately 2 weeks after implementation and enforcement of mask mandates and enhanced sanitations practices began on June 17; further decreases were observed during July 13–August 7, after statewide limitations and closures of certain services and businesses.

Widespread implementation and enforcement of sustained community mitigation measures, including mask wearing, informed by state and local officials' continual data monitoring and collaboration can help prevent transmission of SARS-CoV-2 and decrease the numbers of COVID-19 cases. View the full report at http://bit.ly/MMWR10620.



Source: Gallaway MS, Rigler J, Robinson S, et al. Trends in COVID-19 Incidence After Implementation of Mitigation Measures – Arizona, January 22 – August 7, 2020. MMWR Morb Moral Wkly Rep. ePub: 6 October 2020. DOI: http://bit.ly/MMWR10620.

Purpose of the Coalition Bulletin
Publishing a regular newsletter -- weekly, in this case – will help keep our LaSalle County Healthcare Coalition in regular contact with up-to-date information between meetings.
For more information on the web:

- LaSalle County Health Department
- Illinois Department of Public Health
- Centers for Disease Control and Prevention

Find us on:

www.facebook.com/LaSalleCountyHealth

www.twitter.com/LaSalleCoHealth

www.lasallecounty.org

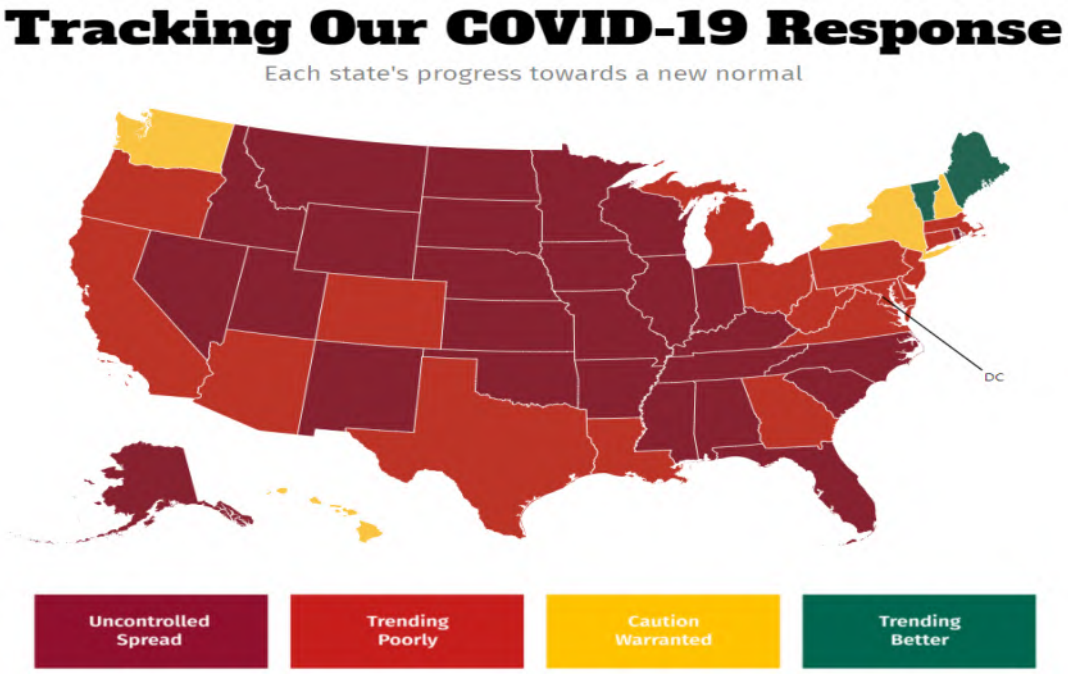
COVID-19 Coalition Bulletin

October 16, 2020

In This Issue

- Coronavirus Disease 2019 – Situational Update
- COVID Numbers at a Glance
- LaSalle County COVID-19 Test Results &Data Summary
- Current LaSalle County Case Counts
- Region 2 Summary
- IDPH County Level COVID-19 Risk Metrics
- Local Testing Information
- Community Based Testing
- Frequently Asked Questions
- State Public Health Officials Announce Region 4 to Return to Phase 4 of Restore Illinois
- What is the Difference Between Quarantine and Isolation?
- An Outbreak of COVID-19

COVID-19 Situational Update



Map from https://www.covidexitstrategy.org/ which provides state by state data including 14-DAY TREND OF COVID+, LAST 14 DAYS OF COVID+ (ROLLING), INFLUENZA-LIKE ILLNESS, % OF TEST TARGET (US: 500K/DAY), ICU AVAILABILITY, NEW CASES PER MILLION PER DAY, and COVID+ RATE

COVID Numbers at a Glance

10.08.2020

	Cases	Deaths
Worldwide	36,265,982	1,057,102
US	7,560,010	211,917
Illinois	310,700	8,910
LaSalle County	1920	57

10.15.2020

	Cases	Deaths
Worldwide	38,620,508	1,093,921
US	7,920,386	216,933
Illinois	331,620	9127
LaSalle County	2076	58

Associated with a Recreational Hockey Game – Florida, June 2020

- Don't Forget the Importance of Handwashing

Web Link Resources

John Hopkins GIS Map

ILLINOIS TESTING SITES

Symptoms Infographic

Resources for Healthcare Facilities

Preventing Community Spread

Information for Law Enforcement Personnel

Interim Guidance for Emergency Medical Services

Interim Guidance for School and Childcare

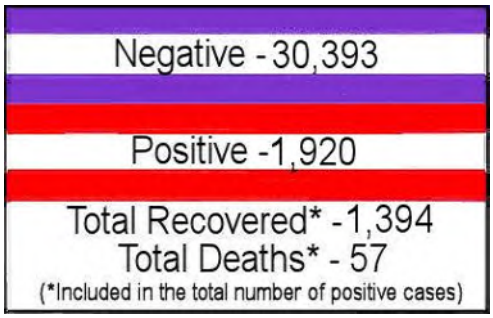
Environmental Cleaning and Disinfection Recommendations

RESTORE ILLINOIS

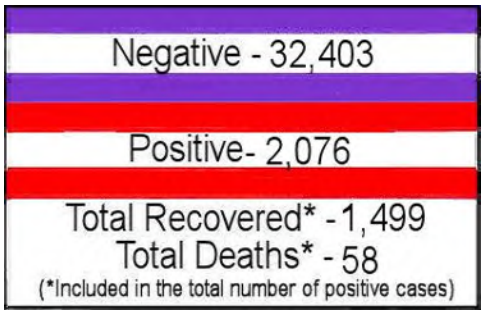
Interim Guidance for Management of Coronavirus in

LaSalle County COVID-19 Test Results and Data

10.08.20



10.15.20



Positivity Rate***

5 %	5.7 %
Week Ending 10/04/2020	Week ending 10/10/2020

***Based on IDPH County Level Metric

Current LaSalle County Case Data as of 10/15/2020*

Age Range	M	F
0-9	39	22
10-19	72	107
20s	166	208
30s	127	148
40s	129	156
50s	156	179
60s	136	122
70s	66	90
80s	37	67
90s	10	35
100s	0	4
UNK		
Total	938	1138
%	45.18%	54.82%
TOTAL CASEs	2076	

Total Deaths	58
Deaths by Age	
20's	0
30's	0
40's	1
50's	2
60's	7
70's	10
80's	21
90's	15
100s	2
Deaths by Gender	
Males	27
Females	31

Correctional Facilities

Guidance for Pets and Animals if you have COVID-19

COVID-19 Web Links to PDF Resources

- Checklist for Healthcare Facilities: Strategies for Optimizing the Supply of N95 Respirators during the COVID-19 Response
- ASPR COVID-19 Healthcare Planning Checklist
- Cover Your Cough Poster
- Proper Handwashing Poster
- COVID-19 Poster: Stop the Spread of Germs
- Guide for Faith-Based Community
- Guide for Homeless Shelters
- Workplace Guidance
- Interim Guidance for Implementing Safety Practices for Critical Infrastructure Workers Who May Have Had Exposure to a

Case by Month Summary

	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Number Cases	6	50	98	67	261	778	504	312		
% of total cases	0.29	2.41	4.72	3.23	12.57	37.48	24.28	15.03		

Deaths by Month Summary

	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Number Deaths	1	0	12	4	1	30	9	1		
% of total Deaths	1.72	0.00	20.69	6.90	1.72	51.72	15.52	1.72		

10.08.20

Town	Current Total	% of County Cases
Cedar Point	7	0.36%
Earlville	29	1.51%
Grand Ridge	24	1.25%
LaSalle	201	10.47%
Leland	23	1.20%
Lostant	11	0.57%
Marseilles	115	5.99%
Mendota	298	15.52%
Millington	8	0.42%
Oglesby	74	3.85%
Ottawa	328	17.08%
Peru	172	8.96%
Ransom	7	0.36%
Sandwich	80	4.17%
Serena	Na	
Seneca	30	1.56%
Sheridan	59	3.07%
Somonauk	23	1.20%
Streator	359	18.70%
Tonica	14	0.73%
Utica	41	2.14%
Other**	17	0.89%
TOTAL CASES	1920	

10.15.20

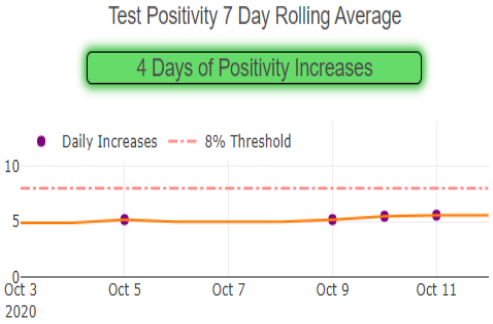
Town	Current Total	Increase since last week	*% of Total County Cases*
Cedar Point	7	0	0.34%
Earlville	31	2	1.49%
Grand Ridge	25	1	1.20%
LaSalle	220	19	10.60%
Leland	24	1	1.16%
Lostant	13	2	0.63%
Marseilles	127	12	6.12%
Mendota	309	11	14.88%
Millington	9	1	0.43%
Oglesby	83	9	4.00%
Ottawa	359	31	17.29%
Peru	186	14	8.96%
Ransom	7	0	0.34%
Sandwich	93	13	4.48%
Serena	7	7	0.34%
Seneca	31	1	1.49%
Sheridan	74	15	3.56%
Somonauk	25	2	1.20%
Streator	375	16	18.06%
Tonica	14	0	0.67%
Utica	41	0	1.97%
Other**	16	NA	0.77%
TOTAL CASES	2076		

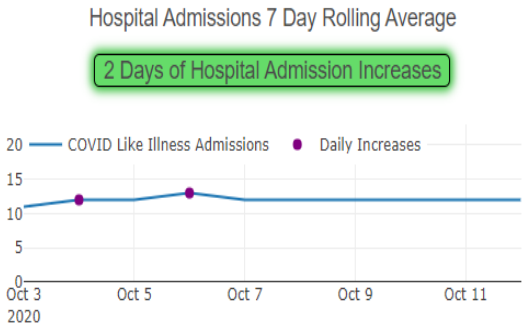
Person with Suspected or Confirmed COVID-19

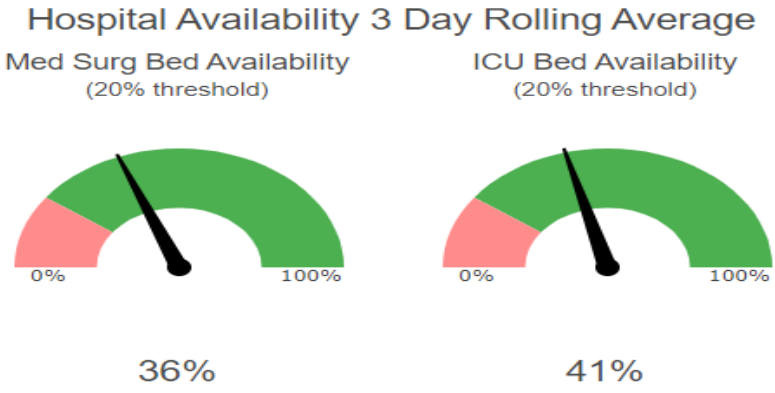
- Interim Guidance for Routine Oral and Dental Care

*Note these numbers are adjusted based on the number of cases transferred to other locations.
** Number of LaSalle County Cases in Communities with less than 5 cases

Region 2 Summary - 10/15/2020







County Level COVID-19 Risk Metrics – 10/4-10/10/2020

New Cases Per 100,000	Number of Deaths	Test Positivity (%)
Case rate reported Sun-Sat (Target: less than 50 per 100,000)	Death number reported Sun-Sat (Target: decreasing or stable Sun-Sat)	(%) positive tests reported Sun-Sat (Target: less than or equal to 8 %)
131 per 100K	**1**	**5.7 %**

Tests Performed	CLI ED Visits (%), Adults	Number of CLI Admissions
Number of tests reported Sun-Sat (Target: Testing is Sufficient when test positivity is less than or equal to 8 %) **2,246**	Emergency Department visits for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **3.2 %**	Hospital admissions for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **7**
Cluster (%) of cases	**ICU (%) Available**	Metrics in target Range Metrics outside Target Range More information at https://dph.illinois.gov/countymetrics
No Target This metric helps explain large increase in cases **1.4 %**	ICU bed availability (Target: at least 20% of ICU beds available) **40.7 %**	

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- If you have a Primary Care Provider that is not an OSF Provider, they can fax an order to our OSF Saint Paul Medical Center lab.
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- If you are experiencing shortness of breath, chest pain, or severe weakness, you can call 911 or come to our OSF Saint Paul Emergency Department, where a test will be performed during your medical screening exam.

*Staffed by RNs and other health care professionals.

St. Margaret's Hospital

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Testing is available Monday through Friday from 8:30 am to 5pm. Saturday and Sunday, we are open from 8-1pm.
For patients who don't have a physician but are exhibiting signs of an illness, the St. Margaret's Walk-in clinics at Midtown Health Center in Peru or Center for Family Health in Princeton are available. Patients will be offered a virtual or telehealth visit and if warranted, will be sent for a swab.
The St. Margaret's testing center is not a walk-in, public screening center.

Community Based Testing

A list of public and private testing sites can be found on the IDPH website at http://www.dph.illinois.gov/testing.

Location	Address	Times
Arlington Heights	Arlington Racetrack 2000 W Euclid Ave Arlington Heights	8:00am – 4:00pm while daily supplies last
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Aurora	1650 Premium Outlet Blvd Aurora	8:00am-4:00pm while daily supplies last
***Bloomington**	1106 Interstate Drive Bloomington	9:00am-5:00pm while daily supplies last
Champaign	Market Place Shopping Ctr 2000 N. Neil Street Champaign	8:00am-4:00pm while daily supplies last
***East St. Louis**	Jackie Joyner Kersee Ctr. Argonne Drive East St. Louis	8:00am-4:00pm while daily supplies last
Harwood Heights	6959 W. Forest Preserve Rd. Chicago	7:00am-3:00pm while daily supplies last
***Peoria**	Peoria Civic Center Fulton Street Parking Lot Peoria	8:00am-4:00pm while daily supplies last
Rockford	1601 Parkview Avenue Rockford	8:00am-4:00pm while daily supplies last
South Holland	South Suburban College 15800 State St South Holland	8:00am-4:00pm while daily supplies last
Waukegan	102 W. Water Street Waukegan	8:00am-4:00pm while daily supplies last

* Walk-up testing is available at Bloomington, East St. Louis, and Peoria.

How will I know if a contact tracer is trying to reach me?

If you have tested positive or been exposed to a known positive case, you will be contacted by our contact tracers. If you get a call from "COVID CONTACT State of Illinois" from a 312-area code, please do not ignore. If it is possible to leave a voicemail, a message will be left letting the individual know the LaSalle County Health Department is trying to reach them with a call back number. If you receive a call from public health, please answer and be honest about your close contacts. Help us slow the spread!

State Public Health Officials Announce Region 4 to Return to Phase 4 of Restore Illinois

On Friday, October 9, 2020, Governor Pritzker and the Illinois Department of Public Health (IDPH) announced that Region 4, the Metro East, will return to Phase 4 of the Restore Illinois Plan. While the rate of testing in Region 4 has remained relatively stable, the rolling average positivity rate in the region has fallen from a high of 10.5 percent on August 27, 2020 to a rate of 5.8 percent today. The roll back is a result of close coordination between IDPH, local health departments, and community leaders encouraging proven and targeted mitigation efforts.
Region 4 — which includes Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington counties — initially moved to stricter mitigations on August 18, following three consecutive days of a rolling positivity rate above 8%. On September 2, additional mitigations were implemented after the region increased its positivity rate to a 7-day rolling positivity rate of 9.6%.

As of October 9th, Region 4 reached the threshold to lift mitigations following three consecutive days of a rolling positivity rate below 6.5%. Therefore, indoor dining and bar service can resume along with larger gathering sizes as outlined in Phase 4 of the Restore Illinois plan. IDPH will continue working closely with the region to prevent another spike in cases.

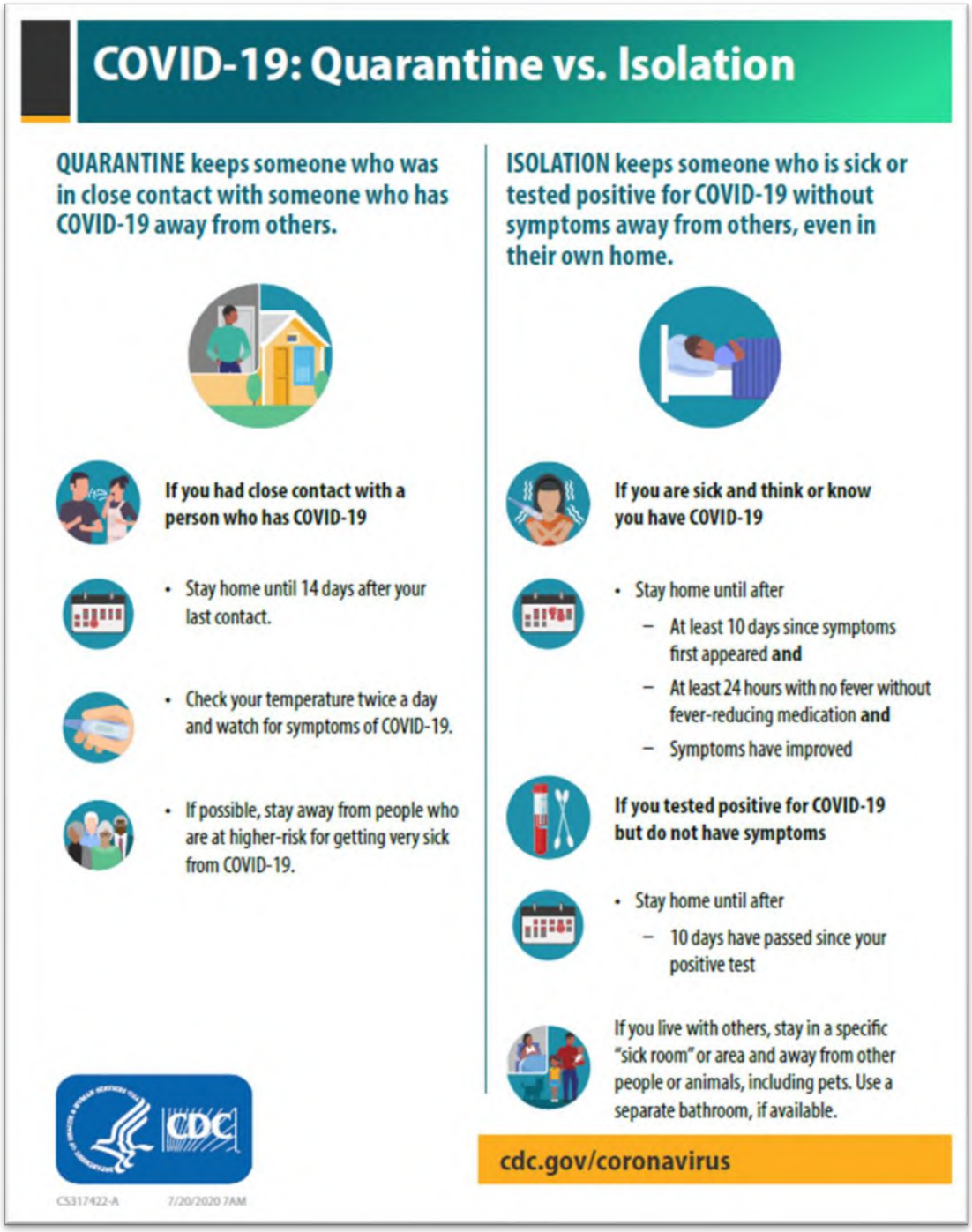
In addition to testing, IDPH continues to monitor each region in the state for several key indicators to identify early increases of COVID-19 transmission in Illinois, potentially signifying resurgence. Additional measures will be implemented if a region experiences an increase in COVID-19 test positivity with a simultaneous decrease in hospital capacity or increase in hospital admissions for COVID-like-illness, or if the 7-day rolling positivity rate is above 8% for three consecutive days.
Region 1, home to Rockford, Dixon and Galena, is currently operating under additional mitigations as the region continues to report a 7-day rolling positivity rate above 8%. Additional mitigations can be found online here.

Stay informed about our region (LaSalle County is in Region 2) and where we stand on seven-day averages by checking the Illinois Regional Metrics page on the Illinois Department of Public Health (IDPH) website at https://bit.ly/33fhyP9.

Source: Office of Governor JB Pritzker and the Illinois Department of Public Health

What is the difference between Quarantine and Isolation?

The terms "quarantine" and "isolation" are sometimes, mistakenly, used interchangeably. If you find it confusing, you aren't alone. Here's how you can understand the difference.

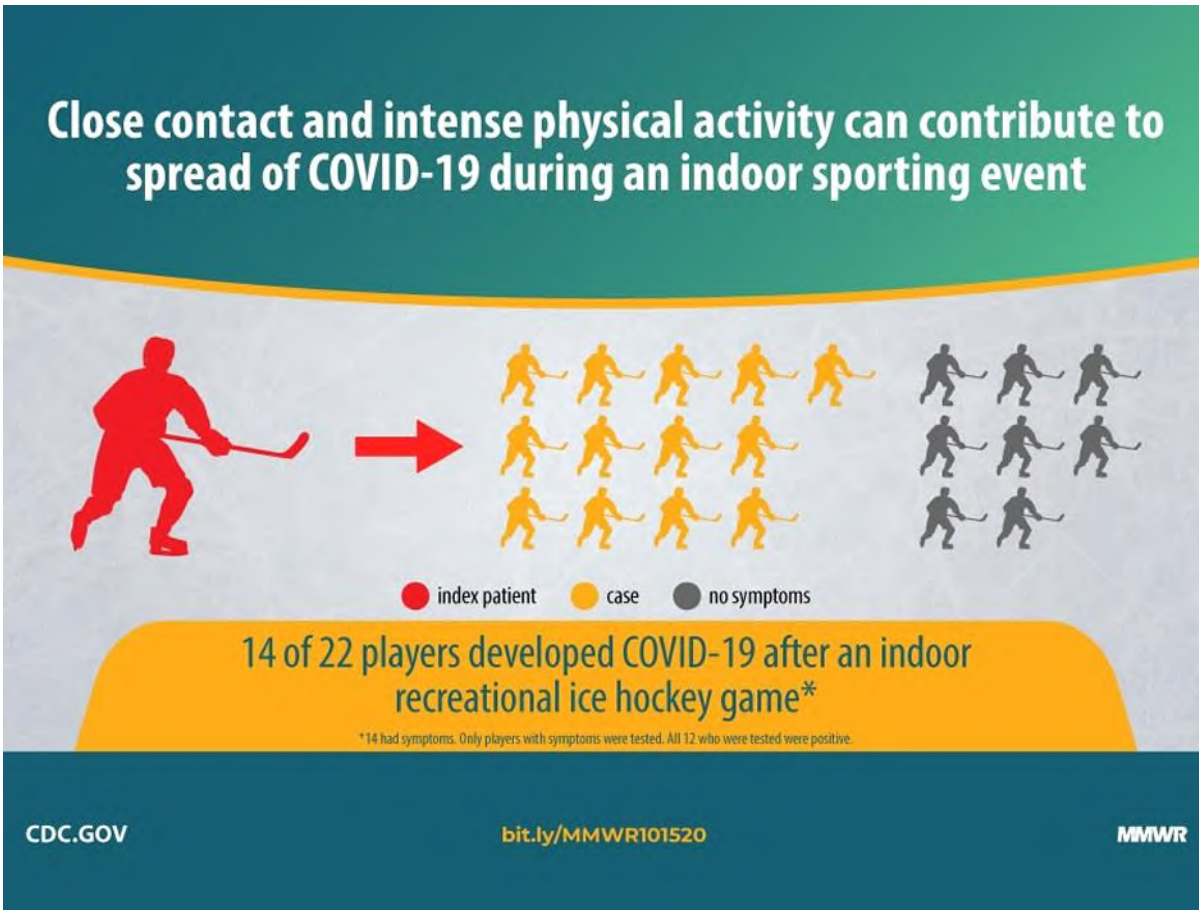


It is important to note that a negative test doesn't clear you from quarantine or isolation. Daily participation in contact tracing calls/health assessments is important. Your letter of release from quarantine or isolation automatically generates at 7:00am the DAY AFTER your release date, provided that you have cooperated with quarantine or isolation procedure.

Source: Centers for Disease Control and Prevention (CDC)

An Outbreak of COVID-19 Associated with a Recreational Hockey Game - Florida, June 2020

On October 16, 2020, the Centers for Disease Control and Prevention (CDC) released a report highlighting an Outbreak of COVID-19 Associated with a Recreational Hockey Game in Florida in June 2020. After a recreational ice hockey game in Florida, 14 players were infected with the virus that causes COVID-19. This outbreak shows that COVID-19 can spread during indoor sporting activities where intense physical activity is occurring. Learn more: bit.ly/MMWR101520.



Source: Atrubin D, Wiese M, Bohinc B. An Outbreak of COVID-19 Associated with a Recreational Hockey Game – Florida, June 2020. MMWR Morb Moral Wkly Rep 2020;69:1492-1493. DOI: bit.ly/MMWR101520.

Don’t Forget the Importance of Handwashing!

Handwashing is always important, and during the COVID-19 pandemic it is even more critical. Protect yourself and your loved ones by washing your hands often, especially at key times when you are likely to get and spread germs, such as:

- After using the bathroom
- Before and after preparing or eating food
- After coughing, sneezing, or blowing your nose
- After you have been in a public place.

Source: Centers for Disease Control and Prevention (CDC)

Purpose of the Coalition Bulletin
Publishing a regular newsletter -- weekly, in this case – will help keep our LaSalle County Healthcare Coalition in regular contact with up-to-date information between meetings.
For more information on the web:

- LaSalle County Health Department
- Illinois Department of Public Health
- Centers for Disease Control and Prevention

Find us on:

www.facebook.com/LaSalleCountyHealth

www.twitter.com/LaSalleCoHealth

www.lasallecounty.org

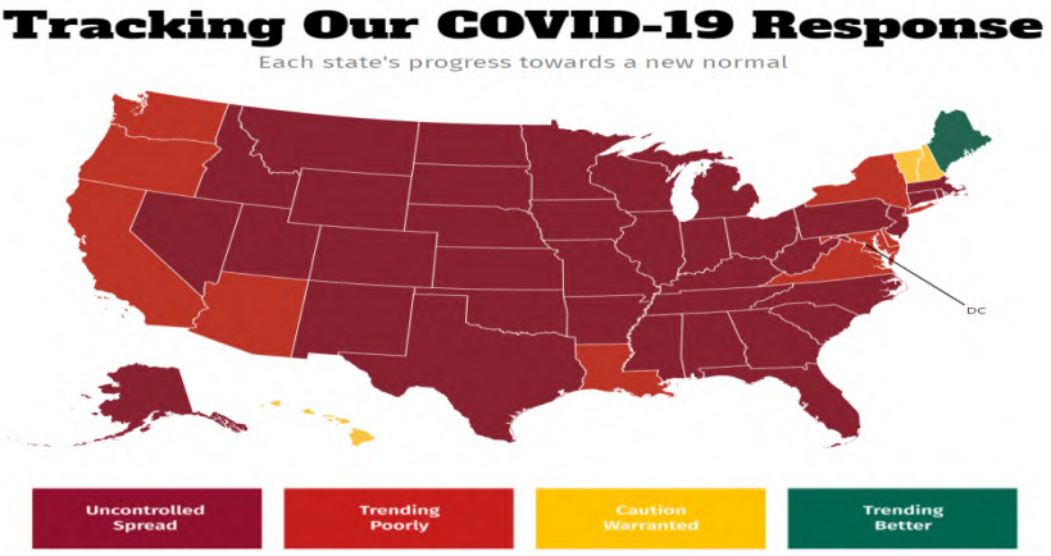
COVID-19 Coalition Bulletin

October 30, 2020

In This Issue

- Coronavirus Disease 2019 – Situational Update
- COVID Numbers at a Glance
- LaSalle County COVID-19 Test Results &Data Summary
- Current LaSalle County Case Counts
- Illinois Counties at Warning Level
- Region 2 Summary
- IDPH County Level COVID-19 Risk Metrics
- Local Testing Information
- Community Based Testing
- Frequently Asked Questions
- State Public Health Officials Announce COVID-19 Resurgence Mitigations Are in Effect for 10 of 11 Regions of the Restore Illinois Plan

COVID-19 Situational Update



Map from https://www.covidexitstrategy.org/ which provides state by state data including 14-DAY TREND OF COVID+, LAST 14 DAYS OF COVID+ (ROLLING), INFLUENZA-LIKE ILLNESS, % OF TEST TARGET (US: 500K/DAY), ICU AVAILABILITY, NEW CASES PER MILLION PER DAY, and COVID+ RATE

COVID Numbers at a Glance

10.22.2020

	Cases	Deaths
Worldwide	41,341,755	1,133,032
US	8,342,228	222,263
Illinois	360,159	9387
LaSalle County	2284	62

10.29.2020

	Cases	Deaths
Worldwide	44,780,568	1,177,538
US	8,905,868	228,194
Illinois	395,458	9,675
LaSalle County	2577	68

- Gov. Pritzker, IDPH Announce Winter Safety Guidelines for Recreational Sports Amid Ongoing COVID-19 Pandemic
- COVID-19 Mitigation Behaviors by Age Group — United States
- COVID-19 Outbreak Among a University's Men's and Women's Soccer Teams — Chicago, Illinois
- Have a Healthy and Safe Halloween

Web Link Resources

John Hopkins GIS Map

ILLINOIS TESTING SITES

Symptoms Infographic

Resources for Healthcare Facilities

Preventing Community Spread

Information for Law Enforcement Personnel

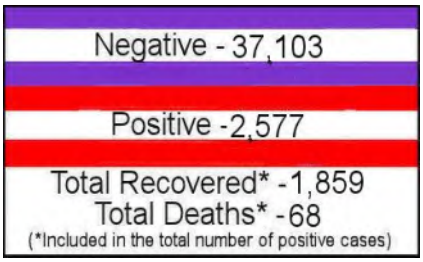
Interim Guidance for Emergency Medical Services

Interim Guidance for School and Childcare

LaSalle County COVID-19 Test Results and Data

10.22.20

10.29.20



Positivity Rate***

9.0 %	7.5 %
Week Ending 10/17/2020	Week ending 10/24/2020

***Based on IDPH County Level Metric

Current LaSalle County Case Data as of 10/30/2020*

Age Range	M	F	% by age group
0-9	49	31	3.01%
10-19	85	140	8.48%
20s	205	258	17.45%
30s	155	201	13.41%
40s	171	208	14.28%
50s	187	224	15.49%
60s	178	156	12.58%
70s	84	116	7.54%
80s	47	89	5.12%
90s	13	51	2.41%
100s	0	6	0.23%
UNK			
Total	1174	1480	
%	44.24%	55.76%	
TOTAL CASEs		2654	

Total Deaths	68
Deaths by Age	
20's	0
30's	0
40's	1
50's	2
60's	7
70's	10
80's	26
90's	20
100s	2
Deaths by Gender	
Males	27
Females	41

Environmental Cleaning and Disinfection Recommendations

RESTORE ILLINOIS

Interim Guidance for Management of Coronavirus in Correctional Facilities

Guidance for Pets and Animals if you have COVID-19

COVID-19 Web Links to PDF Resources

- Checklist for Healthcare Facilities: Strategies for Optimizing the Supply of N95 Respirators during the COVID-19 Response
- ASPR COVID-19 Healthcare Planning Checklist
- Cover Your Cough Poster
- Proper Handwashing Poster
- COVID-19 Poster: Stop the Spread of Germs
- Guide for Faith-Based Community

Case by Month Summary

	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Number Cases	6	50	98	67	261	778	504	890		
% of total cases	0.23	1.88	3.69	2.52	9.83	29.31	18.99	33.53		

Deaths by Month Summary

	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Number Deaths	1	0	12	4	1	30	9	11		
% of total Deaths	1.47	0.00	17.65	5.88	1.47	44.12	13.24	16.18		

10.22.20

Town	Current Total	% of County Cases
Cedar Point	7	0.36%
Dana	NA	NA
Earlville	32	1.51%
Grand Ridge	26	1.25%
LaSalle	242	10.47%
Leland	24	1.20%
Lostant	13	0.57%
Marseilles	143	5.99%
Mendota	331	15.52%
Millington	8	0.42%
Oglesby	93	3.85%
Ottawa	400	17.08%
Peru	215	8.96%
Ransom	8	0.36%
Sandwich	101	4.17%
Serena	9	0.39%
Seneca	37	1.56%
Sheridan	84	3.07%
Somonauk	28	1.20%
Streator	406	18.70%
Tonica	17	0.73%
Troy Grove	NA	NA
Utica	44	2.14%
Other**	16	0.89%
TOTAL CASES	2284	

10.30.20

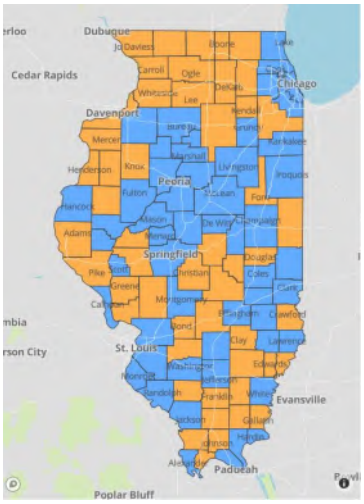
Town	Current Total	Increase since last week	*% of Total County Cases*
Cedar Point	9	2	0.34%
Dana	5	na	0.19%
Earlville	36	4	1.36%
Grand Ridge	31	5	1.17%
LaSalle	274	32	10.32%
Leland	26	2	0.98%
Lostant	13	0	0.49%
Marseilles	178	35	6.71%
Mendota	367	36	13.83%
Millington	9	1	0.34%
Oglesby	105	12	3.96%
Ottawa	484	84	18.24%
Peru	282	67	10.63%
Ransom	10	2	0.38%
Sandwich	110	9	4.14%
Serena	10	1	0.38%
Seneca	41	4	1.54%
Sheridan	100	16	3.77%
Somonauk	36	8	1.36%
Streator	449	43	16.92%
Tonica	17	0	0.64%
Troy Grove	5	na	0.19%
Utica	47	3	1.77%
Other**	10	na	0.38%
TOTAL CASES	2654		

- Guide for Homeless Shelters
- Workplace Guidance
- Interim Guidance for Implementing Safety Practices for Critical Infrastructure Workers Who May Have Had Exposure to a Person with Suspected or Confirmed COVID-19
- Interim Guidance for Routine Oral and Dental Care

*Note these numbers are adjusted based on the number of cases transferred to other locations.
** Number of LaSalle County Cases in Communities with less than 5 cases

Illinois Counties at Warning Level

Last Week
10.23.2020



This Week
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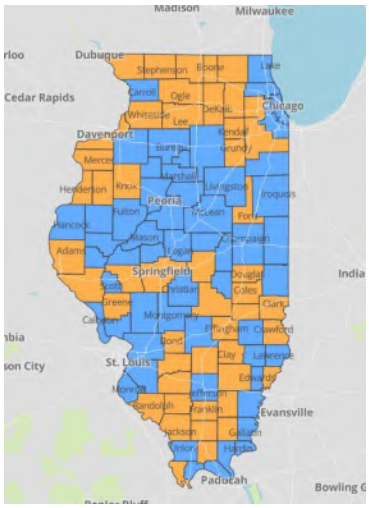
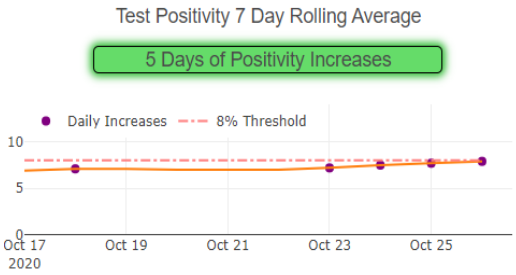
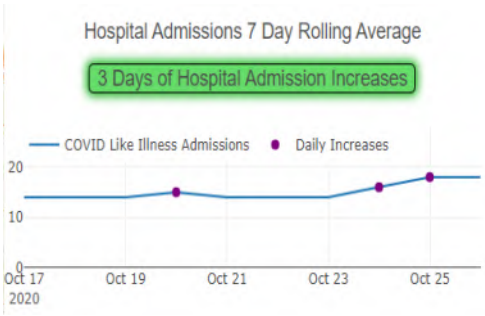
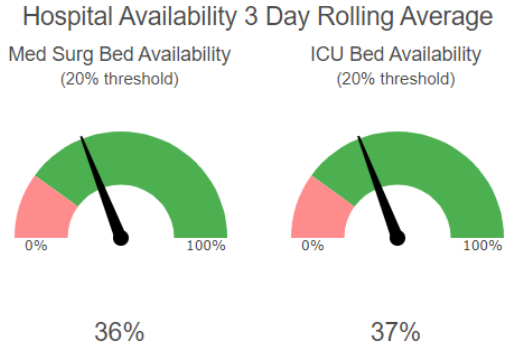


Region 2 Summary - 10/29/2020







County Level COVID-19 Risk Metrics – 10/18-10/24/2020

New Cases Per 100,000 Case rate reported Sun-Sat (Target: less than 50 per 100,000) **229 per 100K**	**Number of Deaths** Death number reported Sun-Sat (Target: decreasing or stable Sun-Sat) **4**	**Test Positivity (%)** (%) positive tests reported Sun-Sat (Target: less than or equal to 8 %) **7.5 %**
Tests Performed Number of tests reported Sun-Sat (Target: Testing is Sufficient when test positivity is less than or equal to 8 %) **3030**	**CLI ED Visits (%), Adults** Emergency Department visits for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **3.9 %**	**Number of CLI Admissions** Hospital admissions for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **8**
Cluster (%) of cases No Target This metric helps explain large increase in cases **5.4 %**	**ICU (%) Available** ICU bed availability (Target: at least 20% of ICU beds available) **40.5 %**	Metrics in target Range Metrics outside Target Range More information at https://dph.illinois.gov/countymetrics

Local Testing Information

LaSalle County Health Department

A drive-thru COVID-19 Community Based Testing Site (CBTS) is held on a weekly basis at the LaSalle County Emergency Management Agency Building (EMA) at 711 E Etna Rd, Ottawa. The site will be open from 9:00 a.m. to 11:00 a.m. and will run **by appointment only**.

This testing site is open to all regardless of symptoms, no Doctor's order is required. Health insurance will be billed. **Individuals are required to schedule an appointment by calling 815-433-3366 prior to arriving on site.** Instructions including wearing a mask, bringing a Photo ID, and directions for how to drive into the site will be provided at that time.

Illinois Valley Community Hospital

IVCH is proud to offer Covid-19 testing for both those with symptoms or who have had an exposure to a COVID-19 case.

Patients seeking Covid-19 testing may either call their IVCH primary care provider for an order or may call the IVCH Covid-19 Hotline 9am – 5 pm weekdays and 10am – 4 pm weekends, at 815-780-3425 to speak to a nurse regarding testing. All Covid-19 tests must be ordered by a provider. Testing is available Monday through Friday and by appointment only.

Covid-19 tests take approximately 72 hours to receive a result. All patients will be notified of their test result by phone.

IVCH Care Today and the Emergency Room do not provide routine COVID-19 testing.

Morris Hospital

Morris Hospital offers nasal swab testing by appointment for symptomatic individuals with a physician's order. Testing is available for individuals of all ages from 7:30 a.m. to 2 p.m., Monday-Friday. Appointments are required – no exceptions. Testing is NOT available at this time for asymptomatic individuals due to a nationwide shortage of the testing reagent. Testing is performed through the drive-up testing site on the Morris Hospital campus at the corner of Lisbon & High Streets on the far southwest corner of the hospital campus. When you arrive on the hospital campus, please follow the Drive-Thru Testing directional signs on Lisbon Street or High Street. Patients are required to have photo ID, insurance card and sign a release at the time of their test.

After a physician places an order for your test, a Scheduling representative from Morris Hospital will call you to schedule. Please allow up to 72 hours for test results to get sent to the ordering physician, who will inform you of your results. You can also check your patient portal for test results or contact the provider who ordered the test. Please remain at home, away from others while you are waiting for your test results.

OSF HealthCare Saint Elizabeth Medical Center

If you suspect you have novel coronavirus (COVID-19) and it is not an emergency, DO NOT go to a hospital or doctor's office. Instead, use one of the care options that best fits your needs below.

- Clare, our 24/7 virtual assistant chatbot at osfhealthcare.org/covid19, can educate you, screen you for COVID-19 and connect you to further care if needed.
- You can call the 24/7, COVID-19 Nurse Hotline* at 1-(833) OSF-KNOW (1-833-673-5669).
- Contact your OSF Primary Care Provider, and they can order the test for you.
- If you have a Primary Care Provider that is not an OSF Provider, they can fax an order to (815) 431-3072 (OSF Prompt Care Ottawa, 1640 1st Avenue, Ottawa).
- If you do not have a Primary Care Provider, you can be seen at one of the below locations and they can order a test for you if indicated:
    - OSF Prompt Care - Ottawa (8 a.m. - 8 p.m. daily) at (815) 431-9208
    - OSF Urgo – Ottawa (8 a.m. – 8 p.m. daily) at (815) 431-3410
    - OSF Prompt Care – Streator (weekdays 8 a.m. – 6 p.m.) at (815) 673-4545
- If you are experiencing shortness of breath, chest pain, or severe weakness, call 911 or come to your nearest OSF Emergency Department, where a test will be performed during your medical screening exam.

*Staffed by RNs and other health care professionals.

OSF HealthCare Saint Paul Medical Center

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- Contact your OSF Primary Care Provider, and they can order the test for you.
- If you have a Primary Care Provider that is not an OSF Provider, they can fax an order to our OSF Saint Paul Medical Center lab.
- If you do not have a Primary Care Provider, you can call our OSF Prompt Care - Mendota, (weekdays, 8 a.m. - 5 p.m.) at (815) 538-1311 and they can order a test for you after a quick telephone visit.
- If you are experiencing shortness of breath, chest pain, or severe weakness, you can call 911 or come to our OSF Saint Paul Emergency Department, where a test will be performed during your medical screening exam.

*Staffed by RNs and other health care professionals.

St. Margaret's Hospital

St. Margaret's testing facility requires a physician's order and is perfect for those patients who need a COVID test within 72 hours of a surgery or a procedure. It is also for patients who may have been exposed to a COVID positive person or who is exhibiting symptoms. The patients' primary physician needs to fax an order to the registration department. Insurance information and a copy of a driver's license is also collected.
Testing is available Monday through Friday from 8:30 am to 5pm. Saturday and Sunday, we are open from 8-1pm.
For patients who don't have a physician but are exhibiting signs of an illness, the St. Margaret's Walk-in clinics at Midtown Health Center in Peru or Center for Family Health in Princeton are available. Patients will be offered a virtual or telehealth visit and if warranted, will be sent for a swab.
The St. Margaret's testing center is not a walk-in, public screening center.

Community Based Testing

A list of public and private testing sites can be found on the IDPH website at http://www.dph.illinois.gov/testing.

Location	Address	Times
Arlington Heights	Arlington Racetrack 2000 W Euclid Ave Arlington Heights	8:00am – 4:00pm while daily supplies last
Auburn Gresham	Foreman Mills Shopping Center 122 W. 79th Street Chicago	8:00am – 4:00pm while daily supplies last
Aurora	1650 Premium Outlet Blvd Aurora	8:00am-4:00pm while daily supplies last
***Bloomington**	1106 Interstate Drive Bloomington	9:00am-5:00pm while daily supplies last
Champaign	Market Place Shopping Ctr 2000 N. Neil Street Champaign	8:00am-4:00pm while daily supplies last
***East St. Louis**	Jackie Joyner Kersee Ctr. Argonne Drive East St. Louis	8:00am-4:00pm while daily supplies last
Harwood Heights	6959 W. Forest Preserve Rd. Chicago	7:00am-3:00pm while daily supplies last
***Peoria**	Peoria Civic Center Fulton Street Parking Lot Peoria	8:00am-4:00pm while daily supplies last
Rockford	1601 Parkview Avenue Rockford	8:00am-4:00pm while daily supplies last
South Holland	South Suburban College 15800 State St South Holland	8:00am-4:00pm while daily supplies last
Waukegan	102 W. Water Street Waukegan	8:00am-4:00pm while daily supplies last

* Walk-up testing is available at Bloomington, East St. Louis, and Peoria.

How is Contract Tracing Handled by the LaSalle County Health Department?

The LaSalle County Health Department has hired 11 new case investigators/contract tracers, in addition to utilizing a team of 15 existing staff members to handle efforts for the department. This team of individuals work 7 days a week.

Labs and providers are required to report positive cases to the Health Department within 24 hours. Sometimes there is a lag between a patient finding out their results and those results being reported to the Health Department.

Individuals who test positive for COVID-19 will receive a phone call from either their local health department or the Statewide Contact Tracing Program which has a "312" area code. Please pick up the phone. The more information provided to us the better we can respond and hopefully get ahead of this virus.

A **case investigator** interviews patients with suspected or confirmed infection. A case investigator will call to check on the patient's health and help them recall everyone with whom they have had close contact during the timeframe while they may have been infectious. Cases are provided with education, information, and support to understand their risk, what they should do to separate themselves from other household members, monitor their symptoms, and the possibility that they could spread the infection to others even if they themselves do not feel ill. In addition, each patient is set-up to receive daily health assessments through text message or email to monitor their health and symptoms through their isolation period. Isolation is a minimum of 10 days since symptoms first appeared (or positive test result if not experiencing symptoms) and an additional 24 hours fever free (without the use of fever-reducing medications) and feeling well.

Contact tracers then begin contact tracing by warning these exposed individuals (contacts) of their potential exposure as quickly and sensitively as possible. To protect patient privacy, contacts are only informed that they may have been exposed to a patient with the infection. They are not told the identity of the patient who may have exposed them.

Contacts are provided with education, information, and support to understand their risk, what they should do to separate themselves from others who are not exposed, monitor themselves for illness, and the possibility that they could spread the infection to others even if they themselves do not feel ill.

Contacts are asked to stay home and quarantine from others (at least 6 feet) until 14 days after their last exposure, in case they also become ill. Contacts are asked to watch for fever, cough, shortness of breath, or other symptoms of COVID-19. Symptoms may appear 2-14 days after exposure to COVID-19. In addition, each close contact is set-up to receive daily health assessments through text message or email to monitor their health and symptoms through their quarantine period. Contacts who develop symptoms should promptly isolate themselves from household members and notify health department staff.

Testing options are discussed and close contacts are encouraged to call the Health Department to schedule testing if interested.

Daily participation in contact tracing calls/health assessments is important. Individuals will receive a letter of release from quarantine or isolation provided they have cooperated with

quarantine or isolation procedures. The letter automatically generates at 7:00am the DAY AFTER an individual's release date.

State Public Health Officials Announce COVID-19 Resurgence Mitigations Are in Effect for 10 of 11 Regions of the Restore Illinois Plan, as Cases Continue to Increase in Illinois

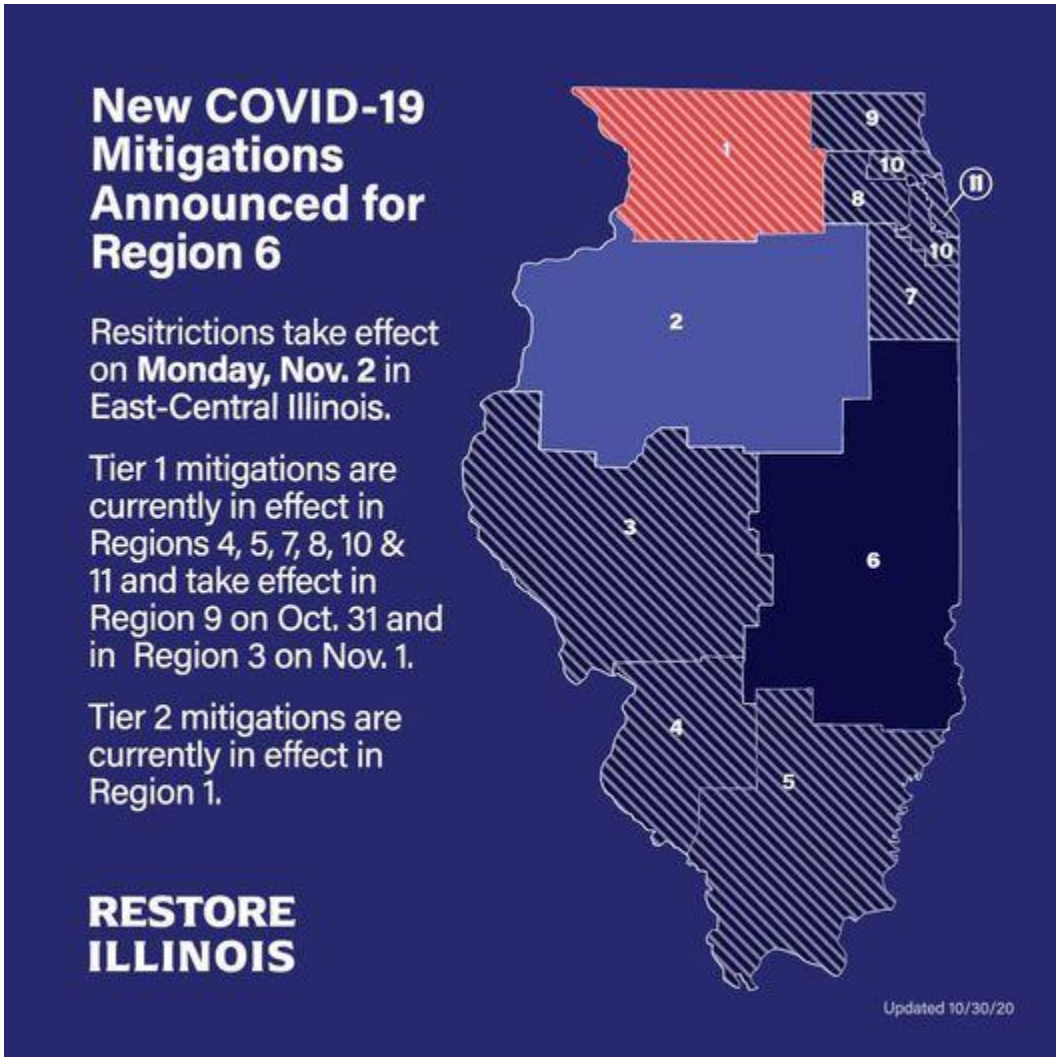
On October 30, 2020, Governor Pritzker and the Illinois Department of Public Health (IDPH) announced COVID-19 resurgence mitigations will be implemented in Region 6, East-Central Illinois, beginning at 12:01 am on Monday, November 2, 2020. Region 6 has seen a 7-day rolling average test positivity rate of 8 percent or above for three consecutive days, which exceed the thresholds set for establishing mitigation measures under the state's Restore Illinois Resurgence Plan.

Tier 1 mitigations are currently in effect in Regions 4, 5, 7, 8, and 10, and 11 and take effect in Region 9 on October 31st and in Region 3 on November 1st. Tier 2 mitigations are currently in effect in Region 1.

Stay informed about our region (LaSalle County is in Region 2) and where we stand on seven-day averages by checking the Illinois Regional Metrics page on the Illinois Department of Public Health (IDPH) website at https://bit.ly/33fhyP9.

A full list of mitigation measures pertaining to some businesses and industries may be found on the Illinois Department of Commerce and Economic Opportunity (DCEO) website at www.dceocovid19resources.com/restore-illinois.

Do your part to slow the spread: wear a mask, avoid unnecessarily gathering and practice good hygiene. We can beat this new wave if we take action together. Let's go all in, Illinois.



Source: Office of Governor JB Pritzker and the Illinois Department of Public Health

Gov. Pritzker, IDPH Announce Winter Safety Guidelines for Recreational Sports Amid Ongoing COVID-19 Pandemic

On Tuesday, October 27, 2020 Governor JB Pritzker and IDPH announced updated guidance for youth and adult recreational sports, including, but not limited to, school-based sports, travel clubs, private leagues and clubs, recreational leagues and centers, and park district sports programs. Collegiate sports and professional leagues are not impacted by these restrictions. The updated guidance was developed by the Illinois Department of Public Health (IDPH) in conjunction with public health experts from around the state and nation and reflects the high levels of risk associated with contact sports played indoors. The guidance also accounts for new research related to COVID-19 and sports, sports related outbreaks in other states, and the fact that the second wave of the pandemic is now well underway in all regions of Illinois.

The youth sports guidance puts sports into three risk levels, lower, medium, or higher, based on the amount of contact between athletes and their proximity during play. The

guidance sets four levels of play allowed based on current public health conditions. In all levels, some form of play is allowed ranging from practice and trainings in level 1 to tournaments and conference play in level 4.

- In level 1, only no-contact practices and training are allowed.
- In level 2, intra-team scrimmages are allowed with parental consent for minors but there can be no competitive play.
- In level 3 intra-conference, intra-EMS-region or intra-league play is allowed and there may be state- or league-championship games allowed for low-risk sports only.
- In level 4, tournaments, out-of-conference/league play, and out-of-state play are allowed. Championship games would also be allowed in level 4.

Based on current conditions, lower risk sports can be played at levels 1, 2, and 3. Medium risk sports can be played at levels 1 and 2, and higher risk sports can be played at level 1.

The updated guidance moves basketball from medium risk to high risk due to the close contact of players and indoor play. Wrestling and hockey continue to be categorized as high risk as well. Cheer and dance will be categorized as lower risk, only if masking and distance are enforced. Low risk sports like bowling, gymnastics, swimming and diving will be permitted to play during winter.

Similar to other guidance, sports organizations should make temperature checks available and participants and coaches should monitor for symptoms of COVID-19 and should not participate if they are experiencing illness. If multiple individuals have symptoms or test positive, coaches or organizations should alert their local health department. Sports organizers or coaches also must maintain attendance logs of participants for contact tracing purposes. Masks should be worn by everyone in attendance. Spectator limits should follow mitigation occupancy limits in each region. For Tier One mitigation that limits spectators to 25 people or less. For Tier Two mitigations no spectators should be allowed.

Athletic equipment such as bats and hockey sticks should be cleaned between each use. Other equipment, including personal gear such as hockey, football, lacrosse, or other sports using helmets, pads, or gloves should only be used by one person and not shared. Coaches should limit access to locker rooms as much as possible.

Illinois first issued guidelines for youth and recreational sports in late May when every region in the state advanced to Phase 3 of the Restore Illinois plan, marked by return to work, the reopening of retail as well as the return of specific recreational activities. The latest guidelines make adjustments to temporarily halt competitive play for most higher to medium-risk sports pending further health progress, as well as to provide additional clarity on capacity limits and high school sports.

A full list of the winter safety guidelines can be found on the Illinois Department of Commerce and Economic Opportunity (DCEO) website at https://dceocovid19resources.com/restore-illinois/

Source: Office of Governor JB Pritzker and the Illinois Department of Public Health

COVID-19 Mitigation Behaviors by Age Group — United States, April–June 2020

On October 27, 2020, the Centers for Disease Control and Prevention (CDC) released a report highlighting COVID-19 mitigation behaviors by age group. Recommended mitigation behaviors to prevent the spread of COVID-19 include wearing masks, hand washing, social distancing, and staying home when ill. Self-reported engagement in mitigation behaviors (mask wearing, handwashing, physical distancing, crowd and restaurant avoidance, and cancellation of social activities) differed significantly by adult age group. During April–June 2020, the prevalence of these behaviors was lowest among adults aged 18–29 years and highest among those aged >60 years. Whereas mask wearing increased over time, other reported mitigation behaviors decreased or remained unchanged. Improved communication and policy priorities are needed to promote recommended COVID-19 mitigation behaviors, particularly among young adults. Learn more: bit.ly/MMWR102720.

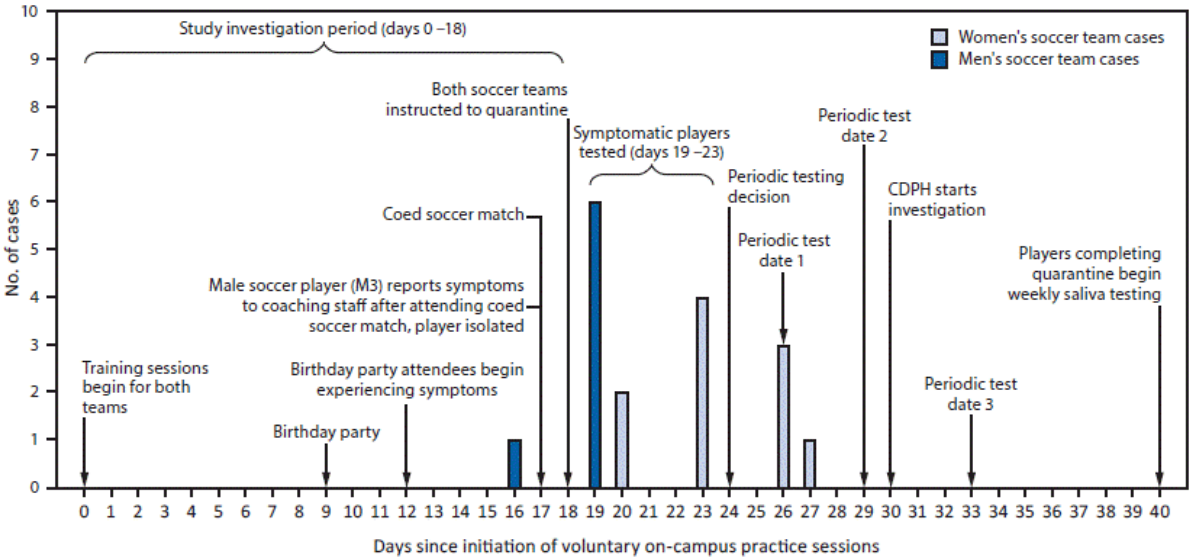
Source: Hutchins HJ, Wolff B, Leeb R, et al. COVID-19 Mitigation Behaviors by Age Group – United States, April -June 2020. MMRW Mortal Wkly Rep. ePub; 27 October 2020. DOI: bit.ly/MMWR102720.

COVID-19 Outbreak Among a University's Men's and Women's Soccer Teams — Chicago, Illinois, July–August 2020

On October 27, 2020, the Centers for Disease Control and Prevention (CDC) released a report highlighting a COVID-19 outbreak among a University's men's and women's soccer teams in Chicago in July and August, 2020. SARS-CoV-2 transmission occurs in congregate settings, including colleges and universities. Investigation of 17 COVID-19 cases among a university's men's and women's soccer team identified numerous social gatherings as possible transmission events. Minimal mask use and social distancing resulted in rapid spread among students who live, practice, and socialize together. Colleges and universities are at risk for COVID-19 outbreaks because of shared housing and social

gatherings where recommended prevention guidance is not followed. Schools should consider conducting periodic repeat testing of asymptomatic students to identify outbreaks early and implementing policies and improving messaging to promote mask use and social distancing. Learn more: bit.ly/MMWR102720b

FIGURE. COVID-19 cases (n = 17) among a university's* men's and women's soccer teams, by specimen collection date and significant events† — Chicago, Illinois, July–August 2020



Abbreviations: CDPH = Chicago Department of Public Health; COVID-19 = coronavirus disease 2019.

* On day 24, university staff members decided to begin periodic testing of all players on the men's and women's soccer teams to identify asymptomatic students with COVID-19 and control the outbreak. Periodic testing was performed on days 26, 29, and 33.

† A more comprehensive timeline of events is available at https://stacks.cdc.gov/view/cdc/95822.

Source: Teran RA, Ghinai I, Gretsch S, et al. COVID-19 Outbreak Among a University's Men's and Women's Soccer Teams – Chicago, Illinois, July -August 2020. MMWR Morb Wkly Rep. ePub; 27 October 2020. DOI: bit.ly/MMWR102720b.

Have a Healthy and Safe Halloween

Source: Centers for Disease Control and Prevention (CDC)

Purpose of the Coalition Bulletin
Publishing a regular newsletter -- weekly, in this case – will help keep our LaSalle County Healthcare Coalition in regular contact with up-to-date information between meetings.
For more information on the web:

- LaSalle County Health Department
- Illinois Department of Public Health
- Centers for Disease Control and Prevention

Find us on:

www.facebook.com/LaSalleCountyHealth

www.twitter.com/LaSalleCoHealth

www.lasallecounty.org

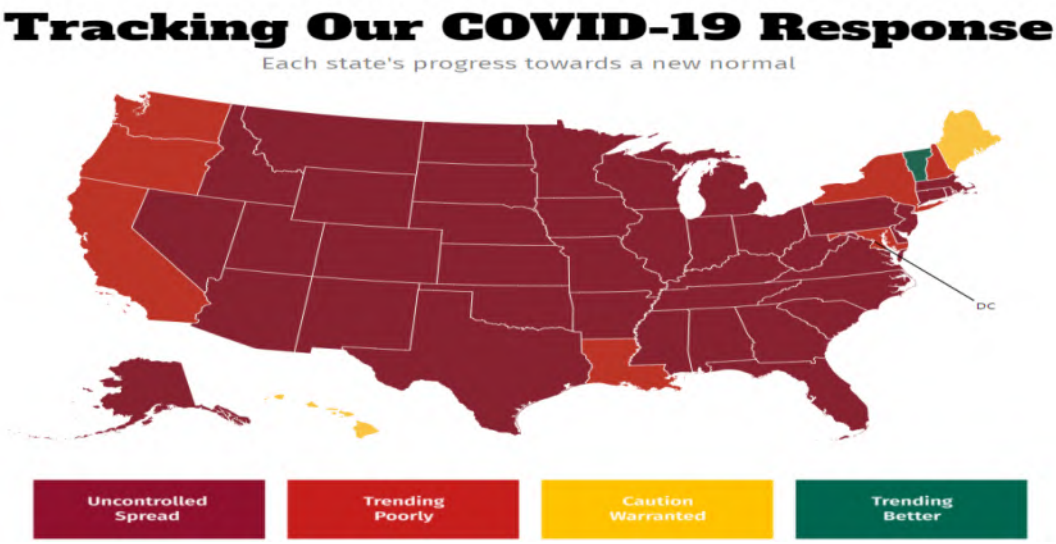
COVID-19 Coalition Bulletin

November 6, 2020

In This Issue

- Coronavirus Disease 2019 – Situational Update
- COVID Numbers at a Glance
- LaSalle County COVID-19 Test Results &Data Summary
- Current LaSalle County Case Counts
- Illinois Counties at Warning Level
- Region 2 Summary
- IDPH County Level COVID-19 Risk Metrics
- Local Testing Information
- Community Based Testing
- Frequently Asked Questions
- County Level Risk Metrics – LaSalle County Moves Back to an Orange Warning Level
- State Public Health Officials Announce COVID-19 Resurgence

COVID-19 Situational Update



Map from https://www.covidexitstrategy.org/ which provides state by state data including 14-DAY TREND OF COVID+, LAST 14 DAYS OF COVID+ (ROLLING), INFLUENZA-LIKE ILLNESS, % OF TEST TARGET (US: 500K/DAY), ICU AVAILABILITY, NEW CASES PER MILLION PER DAY, and COVID+ RATE

COVID Numbers at a Glance

This week 11/06/2020

Case Count	Recoveries	Deaths	Active Cases	Percent Recovered	Positivity Rate Week ending 10/31/2020
3279	2082	75	1122	63.49%	13.4%

Last Week 10/30/2020

Case Count	Recoveries	Deaths	Active Cases	Percent Recovered	Positivity Rate Week ending 10/24/2020
2654	1873	68	713	70.51%	7.5 %

Note: Positivity Rate is based on IDPH Regional Metric Data

- Mitigations Are in Effect for All 11 Regions of the Restore Illinois Plan
- Temporary Drive-Thru COVID-19 Testing Site Offered in Streator
- New Rapid Testing Available at the Health Department
- Transmission of SARS-COV-2 Infections in Households — Tennessee and Wisconsin

10/29/2020

	Cases	Deaths
Worldwide	44,780,568	1,177,538
US	8,905,868	228,194
Illinois	395,458	9,675

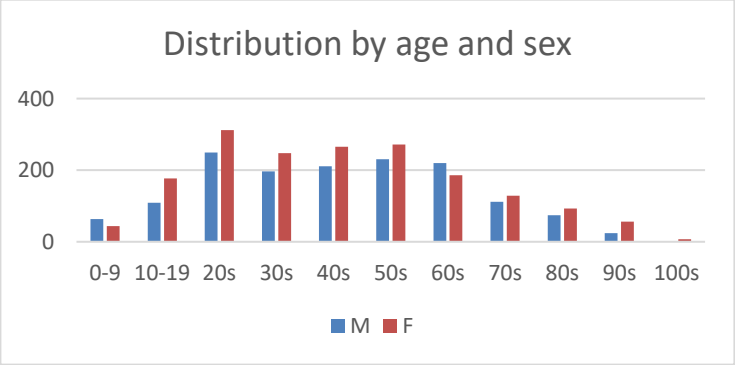
11/05/2020

	Cases	Deaths
Worldwide	48,280,133	1.227.891
US	9,499,459	233,836
Illinois	447,491	10.030

Current LaSalle County Case Data as of 11/06/2020*

Age Range	M	F	% by age group
0-9	63	44	3.26%
10-19	109	177	8.72%
20s	249	312	17.11%
30s	197	248	13.57%
40s	211	265	14.52%
50s	231	272	15.34%
60s	220	186	12.38%
70s	112	129	7.35%
80s	74	93	5.09%
90s	24	56	2.44%
100s	0	7	0.21%
UNK			
Total	1490	1789	100.00%
%	45.44%	54.56%	
TOTAL CASES	3279		

Total Deaths	75
Deaths by Age	
20's	0
30's	0
40's	1
50's	2
60's	8
70's	11
80's	28
90's	21
100s	4
Deaths by Gender	
Males	28
Females	47



Case by Month Summary

	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Number Cases	6	50	98	67	261	778	504	968	547	
% of total cases	0.18	1.52	2.99	2.04	7.96	23.73	15.37	29.52	16.68	

Deaths by Month Summary

	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Number Deaths	1	0	12	4	1	30	9	11	7	
% of total Deaths	1.33	0.00	16.00	5.33	1.33	40.00	12.00	14.67	9.33	

10.30.20

Town	Current Total	% of County Cases
Cedar Point	9	0.34%
Dana	5	0.19%
Earlville	36	1.36%
Grand Ridge	31	1.17%
LaSalle	274	10.32%
Leland	26	0.98%
Lostant	13	0.49%
Marseilles	178	6.71%
Mendota	367	13.83%
Millington	9	0.34%
Oglesby	105	3.96%
Ottawa	484	18.24%
Peru	282	10.63%
Ransom	10	0.38%
Sandwich	110	4.14%
Serena	10	0.38%
Seneca	41	1.54%
Sheridan	100	3.77%
Somonauk	36	1.36%
Streator	449	16.92%
Tonica	17	0.64%
Troy Grove	5	0.19%
Utica	47	1.77%
Other**	10	0.38%
TOTAL CASES	2654	

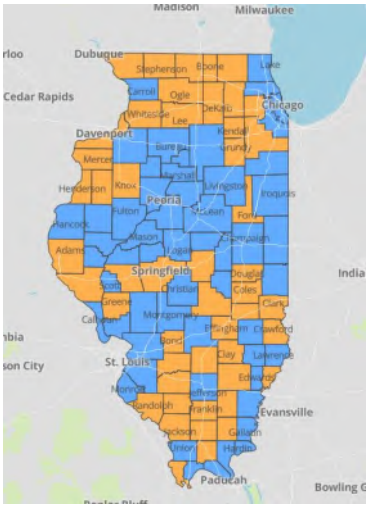
11.06.20

Town	Current Total	Increase since last week	*% of Total County Cases*
Cedar Point	10	1	0.30%
Dana	5	0	0.15%
Earlville	46	10	1.40%
Grand Ridge	34	5	1.04%
LaSalle	366	92	11.16%
Leland	34	8	1.04%
Lostant	16	3	0.49%
Marseilles	228	50	6.95%
Mendota	422	55	12.87%
Millington	9	0	0.27%
Oglesby	152	47	4.64%
Ottawa	617	133	18.82%
Peru	340	58	10.37%
Ransom	12	2	0.37%
Sandwich	127	17	3.87%
Serena	11	1	0.34%
Seneca	55	14	1.68%
Sheridan	112	12	3.42%
Somonauk	53	17	1.62%
Streator	535	86	16.32%
Tonica	24	7	0.73%
Troy Grove	10	5	0.30%
Utica	51	4	1.56%
Other**	10	0	0.30%
TOTAL CASES	**3137**	627	

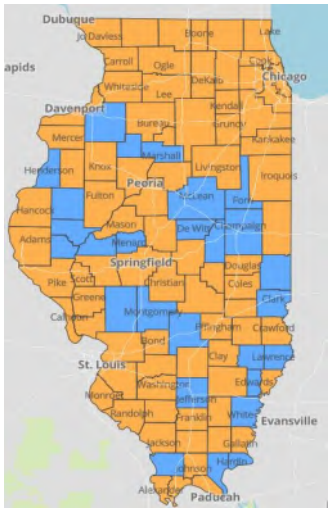
*Note these numbers are adjusted based on the number of cases transferred to other locations.
** Number of LaSalle County Cases in Communities with less than 5 cases

Illinois Counties at Warning Level

Last Week
10.30.2020



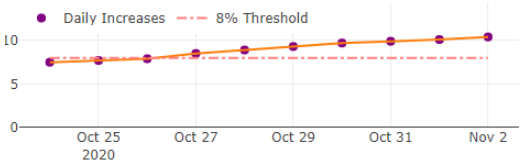
This Week
11.06.2020



Region 2 Summary - 11/05/2020

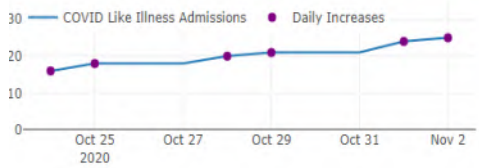
Test Positivity 7 Day Rolling Average

10 Days of Positivity Increases



Hospital Admissions 7 Day Rolling Average

6 Days of Hospital Admission Increases



Hospital Availability 3 Day Rolling Average

Med Surg Bed Availability
(20% threshold)

42%

ICU Bed Availability
(20% threshold)

37%

County Level COVID-19 Risk Metrics – 10/25-10/31/2020

New Cases Per 100,000 Case rate reported Sun-Sat (Target: less than 50 per 100,000) **336 per 100K**	**Number of Deaths** Death number reported Sun-Sat (Target: decreasing or stable Sun-Sat) **6**	**Test Positivity (%)** (%) positive tests reported Sun-Sat (Target: less than or equal to 8 %) **13.4 %**
Tests Performed Number of tests reported Sun-Sat (Target: Testing is Sufficient when test positivity is less than or equal to 8 %) **2620**	**CLI ED Visits (%), Adults** Emergency Department visits for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **5.8 %**	**Number of CLI Admissions** Hospital admissions for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **11**
Cluster (%) of cases No Target This metric helps explain large increase in cases **4.7 %**	**ICU (%) Available** ICU bed availability (Target: at least 20% of ICU beds available) **37.9 %**	Metrics in target Range Metrics outside Target Range More information at https://dph.illinois.gov/countymetrics

Local Testing Information

LaSalle County Health Department

All COVID-19 Testing MUST Be Scheduled with the LaSalle County Health Department before arriving on site.

*Rapid COVID -19 Testing

These rapid tests are meant to be used on:

- Excluded symptomatic children who are **not** a close contact to a confirmed case, to help get them back into school.

- Employees who need a negative test result to return to work.
- Anyone who is planning to travel or has traveled.

Testing will be done at the LaSalle County Health Department parking lot at 717 Etna Road, Ottawa, IL. The test performed will be an anterior nasal swab. The results will be given in 15 minutes. Testing will be performed Monday through Friday from 9:00 am – 3:00 pm, and Saturdays 9:00 am – 12:00 pm. **Anyone in need of rapid testing needs to call the Health Department at (815) 433-3366 to pre-register.**

*Close Contact Testing

- Close contacts of confirmed cases will be tested with the (PCR) COVID-19 test.
- The best time for individuals to be tested after an exposure with a positive case is 5-7 days from the last date of exposure.
- Testing of close contacts will be done in our parking lot **by appointment only**.

Please note—A negative test does not get a person out of quarantine.

*Weekly Drive-Thru Testing Site

- A drive-thru COVID-19 Community Based Testing Site (CBTS) is held on a weekly basis at the LaSalle County Emergency Management Agency Building (EMA) at 711 E Etna Rd, Ottawa. The site will be open on Wednesdays from 9:00 a.m. to 11:00 a.m. and will run **by appointment only**.
- This testing site is open to all regardless of symptoms, no Doctor's order is required. Health insurance will be billed.
- **Individuals are required to schedule an appointment by calling 815-433-3366 prior to arriving on site.** Instructions including wearing a mask, bringing a Photo ID, and directions for how to drive into the site will be provided at that time.

Illinois Valley Community Hospital

IVCH is proud to offer Covid-19 testing for both those with symptoms or who have had an exposure to a COVID-19 case.
Patients seeking Covid-19 testing may either call their IVCH primary care provider for an order or may call the IVCH Covid-19 Hotline 9am – 5 pm weekdays and 10am – 4 pm weekends, at 815-780-3425 to speak to a nurse regarding testing. All Covid-19 tests must be ordered by a provider. Testing is available Monday through Friday and by appointment only.
Covid-19 tests take approximately 72 hours to receive a result. All patients will be notified of their test result by phone.
IVCH Care Today and the Emergency Room do not provide routine COVID-19 testing.

Morris Hospital

Morris Hospital offers nasal swab testing by appointment for symptomatic individuals with a physician's order. Testing is available for individuals of all ages from 7:30 a.m. to 2 p.m., Monday-Friday. Appointments are required – no exceptions. Testing is NOT available at this time for asymptomatic individuals due to a nationwide shortage of the testing reagent. Testing is performed through the drive-up testing site on the Morris Hospital campus at the corner of Lisbon & High Streets on the far southwest corner of the hospital campus. When you arrive on the hospital campus, please follow the Drive-Thru Testing directional signs on Lisbon Street or High Street. Patients are required to have photo ID, insurance card and sign a release at the time of their test.

After a physician places an order for your test, a Scheduling representative from Morris Hospital will call you to schedule. Please allow up to 72 hours for test results to get sent to the ordering physician, who will inform you of your results. You can also check your patient portal for test results or contact the provider who ordered the test. Please remain at home, away from others while you are waiting for your test results.

OSF HealthCare Saint Elizabeth Medical Center

If you suspect you have novel coronavirus (COVID-19) and it is not an emergency, DO NOT go to a hospital or doctor's office. Instead, use one of the care options that best fits your needs below.

- Clare, our 24/7 virtual assistant chatbot at osfhealthcare.org/covid19, can educate you, screen you for COVID-19 and connect you to further care if needed.
- You can call the 24/7, COVID-19 Nurse Hotline* at 1-(833) OSF-KNOW (1-833-673-5669).
- Contact your OSF Primary Care Provider, and they can order the test for you.
- If you have a Primary Care Provider that is not an OSF Provider, they can fax an order to (815) 431-3072 (OSF Prompt Care Ottawa, 1640 1st Avenue, Ottawa).
- If you do not have a Primary Care Provider, you can be seen at one of the below locations and they can order a test for you if indicated:
    - OSF Prompt Care - Ottawa (8 a.m. - 8 p.m. daily) at (815) 431-9208
    - OSF Urgo – Ottawa (8 a.m. – 8 p.m. daily) at (815) 431-3410
    - OSF Prompt Care – Streator (weekdays 8 a.m. – 6 p.m.) at (815) 673-4545
- If you are experiencing shortness of breath, chest pain, or severe weakness, call 911 or come to your nearest OSF Emergency Department, where a test will be performed during your medical screening exam.

*Staffed by RNs and other health care professionals.

OSF HealthCare Saint Paul Medical Center

If you suspect you have novel coronavirus (COVID-19) and it is not an emergency, DO NOT go to a hospital or doctor's office. Instead, use one of the care options that best fits your needs below.

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- You can call the 24/7, COVID-19 Nurse Hotline* at 1-(833) OSF-KNOW (1-833-673-5669).
- Contact your OSF Primary Care Provider, and they can order the test for you.
- If you have a Primary Care Provider that is not an OSF Provider, they can fax an order to our OSF Saint Paul Medical Center lab.
- If you do not have a Primary Care Provider, you can call our OSF Prompt Care - Mendota, (weekdays, 8 a.m. - 5 p.m.) at (815) 538-1311 and they can order a test for you after a quick telephone visit.
- If you are experiencing shortness of breath, chest pain, or severe weakness, you can call 911 or come to our OSF Saint Paul Emergency Department, where a test will be performed during your medical screening exam.

*Staffed by RNs and other health care professionals.

St. Margaret's Hospital

St. Margaret's testing facility requires a physician's order and is perfect for those patients who need a COVID test within 72 hours of a surgery or a procedure. It is also for patients who may have been exposed to a COVID positive person or who is exhibiting symptoms. The patients' primary physician needs to fax an order to the registration department. Insurance information and a copy of a driver's license is also collected.
Testing is available Monday through Friday from 8:30 am to 5pm. Saturday and Sunday, we are open from 8-1pm.
For patients who don't have a physician but are exhibiting signs of an illness, the St. Margaret's Walk-in clinics at Midtown Health Center in Peru or Center for Family Health in Princeton are available. Patients will be offered a virtual or telehealth visit and if warranted, will be sent for a swab.
The St. Margaret's testing center is not a walk-in, public screening center.

Community Based Testing

A list of public and private testing sites can be found on the IDPH website at http://www.dph.illinois.gov/testing.

Location	Address	Times
Arlington Heights	Arlington Racetrack 2000 W Euclid Ave Arlington Heights	8:00am – 4:00pm while daily supplies last
Auburn Gresham	Foreman Mills Shopping Center 122 W. 79th Street Chicago	8:00am – 4:00pm while daily supplies last
Aurora	1650 Premium Outlet Blvd Aurora	8:00am-4:00pm while daily supplies last

***Bloomington**	1106 Interstate Drive Bloomington	9:00am-5:00pm while daily supplies last
Champaign	Market Place Shopping Ctr 2000 N. Neil Street Champaign	8:00am-4:00pm while daily supplies last
***East St. Louis**	Jackie Joyner Kersee Ctr. Argonne Drive East St. Louis	8:00am-4:00pm while daily supplies last
Harwood Heights	6959 W. Forest Preserve Rd. Chicago	7:00am-3:00pm while daily supplies last
***Peoria**	Peoria Civic Center Fulton Street Parking Lot Peoria	8:00am-4:00pm while daily supplies last
Rockford	1601 Parkview Avenue Rockford	8:00am-4:00pm while daily supplies last
South Holland	South Suburban College 15800 State St South Holland	8:00am-4:00pm while daily supplies last
Waukegan	102 W. Water Street Waukegan	8:00am-4:00pm while daily supplies last

* Walk-up testing is available at Bloomington, East St. Louis, and Peoria.

One of my employees has tested positive for COVID-19, what should I do?

1. Encourage the employee to follow recommendations from their doctor and health department about isolation at home.
2. Ask employee about the first day of their symptoms, if they had symptoms at work, and any individuals at work they had close contact with during the time they had symptoms (within 6 feet for more than 15 minutes).
3. Contacts of contacts have no restrictions. Facilities should not close because contacts of contacts of cases visited that location.
4. Perform cleaning and disinfection after person with COVID-19 was in the facility. Details of the type of cleaning and disinfection varies depending on the kind of workplace or business.

- For community, non-healthcare facilities (e.g., schools, institutions of higher education, offices, daycare centers, businesses, community centers) close off the area used by the sick person, wait 24 hours or as long as possible before you clean or disinfect. Please see additional detailed cleaning recommendations at the CDC's website.
- Healthcare facilities and places where people live overnight have different cleaning recommendations.

5. The Illinois Department of Public Health states that if an employee is confirmed to have COVID-19, employers should inform fellow employees of their possible exposure to COVID-19 in the workplace but maintain confidentiality as required by federal law.

County Level Risk Metrics – LaSalle County Moves Back to an Orange Warning Level

The LaSalle County Health Department is alerting residents that as of Friday, November 6, 2020, our County-Level COVID-19 Risk Metrics has been moved back to orange. As a reminder, orange status indicates there are warning signs of increased COVID-19 risk in the county. A warning level means that a county saw increases in two or more COVID-19 risk indicators.

LaSalle County has seen a sharp rise in our number of cases. In addition, per the county-level risk metrics provided by the Illinois Department of Public Health, the 7-day test positivity rate has risen above 8%, as well as the number of deaths reported for 7 days has increased by more than 20% for 2 consecutive weeks. Until LaSalle County can get a handle on the number of new cases being identified each week and slow the community spread that is occurring, LaSalle County will continue to be at risk for remaining at the orange warning level.

The department's contact tracing efforts continue to show small clusters of cases among families and household contacts. Social and family gatherings, household sharing, workplace exposures, long-term care outbreaks and community spread have all contributed to the increase in cases. Getting together in groups, both small and large, without taking appropriate precautions such as social distancing and wearing face coverings is leading to increased transmission and will continue to lead us in the wrong direction. All residents are encouraged to wear a face covering, maintain 6 feet of social distance, wash hands frequently, avoid gatherings with people not in your household, and stay home when ill.

The LaSalle County Health Department also recommends that anyone who has attended a large event or a social gathering where social distancing was not being practiced to monitor themselves for symptoms. We advise anyone who has had exposure to these types of

situations to consider being tested for COVID-19 5-7 days after the event or immediately if they begin to develop symptoms.

State Public Health Officials Announce COVID-19 Resurgence Mitigations Are in Effect for All 11 Regions of the Restore Illinois Plan

On November 1, 2020, Governor Pritzker and the Illinois Department of Public Health (IDPH) announced COVID-19 resurgence mitigations will be implemented in Region 2, North-Central Illinois, beginning at 12:01 am on Wednesday, November 4, 2020. Region 2 has seen a 7-day rolling average test positivity rate of 8 percent or above for three consecutive days, which exceed the thresholds set for establishing mitigation measures under the state's Restore Illinois Resurgence Plan.

Tier 1 mitigations are currently in effect in Regions 2-11. Tier 2 mitigations are currently in effect in Region 1.

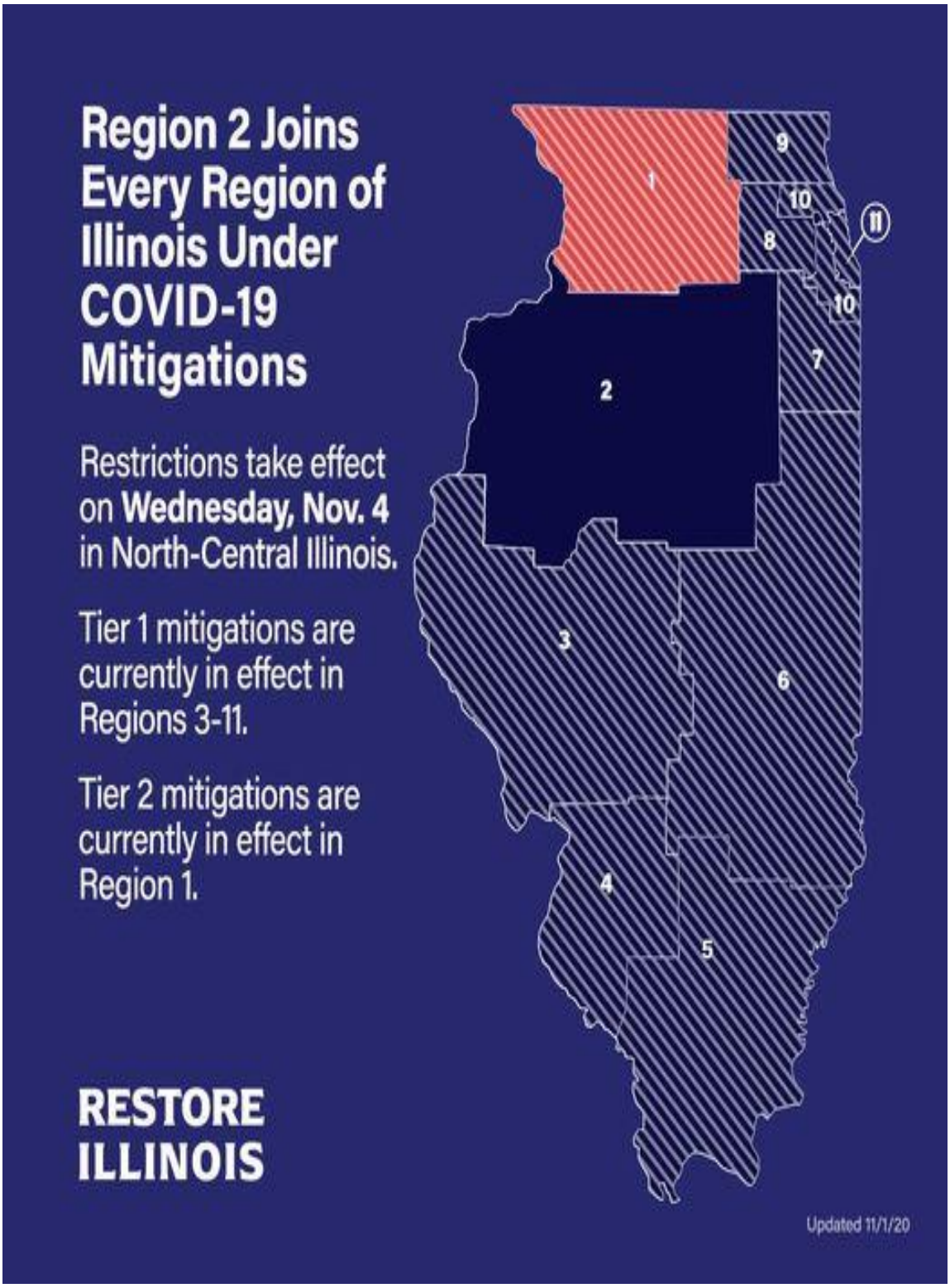
Stay informed about the North-Central Region (Region 2, which includes LaSalle County) metrics and where we stand on seven-day averages, by visiting the Illinois Department of Public Health (IDPH) website at http://www.dph.illinois.gov/regionmetrics and select Region 2.

A full list of mitigation measures pertaining to some businesses and industries may be found on the Illinois Department of Commerce and Economic Opportunity (DCEO) website at www.dceocovid19resources.com/restore-illinois.

Do your part to slow the spread: wear a mask, avoid unnecessarily gathering and practice good hygiene. We can beat this new wave if we take action together. Let's go all in, Illinois.

Purpose of the Coalition Bulletin
Publishing a regular newsletter -- weekly, in this case – will help keep our LaSalle County Healthcare Coalition in regular contact with up-to-date information between meetings.
For more information on the web:

- LaSalle County Health Department
- Illinois Department of Public Health
- Centers for Disease Control and Prevention



Source: Office of Governor JB Pritzker and the Illinois Department of Public Health

Restore Illinois Resurgence Plan - Illinois Region 2

(Henry, Stark, Rock Island, Bureau, Knox, Peoria, Putnam, Kendall, Grundy, McLean, Tazewell, Woodford, Livingston, LaSalle, Marshall, McDonough, Warren, Henderson, Fulton, Mercer)

Mitigation Implementation - Wednesday, November 4, 2020 12:01am

Illinois Region-2

RESTORE ILLINOIS

Resurgence Mitigations

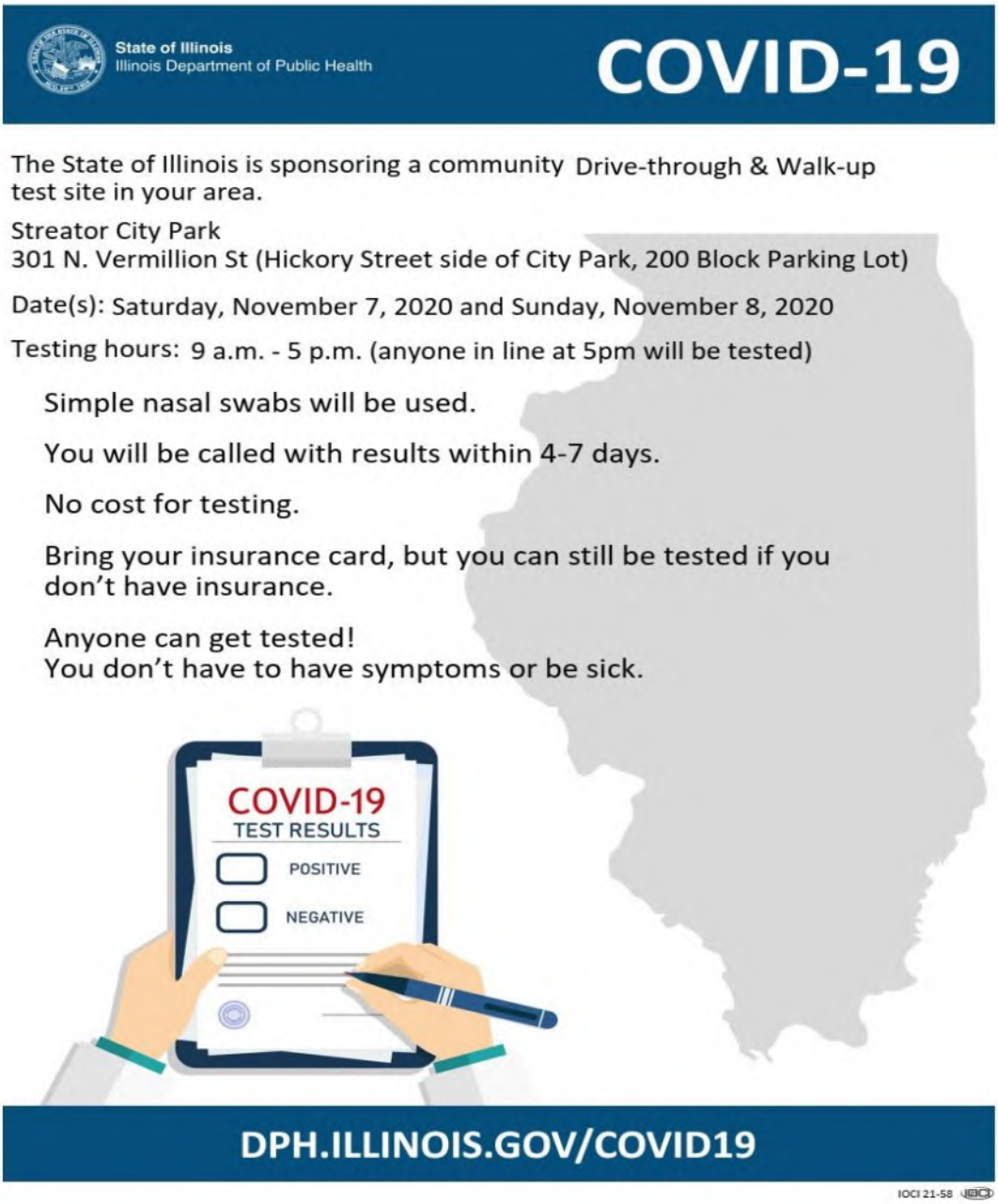
As detailed in the July 15 Restore Illinois resurgence plan, new mitigations will be applied if a region's positivity rate averages greater than or equal to 8 percent for three consecutive days, or if a region experiences a sustained increase in the positivity rate (increases in 7 out of 10 days) AND sustained increase in hospital admissions for a COVID-19 like illness or reduction in hospital capacity that threatens surge capabilities (availability of ICU or med/surgical beds under 20 percent). If a region has exceeded IDPH criteria that trigger additional mitigations to combat a resurgence of COVID-19 and prevent uncontrollable spread, new measures are necessary to curtail further spread.

Regions that are experiencing a resurgence of COVID-19 will operate under these new mitigation requirements:

SETTING	MITIGATION REQUIREMENTS
Bars	• All bars close at 11pm and may reopen no earlier than 6am the following day • No indoor service • All bar patrons should be seated at tables outside • No ordering, seating, or congregating at bar (bar stools should be removed) • Tables should be 6 feet apart • No standing or congregating indoors or outdoors while waiting for a table or exiting • No dancing or standing indoors • Reservations required for each party • No seating of multiple parties at one table
Restaurants	• All restaurants close at 11pm and may reopen no earlier than 6am the following day • No indoor dining or bar service • Tables should be 6 feet apart No standing or congregating indoors or outdoors while waiting for a table or exiting • Reservations required for each party • No seating of multiple parties at one table
Meetings, social events and gatherings (including weddings, funerals, potlucks, etc.)	• Limit to lesser of 25 guests or 25% of overall room capacity both indoors and outdoors • No party buses • Gaming and Casinos close at 11:00pm, are limited to 25 percent capacity, and follow mitigations for bars and restaurants, if applicable
Organized group recreational activities (fitness centers, sports, etc.)	• No change • All Sports Guidance effective August 15, 2020, remains in effect • Outdoor Activities (not included in the above exposure settings) continue per current DCEO guidance

Temporary Drive-Thru COVID-19 Testing Site Offered in Streator

The LaSalle County Health Department is announcing a temporary drive-through COVID-19 testing site sponsored by the State of Illinois which will be held in Streator. The site will be set-up on Saturday, November 7th and Sunday November 8th from 9 a.m. to 5 p.m. at the Streator City Park, 301 N. Vermillion St. (Hickory Street side of City Park, 200 Block Parking Lot).



New Rapid Testing Available at the Health Department

The LaSalle County Health Department began utilizing rapid tests for COVID-19 on Monday, November 2nd, 2020.

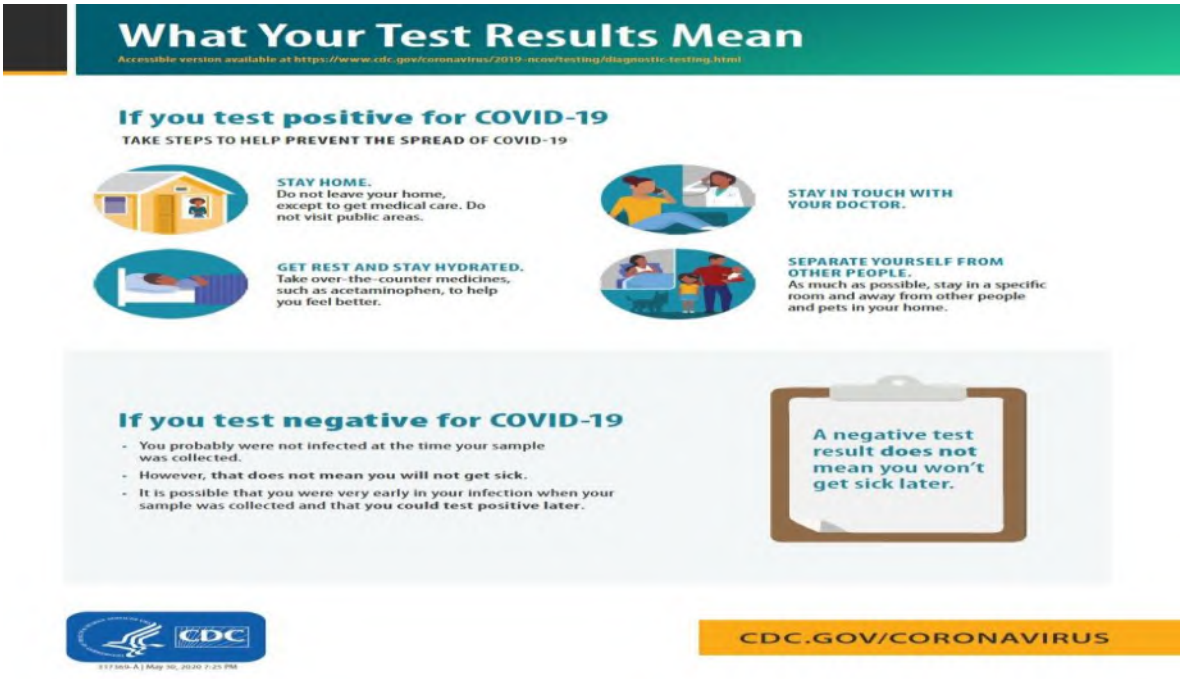
These rapid tests are meant to be used on:

- Excluded symptomatic children who are **not** a close contact to a confirmed case, to help get them back into school.
- Employees who need a negative test result to return to work.
- Anyone who is planning to travel or has traveled.

Testing will be done at the LaSalle County Health Department parking lot at 717 Etna Road, Ottawa, IL. The test performed will be an anterior nasal swab. The results will be given in 15 minutes. Testing will be performed Monday through Friday from 9:00 am – 3:00 pm, and Saturdays 9:00 am – 12:00 pm. Anyone in need of rapid testing needs to call the Health Department at (815) 433-3366 to pre-register.

Please note if you are a close contact to a confirmed positive COVID - 19 case you are not eligible for a rapid test. The Health Department will continue to test close contacts of confirmed cases with the (PCR) COVID-19 test which will be sent to a lab. The best time for people to be tested after an exposure with a confirmed case is 5-7 days from the exposure. Testing of close contacts will be done in our parking lot by appointment only. Another option for people who want to be tested is to call the Health Department for an appointment for our Wednesday drive-thru testing site. Testing through our drive-thru site is open to the public regardless of symptoms, but you must have an appointment to keep things running smoothly as not to hold up the line.

Please note—A negative test does not get a person out of quarantine.

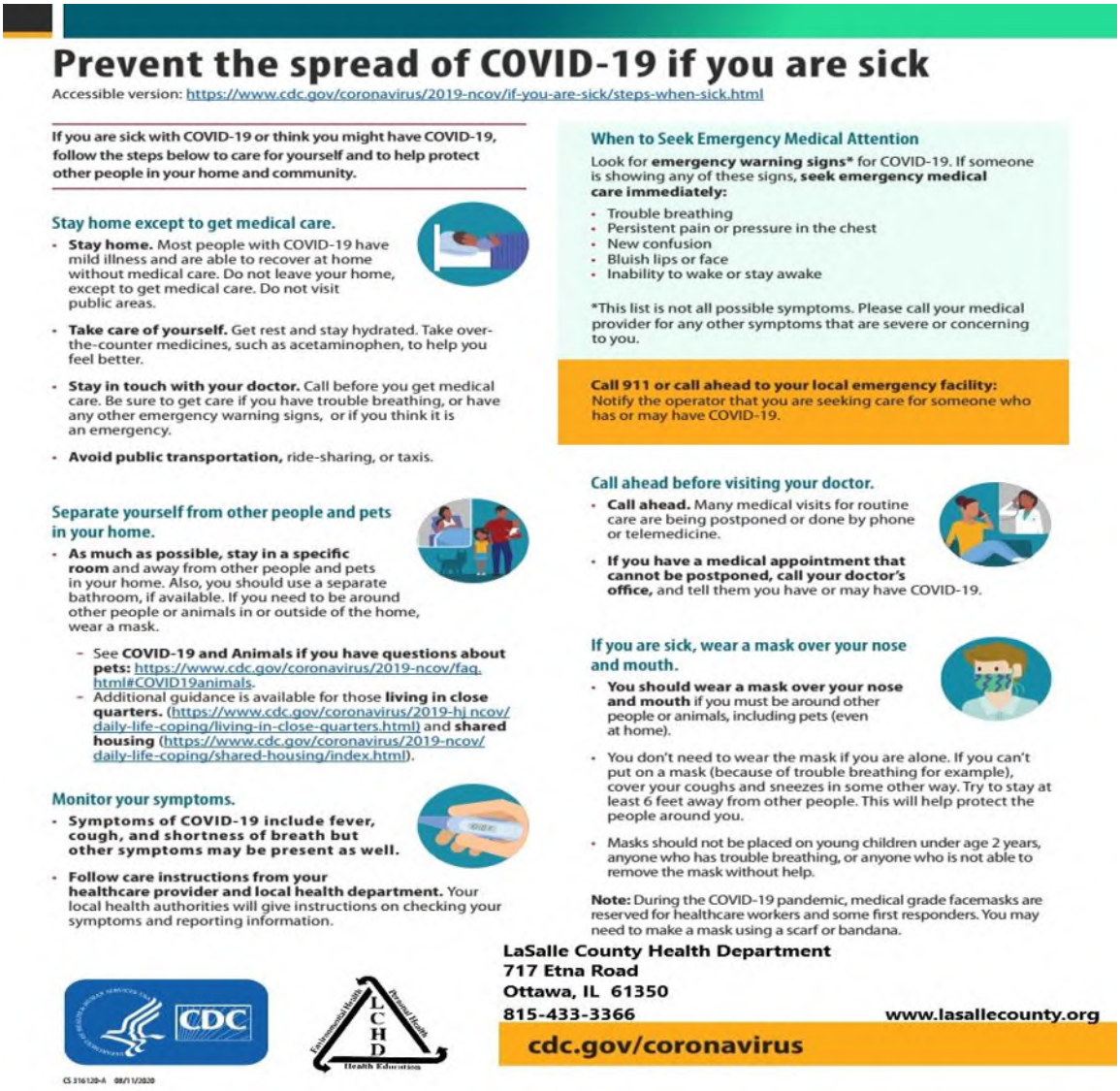


Source: Centers for Disease Control and Prevention (CDC)

Transmission of SARS-COV-2 Infections in Households – Tennessee and Wisconsin, April–September 2020

On October 30, 2020, the Centers for Disease Control and Prevention (CDC) released a report highlighting transmission of SARS-COV-2 infections in households. The new CDC report found over half of people who lived in the same household as someone with COVID-19 tested positive for the virus. This report highlights the importance of rapidly isolating at home and using separate bedroom and bathroom if possible, if you are sick or suspect you have COVID-19, are getting tested, or you have received a positive test result. All household members should wear a mask when in shared spaces in the household. Learn more: bit.ly/MMWR103020.

Source: Grijalva CG, Rolfes MA, Zhu Y, et al. Transmission of SARS-COV-2 Infections in Households – Tennessee and Wisconsin, April -September 2020. MMRW Morb Wkly Rep. ePub: 30 October 2020. DOI: bit.ly/MMWR103020.



Prevent the spread of COVID-19 if you are sick

Accessible version: https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html

If you are sick with COVID-19 or think you might have COVID-19, follow the steps below to care for yourself and to help protect other people in your home and community.

Stay home except to get medical care.

- **Stay home.** Most people with COVID-19 have mild illness and are able to recover at home without medical care. Do not leave your home, except to get medical care. Do not visit public areas.
- **Take care of yourself.** Get rest and stay hydrated. Take over-the-counter medicines, such as acetaminophen, to help you feel better.
- **Stay in touch with your doctor.** Call before you get medical care. Be sure to get care if you have trouble breathing, or have any other emergency warning signs, or if you think it is an emergency.
- **Avoid public transportation,** ride-sharing, or taxis.

Separate yourself from other people and pets in your home.

- **As much as possible, stay in a specific room** and away from other people and pets in your home. Also, you should use a separate bathroom, if available. If you need to be around other people or animals in or outside of the home, wear a mask.
  - See **COVID-19 and Animals if you have questions about pets:** https://www.cdc.gov/coronavirus/2019-ncov/faq.html#COVID19animals.
  - Additional guidance is available for those **living in close quarters.** (https://www.cdc.gov/coronavirus/2019-hj ncov/daily-life-coping/living-in-close-quarters.html) and **shared housing** (https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/shared-housing/index.html).

Monitor your symptoms.

- **Symptoms of COVID-19 include fever, cough, and shortness of breath but other symptoms may be present as well.**
- **Follow care instructions from your healthcare provider and local health department.** Your local health authorities will give instructions on checking your symptoms and reporting information.

When to Seek Emergency Medical Attention

Look for **emergency warning signs*** for COVID-19. If someone is showing any of these signs, **seek emergency medical care immediately:**

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Bluish lips or face
- Inability to wake or stay awake

*This list is not all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you.

Call 911 or call ahead to your local emergency facility: Notify the operator that you are seeking care for someone who has or may have COVID-19.

Call ahead before visiting your doctor.

- **Call ahead.** Many medical visits for routine care are being postponed or done by phone or telemedicine.
- **If you have a medical appointment that cannot be postponed, call your doctor's office,** and tell them you have or may have COVID-19.

If you are sick, wear a mask over your nose and mouth.

- **You should wear a mask over your nose and mouth** if you must be around other people or animals, including pets (even at home).
- You don't need to wear the mask if you are alone. If you can't put on a mask (because of trouble breathing for example), cover your coughs and sneezes in some other way. Try to stay at least 6 feet away from other people. This will help protect the people around you.
- Masks should not be placed on young children under age 2 years, anyone who has trouble breathing, or anyone who is not able to remove the mask without help.

Note: During the COVID-19 pandemic, medical grade facemasks are reserved for healthcare workers and some first responders. You may need to make a mask using a scarf or bandana.

LaSalle County Health Department
717 Etna Road
Ottawa, IL 61350
815-433-3366 **www.lasallecounty.org**

cdc.gov/coronavirus

CS 316120-A 08/11/2020

Cover your coughs and sneezes.

- **Cover your mouth and nose** with a tissue when you cough or sneeze.
- **Throw used tissues** in a lined trash can.
- **Immediately wash your hands** with soap and water for at least 20 seconds. If soap and water are not available, clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol.

Clean your hands often.

- **Wash your hands often** with soap and water for at least 20 seconds. This is especially important after blowing your nose, coughing, or sneezing; going to the bathroom; and before eating or preparing food.
- **Use hand sanitizer** if soap and water are not available. Use an alcohol-based hand sanitizer with at least 60% alcohol, covering all surfaces of your hands and rubbing them together until they feel dry.
- **Soap and water are the best option**, especially if your hands are visibly dirty.
- **Avoid touching** your eyes, nose, and mouth with unwashed hands.

Avoid sharing personal household items.

- **Do not share** dishes, drinking glasses, cups, eating utensils, towels, or bedding with other people in your home.
- **Wash these items thoroughly after using them** with soap and water or put them in the dishwasher.

Clean all "high-touch" surfaces everyday.

- **Clean and disinfect** high-touch surfaces in your "sick room" and bathroom. Let someone else clean and disinfect surfaces in common areas, but not your bedroom and bathroom.
- **If a caregiver or other person needs to clean and disinfect** a sick person's bedroom or bathroom, they should do so on an as-needed basis. The caregiver/other person should wear a mask and wait as long as possible after the sick person has used the bathroom.

High-touch surfaces include phones, remote controls, counters, tabletops, doorknobs, bathroom fixtures, toilets, keyboards, tablets, and bedside tables.

- **Clean and disinfect areas that may have blood, stool, or body fluids on them.**
- **Use household cleaners and disinfectants.** Clean the area or item with soap and water or another detergent if it is dirty. Then use a household disinfectant.
  - Be sure to follow the instructions on the label to ensure safe and effective use of the product. Many products recommend keeping the surface wet for several minutes to ensure germs are killed. Many also recommend precautions such as wearing gloves and making sure you have good ventilation during use of the product.
  - Most EPA-registered household disinfectants should be effective.

When You Can be Around Others After You Had or Likely Had COVID-19

When you can be around others (end home isolation) depends on different factors for different situations.

- **I think or know I had COVID-19, and I had symptoms**
  - You can be with others after
    - 24 hours with no fever
      AND
    - Symptoms improved
      AND
    - 10 days since symptoms first appeared
  - Depending on your healthcare provider's advice and availability of testing, you might get tested to see if you still have COVID-19. If you will be tested, you can be around others when you have no fever, symptoms have improved, and you receive two negative test results in a row, at least 24 hours apart.
- **I tested positive for COVID-19 but had no symptoms**
  - If you continue to have no symptoms, you can be with others after:
    - 10 days have passed since test
  - Depending on your healthcare provider's advice and availability of testing, you might get tested to see if you still have COVID-19. If you will be tested, you can be around others after you receive two negative test results in a row, at least 24 hours apart.
  - If you develop symptoms after testing positive, follow the guidance above for "I think or know I had COVID, and I had symptoms."

cdc.gov/coronavirus

Source Centers for Disease Control and Prevention (CDC)

Find us on:

www.facebook.com/LaSalleCountyHealth

www.twitter.com/LaSalleCoHealth

www.lasallecounty.org

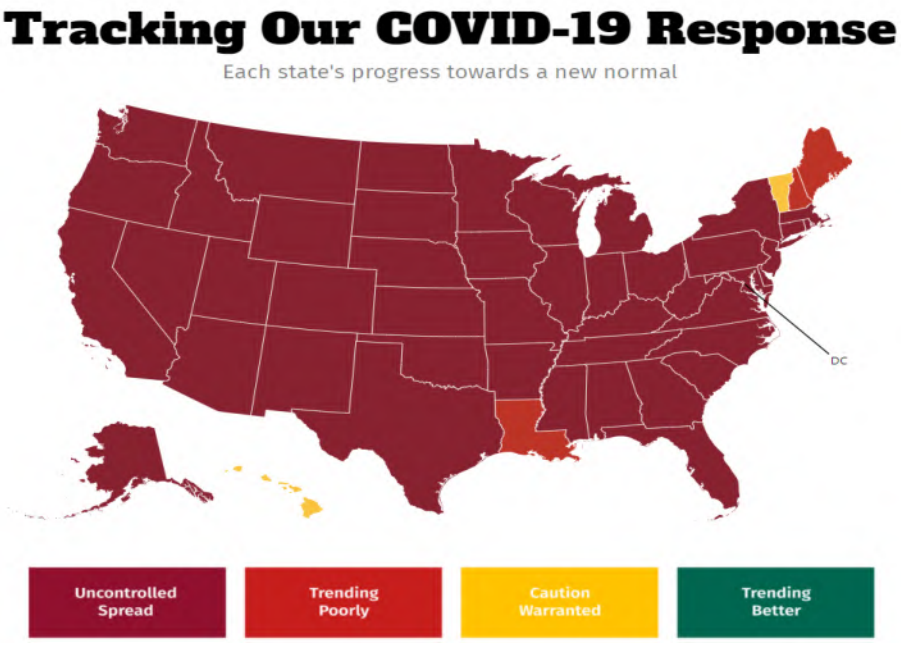
COVID-19 Coalition Bulletin

November 13, 2020

In This Issue

- Coronavirus Disease 2019 – Situational Update
- COVID Numbers at a Glance
- LaSalle County COVID-19 Test Results &Data Summary
- Current LaSalle County Case Counts
- Illinois Counties at Warning Level
- Region 2 Summary
- IDPH County Level COVID-19 Risk Metrics
- Local Testing Information
- Community Based Testing
- Frequently Asked Questions
- Illinois Department of Public Health Issued Recommendations to Help Decrease the COVID-19 Positivity Rate
- County Level Risk Metrics – LaSalle County Remains at Orange Warning Level
- State Public Health Officials Announced Additional COVID-19 Resurgence Mitigations Take

COVID-19 Situational Update



Map from https://www.covidexitstrategy.org/ which provides state by state data including 14-DAY TREND OF COVID+, LAST 14 DAYS OF COVID+ (ROLLING), INFLUENZA-LIKE ILLNESS, % OF TEST TARGET (US: 500K/DAY), ICU AVAILABILITY, NEW CASES PER MILLION PER DAY, and COVID+ RATE

COVID Numbers at a Glance

This week 11/13/2020

Case Count	Recoveries	Deaths	Active Cases	Percent Recovered	Positivity Rate
4359	**2381**	**93**	**1885**	**54.62 %**	**19 %**

Last week 11/06/2020

Case Count	Recoveries	Deaths	Active Cases	Percent Recovered	Positivity Rate
3279	**2082**	**75**	**1122**	**63.49%**	**13.4%**

Effect in Regions 5, 7, and 8 on November 11

- State Public Health Officials Release COVID-19 Contact Tracing Data
- State Public Health Officials Release COVID-19 Exposure and Outbreak Data
- State Public Health Officials Release COVID-19 School Data
- Telework Before Illness Onset Among Symptomatic Adults Aged ≥18 Years With and Without COVID-19 in 11 Outpatient Health Care Facilities — United States, July 2020
- Characteristics of Hospitalized COVID-19 Patients Discharged and Experiencing Same-Hospital Readmission — United States, March–August 2020

Note: Positivity Rate is based on IDPH Regional Metric Data

11/05/2020

	Cases	Deaths
Worldwide	48,280,133	1,227,891
US	9,499,459	233,836
Illinois	447,491	10,030
LaSalle County	3279	75

11/12/2020

	Cases	Deaths
Worldwide	52,331,462	1,287,051
US	10,421,678	241,949
Illinois	536,542	10,477
LaSalle County	4121	89

Current LaSalle County Case Data as of 11/13/2020*

Age Range	M	F	% by age group	% of reported deaths
0-9	86	71	3.60	0.00
10-19	159	235	9.04	0.00
20s	329	417	17.11	0.00
30s	280	329	13.97	0.00
40s	291	342	14.52	1.08
50s	324	370	15.92	2.15
60s	274	257	12.18	8.60
70s	138	151	6.63	15.05
80s	95	107	4.63	35.48
90s	34	63	2.23	33.33
100s	0	7	0.16	4.30
UNK				
Total	2010	2349		
%	46.11	53.89		
TOTAL CASES				

Total Deaths	93
Deaths by Age	
20's	0
30's	0
40's	1
50's	2
60's	8
70's	14
80's	33
90's	31
100s	4
Deaths by Gender	
Males	43
Females	50

Case by Month Summary

	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Number Cases	6	50	98	67	261	778	504	968	1627	
% of total cases	0.14	1.15	2.25	1.54	5.99	17.85	11.56	22.21	37.33	

Deaths by Month Summary

	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Number Deaths	1	0	12	4	1	30	9	11	25	
% of total Deaths	1.08	0.00	12.90	4.30	1.08	32.26	9.68	11.83	26.88	

11.06.20

Town	Current Total	% of County Cases
Cedar Point	10	0.30%
Dana	5	0.15%
Earlville	46	1.40%
Grand Ridge	34	1.04%
LaSalle	366	11.16%
Leland	34	1.04%
Lostant	16	0.49%
Marseilles	228	6.95%
Mendota	422	12.87%
Millington	9	0.27%
Oglesby	152	4.64%
Ottawa	617	18.82%
Peru	340	10.37%
Ransom	12	0.37%
Rutland	NA	NA
Sandwich	127	3.87%
Serena	11	0.34%
Seneca	55	1.68%
Sheridan	112	3.42%
Somonauk	53	1.62%
Streator	535	16.32%
Tonica	24	0.73%
Troy Grove	10	0.30%
Utica	51	1.56%
Other**	10	0.30%
TOTAL CASES	**3279**	

11.13.20

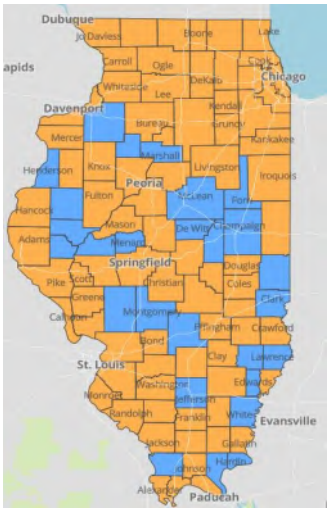
Town	Current Total	Increase since last week	*% of Total County Cases*
Cedar Point	12	2	0.28%
Dana	5	0	0.11%
Earlville	59	13	1.35%
Grand Ridge	42	8	0.96%
LaSalle	492	126	11.29%
Leland	44	10	1.01%
Lostant	25	9	0.57%
Marseilles	307	79	7.04%
Mendota	524	102	12.02%
Millington	13	4	0.30%
Oglesby	207	55	4.75%
Ottawa	841	224	19.29%
Peru	472	132	10.83%
Ransom	14	2	0.32%
Rutland	5	5	0.11%
Sandwich	159	32	3.65%
Serena	15	4	0.34%
Seneca	88	33	2.02%
Sheridan	139	27	3.19%
Somonauk	70	17	1.61%
Streator	703	168	16.13%
Tonica	31	7	0.71%
Troy Grove	10	0	0.23%
Utica	71	20	1.63%
Other**	11	1	0.25%
TOTAL CASES	**4359**	**1080**	

*Note these numbers are adjusted based on the number of cases transferred to other locations.
** Number of LaSalle County Cases in Communities with less than 5 cases

NOTE: This week's cases include 85 tracked probable cases that were added to cumulative count.

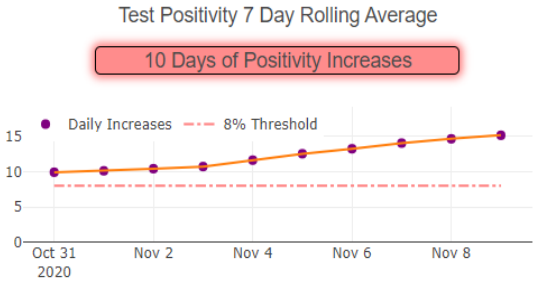
Illinois Counties at Warning Level

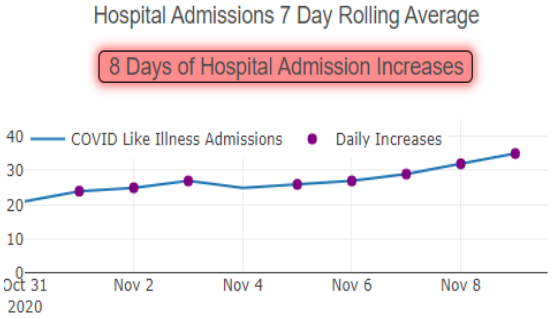
Last Week
11.06.2020

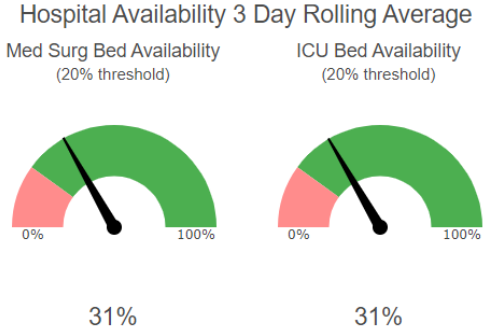


This Week
11.13.2020

Region 2 Summary - 11/12/2020







County Level COVID-19 Risk Metrics – 11/01-11/07/2020

New Cases Per 100,000 Case rate reported Sun-Sat (Target: less than 50 per 100,000) **705 per 100K**	**Number of Deaths** Death number reported Sun-Sat (Target: decreasing or stable Sun-Sat) **6**	**Test Positivity (%)** (%) positive tests reported Sun-Sat (Target: less than or equal to 8 %) **19 %**
Tests Performed Number of tests reported Sun-Sat (Target: Testing is Sufficient when test positivity is less than or equal to 8 %) **4083**	**CLI ED Visits (%), Adults** Emergency Department visits for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **8.0 %**	**Number of CLI Admissions** Hospital admissions for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **17**
Cluster (%) of cases No Target This metric helps explain large increase in cases **8.4 %**	**ICU (%) Available** ICU bed availability (Target: at least 20% of ICU beds available) **37.2 %**	Metrics in target Range Metrics outside Target Range More information at https://dph.illinois.gov/countymetrics

Local Testing Information

LaSalle County Health Department

All COVID-19 Testing MUST Be Scheduled with the LaSalle County Health Department before arriving on site.

*Rapid COVID -19 Testing

These rapid tests are meant to be used on:

- Excluded symptomatic children who are **not** a close contact to a confirmed case, to help get them back into school.
- Employees who need a negative test result to return to work.
- Anyone who is planning to travel or has traveled.

Testing will be done at the LaSalle County Health Department parking lot at 717 Etna Road, Ottawa, IL. The test performed will be an anterior nasal swab. The results will be given in 15 minutes. Testing will be performed Monday through Friday from 9:00 am – 3:00 pm, and Saturdays 9:00 am – 12:00 pm. **Anyone in need of rapid testing needs to call the Health Department at (815) 433-3366 to pre-register.**

*Close Contact Testing

- Close contacts of confirmed cases will be tested with the (PCR) COVID-19 test.
- The best time for individuals to be tested after an exposure with a positive case is 5-7 days from the last date of exposure.
- Testing of close contacts will be done in our parking lot **by appointment only**.

Please note—A negative test does not get a person out of quarantine.

*Weekly Drive-Thru Testing Site

- A drive-thru COVID-19 Community Based Testing Site (CBTS) is held on a weekly basis at the LaSalle County Emergency Management Agency Building (EMA) at 711 E Etna Rd, Ottawa. The site will be open on Wednesdays from 9:00 a.m. to 11:00 a.m. and will run **by appointment only**.
- This testing site is open to all regardless of symptoms, no Doctor's order is required. Health insurance will be billed.
- **Individuals are required to schedule an appointment by calling 815-433-3366 prior to arriving on site.** Instructions including wearing a mask, bringing a Photo ID, and directions for how to drive into the site will be provided at that time.

Illinois Valley Community Hospital

IVCH is proud to offer Covid-19 testing for both those with symptoms or who have had an exposure to a COVID-19 case.
Patients seeking Covid-19 testing may either call their IVCH primary care provider for an order or may call the IVCH Covid-19 Hotline 9am – 5 pm weekdays and 10am – 4 pm weekends, at 815-780-3425 to speak to a nurse regarding testing. All Covid-19 tests must be ordered by a provider. Testing is available Monday through Friday and by appointment only.
Covid-19 tests take approximately 72 hours to receive a result. All patients will be notified of their test result by phone.

IVCH Care Today and the Emergency Room do not provide routine COVID-19 testing.

Morris Hospital

Morris Hospital offers nasal swab testing by appointment for symptomatic individuals with a physician's order. Testing is available for individuals of all ages from 7:30 a.m. to 2 p.m., Monday-Friday. Appointments are required – no exceptions. Testing is NOT available at this time for asymptomatic individuals due to a nationwide shortage of the testing reagent. Testing is performed through the drive-up testing site on the Morris Hospital campus at the corner of Lisbon & High Streets on the far southwest corner of the hospital campus. When you arrive on the hospital campus, please follow the Drive-Thru Testing directional signs on Lisbon Street or High Street. Patients are required to have photo ID, insurance card and sign a release at the time of their test.

After a physician places an order for your test, a Scheduling representative from Morris Hospital will call you to schedule. Please allow up to 72 hours for test results to get sent to the ordering physician, who will inform you of your results. You can also check your patient portal for test results or contact the provider who ordered the test. Please remain at home, away from others while you are waiting for your test results.

OSF HealthCare Saint Elizabeth Medical Center

If you suspect you have novel coronavirus (COVID-19) and it is not an emergency, DO NOT go to a hospital or doctor's office. Instead, use one of the care options that best fits your needs below.

- Clare, our 24/7 virtual assistant chatbot at osfhealthcare.org/covid19, can educate you, screen you for COVID-19 and connect you to further care if needed.
- You can call the 24/7, COVID-19 Nurse Hotline* at 1-(833) OSF-KNOW (1-833-673-5669).
- Contact your OSF Primary Care Provider, and they can order the test for you.
- If you have a Primary Care Provider that is not an OSF Provider, they can fax an order to (815) 431-3072 (OSF Prompt Care Ottawa, 1640 1st Avenue, Ottawa).
- If you do not have a Primary Care Provider, you can be seen at one of the below locations and they can order a test for you if indicated:
    - OSF Prompt Care - Ottawa (8 a.m. - 8 p.m. daily) at (815) 431-9208
    - OSF Urgo – Ottawa (8 a.m. – 8 p.m. daily) at (815) 431-3410
    - OSF Prompt Care – Streator (weekdays 8 a.m. – 6 p.m.) at (815) 673-4545
- If you are experiencing shortness of breath, chest pain, or severe weakness, call 911 or come to your nearest OSF Emergency Department, where a test will be performed during your medical screening exam.

*Staffed by RNs and other health care professionals.

OSF HealthCare Saint Paul Medical Center

If you suspect you have novel coronavirus (COVID-19) and it is not an emergency, DO NOT go to a hospital or doctor's office. Instead, use one of the care options that best fits your needs below.

- Clare, our 24/7 virtual assistant chatbot at osfhealthcare.org/covid19, can educate you, screen you for COVID-19 and connect you to further care if needed.
- You can call the 24/7, COVID-19 Nurse Hotline* at 1-(833) OSF-KNOW (1-833-673-5669).
- Contact your OSF Primary Care Provider, and they can order the test for you.
- If you have a Primary Care Provider that is not an OSF Provider, they can fax an order to our OSF Saint Paul Medical Center lab.
- If you do not have a Primary Care Provider, you can call our OSF Prompt Care - Mendota, (weekdays, 8 a.m. - 5 p.m.) at (815) 538-1311 and they can order a test for you after a quick telephone visit.
- If you are experiencing shortness of breath, chest pain, or severe weakness, you can call 911 or come to our OSF Saint Paul Emergency Department, where a test will be performed during your medical screening exam.

*Staffed by RNs and other health care professionals.

St. Margaret's Hospital

St. Margaret's testing facility requires a physician's order and is perfect for those patients who need a COVID test within 72 hours of a surgery or a procedure. It is also for patients who may have been exposed to a COVID positive person or who is exhibiting symptoms. The patients' primary physician needs to fax an order to the registration department. Insurance information and a copy of a driver's license is also collected.
Testing is available Monday through Friday from 8:30 am to 5pm. Saturday and Sunday, we are open from 8-1pm.
For patients who don't have a physician but are exhibiting signs of an illness, the St. Margaret's Walk-in clinics at Midtown Health Center in Peru or Center for Family Health in Princeton are available. Patients will be offered a virtual or telehealth visit and if warranted, will be sent for a swab.
The St. Margaret's testing center is not a walk-in, public screening center.

Community Based Testing

A list of public and private testing sites can be found on the IDPH website at http://www.dph.illinois.gov/testing.

Location	Address	Times
Arlington Heights	Arlington Racetrack 2000 W Euclid Ave Arlington Heights	8:00am – 4:00pm while daily supplies last
Auburn Gresham	Foreman Mills Shopping Center 122 W. 79th Street Chicago	8:00am – 4:00pm while daily supplies last

Aurora	1650 Premium Outlet Blvd Aurora	8:00am-4:00pm while daily supplies last
***Bloomington**	1106 Interstate Drive Bloomington	9:00am-5:00pm while daily supplies last
Champaign	Market Place Shopping Ctr 2000 N. Neil Street Champaign	8:00am-4:00pm while daily supplies last
***East St. Louis**	Jackie Joyner Kersee Ctr. Argonne Drive East St. Louis	8:00am-4:00pm while daily supplies last
Harwood Heights	6959 W. Forest Preserve Rd. Chicago	7:00am-3:00pm while daily supplies last
***Peoria**	Peoria Civic Center Fulton Street Parking Lot Peoria	8:00am-4:00pm while daily supplies last
Rockford	1601 Parkview Avenue Rockford	8:00am-4:00pm while daily supplies last
South Holland	South Suburban College 15800 State St South Holland	8:00am-4:00pm while daily supplies last
Waukegan	102 W. Water Street Waukegan	8:00am-4:00pm while daily supplies last

* Walk-up testing is available at Bloomington, East St. Louis, and Peoria.

Why did the LaSalle County Health Department Start Counting Probable Cases in their Daily COVID-19 Update?

The LaSalle County Health Department (LCHD) investigates all COVID 19 cases that are reported to the department electronically. A COVID-19 case includes confirmed and probable cases and deaths. The LCHD investigates probable cases the same way we investigate confirmed cases.

Until now the LaSalle County Health Department has only reported confirmed cases, however, the LaSalle County Health Department has tracked and investigated probable cases since April. These cases were not reported at that time as the LaSalle County Health Department was following IDPH guidance and only reporting lab confirmed cases.

However, on Friday, November 6, 2020, the Illinois Department of Public Health (IDPH) began reporting confirmed and probable cases combined in their daily COVID-19 update.

As rapid antigen testing, is becoming more widely available and easily accessible, reporting these results provide a clearer, more accurate picture of the number of cases and the occurrence of COVID 19 in our county.

In addition, due to the amount of rapid antigen tests being utilized in the County, it has become too labor intensive to continue to break out and track probable numbers separately. Therefore, the Health Department will report the numbers together in our daily COVID-19 Update.

As a reminder, a confirmed case is laboratory confirmed via molecular test. A probable case meets clinical criteria AND is epidemiologically linked, or has a positive antigen test. If a probable case is later confirmed, the case will only be counted once.

Illinois Department of Public Health Issued the Following Recommendations to Help Decrease the COVID-19 Positivity Rate

On Wednesday, November 11, 2020 the Illinois Department of Public Health issued the following recommendations to help decrease the positivity rate occurring in Illinois and across all regions:

Work from Home if Possible
For the next three weeks, work with your employer to plan to work from home unless it is necessary for you to be in the workplace. We ask employers to make accommodation for this. Our goal is to reduce transmission as we head into the holidays so businesses and schools can remain open.

Participate in Essential Activities Only
For the next three weeks, stay home as much as possible, leaving only for necessary and essential activities, such as work that must be performed outside the home, COVID-19 testing, visiting the pharmacy, and buying groceries.

Limit Travel and Gatherings
The Centers for Disease Control and Prevention (CDC) and other health experts tell us that gatherings and travel in and out of communities present a high risk of spreading the infection. In our current situation, with a rising prevalence of the virus, attending even small gatherings that mix households, or traveling to areas that are experiencing high rates of positivity, is not advised and is potentially dangerous. Please, travel only if necessary.

Source: Illinois Department of Public Health

County Level Risk Metrics – LaSalle County Remains at Orange Warning Level

The LaSalle County Health Department is alerting residents that as of Friday, November 13, 2020, our County-Level COVID-19 Risk Metrics remains at the orange warning level. As a reminder, orange status indicates there are warning signs of increased COVID-19 risk in the county. A warning level means that a county saw increases in two or more COVID-19 risk indicators.

LaSalle County continues to experience a drastic rise in our number of cases. In addition, per the county-level risk metrics provided by the Illinois Department of Public Health, the 7-day test positivity rate has risen significantly above 8%., as well as emergency room (ED) visits for COVID-like illness (CLI) have increased for 2 consecutive weeks by more than 20%. Until LaSalle County can get a handle on the number of new cases being identified each week and slow the community spread that is occurring, LaSalle County will continue to be at risk for remaining at the orange warning level.

The department's contact tracing efforts continue to show small clusters of cases among families and household contacts. Social and family gatherings, household sharing, workplace exposures, long-term care outbreaks and community spread have all contributed to the spike in cases. Getting together in groups, both small and large, without taking appropriate precautions such as social distancing and wearing face coverings is leading to increased transmission and will continue to lead us in the wrong direction. All residents are encouraged to wear a face covering, maintain 6 feet of social distance, wash hands frequently, avoid gatherings with people not in your household, and stay home when ill.
The LaSalle County Health Department also recommends that anyone who has attended a large event or a social gathering where social distancing was not being practiced to monitor themselves for symptoms. We advise anyone who has had exposure to these types of situations to consider being tested for COVID-19 5-7 days after the event or immediately if they begin to develop symptoms.

State Public Health Officials Announced Additional COVID-19 Resurgence Mitigations Take Effect in Regions 5, 7, and 8 on November 11

On Monday, November 9, 2020, Governor Pritzker and the Illinois Department of Public Health (IDPH) announced additional COVID-19 mitigation efforts will be implemented in Region 5 (Southern Illinois), Region 7 (Will and Kankakee counties), and Region 8 (Kane and DuPage counties), beginning at 12:01 a.m. on Wednesday, November 11, 2020. These regions are seeing a test positivity rate that remains above 8 percent and continues to rise after more than 14-days under Tier 1 mitigations, which exceeds the threshold set for establishing additional mitigation measures under the state's Restore Illinois Resurgence Plan.

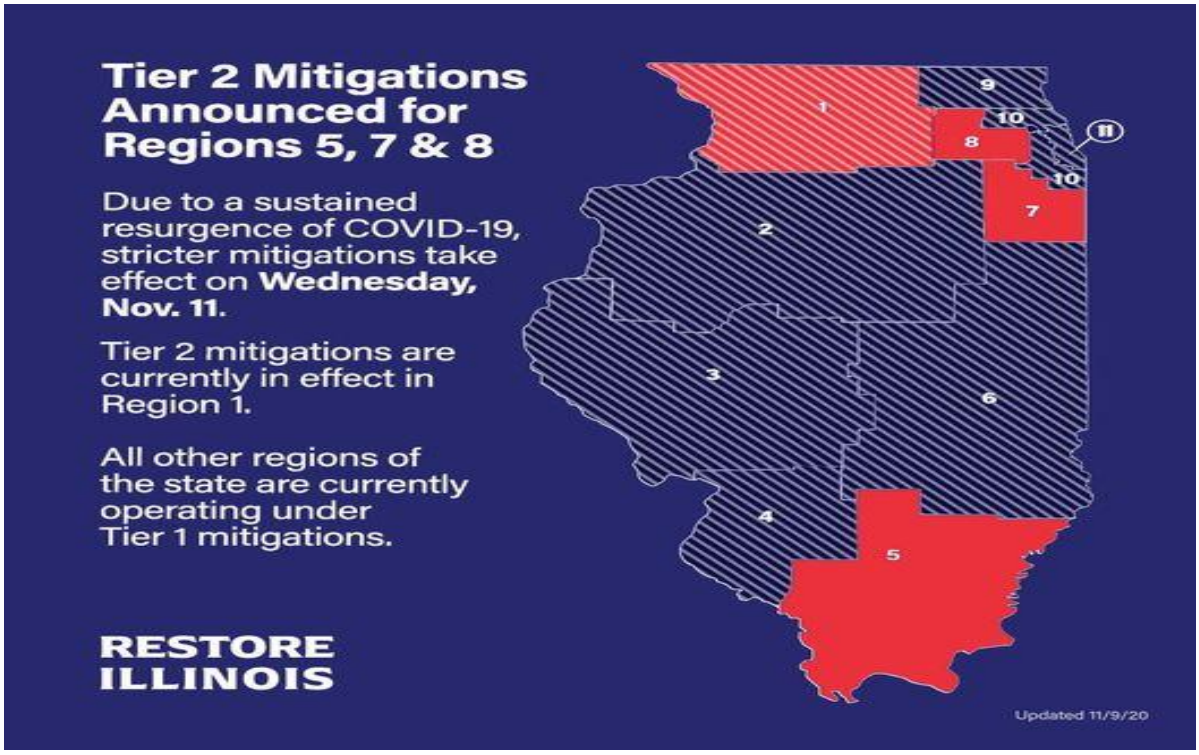
Region 5 has been under Tier 1 of the state's resurgence mitigation plan since October 22 and Regions 7 and 8 since October 23, after seeing a 7-day rolling average test positivity rate of 8 percent or above for three consecutive days. However, the positivity rate has

continued to significantly increase in these regions. Beginning November 11, Regions 5, 7, and 8 will face additional mitigations, such as a tighter gathering cap of 10 individuals rather than 25 and new table caps of six rather than 10 when eating out.

Regions 5, 7 and 8 have seen alarming trends in recent months. As of today, Region 5 is seeing an average positivity rate of 11.5%, with more than twice as many COVID-19 patients entering a hospital each day compared to the summer peak in late August. Regions 7 and 8 each have positivity rates of 13%, with nearly one in seven tests in these regions coming back positive.

In the coming days, IDPH will continue to track the positivity rate in Regions 5, 7, and 8 to determine if mitigations can be relaxed, if additional mitigations are required, or if current mitigation should remain in place. IDPH has been working closely with local health departments in the three regions to provide education to the public and offer information to businesses and organizations on safe ways to reopen.

All 11 regions continue to operate under resurgence mitigation framework. A full list of mitigation measures pertaining to some businesses and industries may be found on the DCEO website here.



Source: Office of Governor JB Pritzker and the Illinois Department of Public Health

State Public Health Officials Release COVID-19 Contact Tracing Data

On Friday, November 6, 2020, Governor JB Pritzker and the Illinois Department of Public Health (IDPH) reported COVID-19 data related to the state's contact tracing operation, building on the administration's commitment to transparency in its data-driven response to the pandemic. This includes statewide COVID-19 data related to outbreaks and exposure locations as well as school-level data in both categories. This statewide data represents all data submitted to the IDPH by the 97 certified local health departments statewide that are responsible for leading contact tracing in their counties and cities. As of late October, 57 of the 97 local health departments are reaching out to more than 90 percent of cases and 86 of the 97 are reaching out to 75 percent or more.

One of the challenges with contact tracing is the public's reluctance to answer a phone call from a number they don't recognize. To make it easier for Illinois residents to identify when a contact tracer is attempting to make contact with them, all calls made by contact tracers have the caller ID "IL COVID HELP." Since this change took effect on Thursday, October 29th, answer rates for both calls to confirmed cases and close contacts have started to improve.

The data available on the IDPH website is representative of information collected by local health departments from their contact tracers. Local health departments are continuing to build out their operations. Metrics are available by region and by local health department as well.

To view the newly released data, go to: http://www.dph.illinois.gov/covid19/contact-tracing

State Public Health Officials Release COVID-19 Exposure and Outbreak Data

The Illinois Department of Public Health (IDPH) will publish data representing outbreaks and exposure locations for cases of COVID-19 in a variety of setting types, to be updated on a weekly basis.

The location of an outbreak is more difficult to identify than the location of an exposure. In this first batch of released data, an outbreak is defined as five or more cases that are linked to a specific setting during a 14-day period. Linked cases must be from different households and not already connected from other sources. While certain settings like a college campus, a factory, or group home make it easier to determine an outbreak, most establishments that are frequented by the public, like restaurants or grocery stores, are harder to determine as the setting of an outbreak.

Exposure data is gathered by contact tracers who ask individuals to recall places and businesses they visited in the 14 days preceding the onset of their symptoms or a positive COVID-19 test. Most individuals will have more than one potential exposure location.

Exposure data provides Illinois residents with information regarding where they are at the greatest risk for catching COVID-19.

In Illinois, the largest single category of exposure statewide is restaurants and bars, a trend that is broadly consistent across state regions. Workplaces and schools are also high on the list of Illinois exposure locations due to the sheer number of people who report to an office or attend in-person learning.

To view the newly released data, go to:
http://www.dph.illinois.gov/covid19/outbreaklocations?regionID=0&rPeriod=1

http://www.dph.illinois.gov/covid19/location-exposure?regionID=0

State Public Health Officials Release COVID-19 School Data

To provide further clarity into how the virus is impacting places of learning, the Illinois Department of Public Health (IDPH) is now making school specific data collected from contact tracing efforts publicly available online. The data is broken down by individual schools, counties and three age groups: 5-11 years, 12-17 years, and 18-22 years. State-level data is not all inclusive as it is limited to outbreaks reported by local health departments and exposure data collected through contact tracing. Individual schools and local health departments remain the most accurate and immediate source of data, which will then get reported by local health departments to IDPH. School districts are required to notify guardians of potential exposure to COVID-19.

As of Friday, November 13, 2020, 8 schools across the state are currently experiencing outbreaks. The reported outbreaks do not include secondary cases that may occur in a household member who has not been in school grounds; however, the data does include people who associated with a COVID-positive student or staff during before and after school programs, like sports. All school-related data will be updated on a weekly basis.

To prevent the further spread of COVID-19, Illinois residents over the age of two years are required to wear a face covering when out in public and social distancing is not easily achievable. Anyone exhibiting symptoms of COVID-19 or who may have been in contact with someone exhibiting symptoms or who has tested positive for the virus should seek out testing and isolate at home.

To view the newly released data, go to:

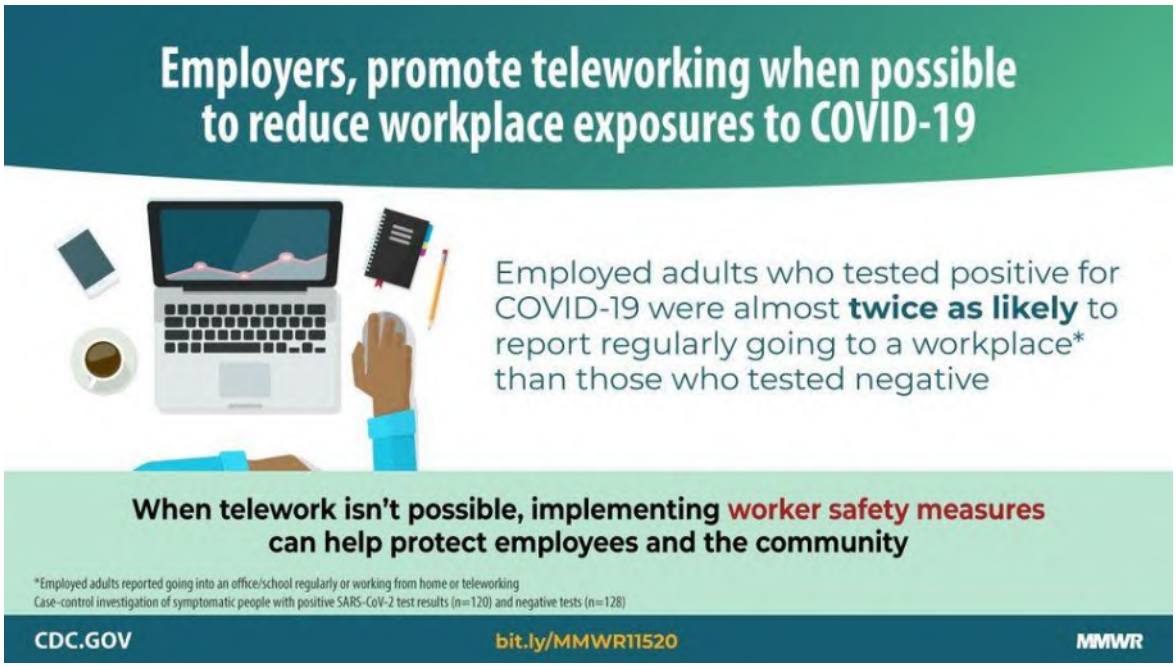
http://www.dph.illinois.gov/covid19/school-aged-metrics?countyName=Illinois

http://www.dph.illinois.gov/covid19/school-exposures?countyName=Illinois

Telework Before Illness Onset Among Symptomatic Adults Aged ≥18 Years With and Without COVID-19 in 11 Outpatient Health Care Facilities — United States, July 2020

On November 6, 2020, the Centers for Disease Control and Prevention (CDC) released a report highlighting possible workplace exposures to COVID-19. Since March 2020, large scale measures to reduce workplace transmission of SARS-CoV-2, including workplace closures and providing telework options, have been implemented. Adults who received positive test results for SARS-CoV-2 infection were more likely to report exclusively going to an office or school setting in the 2 weeks before illness onset, compared with those who tested negative, even among those working in a profession outside of the critical infrastructure.

Businesses and employers should promote alternative work site options, such as teleworking, where possible, to reduce exposures to SARS-CoV-2. Where telework options are not feasible, worker safety measures should continue to be scaled up to reduce possible worksite exposures. Learn more: https://bit.ly/MMWR11520.



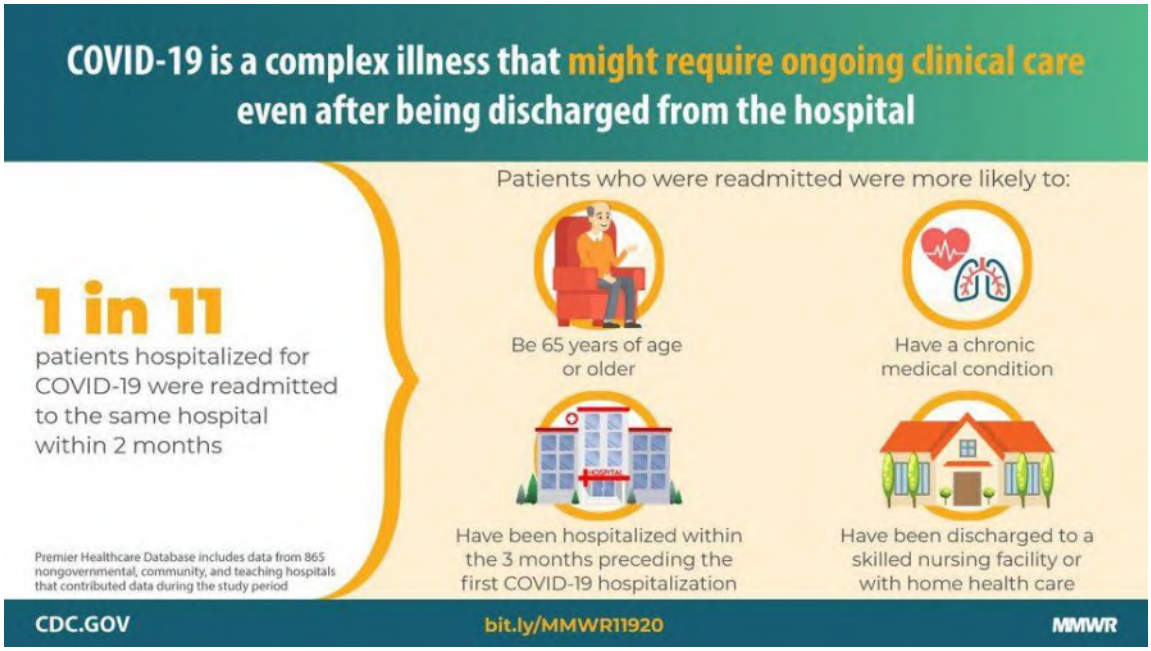
Source: Fisher KA, Olson SM, Tenforde MW, et al. Telework Before Illness Onset Among Symptomatic Adults Aged ≥18 Years With and Without COVID-19 in 11 Outpatient Health Care Facilities — United States, July 2020. MMRW Morb Wkly Rep 2020;69:1648-1653.
DOI: https://bit.ly/MMWR11520.

Characteristics of Hospitalized COVID-19 Patients Discharged and Experiencing Same-Hospital Readmission — United States, March–August 2020

On November 9, 2020, the Centers for Disease Control and Prevention (CDC) released a report highlighting Characteristics of Hospitalized COVID-19 Patients Discharged and Experiencing Same-Hospital Readmission — United States, March–August 2020. Evidence suggests that potential health complications after COVID-19 illness might require ongoing clinical care.

After discharge from an initial COVID-19 hospitalization, 9% of patients were readmitted to the same hospital within 2 months of discharge. Multiple readmissions occurred in 1.6% of patients. Risk factors for readmission included age ≥65 years, presence of certain chronic conditions, hospitalization within the 3 months preceding the first COVID-19 hospitalization, and discharge to a skilled nursing facility or with home health care.

Understanding frequency of, and potential reasons for, readmission after a COVID-19 hospitalization can inform clinical practice, discharge disposition decisions, and public health priorities, such as health care resource planning. Learn more: bit.ly/MMWR11920.



Source: Lavery AM, Preston LE, KO JY, et al. Characteristics of Hospitalized COVID-19 Patients Discharged and Experiencing Same-Hospital Readmission — United States, March–August 2020. MMRW Morb Wkly Rep ePub: 9 November 2020. DOI: bit.ly/MMWR11920.

Find us on:

www.facebook.com/LaSalleCountyHealth

www.twitter.com/LaSalleCoHealth

www.lasallecounty.org

Purpose of the Coalition Bulletin
Publishing a regular newsletter -- weekly, in this case – will help keep our LaSalle County Healthcare Coalition in regular contact with up-to-date information between meetings.
For more information on the web:

- LaSalle County Health Department
- Illinois Department of Public Health
- Centers for Disease Control and Prevention

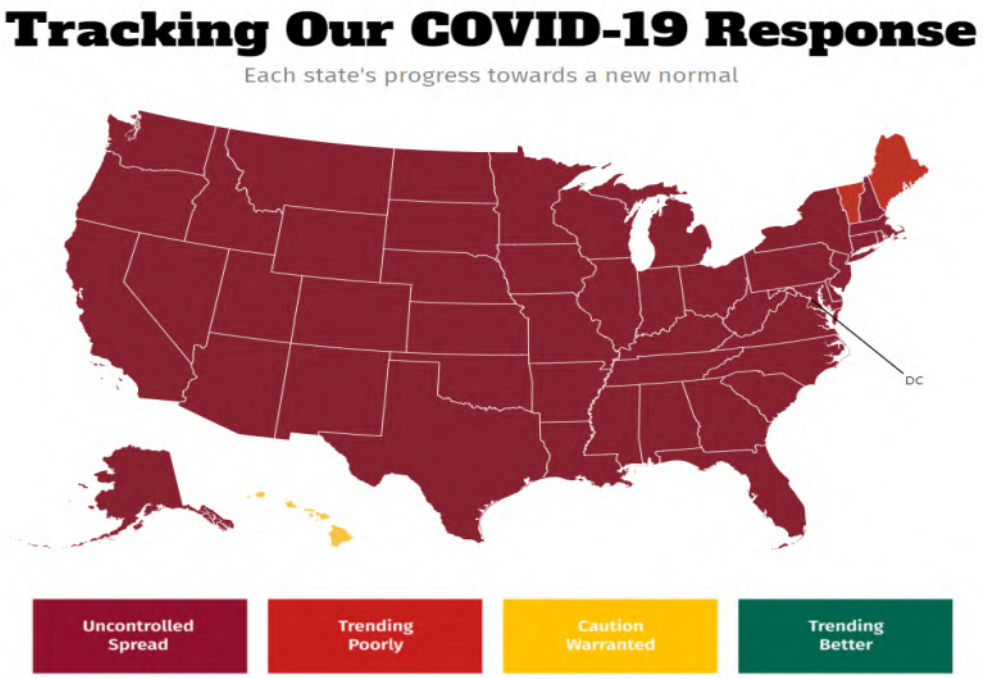
COVID-19 Coalition Bulletin

November 20, 2020

In This Issue

- Coronavirus Disease 2019 – Situational Update
- COVID Numbers at a Glance
- LaSalle County COVID-19 Test Results &Data Summary
- Current LaSalle County Case Counts
- Illinois Counties at Warning Level
- Region 2 Summary
- IDPH County Level COVID-19 Risk Metrics
- Local Testing Information
- Community Based Testing
- Frequently Asked Questions
- County Level Risk Metrics – LaSalle County Remains at Orange Warning Level
- Public Health Officials Announce Tier Three Resurgence Mitigations to Take Effect Statewide on Friday Following Sharp Increase in COVID-19 Cases
- Health Department Urges People To Stay Home If You Test

COVID-19 Situational Update



Map from https://www.covidexitstrategy.org/ which provides state by state data including 14-DAY TREND OF COVID+, LAST 14 DAYS OF COVID+ (ROLLING), INFLUENZA-LIKE ILLNESS, % OF TEST TARGET (US: 500K/DAY), ICU AVAILABILITY, NEW CASES PER MILLION PER DAY, and COVID+ RATE

COVID Numbers at a Glance

This week 11/20/2020

Case Count	Recoveries	Deaths	Active Cases	Percent Recovered	Positivity Rate
5317	2845	111	2361	53.31	20.8 %

Last week 11/13/2020

Case Count	Recoveries	Deaths	Active Cases	Percent Recovered	Positivity Rate
4359	2381	93	1885	54.62 %	19 %

You Are Positive For COVID

- Birth and Infant Outcomes Following Laboratory-Confirmed SARS-CoV-2 Infection in Pregnancy

Note: Positivity Rate is based on IDPH Regional Metric Data

11/12/2020

	Cases	Deaths
Worldwide	52,331,462	1,287,051
US	10,421,678	241,949
Illinois	536,542	10,477
LaSalle County	4121	89

11/19/2020

	Cases	Deaths
Worldwide	56,498,113	1,354,205
US	11,558,241	250,898
Illinois	621,383	11,178
LaSalle County	5178	110

Current LaSalle County Case Data as of 11/20/2020*

Age Range	M	F	% by age group	% of reported deaths
0-9	101	89	3.57%	0.00
10-19	192	279	8.86%	0.00
20s	397	500	16.87%	0.00
30s	346	397	13.97%	0.00
40s	354	432	14.78%	0.90
50s	405	436	15.82%	1.80
60s	339	312	12.24%	8.11
70s	172	187	6.75%	14.41
80s	125	128	4.76%	36.94
90s	48	69	2.20%	32.43
100s	1	8	0.17%	5.41
UNK				
Total	2480	2837		
%	46.64	53.36		
TOTAL CASES		5317		

Total Deaths	
Deaths by Age	
20's	111
30's	
40's	
50's	0
60's	0
70's	1
80's	2
90's	9
100s	16
Deaths by Gender	
Males	57
Females	54

Case by Month Summary

	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Number Cases	6	50	98	67	261	778	504	968	2585	
% of total cases	0.11	0.94	1.84	1.26	4.91	14.63	9.48	18.21	48.62	

Deaths by Month Summary

	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Number Deaths	1	0	12	4	1	30	9	11	43	
% of total Deaths	0.90	0.00	10.81	3.60	0.90	27.03	8.11	9.91	38.74	

11.13.20

Town	Current Total	% of County Cases
Cedar Point	12	0.28%
Dana	5	0.11%
Earlville	59	1.35%
Grand Ridge	42	0.96%
LaSalle	492	11.29%
Leland	44	1.01%
Lostant	25	0.57%
Marseilles	307	7.04%
Mendota	524	12.02%
Millington	13	0.30%
Oglesby	207	4.75%
Ottawa	841	19.29%
Peru	472	10.83%
Ransom	14	0.32%
Rutland	5	0.11%
Sandwich	159	3.65%
Serena	15	0.34%
Seneca	88	2.02%
Sheridan	139	3.19%
Somonauk	70	1.61%
Streator	703	16.13%
Tonica	31	0.71%
Troy Grove	10	0.23%
Utica	71	1.63%
Wenona	NA	
Other**	11	0.25%
TOTAL CASES	**4359**	

11.20.20

Town	Current Total	Increase since last week	*% of Total County Cases*
Cedar Point	13	1	0.24%
Dana	8	3	0.15%
Earlville	85	26	1.60%
Grand Ridge	50	8	0.94%
LaSalle	613	121	11.53%
Leland	56	12	1.05%
Lostant	37	12	0.70%
Marseilles	372	65	7.00%
Mendota	613	89	11.53%
Millington	16	3	0.30%
Oglesby	252	45	4.74%
Ottawa	1045	204	19.66%
Peru	610	138	11.47%
Ransom	21	7	0.40%
Rutland	6	1	0.11%
Sandwich	176	17	3.31%
Serena	18	3	0.34%
Seneca	126	38	2.37%
Sheridan	169	30	3.18%
Somonauk	77	7	1.45%
Streator	794	91	14.94%
Tonica	42	11	0.79%
Troy Grove	15	5	0.28%
Utica	87	16	1.64%
Wenona (LC Cases)	7	7	0.13%
Other**	9	-2	0.17%
TOTAL CASES	**5317**	**958**	

*Note these numbers are adjusted based on the number of cases transferred to other locations.

** Number of LaSalle County Cases in Communities with less than 5 cases

NOTE: This week's cases include 85 tracked probable cases that were added to cumulative count.

Illinois Counties at Warning Level

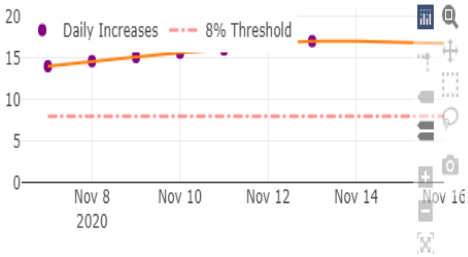
Last Week
11.13.2020

This Week
11.20.2020

Region 2 Summary - 11/19/2020

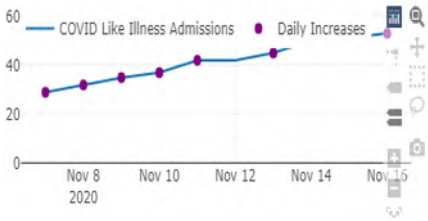
Test Positivity 7 Day Rolling Average

7 Days of Positivity Increases



Hospital Admissions 7 Day Rolling Average

9 Days of Hospital Admission Increases



Hospital Availability 3 Day Rolling Average

Med Surg Bed Availability
(20% threshold)

35%

ICU Bed Availability
(20% threshold)

35%

County Level COVID-19 Risk Metrics – 11/08-11/15/2020

New Cases Per 100,000 Case rate reported Sun-Sat (Target: less than 50 per 100,000) **961 per 100K**	**Number of Deaths** Death number reported Sun-Sat (Target: decreasing or stable Sun-Sat) **13**	**Test Positivity (%)** (%) positive tests reported Sun-Sat (Target: less than or equal to 8 %) **20.8 %**
Tests Performed Number of tests reported Sun-Sat (Target: Testing is Sufficient when test positivity is less than or equal to 8 %) **5192**	**CLI ED Visits (%), Adults** Emergency Department visits for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **10.2 %**	**Number of CLI Admissions** Hospital admissions for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **29**
Cluster (%) of cases No Target This metric helps explain large increase in cases **3.1 %**	**ICU (%) Available** ICU bed availability (Target: at least 20% of ICU beds available) **31.8 %**	Metrics in target Range Metrics outside Target Range More information at https://dph.illinois.gov/countymetrics

Local Testing Information

LaSalle County Health Department

All COVID-19 Testing MUST Be Scheduled with the LaSalle County Health Department before arriving on site.

*Rapid COVID -19 Testing

These rapid tests are meant to be used on:

- Excluded symptomatic children who are **not** a close contact to a confirmed case, to help get them back into school.
- Employees who need a negative test result to return to work.
- Anyone who is planning to travel or has traveled.

Testing will be done at the LaSalle County Health Department parking lot at 717 Etna Road, Ottawa, IL. The test performed will be an anterior nasal swab. The results will be given in 15 minutes. Testing will be performed Monday through Friday from 9:00 am – 3:00 pm, and Saturdays 9:00 am – 12:00 pm. **Anyone in need of rapid testing needs to call the Health Department at (815) 433-3366 to pre-register.**

*Close Contact Testing

- Close contacts of confirmed cases will be tested with the (PCR) COVID-19 test.
- The best time for individuals to be tested after an exposure with a positive case is 5-7 days from the last date of exposure.
- Testing of close contacts will be done in our parking lot **by appointment only**.

Please note—A negative test does not get a person out of quarantine.

*Weekly Drive-Thru Testing Site

- A drive-thru COVID-19 Community Based Testing Site (CBTS) is held on a weekly basis at the LaSalle County Emergency Management Agency Building (EMA) at 711 E Etna Rd, Ottawa. The site will be open on Wednesdays from 9:00 a.m. to 11:00 a.m. and will run **by appointment only**.
- This testing site is open to all regardless of symptoms, no Doctor's order is required. Health insurance will be billed.

- **Individuals are required to schedule an appointment by calling 815-433-3366 prior to arriving on site.** Instructions including wearing a mask, bringing a Photo ID, and directions for how to drive into the site will be provided at that time.

Illinois Valley Community Hospital

IVCH is proud to offer Covid-19 testing for both those with symptoms or who have had an exposure to a COVID-19 case.
Patients seeking Covid-19 testing may either call their IVCH primary care provider for an order or may call the IVCH Covid-19 Hotline 9am – 5 pm weekdays and 10am – 4 pm weekends, at 815-780-3425 to speak to a nurse regarding testing. All Covid-19 tests must be ordered by a provider. Testing is available Monday through Friday and by appointment only.
Covid-19 tests take approximately 72 hours to receive a result. All patients will be notified of their test result by phone.
IVCH Care Today and the Emergency Room do not provide routine COVID-19 testing.

Morris Hospital

Morris Hospital offers nasal swab testing by appointment for symptomatic individuals with a physician's order. Testing is available for individuals of all ages from 7:30 a.m. to 2 p.m., Monday-Friday. Appointments are required – no exceptions. Testing is NOT available at this time for asymptomatic individuals due to a nationwide shortage of the testing reagent. Testing is performed through the drive-up testing site on the Morris Hospital campus at the corner of Lisbon & High Streets on the far southwest corner of the hospital campus. When you arrive on the hospital campus, please follow the Drive-Thru Testing directional signs on Lisbon Street or High Street. Patients are required to have photo ID, insurance card and sign a release at the time of their test.

After a physician places an order for your test, a Scheduling representative from Morris Hospital will call you to schedule. Please allow up to 72 hours for test results to get sent to the ordering physician, who will inform you of your results. You can also check your patient portal for test results or contact the provider who ordered the test. Please remain at home, away from others while you are waiting for your test results.

OSF HealthCare Saint Elizabeth Medical Center

If you suspect you have novel coronavirus (COVID-19) and it is not an emergency, DO NOT go to a hospital or doctor's office. Instead, use one of the care options that best fits your needs below.

- Clare, our 24/7 virtual assistant chatbot at osfhealthcare.org/covid19, can educate you, screen you for COVID-19 and connect you to further care if needed.
- You can call the 24/7, COVID-19 Nurse Hotline* at 1-(833) OSF-KNOW (1-833-673-5669).
- Contact your OSF Primary Care Provider, and they can order the test for you.
- If you have a Primary Care Provider that is not an OSF Provider, they can fax an order to (815) 431-3072 (OSF Prompt Care Ottawa, 1640 1st Avenue, Ottawa).

- If you do not have a Primary Care Provider, you can be seen at one of the below locations and they can order a test for you if indicated:
    - OSF Prompt Care - Ottawa (8 a.m. - 8 p.m. daily) at (815) 431-9208
    - OSF Urgo – Ottawa (8 a.m. – 8 p.m. daily) at (815) 431-3410
    - OSF Prompt Care – Streator (weekdays 8 a.m. – 6 p.m.) at (815) 673-4545
- If you are experiencing shortness of breath, chest pain, or severe weakness, call 911 or come to your nearest OSF Emergency Department, where a test will be performed during your medical screening exam.

*Staffed by RNs and other health care professionals.

OSF HealthCare Saint Paul Medical Center

If you suspect you have novel coronavirus (COVID-19) and it is not an emergency, DO NOT go to a hospital or doctor's office. Instead, use one of the care options that best fits your needs below.

- Clare, our 24/7 virtual assistant chatbot at osfhealthcare.org/covid19, can educate you, screen you for COVID-19 and connect you to further care if needed.
- You can call the 24/7, COVID-19 Nurse Hotline* at 1-(833) OSF-KNOW (1-833-673-5669).
- Contact your OSF Primary Care Provider, and they can order the test for you.
- If you have a Primary Care Provider that is not an OSF Provider, they can fax an order to our OSF Saint Paul Medical Center lab.
- If you do not have a Primary Care Provider, you can call our OSF Prompt Care - Mendota, (weekdays, 8 a.m. - 5 p.m.) at (815) 538-1311 and they can order a test for you after a quick telephone visit.
- If you are experiencing shortness of breath, chest pain, or severe weakness, you can call 911 or come to our OSF Saint Paul Emergency Department, where a test will be performed during your medical screening exam.

*Staffed by RNs and other health care professionals.

St. Margaret's Hospital

St. Margaret's testing facility requires a physician's order and is perfect for those patients who need a COVID test within 72 hours of a surgery or a procedure. It is also for patients who may have been exposed to a COVID positive person or who is exhibiting symptoms. The patients' primary physician needs to fax an order to the registration department. Insurance information and a copy of a driver's license is also collected.
Testing is available Monday through Friday from 8:30 am to 5pm. Saturday and Sunday, we are open from 8-1pm.
For patients who don't have a physician but are exhibiting signs of an illness, the St. Margaret's Walk-in clinics at Midtown Health Center in Peru or Center for Family Health in Princeton are available. Patients will be offered a virtual or telehealth visit and if warranted, will be sent for a swab.
The St. Margaret's testing center is not a walk-in, public screening center.

Community Based Testing

A list of public and private testing sites can be found on the IDPH website at http://www.dph.illinois.gov/testing.

Location	Address	Times
Arlington Heights	Arlington Racetrack 2000 W Euclid Ave Arlington Heights	8:00am – 4:00pm while daily supplies last
Auburn Gresham	Foreman Mills Shopping Center 122 W. 79th Street Chicago	8:00am – 4:00pm while daily supplies last
Aurora	1650 Premium Outlet Blvd Aurora	8:00am-4:00pm while daily supplies last
***Bloomington**	1106 Interstate Drive Bloomington	9:00am-5:00pm while daily supplies last
Champaign	Market Place Shopping Ctr 2000 N. Neil Street Champaign	8:00am-4:00pm while daily supplies last
***East St. Louis**	Jackie Joyner Kersee Ctr. Argonne Drive East St. Louis	8:00am-4:00pm while daily supplies last
Harwood Heights	6959 W. Forest Preserve Rd. Chicago	7:00am-3:00pm while daily supplies last
***Peoria**	Peoria Civic Center Fulton Street Parking Lot Peoria	8:00am-4:00pm while daily supplies last
Rockford	1601 Parkview Avenue Rockford	8:00am-4:00pm while daily supplies last
South Holland	South Suburban College 15800 State St South Holland	8:00am-4:00pm while daily supplies last
Waukegan	102 W. Water Street Waukegan	8:00am-4:00pm while daily supplies last

* Walk-up testing is available at Bloomington, East St. Louis, and Peoria.

Should I consider changing my Thanksgiving traditions and plans this year?

Thanksgiving is almost here. It falls at a time when we are encouraging people to stay home or keep gatherings very small. The Director of the Illinois Department of Public Health (IDPH), Dr. Ngozi Ezike, encouraged residents to reconsider Thanksgiving plans as COVID infection numbers increase. "Things are getting worse and so those initial plans you made several months ago, even several weeks ago may need to change," she said. "Do your plans include those who are over 60? Do your plans include those who have medical conditions that put them at high risk? Are some of your intended guests pregnant? You have to be thinking about all of these things before you bring additional people into your home."

IDPH has some general tips on holiday gatherings. Remember, the safest plan is to only have the holiday with those from your own household. If you do have guests, limit and keep the following in mind: http://www.dph.illinois.gov/sites/default/files/COVID19/COVID-19_HolidaySeasonSafetyTips_GraphicVersion.pdf

State of Illinois
Illinois Department of Public Health

COVID-19
Holiday Season Safety Tips

The holidays bring opportunities to celebrate special traditions and meaningful moments with the people in our lives. As you prepare for November and December holidays, including but not limited to: Día de Los Muertos; Diwali; Kwanzaa; Thanksgiving; Hanukkah; Christmas Eve/Christmas; and New Year's Eve. When planning these Holiday Planning Safety Tips can help protect you, your family, friends, and your community from COVID-19.

Travel Considerations

If traveling this holiday season, consider the mode of transportation (plane, car, bus, train), the dates you will be traveling, and your risk to COVID-19 exposure while traveling. Carry a small personal sanitizing kit that contains hand sanitizer, disinfecting wipes, and extra masks.

Driving your own vehicle will reduce your exposure to COVID-19. If you need to use commercial or public transportation, be aware of and try to avoid the busiest travel times. Also, reconsider travel during the holiday season and consider holding special remote gatherings or small gatherings at home.

Overnight Guests

If you plan to have or be an overnight guest, the host and guests should communicate about what is expected ahead of time.

Identify a room where an individual can isolate should they develop symptoms or test positive whilevisiting. Make sure everyone understands the importance of wearing a mask and social distancing. Ensure that soap and sanitizer are available, and clean frequently touched surfaces.

Holiday Shopping

Consider alternative ways to purchase gifts other than visiting stores in person, where possible.

Stay home if you have tested positive or have symptoms of COVID-19, which can include fever or chills, cough, shortness of breath, or other symptoms.

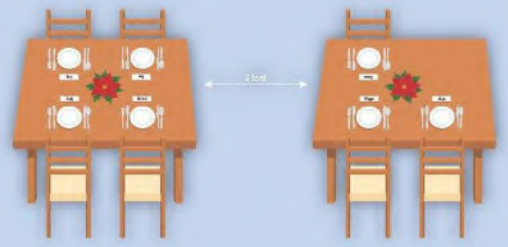
Lower Risk. Consider shopping online.

Medium Risk. If you choose to shop in-person, wear your mask and maintain 6 feet of distance between you and others. Try to shop at off-peak times when there are fewer shoppers.

Higher Risk. High-risk activities include in-person sale promotions or holiday activities that encourage large crowds and lining up for limited supply deals, which make social distancing a challenge.

Holiday Meals

- Limit the number of people for which social distancing is possible before, during, and after the meal.
- Consider single-use disposable utensils and dishware for serving and eating meals.
- Wash and disinfect guest areas before and after holiday gatherings.



Additional Considerations

- Avoid the throng of people shopping for holiday meals by purchasing groceries online.
- Delivering holiday foods, dessert, or décor at the door of extended family, elders, friends, or neighbors is another warm and safer way to celebrate a season of giving.
- Consider virtual caroling or reciting as an option.

IDPH
Illinois Department of Public Health

Questions about COVID-19?
Call 1-800-889-3931 or email dph.sick@illinois.gov
Illinois Department of Public Health - www.dph.illinois.gov

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County Level Risk Metrics – LaSalle County Remains at Orange Warning Level

The LaSalle County Health Department is alerting residents that as of Friday, November 20, 2020, our County-Level COVID-19 Risk Metrics remains at the orange warning level. LaSalle County has remained at warning level status since November 6th. As a reminder, orange status indicates there are warning signs of increased COVID-19 risk in the county. A warning level means that a county saw increases in two or more COVID-19 risk indicators.

LaSalle County continues to experience a drastic rise in our number of cases. In addition, per the county-level risk metrics provided by the Illinois Department of Public Health, the 7-day test positivity rate has remained significantly above 8%. Until LaSalle County can get a handle on the number of new cases being identified each week and slow the community spread that is occurring, LaSalle County will continue to be at risk for remaining at the orange warning level.

To prevent the further spread of COVID-19, residents are urged to stay home as much as possible and celebrate upcoming holidays with members of their household. Illinoisans over the age of two years are required to wear a face covering when out in public and social distancing is not easily achievable. Anyone exhibiting symptoms of COVID-19 or who may have been in contact with someone exhibiting symptoms should seek out testing and quarantine at home; anyone who has tested positive for the virus should isolate at home as directed by their physician or local health department.

Public Health Officials Announce Tier Three Resurgence Mitigations to Take Effect Statewide on Friday Following Sharp Increase in COVID-19 Cases

With a new wave of COVID-19 surging across the state of Illinois, the Midwest and the nation, Governor JB Pritzker and the Illinois Department of Public Health (IDPH) announced additional COVID-19 resurgence mitigations will take effect in every region across the state in an attempt to slow the spread of the virus. Tier 3 mitigations build on the Resurgence Mitigation Plan released in July to suppress the spread of the virus and prevent hospitals from becoming overrun. This latest round of mitigations aims to limit gatherings and encourages residents to stay home as much as possible and follow proper safety measures when out in public. The mitigations carefully balance the paramount goal of saving lives while preserving the option for in-person learning for children and protecting as much of the economy as possible from the continued impacts of the virus. The Tier 3 resurgence mitigations will take effect statewide at 12:01 am on Friday, November 20, 2020.

"To stop this spread and preserve some semblance of the holidays, all of us need to do more than just wear our masks now – though masks are mandatory throughout the state. The simple fact is that COVID-19 is spreading so quickly and so widely, and our hospitals are beginning to experience real strain and at the current infection rate they will be overwhelmed. So whenever possible, we need you to stay home," said Governor JB Pritzker. "I'm hopeful that by limiting our in-person interactions, we will succeed at avoiding a stay at home order like what we had in the spring – when the choice between saving lives and saving livelihoods was even more stark. Tier 3 may allow us to do both. Like in other states like Michigan and California and Washington, it's our best effort to avoid a stay-at-home order and save lives." The first tiers of the Resurgence Mitigation Plan initially suppressed the virus and protected the progress Illinois made towards bending the curve during the Spring, while allowing each of the state's eleven regions to progress through the phases based on local metrics. But with COVID-19 spread now exponential in every region of the state, our statewide positivity rate at record highs and hospitalizations already surpassing our Spring peak, an additional tier of more stringent, statewide mitigations is required to combat the surge and preserve hospital capacity.

"There is no denying that the state is headed in the wrong direction with increased cases, hospitalizations, and deaths," said IDPH Director Dr. Ngozi Ezike. "There also is no denying that reducing the opportunities for the virus to spread can reverse our direction. This includes staying home as much as possible, wearing a mask and keeping social distance when we do have to go out, and not gathering with people outside our households. Until a vaccine is widely available and people understand the importance of being vaccinated, we must continue to take preventive actions to stop the transmission of the virus. Right now, our preventive actions are the best way to prevent new cases, hospitalizations, and deaths." While this latest round of mitigations does not include a stay at home order, if the mitigations are not adhered to and cases continue to rise in the weeks ahead, another order may be required. For all regions, additional mitigation measures taking effect Friday, November 20th include guidance for the following settings and industries:

- Retail
- Personal Car Services
- Health and Fitness Centers
- Hotels
- Manufacturing
- Bars and Restaurants
- Meetings and Social Events
- Offices
- Organized Group Recreational Activities
- Indoor Recreation, Theater, Cultural Institutions

As they have since the start of COVID-19, grocery stores across the state will remain open and available. Child care facilities may continue to operate subject to guidelines from the Illinois Department of Children and Family Services. School districts and officials should continue to follow the extensive guidance released by the Illinois State Board of Education in August to make decisions related to in-person and remote learning at the local level. View the complete list of Tier 3 resurgence mitigations on the state's COVID-19 website: https://dceoresources-ss-assets.s3.us-east-2.amazonaws.com/public/Restore-Illinois/Tier-3-COVID-19-Resurgence-Mitigations.pdf

To prevent the further spread of COVID-19, Illinois residents are urged to stay home as much as possible and celebrate upcoming holidays with members of their household. Illinoisans over the age of two years are required to wear a face covering when out in public and social distancing is not easily achievable. Anyone exhibiting symptoms of COVID-19 or who may have been in contact with someone exhibiting symptoms should seek out testing and quarantine at home; anyone who has tested positive for the virus should isolate at home as directed by their physician or local health department.

IDPH will continue to track the positivity rates and hospital capacity metrics in regions over a 14-day monitoring periods to determine if mitigations can be relaxed, if additional mitigations are required, or if current mitigation should remain in place. In order for a region to move back to Tier 2 mitigations, a region must experience less than 7-day 12 percent test positivity average for three consecutive days AND greater than 20 percent available intensive care unit (ICU) and hospital bed availability for three consecutive days AND declining 7-day COVID hospitalizations average in 7 out of the last 10 days. Follow the latest regional metrics at: https://dph.illinois.gov/regionmetrics

In response to the rising test positivity rate statewide, the administration continues to strengthen its nation-leading testing operation. Last week, the state reported a record high of 114,370 tests within a 24-hour period, now averaging more than 97,800 tests per day. Although the administration continues to build upon this progress, the state's rate of growth in positivity is outpacing the growth in testing. It is critical to get tested before developing symptoms, as testing remains free to all Illinois residents and readily available throughout the state. To find a testing center near you, please visit DPH.Illinois.Gov/Testing.

"Tier 3 boils down to this: if you don't need to do it, don't." – Gov. Pritzker

Source: Office of Governor JB Pritzker and the Illinois Department of Public Health

RESTORE ILLINOIS

Tier 3 Resurgence Mitigations

With a new wave of COVID-19 surging across the state of Illinois and the nation, the state is committed to listening to public health experts and following the science to keep people safe. Tier 3 builds on the Resurgence Mitigation Plan first released in July to suppress the spread of the virus and ensure our hospitals do not become overrun. This new tier aims to limit gatherings and encourages people to stay home to the greatest extent possible, while permitting some industries to remain open at significantly reduced capacities with proper safety measures in place. All detailed Phase 4 operational guidance remains in effect. Where Phase 4 guidance and Tier 3 Mitigations imply different standards, the more restrictive Tier 3 Mitigations will apply. School districts and local officials should follow extensive guidance released by IDPH and ISBE in August and make decisions related to in-person and remote learning at the local level, based on the unique needs of their communities. Child care facilities may continue to operate subject to DCFS guidelines.

With COVID-19 spread now exponential in every region of the state, our statewide positivity rate at record highs and hospitalizations already surpassing our Spring peak, all 11 regions will move into Tier 3 **effective Friday, November 20, 2020 at 12:01am. The new mitigation requirements to combat the surge of COVID-19 across Illinois are as follows:**

SETTING	MITIGATION REQUIREMENTS
Bars and restaurants	• All bars and restaurants close at 11pm and may reopen no earlier than 6am the following day • No indoor service • All bar and restaurant patrons should be seated at tables outside • No ordering, seating, or congregating at bar (bar stools should be removed) • Tables should be 6 feet apart • No standing or congregating outdoors while waiting for a table or exiting • No dancing or standing indoors • No tables exceeding 6 people • Reservations required for each party • No seating of multiple parties at one table • Indoor gaming terminals must suspend operations • Includes private clubs and country clubs
Health and fitness centers	• Operate at no more than 25% capacity • No indoor group classes • Face coverings must be worn at all times, including while engaged in individual exercise regardless of person or machine spacing • Reservations required • Locker room areas should be closed
Hotels	• Hotel room occupancy should be limited to registered guests only, with the maximum allowance being the number of individuals permissible per existing fire code for each applicable guest room • Fitness centers should be closed, or operated only on a reservation model with capacity limited to 25% of the maximum occupancy for the room • Grab and go food allowed • Event and meeting space closed

SETTING	MITIGATION REQUIREMENTS
Indoor recreation, theaters, cultural institutions (e.g. casinos, bowling, arcades, movie theaters, museums and zoos)	• Gaming and casinos close • Indoor recreation centers, including theaters, performing arts centers and indoor museums and amusement centers, close • Live streaming of performances encouraged with social distancing of performers and minimum operational staff • Outdoor activities allowed at 25% capacity or less • Outdoor group activities limited to 10 persons or less, participants/guests must wear face coverings at all times • Reservations required for each guest for outdoor activities
Manufacturing	• Additional COVID training for all employees required even if previous training occurred • Operators should coordinate with IDPH to implement testing protocols and contact tracing, upon request, consistent with available testing supplies • All employees must wear face coverings at all times unless eating or drinking. Exemptions only for safety purposes. • Only manufacturing staff and key personnel allowed in facilities. Non-production employees must work remotely. Non-essential staff and visitors are not permitted. Exemptions only for critical equipment repairs, supply deliveries and safety reasons ("critical visitors"). • All critical visitors must have an Employee Health and Safety (EHS)-approved risk-assessment done in advance, including travel history, tracking, and temperature check prior to entrance. • Implement additional workstation realignment when feasible • Stagger and space shifts, and designate shift entrances and exits (when possible) to minimize interactions of employees across unique shift groupings • Station sanitation required at beginning and ending of shifts • Operators must suspend COVID-related incentive pay and promote staying home when sick or showing symptoms • Implement temporary leave policies to accommodate workers who are sick • Develop and implement safety protocols for employee travel vans to promote spacing, require face coverings, temperature checks, air circulation, and vehicle sanitization
Meetings, social events and gatherings (including weddings, potlucks, etc.)	• Limit in home gatherings to household members • Meeting rooms, banquet centers, private party rooms, private clubs and country clubs may not host gatherings • No party buses • Funerals are limited to 10 family members of the decedents, not including staff, see IDPH guidance
Office	• All employees who can work remotely should work remotely

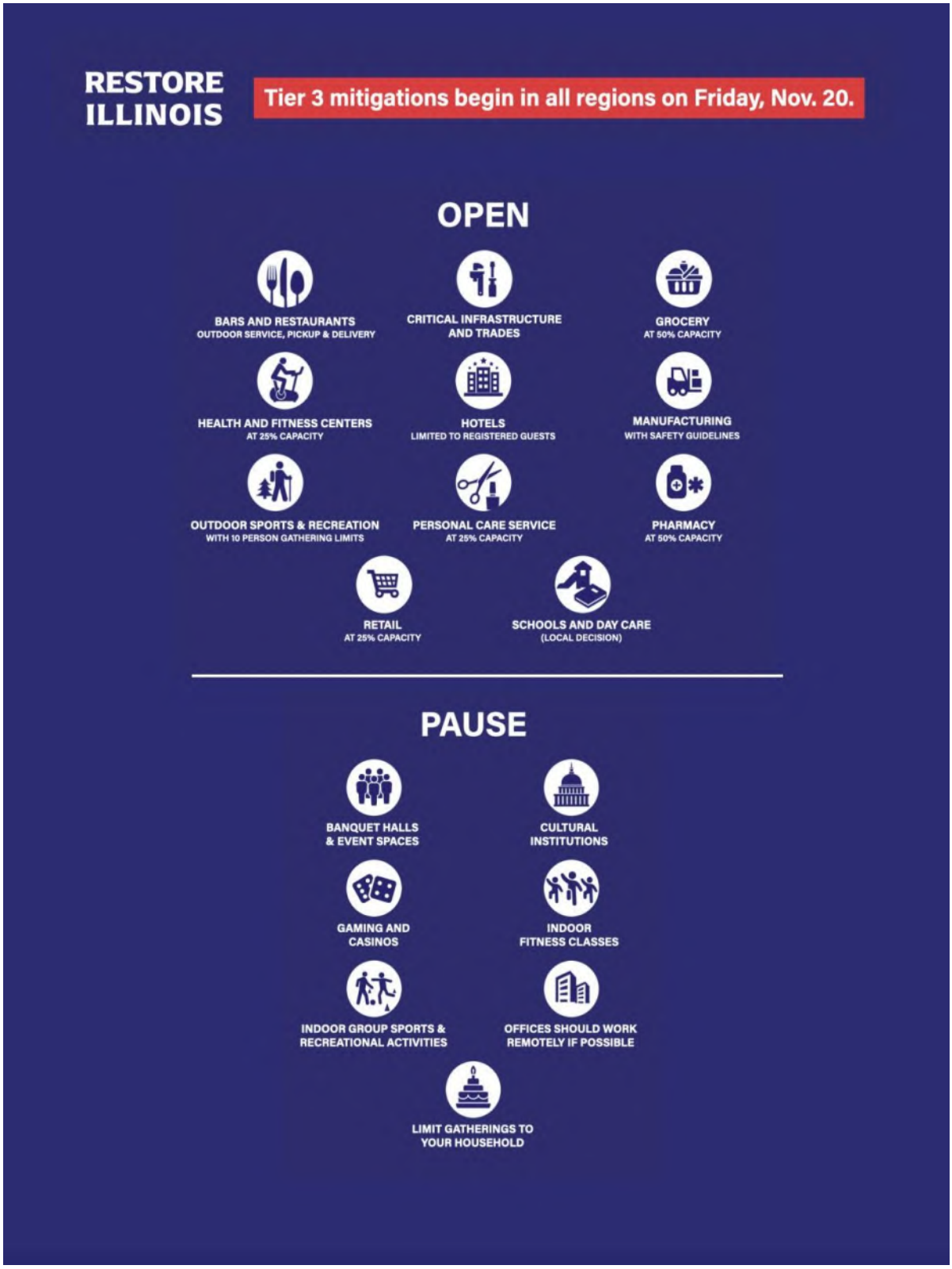
SETTING	MITIGATION REQUIREMENTS
Organized group recreational activities (sports, indoor sports and activity facilities, etc.)	• Pause all indoor group sporting and recreational activities including youth and adult recreational sports, individual training may remain (with facility reservation) • Includes park districts and travel leagues • Outdoor sports and recreation allowed • Participant groups and practices outdoors limited to 10 persons or less with social distancing • Face coverings required for all activities at all times • Locker rooms should be closed
Personal care service	• Operate at lesser of 25 clients or 25% capacity • Face coverings must be worn at all times by clients and service providers • Suspend services where a face covering cannot be worn (e.g. facials, beard trims) • Physical, occupational and massage therapy allowed as deemed necessary by a medical provider, but appointments must be spaced by a minimum of 15 minutes and facilities should take steps to sanitize and circulate clean air through service rooms before and after each service • Virtual consultations recommended
Retail (including service counters)	• Operate at no more than 25% capacity, including general merchandise stores, "big box" stores that offer groceries and pharmacy, and convenience stores • Grocery stores and pharmacies may operate at up to 50% capacity • Encourage delivery or curbside pickup options wherever possible • When in-store shopping is necessary, promote efficient trips and consistent circulation

The provisions above apply to industries/sectors with Restore Illinois Phase 4 guidance or other mitigations. Other functions (i.e. infrastructure, governments, logistics and warehousing, etc.) that previously have not been subject to specific guidance may continue regular operations but are encouraged to voluntarily take proactive steps to support new mitigation strategies wherever possible. In these areas, customer serving functions should be limited to 25% capacity, aligned with retail mitigations, and maximize work from home wherever possible.

IDPH will continue to track the positivity rates and hospital capacity metrics in regions over 14-day monitoring periods to determine if mitigations can be relaxed, if additional mitigations are required, or if current mitigation should remain in place. In order for a region to move back to Tier 2 mitigations, a region must experience less than 12% 7-day average test positivity rate for three consecutive days AND greater than 20% available intensive care unit (ICU) and hospital bed availability for three consecutive days AND declining 7-day average COVID hospitalizations for 7 out of the last 10 days.

Follow the latest regional metrics at: https://dph.illinois.gov/regionmetrics

For more information on guidance for businesses and frequently asked questions (FAQ) please visit the FAQ on DCEO's website



Source: Office of Governor JB Pritzker and the Illinois Department of Public Health

Health Department Urges People To Stay Home If You Test You Are Positive For COVID

Due to the number of active cases, contacts, and newly reported cases, if you test positive for COVID-19, they may be a delay in reporting or contacting you. Please do not wait to hear from the health department to begin your isolation. Please stay home and isolate yourself away from others for ten days.

‼️Please Stay home if you are Sick or Experiencing Mild Symptoms – Do Not Visit Public Areas‼️

• If you are experiencing cold or allergy-like symptoms, please stay home. COVID-19 testing is recommended.
• Stay home while you wait for your test results. You may be contagious & could spread the virus.
• Most people with COVID-19 have mild illness and are able to recover at home without medical care. Do not leave your home, except to get medical care.
• If your place of employment has asked you to not come into work, please stay home while you are off of work.

Birth and Infant Outcomes Following Laboratory-Confirmed SARS-CoV-2 Infection in Pregnancy — SET-NET, 16 Jurisdictions, March 29–October 14, 2020

On November 6, 2020, the Centers for Disease Control and Prevention (CDC) released a report highlighting Birth and Infant Outcomes Following Laboratory-Confirmed SARS-CoV-2 Infection in Pregnancy — SET-NET, 16 Jurisdictions, March 29–October 14, 2020. Pregnant women with SARS-CoV-2 infection are at increased risk for severe illness compared with nonpregnant women. Adverse pregnancy outcomes such as preterm birth and pregnancy loss have been reported.

Among 3,912 infants with known gestational age born to women with SARS-CoV-2 infection, 12.9% were preterm (<37 weeks), higher than a national estimate of 10.2%. Among 610 (21.3%) infants with testing results, 2.6% had positive SARS-CoV-2 results, primarily those born to women with infection at delivery. These findings can inform clinical practice, public health practice, and policy. It is important that providers counsel pregnant women on measures to prevent SARS-CoV-2 infection.

Source: Woodworth KR, Olsen EO, Neelam V, et al. Birth and Infant Outcomes Following Laboratory-Confirmed SARS-CoV-2 Infection in Pregnancy — SET-NET, 16 Jurisdictions, March 29–October 14, 2020. MMRW Morb Wkly Rep 2020;69:1635-1640. DOI: http://bit.ly/MMWR11220.

Find us on:

www.facebook.com/LaSalleCountyHealth

www.twitter.com/LaSalleCoHealth

www.lasallecounty.org

Purpose of the Coalition Bulletin

Publishing a regular newsletter -- weekly, in this case – will help keep our LaSalle County Healthcare Coalition in regular contact with up-to-date information between meetings.

For more information on the web:

- LaSalle County Health Department
- Illinois Department of Public Health
- Centers for Disease Control and Prevention

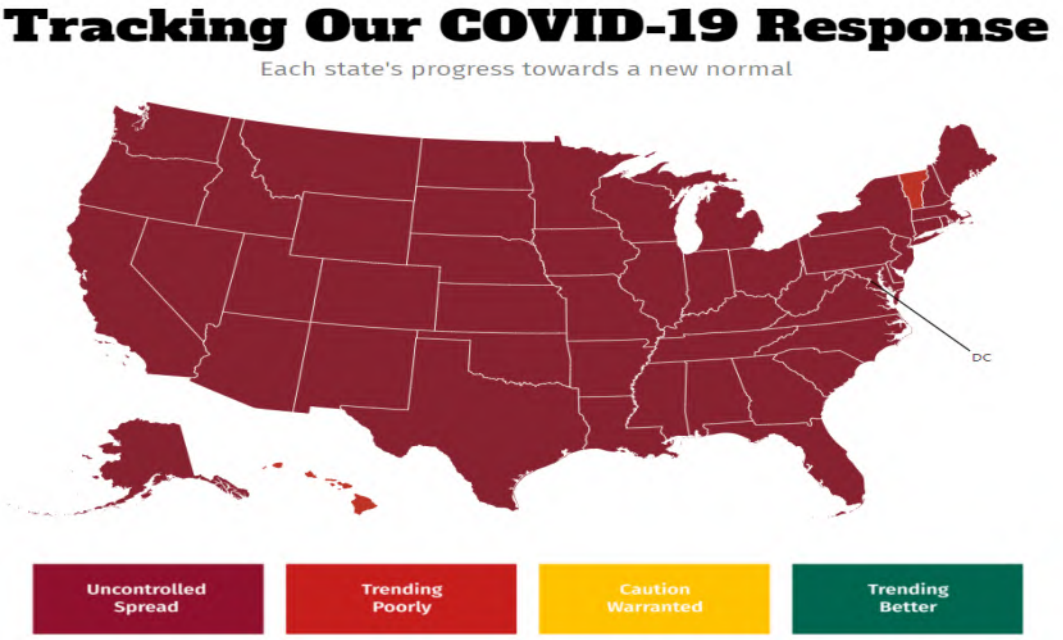
COVID-19 Coalition Bulletin

November 27, 2020

In This Issue

- Coronavirus Disease 2019 – Situational Update
- COVID Numbers at a Glance
- LaSalle County COVID-19 Test Results &Data Summary
- Current LaSalle County Case Counts
- Illinois Counties at Warning Level
- Region 2 Summary
- IDPH County Level COVID-19 Risk Metrics
- Local Testing Information
- Community Based Testing
- Frequently Asked Questions
- County Level Risk Metrics – LaSalle County Remains at Orange Warning Level
- As of Friday, November 20, 2020 ALL 11 Regions of the Illinois COVID Regions are in Tier 3 Mitigations
- COVID-19 Positive or Exposed – When Can I Be Around Others Again?
- COVID-19 Outbreak

COVID-19 Situational Update



Map from https://www.covidexitstrategy.org/ which provides state by state data including 14-DAY TREND OF COVID+, LAST 14 DAYS OF COVID+ (ROLLING), INFLUENZA-LIKE ILLNESS, % OF TEST TARGET (US: 500K/DAY), ICU AVAILABILITY, NEW CASES PER MILLION PER DAY, and COVID+ RATE

COVID Numbers at a Glance

This week 11/27/2020

Case Count	Recoveries	Deaths	Active Cases	Percent Recovered	Positivity Rate
5983	3387	127	2469	56.61 %	16.2 %

Last week 11/20/2020

Case Count	Recoveries	Deaths	Active Cases	Percent Recovered	Positivity Rate
5317	2845	111	2361	53.31	20.8 %

Note: Positivity Rate is based on IDPH Regional Metric Data

- Associated with a 10-Day Motorcycle Rally in a Neighboring State
- Trends in County-Level COVID-19 Incidence in Counties With and Without a Mask Mandate

11/19/2020

	Cases	Deaths
Worldwide	56,498,113	1,354,205
US	11,558,241	250,898
Illinois	621,383	11,178
LaSalle County	5178	110

11/27/2020

	Cases	Deaths
Worldwide	61,153,901	1,435,284
US	12,887,240	263,525
Illinois	705,063	12,029
LaSalle County	5983	127

Current LaSalle County Case Data as of 11/27/2020*

Age Range	M	F	% by age group	% of reported deaths
0-9	108	99	3.46	0.00
10-19	217	318	8.94	0.00
20s	455	557	16.91	0.79
30s	397	453	14.21	1.57
40s	401	483	14.78	7.09
50s	446	495	15.73	14.96
60s	371	365	12.30	39.37
70s	200	205	6.77	30.71
80s	130	144	4.58	5.51
90s	54	76	2.17	0.00
100s	1	8	0.15	0.00
UNK				
Total	2780	3203		
%	46.46	53.54		
TOTAL CASES		5983		

Total Deaths	127
Deaths by Age	
20's	0
30's	0
40's	1
50's	2
60's	9
70's	19
80's	50
90's	39
100s	7
Males	67
Females	60

Case by Month Summary

	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Number Cases	6	50	98	67	261	778	504	968	3251	
% of total cases	0.10	0.84	1.64	1.12	4.36	13.00	8.42	16.18%	54.34	

Deaths by Month Summary

	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Number Deaths	1	0	12	4	1	30	9	11	59	
% of total Deaths	0.79	0.00	9.45	3.15	0.79	23.62	7.09	8.66	46.46	

11.20.20

Town	Current Total	% of County Cases
Cedar Point	13	0.24%
Dana	8	0.15%
Earlville	85	1.60%
Grand Ridge	50	0.94%
LaSalle	613	11.53%
Leland	56	1.05%
Lostant	37	0.70%
Marseilles	372	7.00%
Mendota	613	11.53%
Millington	16	0.30%
Oglesby	252	4.74%
Ottawa	1045	19.66%
Peru	610	11.47%
Ransom	21	0.40%
Rutland	6	0.11%
Sandwich	176	3.31%
Serena	18	0.34%
Seneca	126	2.37%
Sheridan	169	3.18%
Somonauk	77	1.45%
Streator	794	14.94%
Tonica	42	0.79%
Troy Grove	15	0.28%
Utica	87	1.64%
Wenona	7	0.13%
Other**	9	0.17%
TOTAL CASES	**5317**	

11.27.20

Town	Current Total	Increase since last week	*% of Total County Cases*
Cedar Point	14	1	0.23%
Dana	11	3	0.18%
Earlville	102	17	1.71%
Grand Ridge	53	3	0.89%
LaSalle	687	74	11.49%
Leland	67	11	1.12%
Lostant	43	6	0.72%
Marseilles	419	47	7.01%
Mendota	695	82	11.62%
Millington	16	0	0.27%
Oglesby	285	33	4.77%
Ottawa	1173	128	19.61%
Peru	682	72	11.40%
Ransom	21	0	0.35%
Rutland	9	1	0.15%
Sandwich	192	16	3.21%
Serena	23	5	0.38%
Seneca	146	20	2.44%
Sheridan	220	51	3.68%
Somonauk	87	10	1.45%
Streator	854	60	14.28%
Tonica	46	4	0.77%
Troy Grove	16	1	0.27%
Utica	103	16	1.72%
Wenona (LC Cases)	9	2	0.15%
Other**	10	1	0.17%
TOTAL CASES	**5983**		

*Note these numbers are adjusted based on the number of cases transferred to other locations.

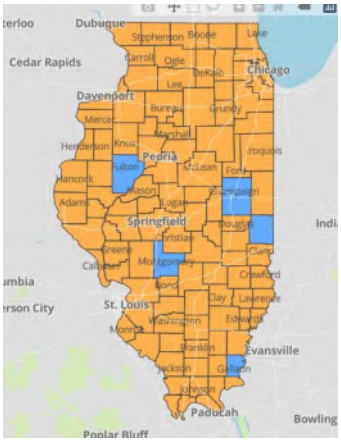
** Number of LaSalle County Cases in Communities with less than 5 cases

NOTE: This week's cases include 85 tracked probable cases that were added to cumulative count.

Illinois Counties at Warning Level

Last Week
11.20.2020

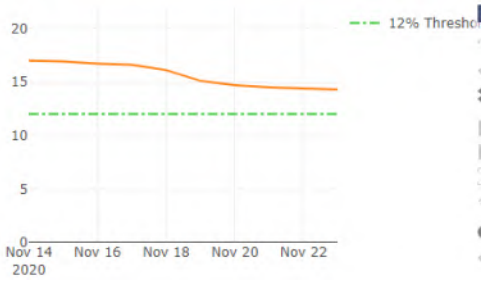
This Week
11.27.2020



Region 2 Summary - 11/26/2020

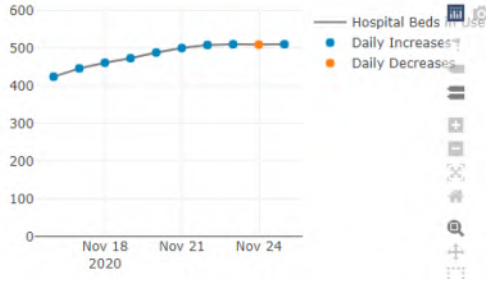
Test Positivity 7-Day Rolling Average

0 Consecutive Days under 12% threshold



COVID-19 Patients in the Hospital 7-Day Rolling Average

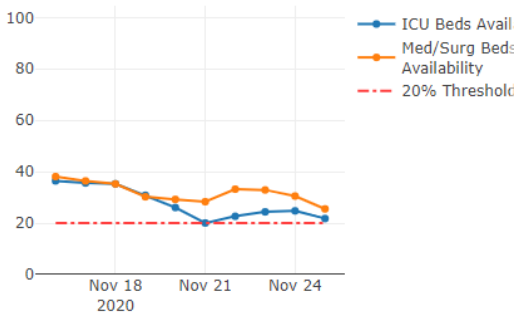
9 Days of COVID-19 Patient Increases



Hospital Bed Availability 3-Day Rolling Average

ICU Beds:11 Consecutive Days Over 20% Threshold

Med/Surg Beds:11 Consecutive Days Over 20% Threshold



County Level COVID-19 Risk Metrics – 11/16-11/22/2020

New Cases Per 100,000 Case rate reported Sun-Sat (Target: less than 50 per 100,000) **813 per 100K**	**Number of Deaths** Death number reported Sun-Sat (Target: decreasing or stable Sun-Sat) **21**	**Test Positivity (%)** (%) positive tests reported Sun-Sat (Target: less than or equal to 8 %) **16.2 %**
Tests Performed Number of tests reported Sun-Sat (Target: Testing is Sufficient when test positivity is less than or equal to 8 %) **5352**	**CLI ED Visits (%), Adults** Emergency Department visits for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **12 %**	**Number of CLI Admissions** Hospital admissions for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **36**
Cluster (%) of cases No Target This metric helps explain large increase in cases **4.1 %**	**ICU (%) Available** ICU bed availability (Target: at least 20% of ICU beds available) **30.2 %**	Metrics in target Range Metrics outside Target Range More information at https://dph.illinois.gov/countymetrics

Local Testing Information

LaSalle County Health Department

All COVID-19 Testing MUST Be Scheduled with the LaSalle County Health Department before arriving on site.

*Rapid COVID -19 Testing

These rapid tests are meant to be used on:

- Excluded symptomatic children who are **not** a close contact to a confirmed case, to help get them back into school.
- Employees who need a negative test result to return to work.
- Anyone who is planning to travel or has traveled.

Testing will be done at the LaSalle County Health Department parking lot at 717 Etna Road, Ottawa, IL. The test performed will be an anterior nasal swab. The results will be given in 15 minutes. Testing will be performed Monday through Friday from 9:00 am – 3:00 pm, and Saturdays 9:00 am – 12:00 pm. **Anyone in need of rapid testing needs to call the Health Department at (815) 433-3366 to pre-register.**

*Close Contact Testing

- Close contacts of confirmed cases will be tested with the (PCR) COVID-19 test.
- The best time for individuals to be tested after an exposure with a positive case is 5-7 days from the last date of exposure.
- Testing of close contacts will be done in our parking lot **by appointment only**.

Please note—A negative test does not get a person out of quarantine.

*Weekly Drive-Thru Testing Site

- A drive-thru COVID-19 Community Based Testing Site (CBTS) is held on a weekly basis at the LaSalle County Emergency Management Agency Building (EMA) at 711 E Etna Rd, Ottawa. The site will be open on Wednesdays from 9:00 a.m. to 11:00 a.m. and will run **by appointment only**.
- This testing site is open to all regardless of symptoms, no Doctor's order is required. Health insurance will be billed.

- **Individuals are required to schedule an appointment by calling 815-433-3366 prior to arriving on site.** Instructions including wearing a mask, bringing a Photo ID, and directions for how to drive into the site will be provided at that time.

Illinois Valley Community Hospital

IVCH is proud to offer Covid-19 testing for both those with symptoms or who have had an exposure to a COVID-19 case.
Patients seeking Covid-19 testing may either call their IVCH primary care provider for an order or may call the IVCH Covid-19 Hotline 9am – 5 pm weekdays and 10am – 4 pm weekends, at 815-780-3425 to speak to a nurse regarding testing. All Covid-19 tests must be ordered by a provider. Testing is available Monday through Friday and by appointment only.
Covid-19 tests take approximately 72 hours to receive a result. All patients will be notified of their test result by phone.
IVCH Care Today and the Emergency Room do not provide routine COVID-19 testing.

Morris Hospital

Morris Hospital offers nasal swab testing by appointment for symptomatic individuals with a physician's order. Testing is available for individuals of all ages from 7:30 a.m. to 2 p.m., Monday-Friday. Appointments are required – no exceptions. Testing is NOT available at this time for asymptomatic individuals due to a nationwide shortage of the testing reagent. Testing is performed through the drive-up testing site on the Morris Hospital campus at the corner of Lisbon & High Streets on the far southwest corner of the hospital campus. When you arrive on the hospital campus, please follow the Drive-Thru Testing directional signs on Lisbon Street or High Street. Patients are required to have photo ID, insurance card and sign a release at the time of their test.

After a physician places an order for your test, a Scheduling representative from Morris Hospital will call you to schedule. Please allow up to 72 hours for test results to get sent to the ordering physician, who will inform you of your results. You can also check your patient portal for test results or contact the provider who ordered the test. Please remain at home, away from others while you are waiting for your test results.

OSF HealthCare Saint Elizabeth Medical Center

If you suspect you have novel coronavirus (COVID-19) and it is not an emergency, DO NOT go to a hospital or doctor's office. Instead, use one of the care options that best fits your needs below.

- Clare, our 24/7 virtual assistant chatbot at osfhealthcare.org/covid19, can educate you, screen you for COVID-19 and connect you to further care if needed.
- You can call the 24/7, COVID-19 Nurse Hotline* at 1-(833) OSF-KNOW (1-833-673-5669).
- Contact your OSF Primary Care Provider, and they can order the test for you.
- If you have a Primary Care Provider that is not an OSF Provider, they can fax an order to (815) 431-3072 (OSF Prompt Care Ottawa, 1640 1st Avenue, Ottawa).

- If you do not have a Primary Care Provider, you can be seen at one of the below locations and they can order a test for you if indicated:
    - OSF Prompt Care - Ottawa (8 a.m. - 8 p.m. daily) at (815) 431-9208
    - OSF Urgo – Ottawa (8 a.m. – 8 p.m. daily) at (815) 431-3410
    - OSF Prompt Care – Streator (weekdays 8 a.m. – 6 p.m.) at (815) 673-4545
- If you are experiencing shortness of breath, chest pain, or severe weakness, call 911 or come to your nearest OSF Emergency Department, where a test will be performed during your medical screening exam.

*Staffed by RNs and other health care professionals.

OSF HealthCare Saint Paul Medical Center

If you suspect you have novel coronavirus (COVID-19) and it is not an emergency, DO NOT go to a hospital or doctor's office. Instead, use one of the care options that best fits your needs below.

- Clare, our 24/7 virtual assistant chatbot at osfhealthcare.org/covid19, can educate you, screen you for COVID-19 and connect you to further care if needed.
- You can call the 24/7, COVID-19 Nurse Hotline* at 1-(833) OSF-KNOW (1-833-673-5669).
- Contact your OSF Primary Care Provider, and they can order the test for you.
- If you have a Primary Care Provider that is not an OSF Provider, they can fax an order to our OSF Saint Paul Medical Center lab.
- If you do not have a Primary Care Provider, you can call our OSF Prompt Care - Mendota, (weekdays, 8 a.m. - 5 p.m.) at (815) 538-1311 and they can order a test for you after a quick telephone visit.
- If you are experiencing shortness of breath, chest pain, or severe weakness, you can call 911 or come to our OSF Saint Paul Emergency Department, where a test will be performed during your medical screening exam.

*Staffed by RNs and other health care professionals.

St. Margaret's Hospital

St. Margaret's testing facility requires a physician's order and is perfect for those patients who need a COVID test within 72 hours of a surgery or a procedure. It is also for patients who may have been exposed to a COVID positive person or who is exhibiting symptoms. The patients' primary physician needs to fax an order to the registration department. Insurance information and a copy of a driver's license is also collected.
Testing is available Monday through Friday from 8:30 am to 5pm. Saturday and Sunday, we are open from 8-1pm.
For patients who don't have a physician but are exhibiting signs of an illness, the St. Margaret's Walk-in clinics at Midtown Health Center in Peru or Center for Family Health in Princeton are available. Patients will be offered a virtual or telehealth visit and if warranted, will be sent for a swab.
The St. Margaret's testing center is not a walk-in, public screening center.

Community Based Testing

A list of public and private testing sites can be found on the IDPH website at http://www.dph.illinois.gov/testing.

Location	Address	Times
Arlington Heights	Arlington Racetrack 2000 W Euclid Ave Arlington Heights	8:00am – 4:00pm while daily supplies last
Auburn Gresham	Foreman Mills Shopping Center 122 W. 79th Street Chicago	8:00am – 4:00pm while daily supplies last
Aurora	1650 Premium Outlet Blvd Aurora	8:00am-4:00pm while daily supplies last
***Bloomington**	1106 Interstate Drive Bloomington	9:00am-5:00pm while daily supplies last
Champaign	Market Place Shopping Ctr 2000 N. Neil Street Champaign	8:00am-4:00pm while daily supplies last
***East St. Louis**	Jackie Joyner Kersee Ctr. Argonne Drive East St. Louis	8:00am-4:00pm while daily supplies last
Harwood Heights	6959 W. Forest Preserve Rd. Chicago	7:00am-3:00pm while daily supplies last
***Peoria**	Peoria Civic Center Fulton Street Parking Lot Peoria	8:00am-4:00pm while daily supplies last
Rockford	1601 Parkview Avenue Rockford	8:00am-4:00pm while daily supplies last
South Holland	South Suburban College 15800 State St South Holland	8:00am-4:00pm while daily supplies last
Waukegan	102 W. Water Street Waukegan	8:00am-4:00pm while daily supplies last

* Walk-up testing is available at Bloomington, East St. Louis, and Peoria.

How does the LaSalle County Health Department Handle Complaints Regarding Businesses Who Are Not Complying with Tier 3 Mitigations?

Staff at LaSalle County Health Department are devoted to all aspects of COVID-19 response, including case investigation, contact tracing, testing and mitigation complaints. The Health Department responds to all COVID-19 complaints received. After receiving a complaint, the LaSalle County Health Department calls and educates the facility in regards to the nature of the complaint and the appropriate mitigation guidelines. We work closely with the establishment to educate them on the mitigation and safety guidelines and work toward achieving compliance. The business, service, facility or organization may be referred to the State's Attorney if circumstances meet any one of the following criteria:

a. If the facility, business, service, or organization ownership verbally states that they do not intend to comply with the current mitigations.
b. If there is visual verification of non-compliance with COVID mitigations and the facility does not intend to comply.

If you have questions or concerns related to COVID-19, please call us during business hours (Mon.- Fri. 8am-4:30pm) and we will be happy to discuss them with you, or you may reach the department at environmentalhealth@lasallecounty.org. The LaSalle County Health Department's social media pages are not the venue to lodge an official complaint.

County Level Risk Metrics – LaSalle County Remains at Orange Warning Level

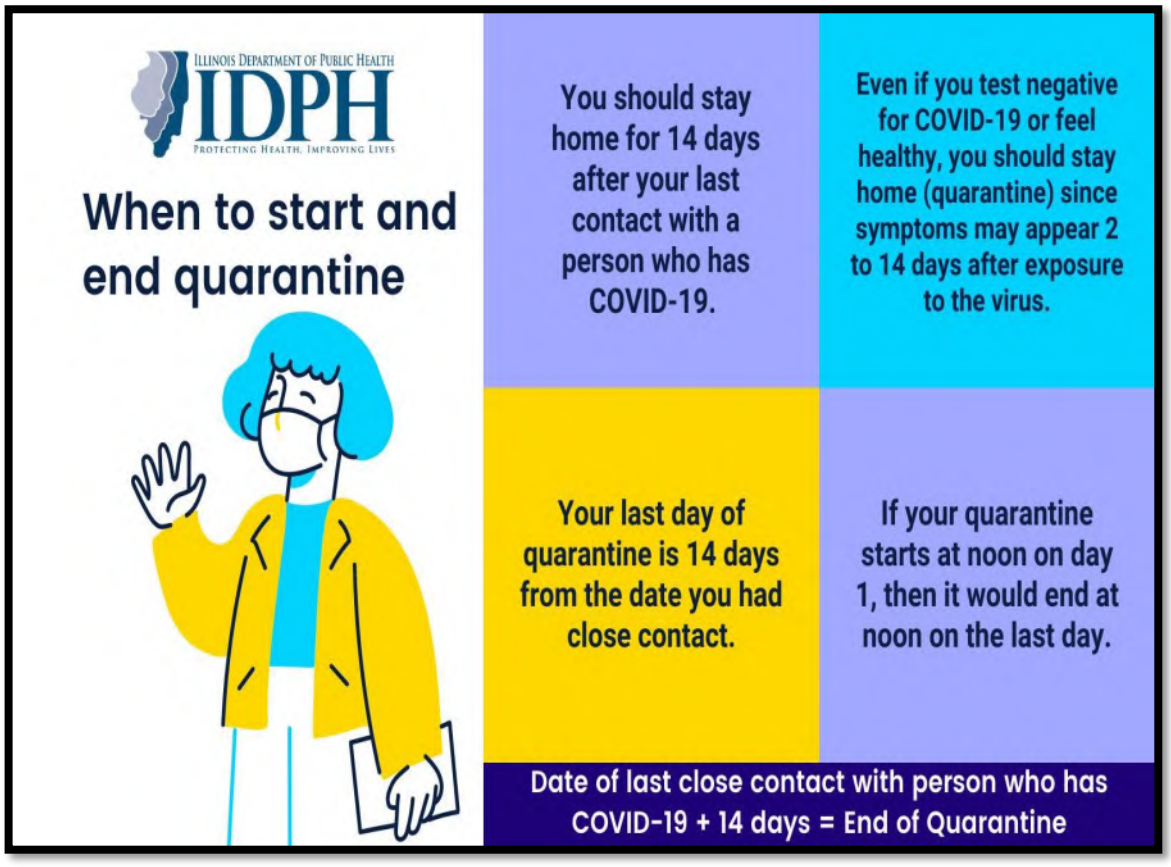
The LaSalle County Health Department is alerting residents that as of Friday, November 27, 2020, our County-Level COVID-19 Risk Metrics remains at the orange warning level. LaSalle County has remained at warning level status since November 6th. As a reminder, orange status indicates there are warning signs of increased COVID-19 risk in the county. A warning level means that a county saw increases in two or more COVID-19 risk indicators.

LaSalle County continues to experience a drastic rise in our number of cases. In addition, per the county-level risk metrics provided by the Illinois Department of Public Health, the 7-day test positivity rate has remained significantly above 8%., as well as the number of deaths reported for 7 days has increased by more than 20% for 2 consecutive weeks. Until LaSalle County can get a handle on the number of new cases being identified each week and slow the

community spread that is occurring, LaSalle County will continue to be at risk for remaining at the orange warning level.

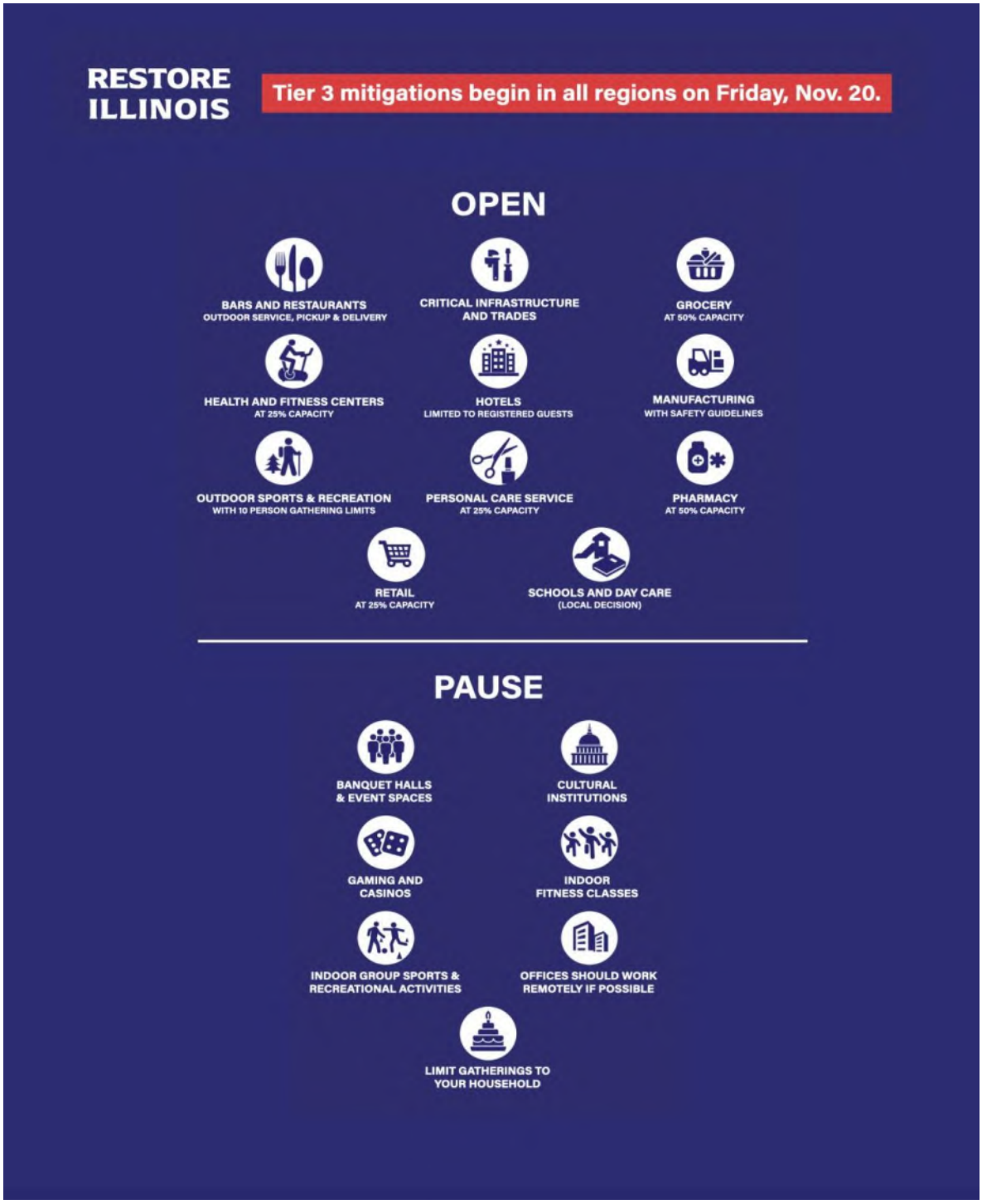
To prevent the further spread of COVID-19, residents are urged to stay home as much as possible. Illinoisans over the age of two years are required to wear a face covering when out in public and social distancing is not easily achievable. Anyone exhibiting symptoms of COVID-19 or who may have been in contact with someone exhibiting symptoms should seek out testing and quarantine at home; anyone who has tested positive for the virus should isolate at home as directed by their physician or local health department.

Now more than ever it's important to follow COVID-19 quarantine protocols. Don't put others at risk, Stay Home.



Source: Illinois Department of Public Health

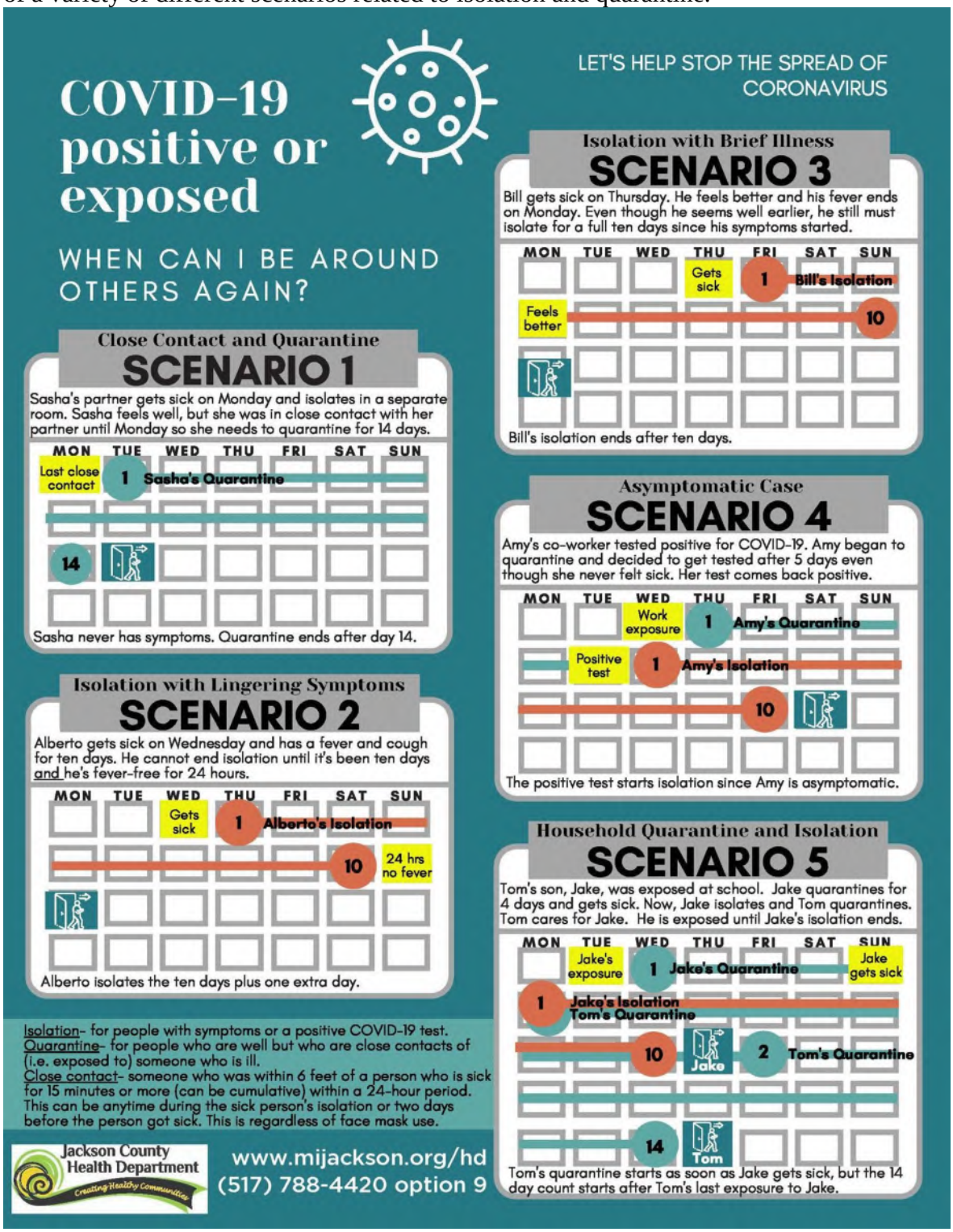
As of Friday, November 20, 2020 ALL 11 Regions of the Illinois COVID Regions are in Tier 3 Mitigations



Source: Office of Governor JB Pritzker and the Illinois Department of Public Health

COVID-19 Positive or Exposed – When Can I Be Around Others Again?

This graphic from the Jackson County Health Department in Michigan is a great illustration of a variety of different scenarios related to isolation and quarantine.

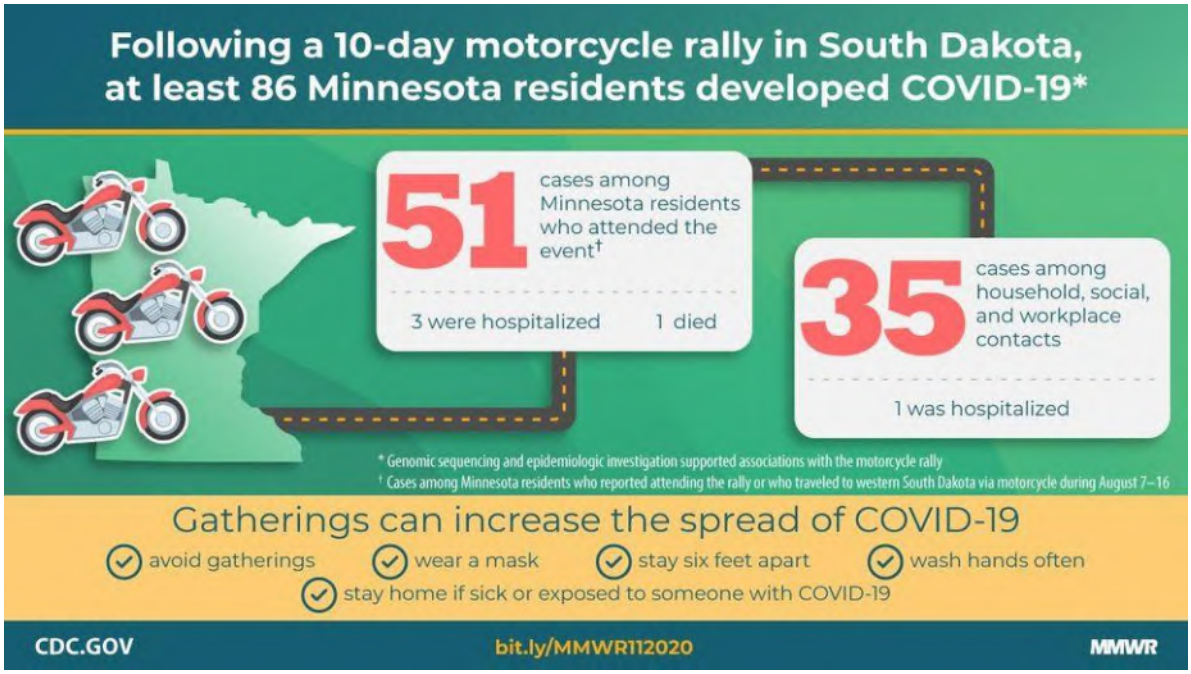


Source: Jackson County Health Department, Michigan

COVID-19 Outbreak Associated with a 10-Day Motorcycle Rally in a Neighboring State — Minnesota, August–September 2020

A new CDC report describes an outbreak of COVID-19 in Minnesota that was linked to a motorcycle rally in neighboring South Dakota. At least 86 Minnesota residents became infected, including household, social, and workplace contacts of people who attended the rally. A total of four people were hospitalized, and one died. Take steps to slow the spread this holiday season:

• Avoid gatherings.
• Wear a mask.
• Stay 6 feet from others.
• Wash your hands often.
• Stay home if you're sick or have been around someone with COVID-19.
Learn more: bit.ly/MMWR112020.



Source: Firestone MJ, Wienkes H, Garfin J, et al. COVID-19 Outbreak Associated with a 10-Day Motorcycle Rally in a Neighboring State — Minnesota, August–September 2020. MMRW Morb Mortal Wkly Rep. ePub: 20 November 2020. DOI: bit.ly/MMWR112020.

Trends in County-Level COVID-19 Incidence in Counties With and Without a Mask Mandate — Kansas, June 1–August 23, 2020

A new CDC report finds that after Kansas put in place a mask mandate in July 2020, the rate of new COVID-19 cases decreased in counties with a mask requirement and increased in counties where masks were not required. Take steps to slow the spread of COVID-19 by

wearing a mask that covers your nose and mouth, staying 6 feet apart from others, washing your hands often, and avoiding gatherings. Learn more: bit.ly/MMWR112020b.

Source: Van Dyke ME, Rogers TM, Pevzner E, et al. Trends in County-Level COVID-19 Incidence in Counties With and Without a Mask Mandate — Kansas, June 1–August 23, 2020. MMRW Morb Mortal Wkly Rep. ePub: 20 November 2020. DOI: bit.ly/MMWR112020b

Find us on:

www.facebook.com/LaSalleCountyHealth

www.twitter.com/LaSalleCoHealth

www.lasallecounty.org

Purpose of the Coalition Bulletin
Publishing a regular newsletter -- weekly, in this case – will help keep our LaSalle County Healthcare Coalition in regular contact with up-to-date information between meetings.
For more information on the web:

- LaSalle County Health Department
- Illinois Department of Public Health
- Centers for Disease Control and Prevention

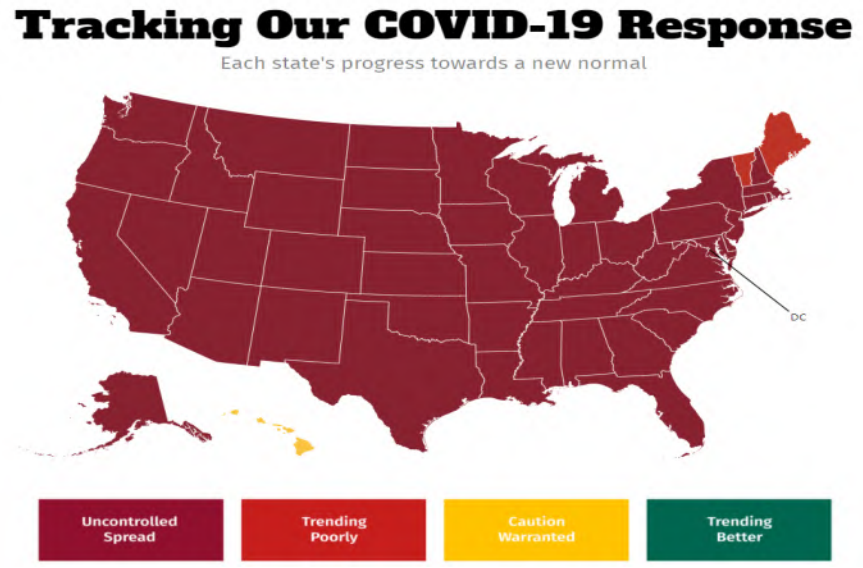
COVID-19 Coalition Bulletin

December 04, 2020

In This Issue

- Coronavirus Disease 2019 – Situational Update
- COVID Numbers at a Glance
- LaSalle County COVID-19 Test Results &Data Summary
- Current LaSalle County Case Counts
- Illinois Counties at Warning Level
- Region 2 Summary
- IDPH County Level COVID-19 Risk Metrics
- Local Testing Information
- Community Based Testing
- Frequently Asked Questions
- LaSalle County Health Department Continues to Recommend Quarantine for 14 Days
- 2020-2021 Influenza Activity Update
- County Level Risk Metrics – LaSalle County Remains at Orange Warning Level
- Tier 3 Mitigations remain in effect for ALL regions

COVID-19 Situational Update



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Note: Positivity Rate is based on IDPH Regional Metric Data

- Holiday Safety
- Decline in SARS-CoV-2 Antibodies After Mild Infection Among Frontline Health Care Personnel in a Multistate Hospital Network
- Keep Illinois and LaSalle County Safe!
-

11/27/2020

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50s	485	554	15.75%	14.77
60s	411	403	12.34%	40.27
70s	217	229	6.76%	30.87
80s	137	170	4.65%	4.70
90s	64	98	2.46%	0.00
100s	1	9	0.15%	0.00
UNK				
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TOTAL CASES		6597		

Total Deaths	149
Deaths by Age	
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Females	68

Case by Month Summary

	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Number Cases	6	50	98	67	261	778	504	968	3433	432
% of total cases	0.09	0.76	1.49	1.02	3.96	11.79	7.64	14.67	52.04	6.55

Deaths by Month Summary

	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Number Deaths	1	0	12	4	1	30	9	11	63	18
% of total Deaths	0.67	0.00	8.05	2.68	0.67	20.13	6.04	7.38	42.28	12.08

11.27.20

Town	Current Total	% of County Cases
Cedar Point	14	0.23%
Dana	11	0.18%
Earlville	102	1.71%
Grand Ridge	53	0.89%
LaSalle	687	11.49%
Leland	67	1.12%
Lostant	43	0.72%
Marseilles	419	7.01%
Mendota	695	11.62%
Millington	16	0.27%
Oglesby	285	4.77%
Ottawa	1173	19.61%
Peru	682	11.40%
Ransom	21	0.35%
Rutland	9	0.15%
Sandwich	192	3.21%
Serena	23	0.38%
Seneca	146	2.44%
Sheridan	220	3.68%
Somonauk	87	1.45%
Streator	854	14.28%
Tonica	46	0.77%
Troy Grove	16	0.27%
Utica	103	1.72%
Wenona	9	0.15%
Other**	10	0.17%
TOTAL CASES	**5983**	

12.04.20

Town	Current Total	Increase since last week	*% of Total County Cases*
Cedar Point	14	0	0.21%
Dana	11	0	0.17%
Earlville	108	6	1.64%
Grand Ridge	57	4	0.86%
LaSalle	748	61	11.34%
Leland	76	9	1.15%
Lostant	46	3	0.70%
Marseilles	465	46	7.05%
Mendota	761	66	11.54%
Millington	20	4	0.30%
Oglesby	317	32	4.81%
Ottawa	1314	141	19.92%
Peru	781	99	11.84%
Ransom	23	2	0.35%
Rutland	9	0	0.14%
Sandwich	215	23	3.26%
Serena	27	4	0.41%
Seneca	155	9	2.35%
Sheridan	255	35	3.87%
Somonauk	96	9	1.46%
Streator	907	53	13.75%
Tonica	52	6	0.79%
Troy Grove	16	0	0.24%
Utica	107	4	1.62%
Wenona (LC Cases)	9	0	0.14%
Other**	8	-2	0.12%
TOTAL CASES	**6597**	**614**	

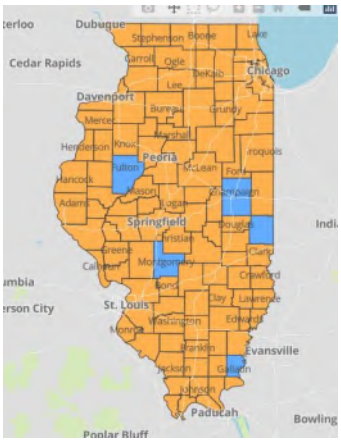
*Note these numbers are adjusted based on the number of cases transferred to other locations.

** Number of LaSalle County Cases in Communities with less than 5 cases

NOTE: This week's cases include 85 tracked probable cases that were added to cumulative count.

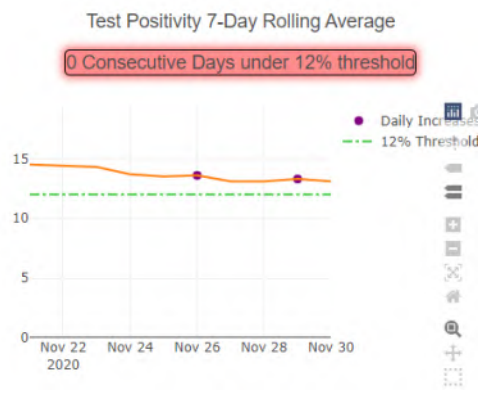
Illinois Counties at Warning Level

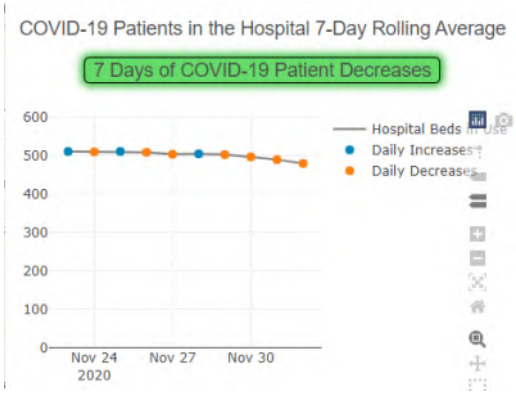
Last Week
11.27.2020

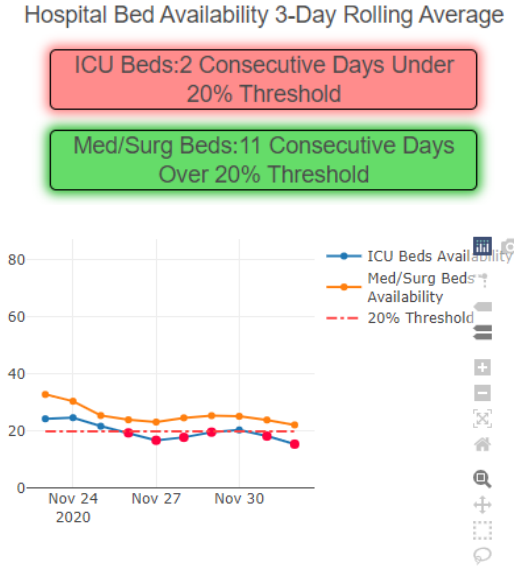


This Week
12.04.2020

Region 2 Summary - 12/03/2020







County Level COVID-19 Risk Metrics – 11/23-11/29/2020

New Cases Per 100,000 Case rate reported Sun-Sat (Target: less than 50 per 100,000) **512 per 100K**	**Number of Deaths** Death number reported Sun-Sat (Target: decreasing or stable Sun-Sat) **14**	**Test Positivity (%)** (%) positive tests reported Sun-Sat (Target: less than or equal to 8 %) **12 %**
Tests Performed Number of tests reported Sun-Sat (Target: Testing is Sufficient when test positivity is less than or equal to 8 %) **5173**	**CLI ED Visits (%), Adults** Emergency Department visits for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **9.6 %**	**Number of CLI Admissions** Hospital admissions for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **28**
Cluster (%) of cases No Target This metric helps explain large increase in cases **7.8 %**	**ICU (%) Available** ICU bed availability (Target: at least 20% of ICU beds available) **20.8 %**	Metrics in target Range Metrics outside Target Range More information at https://dph.illinois.gov/countymetrics

Local Testing Information

LaSalle County Health Department

All COVID-19 Testing MUST Be Scheduled with the LaSalle County Health Department before arriving on site.

*Rapid COVID -19 Testing

These rapid tests are meant to be used on:

- Excluded symptomatic children who are **not** a close contact to a confirmed case, to help get them back into school.
- Employees who need a negative test result to return to work.
- Anyone who is planning to travel or has traveled.

Testing will be done at the LaSalle County Health Department parking lot at 717 Etna Road, Ottawa, IL. The test performed will be an anterior nasal swab. The results will be given in 15 minutes. Testing will be performed Monday through Friday from 9:00 am – 3:00 pm, and Saturdays 9:00 am – 12:00 pm. **Anyone in need of rapid testing needs to call the Health Department at (815) 433-3366 to pre-register.**

*Close Contact Testing

- Close contacts of confirmed cases will be tested with the (PCR) COVID-19 test.
- The best time for individuals to be tested after an exposure with a positive case is 5-7 days from the last date of exposure.
- Testing of close contacts will be done in our parking lot **by appointment only**.

Please note—A negative test does not get a person out of quarantine.

*Weekly Drive-Thru Testing Site

- A drive-thru COVID-19 Community Based Testing Site (CBTS) is held on a weekly basis at the LaSalle County Emergency Management Agency Building (EMA) at 711 E Etna Rd, Ottawa. The site will be open on Wednesdays from 9:00 a.m. to 11:00 a.m. and will run **by appointment only**.
- This testing site is open to all regardless of symptoms, no Doctor's order is required. Health insurance will be billed.

- **Individuals are required to schedule an appointment by calling 815-433-3366 prior to arriving on site.** Instructions including wearing a mask, bringing a Photo ID, and directions for how to drive into the site will be provided at that time.

Illinois Valley Community Hospital

IVCH is proud to offer Covid-19 testing for both those with symptoms or who have had an exposure to a COVID-19 case.
Patients seeking Covid-19 testing may either call their IVCH primary care provider for an order or may call the IVCH Covid-19 Hotline 9am – 5 pm weekdays and 10am – 4 pm weekends, at 815-780-3425 to speak to a nurse regarding testing. All Covid-19 tests must be ordered by a provider. Testing is available Monday through Friday and by appointment only.
Covid-19 tests take approximately 72 hours to receive a result. All patients will be notified of their test result by phone.
IVCH Care Today and the Emergency Room do not provide routine COVID-19 testing.

Morris Hospital

Morris Hospital offers nasal swab testing by appointment for symptomatic individuals with a physician's order. Testing is available for individuals of all ages from 7:30 a.m. to 2 p.m., Monday-Friday. Appointments are required – no exceptions. Testing is NOT available at this time for asymptomatic individuals due to a nationwide shortage of the testing reagent. Testing is performed through the drive-up testing site on the Morris Hospital campus at the corner of Lisbon & High Streets on the far southwest corner of the hospital campus. When you arrive on the hospital campus, please follow the Drive-Thru Testing directional signs on Lisbon Street or High Street. Patients are required to have photo ID, insurance card and sign a release at the time of their test.

After a physician places an order for your test, a Scheduling representative from Morris Hospital will call you to schedule. Please allow up to 72 hours for test results to get sent to the ordering physician, who will inform you of your results. You can also check your patient portal for test results or contact the provider who ordered the test. Please remain at home, away from others while you are waiting for your test results.

OSF HealthCare Saint Elizabeth Medical Center

If you suspect you have novel coronavirus (COVID-19) and it is not an emergency, DO NOT go to a hospital or doctor's office. Instead, use one of the care options that best fits your needs below.

- Clare, our 24/7 virtual assistant chatbot at osfhealthcare.org/covid19, can educate you, screen you for COVID-19 and connect you to further care if needed.
- You can call the 24/7, COVID-19 Nurse Hotline* at 1-(833) OSF-KNOW (1-833-673-5669).
- Contact your OSF Primary Care Provider, and they can order the test for you.
- If you have a Primary Care Provider that is not an OSF Provider, they can fax an order to (815) 431-3072 (OSF Prompt Care Ottawa, 1640 1st Avenue, Ottawa).

- If you do not have a Primary Care Provider, you can be seen at one of the below locations and they can order a test for you if indicated:
    - OSF Prompt Care - Ottawa (8 a.m. - 8 p.m. daily) at (815) 431-9208
    - OSF Urgo – Ottawa (8 a.m. – 8 p.m. daily) at (815) 431-3410
    - OSF Prompt Care – Streator (weekdays 8 a.m. – 6 p.m.) at (815) 673-4545
- If you are experiencing shortness of breath, chest pain, or severe weakness, call 911 or come to your nearest OSF Emergency Department, where a test will be performed during your medical screening exam.

*Staffed by RNs and other health care professionals.

OSF HealthCare Saint Paul Medical Center

If you suspect you have novel coronavirus (COVID-19) and it is not an emergency, DO NOT go to a hospital or doctor's office. Instead, use one of the care options that best fits your needs below.

- Clare, our 24/7 virtual assistant chatbot at osfhealthcare.org/covid19, can educate you, screen you for COVID-19 and connect you to further care if needed.
- You can call the 24/7, COVID-19 Nurse Hotline* at 1-(833) OSF-KNOW (1-833-673-5669).
- Contact your OSF Primary Care Provider, and they can order the test for you.
- If you have a Primary Care Provider that is not an OSF Provider, they can fax an order to our OSF Saint Paul Medical Center lab.
- If you do not have a Primary Care Provider, you can call our OSF Prompt Care - Mendota, (weekdays, 8 a.m. - 5 p.m.) at (815) 538-1311 and they can order a test for you after a quick telephone visit.
- If you are experiencing shortness of breath, chest pain, or severe weakness, you can call 911 or come to our OSF Saint Paul Emergency Department, where a test will be performed during your medical screening exam.

*Staffed by RNs and other health care professionals.

St. Margaret's Hospital

St. Margaret's testing facility requires a physician's order and is perfect for those patients who need a COVID test within 72 hours of a surgery or a procedure. It is also for patients who may have been exposed to a COVID positive person or who is exhibiting symptoms. The patients' primary physician needs to fax an order to the registration department. Insurance information and a copy of a driver's license is also collected.
Testing is available Monday through Friday from 8:30 am to 5pm. Saturday and Sunday, we are open from 8-1pm.
For patients who don't have a physician but are exhibiting signs of an illness, the St. Margaret's Walk-in clinics at Midtown Health Center in Peru or Center for Family Health in Princeton are available. Patients will be offered a virtual or telehealth visit and if warranted, will be sent for a swab.
The St. Margaret's testing center is not a walk-in, public screening center.

Community Based Testing

A list of public and private testing sites can be found on the IDPH website at http://www.dph.illinois.gov/testing.

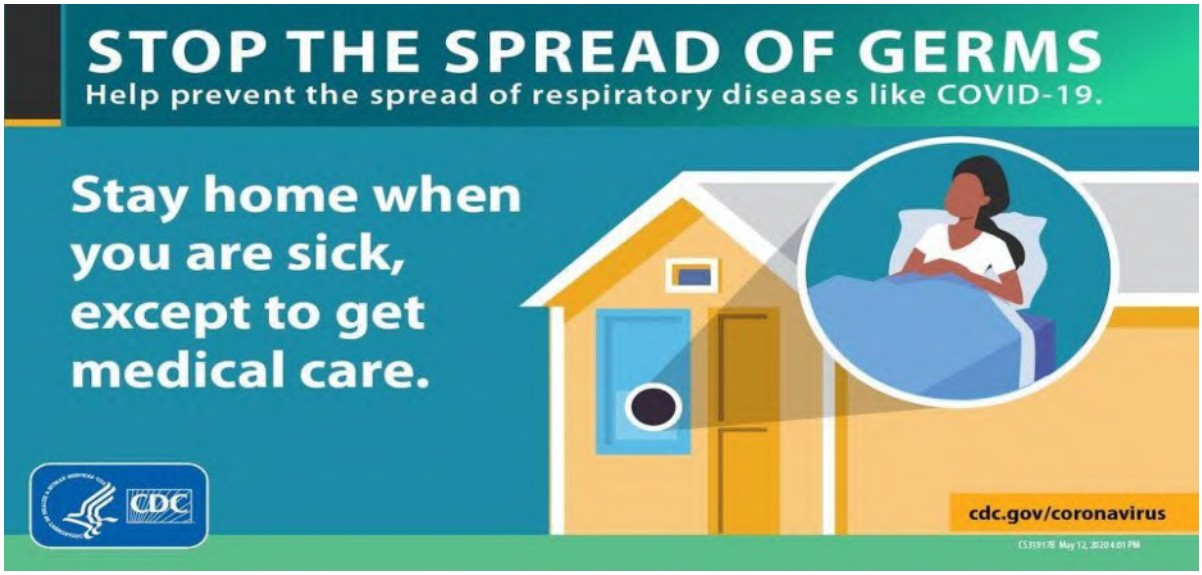
Location	Address	Times
Arlington Heights	Arlington Racetrack 2000 W Euclid Ave Arlington Heights	8:00am – 4:00pm while daily supplies last
Auburn Gresham	Foreman Mills Shopping Center 122 W. 79th Street Chicago	8:00am – 4:00pm while daily supplies last
Aurora	1650 Premium Outlet Blvd Aurora	8:00am-4:00pm while daily supplies last
***Bloomington**	1106 Interstate Drive Bloomington	9:00am-5:00pm while daily supplies last
Champaign	Market Place Shopping Ctr 2000 N. Neil Street Champaign	8:00am-4:00pm while daily supplies last
***East St. Louis**	Jackie Joyner Kersee Ctr. Argonne Drive East St. Louis	8:00am-4:00pm while daily supplies last
Harwood Heights	6959 W. Forest Preserve Rd. Chicago	7:00am-3:00pm while daily supplies last
***Peoria**	Peoria Civic Center Fulton Street Parking Lot Peoria	8:00am-4:00pm while daily supplies last
Rockford	1601 Parkview Avenue Rockford	8:00am-4:00pm while daily supplies last
South Holland	South Suburban College 15800 State St South Holland	8:00am-4:00pm while daily supplies last
Waukegan	102 W. Water Street Waukegan	8:00am-4:00pm while daily supplies last

* Walk-up testing is available at Bloomington, East St. Louis, and Peoria.

I tested positive for COVID-19, why have I not heard from the Health Department yet?

Due to the large number of newly reported cases and close contacts, if you test positive – you may not receive a call from us immediately.

- Stay home if you have been tested for COVID-19 until you have your results.
- If you test positive, do not wait to hear from the Health Department. Begin your isolation.
- Stay home and isolate yourself away from others for ten days.
- Your household contacts (family members) should quarantine at home for 14 days after the positive's isolation ends (unless the positive person can completely separate themselves from the household by staying in a different room and using their own bathroom).
- If you believe you have been exposed to a case, please begin to self-quarantine for 14 days**.**



LaSalle County Health Department Continues to Recommend Quarantine for 14 Days

LaSalle County Health Department continues to **recommend Quarantine for 14 Days** as it awaits additional guidance from the Illinois Department of Public Health (IDPH). Local public health authorities determine and establish the quarantine options for their jurisdictions. **Quarantine** is used to keep someone *who might have been exposed to COVID-19* away from others. Quarantine helps prevent spread of disease that can occur before a person knows they are sick or if they are infected with the virus without feeling symptoms. People in quarantine should stay home, separate themselves from others, monitor their health, and follow directions from their state or local health department.

CDC and other scientists have explored changing the current recommendation to quarantine for 14 days after last exposure. Reducing the length of quarantine may make it easier for people to quarantine by reducing economic hardship if they cannot work during this time. In addition, a shorter quarantine period can lessen stress on the public health system, especially when new infections are rapidly rising.

Local public health authorities make the final decisions about how long quarantine should last in the communities they serve, based on local conditions and needs. Follow the recommendations of your local public health department if you need to quarantine.

CDC now recommends two additional options for how long quarantine should last. Based on local availability of viral testing, for people without symptoms quarantine can end:

- On day 10 without testing
- On day 7 after receiving a negative test result

After stopping quarantine, people should

- Watch for symptoms until 14 days after exposure.
- If they have symptoms, immediately self-isolate and contact their local public health authority or healthcare provider.
- Wear a mask, stay at least 6 feet from others, wash their hands, avoid crowds, and take other steps to prevent the spread of COVID-19.

CDC continues to endorse quarantine for 14 days and recognizes that any quarantine shorter than 14 days balances reduced burden against a small possibility of spreading the virus. CDC will continue to evaluate new information and update recommendations as needed. See Options to Reduce Quarantine for Contacts of Persons with SARS-CoV-2 Infection Using Symptom Monitoring and Diagnostic Testing for guidance on options to reduce quarantine.

Source: Centers for Disease Control and Prevention

2020-2021 Influenza Activity Update

While influenza is not a reportable disease in Illinois, there is certain data related to influenza activity that the LaSalle County Health Department is required to track. In Illinois, influenza is reportable in the following way:

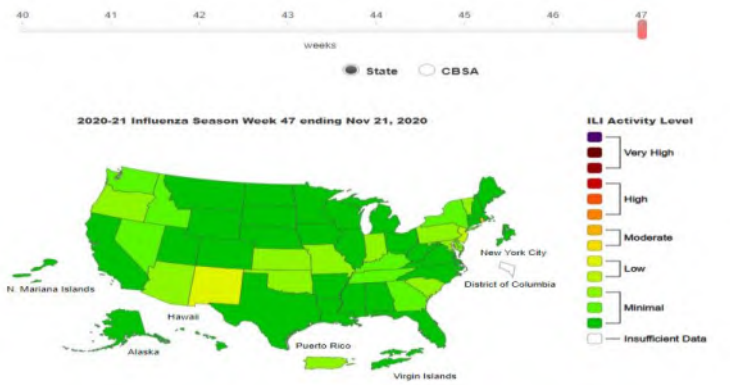
- Person admitted to the Intensive Care Unit (ICU)
- Pediatric death (<18 years old)
- Influenza A, variant
- Any unusual cases or cluster of cases that may indicate a public health hazard

LaSalle County has had no ICU admissions and zero pediatric deaths due to flu since September.

The Illinois Department of Public Heath (IDPH) coordinates an influenza surveillance program in Illinois and collaborates with the Centers for Disease Control and Prevention (CDC) on the national surveillance program. IDPH examines reports from many healthcare sites throughout the state. These sites include physician offices, emergency departments, and other clinics that report acute illness with influenza-like illness, and institutional settings such as nursing homes and prisons that report outbreaks. Accordingly, IDPH monitors disease trends and influenza activities as they occur on a weekly basis.

The IDPH provides a detailed surveillance report. This weekly surveillance report summarizes regional and state influenza data used to determine the weekly influenza activity level and national activity levels reported by state and territorial epidemiologists. The weekly report can be viewed by visit the following link: https://dph.illinois.gov/topics-services/diseases-and-conditions/influenza/influenza-surveillance#:~:text=2020%20%2D%202021%20Flu%20Activity%20Report,care%20sites%20throughout%20the%20state.

In addition, the Centers for Disease Control and Prevention's FluView4 report provides national updates and trends related to the intensity of influenza activity across the United States, as well as detailed information on antiviral resistance, severity of illness, and other topics. The report can be found at: https://www.cdc.gov/flu/weekly/index.htm

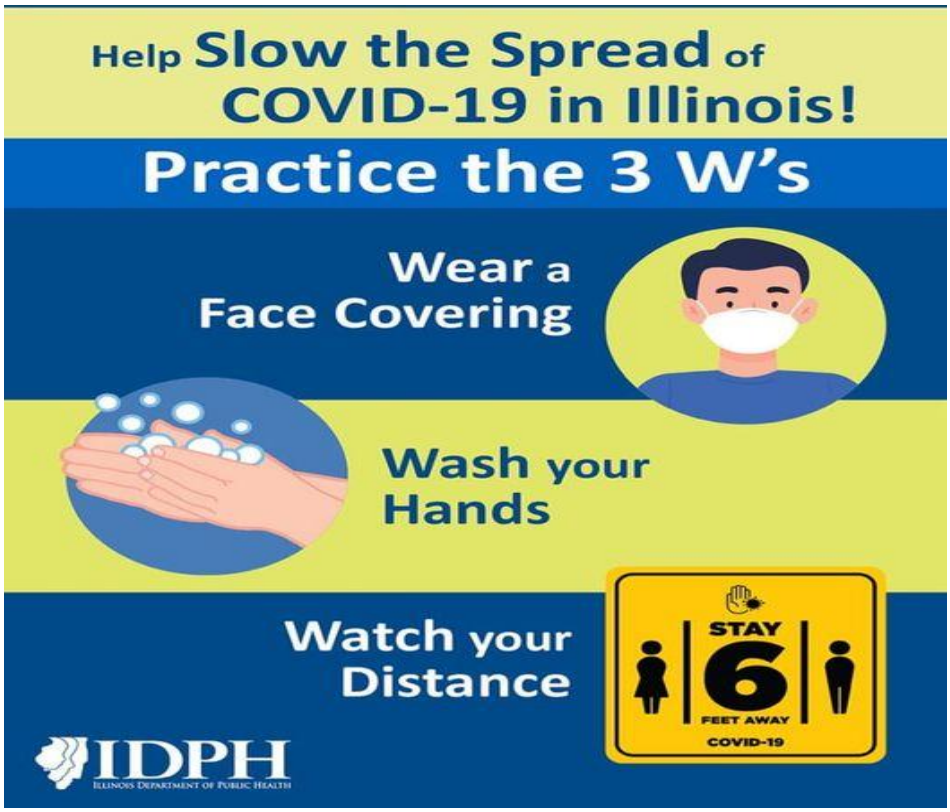


County Level Risk Metrics – LaSalle County Remains at Orange Warning Level

The LaSalle County Health Department is alerting residents that as of Friday, December 4, 2020, our County-Level COVID-19 Risk Metrics remains at the orange warning level. LaSalle County has remained at warning level status since November 6th. As a reminder, orange status indicates there are warning signs of increased COVID-19 risk in the county. A warning level means that a county saw increases in two or more COVID-19 risk indicators.

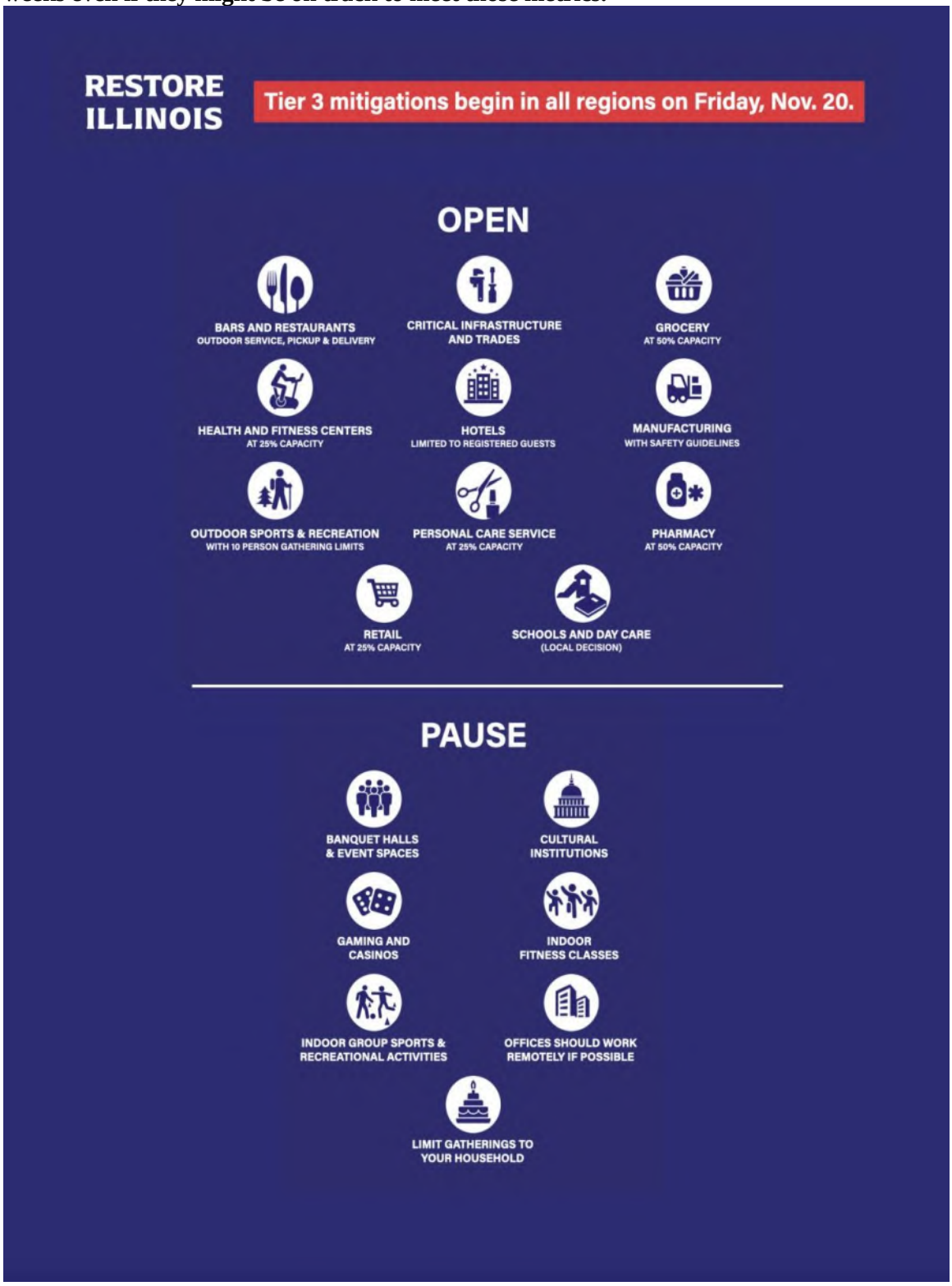
LaSalle County continues to experience a continued rise in our number of cases. In addition, per the county-level risk metrics provided by the Illinois Department of Public Health, the 7-day test positivity rate has remained above 8%. Until LaSalle County can get a handle on the number of new cases being identified each week and slow the community spread that is occurring, LaSalle County will continue to be at risk for remaining at the orange warning level.

To prevent the further spread of COVID-19, residents are urged to stay home as much as possible. Illinoisans over the age of two years are required to wear a face covering when out in public and social distancing is not easily achievable. Anyone exhibiting symptoms of COVID-19 or who may have been in contact with someone exhibiting symptoms should seek out testing and quarantine at home; anyone who has tested positive for the virus should isolate at home as directed by their physician or local health department.



Tier 3 Mitigations remain in effect for ALL regions

No region of Illinois will be downgraded from our current Tier 3 mitigations for the next few weeks even if they might be on track to meet those metrics.



Source: Office of Governor JB Pritzker and the Illinois Department of Public Health

Holiday Safety

This year the holidays are about adapting to keep each other safe, and while we may not be breaking tradition, we are certainly bending it. From holiday shopping at home to hosting virtual parties, we're proving we can still have joy and stay safe, too. We're all safer and stronger when we go all in, Illinois.

Decline in SARS-CoV-2 Antibodies After Mild Infection Among Frontline Health Care Personnel in a Multistate Hospital Network — 12 States, April–August 2020

A new CDC report looking at 156 healthcare workers who tested positive for COVID-19 antibodies showed that nearly all had a decline in antibody response within 60 days. Because antibody levels decline over time, a negative antibody test does not conclusively mean that a person never had COVID-19. It is also unclear if declines in antibody response may increase the risk of reinfection. Until more is known about how long immunity lasts, it is important to follow CDC guidelines, such as wearing a mask, staying six feet from others, washing hands often, and avoiding gatherings. Learn more: https://bit.ly/6947a2.
Source: Self WH, Tenforde MW, Stubblefield WB, et al. Decline in SARS-CoV-2 Antibodies After Mild Infection Among Frontline Health Care Personnel in a Multistate Hospital Network — 12 States, April–August 2020. MMRW Morb Mortal Wkly Rep 2020;69:1762-1766. DOI: https://bit.ly/6947a2.

Keep Illinois and LaSalle County Safe!

Be sure to practice social distancing when going outdoors for essential goods and services.

Find us on:

www.facebook.com/LaSalleCountyHealth

www.twitter.com/LaSalleCoHealth

www.lasallecounty.org

Purpose of the Coalition Bulletin
Publishing a regular newsletter -- weekly, in this case – will help keep our LaSalle County Healthcare Coalition in regular contact with up-to-date information between meetings.
For more information on the web:

- LaSalle County Health Department
- Illinois Department of Public Health
- Centers for Disease Control and Prevention

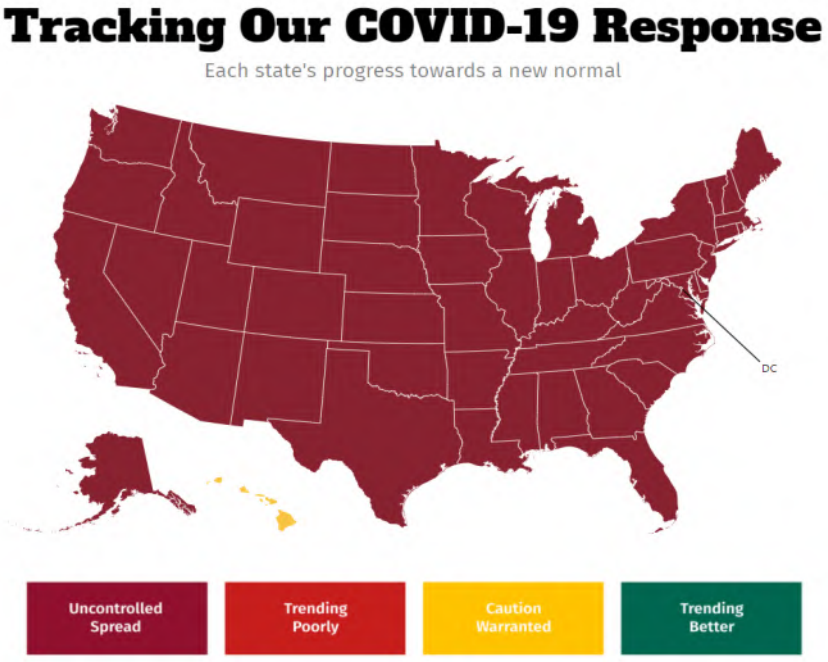
COVID-19 Coalition Bulletin

December 11, 2020

In This Issue

- Coronavirus Disease 2019 – Situational Update
- COVID Numbers at a Glance
- LaSalle County COVID-19 Test Results &Data Summary
- Current LaSalle County Case Counts
- Illinois Counties at Warning Level
- Region 2 Summary
- IDPH County Level COVID-19 Risk Metrics
- Local Testing Information
- Community Based Testing
- Frequently Asked Questions
- County Level Risk Metrics – LaSalle County Remains at Orange Warning Level
- Temporary Drive-Thru COVID-19 Testing Site Offered in Peru
- Tier 3 Mitigations remain in effect for ALL regions
- Healthy Holidays – Protecting you and your family
- Know the difference between a Cold,

COVID-19 Situational Update



Map from https://www.covidexitstrategy.org/ which provides state by state data including 14-DAY TREND OF COVID+, LAST 14 DAYS OF COVID+ (ROLLING), INFLUENZA-LIKE ILLNESS, % OF TEST TARGET (US: 500K/DAY), ICU AVAILABILITY, NEW CASES PER MILLION PER DAY, and COVID+ RATE

COVID Numbers at a Glance

This week 12/11/2020

Case Count	Recoveries	Deaths	Active Cases	Percent Recovered	Positivity Rate
7291	4353	173	2765	59.70 %	14.8 %

Last week 12/04/2020

Case Count	Recoveries	Deaths	Active Cases	Percent Recovered	Positivity Rate
6597	4086	149	2281	62.64 %	12 %

the Flu, and COVID-19!

- 2020-2021 Influenza Activity Update

Note: Positivity Rate is based on IDPH Regional Metric Data

12/04/2020

	Cases	Deaths
Worldwide	64,408,787	1,509,743
US	14,160,405	276,513
Illinois	770,088	12,974
LaSalle County	6597	149

12/11/2020

	Cases	Deaths
Worldwide	69,833,475	1,587,024
US	15,645,955	292,611
Illinois	832,951	14,050
LaSalle County	7291	173

Current LaSalle County Case Data as of 12/11/2020*

Age Range	M	F	% by age group	% of reported deaths
0-9	118	114	3.18%	0.00
10-19	261	366	8.60%	0.00
20s	582	664	17.09%	0.00
30s	517	552	14.66%	0.00
40s	503	562	14.61%	0.58
50s	527	604	15.51%	3.47
60s	445	426	11.95%	6.94
70s	230	258	6.69%	13.87
80s	150	215	5.01%	40.46
90s	68	116	2.52%	30.64
100s	1	12	0.18%	4.05
UNK				
Total	3402	3889		
%	46.66	53.34	100.00	
TOTAL CASES		**7291**		

Total Deaths	**173**
Deaths by Age	
20's	0
30's	0
40's	1
50's	6
60's	12
70's	24
80's	70
90's	53
100s	7
Males	96
Females	77

Case by Month Summary

	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Number Cases	6	50	98	67	261	778	504	968	3433	1126
% of total cases	0.08	0.69	1.34	0.92	3.58	10.67	6.91	13.28	47.09	15.44

Deaths by Month Summary

	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Number Deaths	1	0	12	4	1	30	9	11	63	42
% of total Deaths	0.58	0.00	6.94	2.31	0.58	17.34	5.20	6.36	36.42	24.28

12.04.20

Town	Current Total	% of County Cases
Cedar Point	14	0.23%
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Earlville	108	1.71%
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Serena	27	0.38%
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Sheridan	255	3.68%
Somonauk	96	1.45%
Streator	907	14.28%
Tonica	52	0.77%
Troy Grove	16	0.27%
Utica	107	1.72%
Wenona	9	0.15%
Other**	8	0.17%
TOTAL CASES	**6597**	

12.11.20

Town	Current Total	Increase since last week	*% of Total County Cases*
Cedar Point	15	1	0.21%
Dana	11	0	0.15%
Earlville	122	14	1.67%
Grand Ridge	59	2	0.81%
LaSalle	794	46	10.89%
Leland	94	18	1.29%
Lostant	47	1	0.64%
Marseilles	501	36	6.87%
Mendota	817	56	11.21%
Millington	20	0	0.27%
Oglesby	341	24	4.68%
Ottawa	1505	191	20.64%
Peru	870	89	11.93%
Ransom	23	0	0.32%
Rutland	10	1	0.14%
Sandwich	225	10	3.09%
Serena	31	4	0.43%
Seneca	171	16	2.35%
Sheridan	382	127	5.24%
Somonauk	100	4	1.37%
Streator	953	46	13.07%
Tonica	56	4	0.77%
Troy Grove	16	0	0.22%
Utica	111	4	1.52%
Wenona (LC Cases)	9	0	0.12%
Other**	8	0	0.11%
TOTAL CASES	**7291**	**694**	

*Note these numbers are adjusted based on the number of cases transferred to other locations.

** Number of LaSalle County Cases in Communities with less than 5 cases

NOTE: This week's cases include 85 tracked probable cases that were added to cumulative count.

Illinois Counties at Warning Level

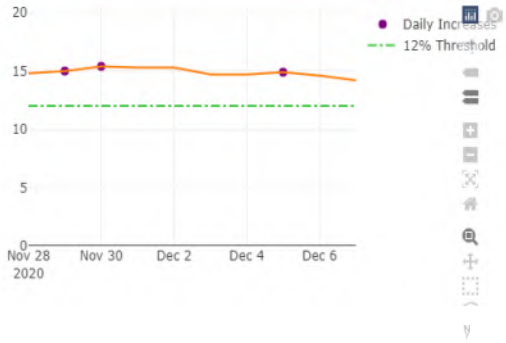
Last Week
12.04.2020

This Week
12.11.2020

Region 2 Summary - 12/10/2020

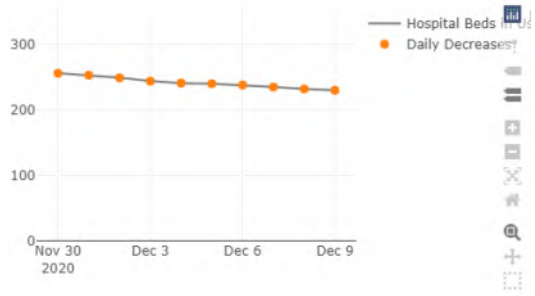
Test Positivity 7-Day Rolling Average

0 Consecutive Days under 12% threshold



COVID-19 Patients in the Hospital 7-Day Rolling Average

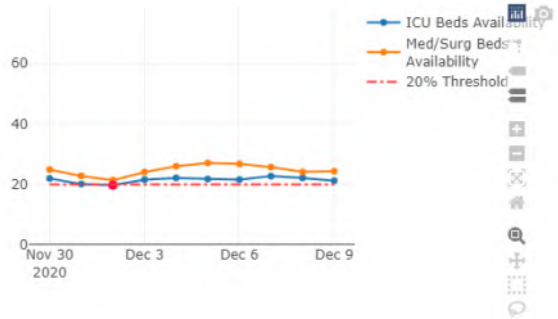
10 Days of COVID-19 Patient Decreases



Hospital Bed Availability 3-Day Rolling Average

ICU Beds:11 Consecutive Days Over 20% Threshold

Med/Surg Beds:11 Consecutive Days Over 20% Threshold



County Level COVID-19 Risk Metrics – 11/29-12/06/2020

New Cases Per 100,000 Case rate reported Sun-Sat (Target: less than 50 per 100,000) **630 per 100K**	**Number of Deaths** Death number reported Sun-Sat (Target: decreasing or stable Sun-Sat) **18**	**Test Positivity (%)** (%) positive tests reported Sun-Sat (Target: less than or equal to 8 %) **14.8 %**
Tests Performed Number of tests reported Sun-Sat (Target: Testing is Sufficient when test positivity is less than or equal to 8 %) **5199**	**CLI ED Visits (%), Adults** Emergency Department visits for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **5.7 %**	**Number of CLI Admissions** Hospital admissions for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **17**
Cluster (%) of cases No Target This metric helps explain large increase in cases **33 %**	**ICU (%) Available** ICU bed availability (Target: at least 20% of ICU beds available) **15.8 %**	Metrics in target Range Metrics outside Target Range More information at https://dph.illinois.gov/countymetrics

Local Testing Information

LaSalle County Health Department

All COVID-19 Testing MUST Be Scheduled with the LaSalle County Health Department before arriving on site.

*Rapid COVID -19 Testing

These rapid tests are meant to be used on:

- Excluded symptomatic children who are **not** a close contact to a confirmed case, to help get them back into school.
- Employees who need a negative test result to return to work.
- Anyone who is planning to travel or has traveled.

Testing will be done at the LaSalle County Health Department parking lot at 717 Etna Road, Ottawa, IL. The test performed will be an anterior nasal swab. The results will be given in 15 minutes. Testing will be performed Monday through Friday from 9:00 am – 3:00 pm, and Saturdays 9:00 am – 12:00 pm. **Anyone in need of rapid testing needs to call the Health Department at (815) 433-3366 to pre-register.**

*Close Contact Testing

- Close contacts of confirmed cases will be tested with the (PCR) COVID-19 test.
- The best time for individuals to be tested after an exposure with a positive case is 5-7 days from the last date of exposure.
- Testing of close contacts will be done in our parking lot **by appointment only**.

Please note—A negative test does not get a person out of quarantine.

*Weekly Drive-Thru Testing Site

- A drive-thru COVID-19 Community Based Testing Site (CBTS) is held on a weekly basis at the LaSalle County Emergency Management Agency Building (EMA) at 711 E Etna Rd, Ottawa. The site will be open on Wednesdays from 9:00 a.m. to 11:00 a.m. and will run **by appointment only**.
- This testing site is open to all regardless of symptoms, no Doctor's order is required. Health insurance will be billed.

- **Individuals are required to schedule an appointment by calling 815-433-3366 prior to arriving on site.** Instructions including wearing a mask, bringing a Photo ID, and directions for how to drive into the site will be provided at that time.

Illinois Valley Community Hospital

IVCH is proud to offer Covid-19 testing for both those with symptoms or who have had an exposure to a COVID-19 case.
Patients seeking Covid-19 testing may either call their IVCH primary care provider for an order or may call the IVCH Covid-19 Hotline 9am – 5 pm weekdays and 10am – 4 pm weekends, at 815-780-3425 to speak to a nurse regarding testing. All Covid-19 tests must be ordered by a provider. Testing is available Monday through Friday and by appointment only.
Covid-19 tests take approximately 72 hours to receive a result. All patients will be notified of their test result by phone.
IVCH Care Today and the Emergency Room do not provide routine COVID-19 testing.

Morris Hospital

Morris Hospital offers nasal swab testing by appointment for symptomatic individuals with a physician's order. Testing is available for individuals of all ages from 7:30 a.m. to 2 p.m., Monday-Friday. Appointments are required – no exceptions. Testing is NOT available at this time for asymptomatic individuals due to a nationwide shortage of the testing reagent. Testing is performed through the drive-up testing site on the Morris Hospital campus at the corner of Lisbon & High Streets on the far southwest corner of the hospital campus. When you arrive on the hospital campus, please follow the Drive-Thru Testing directional signs on Lisbon Street or High Street. Patients are required to have photo ID, insurance card and sign a release at the time of their test.

After a physician places an order for your test, a Scheduling representative from Morris Hospital will call you to schedule. Please allow up to 72 hours for test results to get sent to the ordering physician, who will inform you of your results. You can also check your patient portal for test results or contact the provider who ordered the test. Please remain at home, away from others while you are waiting for your test results.

OSF HealthCare Saint Elizabeth Medical Center

If you suspect you have novel coronavirus (COVID-19) and it is not an emergency, DO NOT go to a hospital or doctor's office. Instead, use one of the care options that best fits your needs below.

- Clare, our 24/7 virtual assistant chatbot at osfhealthcare.org/covid19, can educate you, screen you for COVID-19 and connect you to further care if needed.
- You can call the 24/7, COVID-19 Nurse Hotline* at 1-(833) OSF-KNOW (1-833-673-5669).
- Contact your OSF Primary Care Provider, and they can order the test for you.
- If you have a Primary Care Provider that is not an OSF Provider, they can fax an order to (815) 431-3072 (OSF Prompt Care Ottawa, 1640 1st Avenue, Ottawa).

- If you do not have a Primary Care Provider, you can be seen at one of the below locations and they can order a test for you if indicated:
    - OSF Prompt Care - Ottawa (8 a.m. - 8 p.m. daily) at (815) 431-9208
    - OSF Urgo – Ottawa (8 a.m. – 8 p.m. daily) at (815) 431-3410
    - OSF Prompt Care – Streator (weekdays 8 a.m. – 6 p.m.) at (815) 673-4545
- If you are experiencing shortness of breath, chest pain, or severe weakness, call 911 or come to your nearest OSF Emergency Department, where a test will be performed during your medical screening exam.

*Staffed by RNs and other health care professionals.

OSF HealthCare Saint Paul Medical Center

If you suspect you have novel coronavirus (COVID-19) and it is not an emergency, DO NOT go to a hospital or doctor's office. Instead, use one of the care options that best fits your needs below.

- Clare, our 24/7 virtual assistant chatbot at osfhealthcare.org/covid19, can educate you, screen you for COVID-19 and connect you to further care if needed.
- You can call the 24/7, COVID-19 Nurse Hotline* at 1-(833) OSF-KNOW (1-833-673-5669).
- Contact your OSF Primary Care Provider, and they can order the test for you.
- If you have a Primary Care Provider that is not an OSF Provider, they can fax an order to our OSF Saint Paul Medical Center lab.
- If you do not have a Primary Care Provider, you can call our OSF Prompt Care - Mendota, (weekdays, 8 a.m. - 5 p.m.) at (815) 538-1311 and they can order a test for you after a quick telephone visit.
- If you are experiencing shortness of breath, chest pain, or severe weakness, you can call 911 or come to our OSF Saint Paul Emergency Department, where a test will be performed during your medical screening exam.

*Staffed by RNs and other health care professionals.

St. Margaret's Hospital

St. Margaret's testing facility requires a physician's order and is perfect for those patients who need a COVID test within 72 hours of a surgery or a procedure. It is also for patients who may have been exposed to a COVID positive person or who is exhibiting symptoms. The patients' primary physician needs to fax an order to the registration department. Insurance information and a copy of a driver's license is also collected.
Testing is available Monday through Friday from 8:30 am to 5pm. Saturday and Sunday, we are open from 8-1pm.
For patients who don't have a physician but are exhibiting signs of an illness, the St. Margaret's Walk-in clinics at Midtown Health Center in Peru or Center for Family Health in Princeton are available. Patients will be offered a virtual or telehealth visit and if warranted, will be sent for a swab.
The St. Margaret's testing center is not a walk-in, public screening center.

Community Based Testing

A list of public and private testing sites can be found on the IDPH website at http://www.dph.illinois.gov/testing.

Location	Address	Times
Arlington Heights	Arlington Racetrack 2000 W Euclid Ave Arlington Heights	8:00am – 4:00pm while daily supplies last
Auburn Gresham	Foreman Mills Shopping Center 122 W. 79th Street Chicago	8:00am – 4:00pm while daily supplies last
Aurora	1650 Premium Outlet Blvd Aurora	8:00am-4:00pm while daily supplies last
***Bloomington**	1106 Interstate Drive Bloomington	9:00am-5:00pm while daily supplies last
Champaign	Market Place Shopping Ctr 2000 N. Neil Street Champaign	8:00am-4:00pm while daily supplies last
***East St. Louis**	Jackie Joyner Kersee Ctr. Argonne Drive East St. Louis	8:00am-4:00pm while daily supplies last
Harwood Heights	6959 W. Forest Preserve Rd. Chicago	7:00am-3:00pm while daily supplies last
***Peoria**	Peoria Civic Center Fulton Street Parking Lot Peoria	8:00am-4:00pm while daily supplies last
Rockford	1601 Parkview Avenue Rockford	8:00am-4:00pm while daily supplies last
South Holland	South Suburban College 15800 State St South Holland	8:00am-4:00pm while daily supplies last
Waukegan	102 W. Water Street Waukegan	8:00am-4:00pm while daily supplies last

* Walk-up testing is available at Bloomington, East St. Louis, and Peoria.

Does the LaSalle County Health Department still recommend a 14-day quarantine?

Yes, the LaSalle County Health Department still recommends a full 14-day quarantine. However, on December 2, 2020 the Centers for Disease Control and Prevention (CDC) released new options for public health authorities to consider for establishing quarantine time frames for contacts of a person with SARS-CoV2. The Illinois Department of Public Health (IDPH) recently issued new quarantine guidance based on the CDC's acceptable alternatives.

The CDC currently recommends a quarantine period of 14 days. However, the following options to shorten quarantine are acceptable alternatives:

- Quarantine can end **after** Day 10 without testing and if no symptoms have been reported during daily monitoring. With this strategy, residual post-quarantine transmission risk is estimated to be about 1% with an upper limit of about 10%.
- Quarantine can end **after** Day 7 if a diagnostic specimen tests negative and if no symptoms were reported during daily monitoring. The specimen may be collected and tested within 48 hours before the time of planned quarantine discontinuation (e.g., in anticipation of testing delays), but quarantine cannot be discontinued earlier than Day 8. In other words, the earliest they could test would be on Day 6. With this strategy, the residual post-quarantine transmission risk is estimated to be about 5% with an upper limit of about 12%.

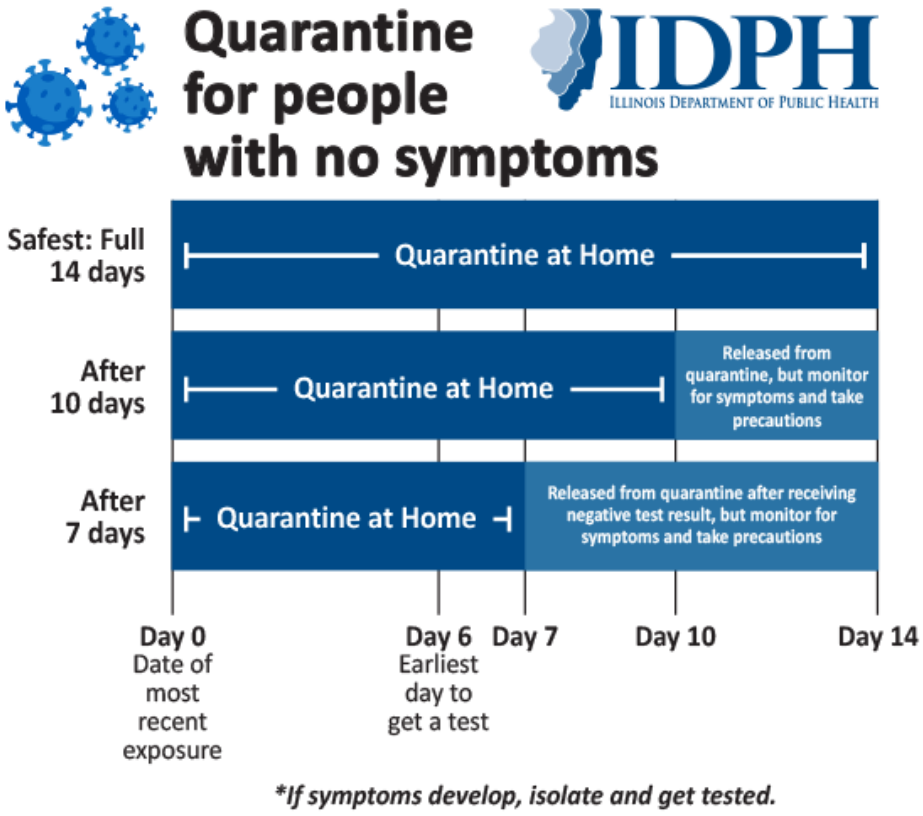
Due to the risk of severe illness and congregate transmission, IDPH does not recommend application of the two shortened quarantine options in congregate settings.

With both options the following additional criteria through Day 14 must be met:

- correct and consistent mask use (including within homes),
- social distancing,
- hand and cough hygiene,
- environmental cleaning and disinfection,
- avoiding crowds,
- ensuring adequate indoor ventilation,
- monitoring for symptoms of COVID-19 illness, and

- minimizing contact with persons at increased risk for severe illness, including vulnerable and congregate populations.

View the full guidance document here:http://dph.illinois.gov/covid19/community-guidance/quarantine-guidance?fbclid=IwAR2wGU77DJlQ5-m7J8UAgztnpK_FlKl4zi5wFwkUET6A-4BUyKeWWpGKKoM



County Level Risk Metrics – LaSalle County Remains at Orange Warning Level

The LaSalle County Health Department is alerting residents that as of Friday, December 11, 2020, our County-Level COVID-19 Risk Metrics remains at the orange warning level. LaSalle County has remained at warning level status since November 6th. As a reminder, orange status indicates there are warning signs of increased COVID-19 risk in the county. A warning level means that a county saw increases in two or more COVID-19 risk indicators.

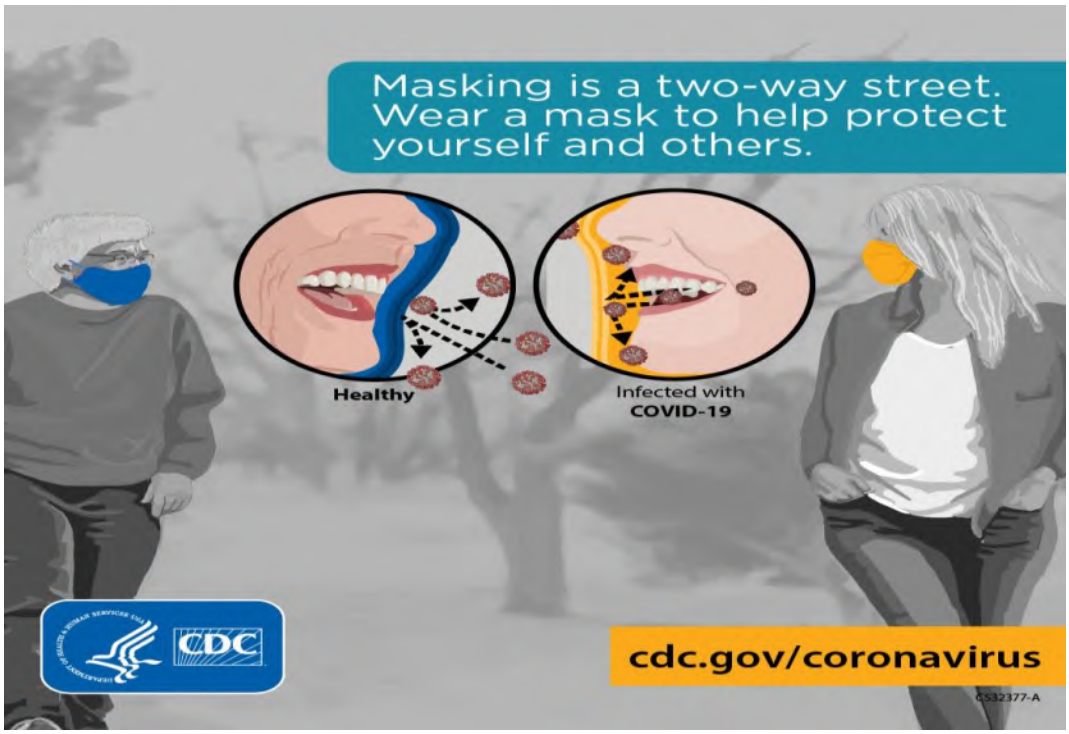
LaSalle County continues to experience a rise in our number of cases. In addition, per the county-level risk metrics provided by the Illinois Department of Public Health, the 7-day test positivity rate has remained well above 8%. Finally, within the North-Central Region (Region 2) there are 15.8% of ICU beds available, which is below the 20% target. Until LaSalle County can get a handle on the number of new cases being identified each week and

slow the community spread that is occurring, LaSalle County will continue to be at risk for remaining at the orange warning level.

To prevent the further spread of COVID-19, residents are urged to stay home as much as possible. Illinoisans over the age of two years are required to wear a face covering when out in public and social distancing is not easily achievable. Anyone exhibiting symptoms of COVID-19 or who may have been in contact with someone exhibiting symptoms should seek out testing and quarantine at home; anyone who has tested positive for the virus should isolate at home as directed by their physician or local health department.

Source: Illinois Department of Public Health

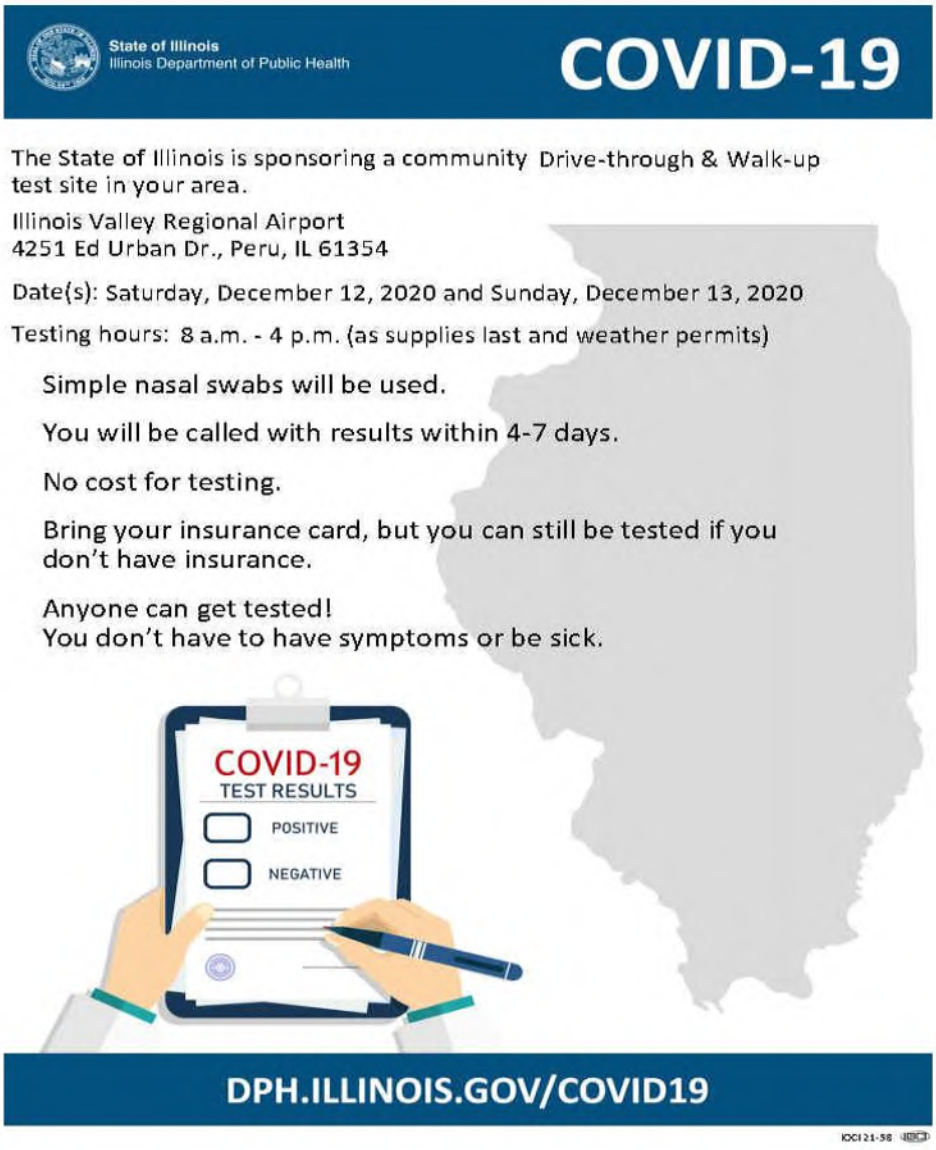
Masking is a two-way street. Masks help protect you, in case someone around you has COVID-19. Masks also help protect others; in case you have COVID-19 but don't know it. Wear a mask to slow the spread. Learn more: https://bit.ly/3ee8iP4.



Temporary Drive-Thru COVID-19 Testing Site Offered in Peru

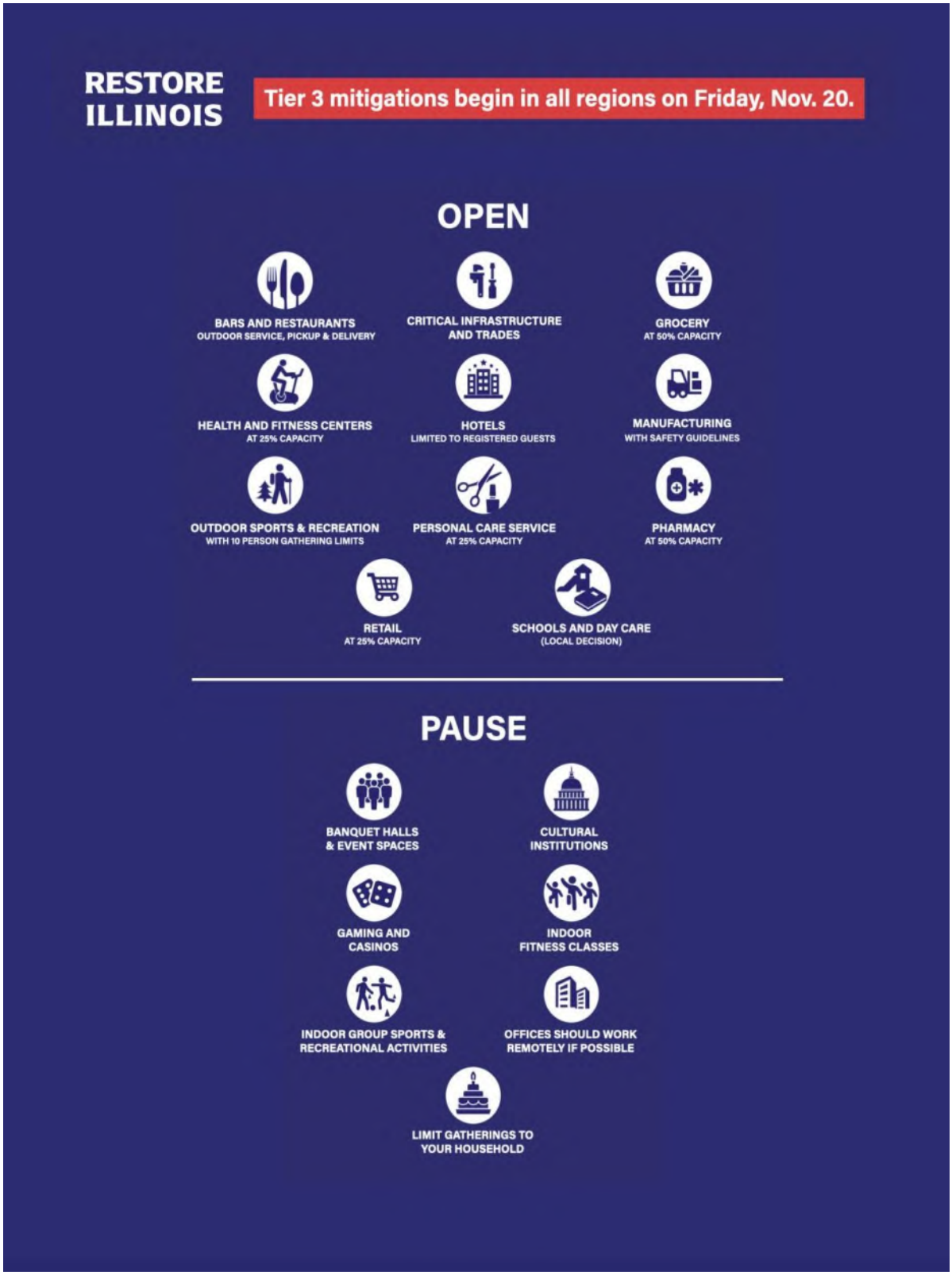
The LaSalle County Health Department is announcing a temporary drive-through COVID-19 testing site sponsored by the State of Illinois which will be held in Peru. The site will be

set-up on Saturday, December 12th and Sunday December 13th from 8 a.m. to 4 p.m. at the Illinois Valley Regional Airport, 4251 Ed Urban Dr.



Tier 3 Mitigations remain in effect for ALL regions.

No region of Illinois will be downgraded from our current Tier 3 mitigations for the next few weeks even if they might be on track to meet those metrics.



Source: Office of Governor JB Pritzker and the Illinois Department of Public Health

Healthy Holidays – Protecting you and your family

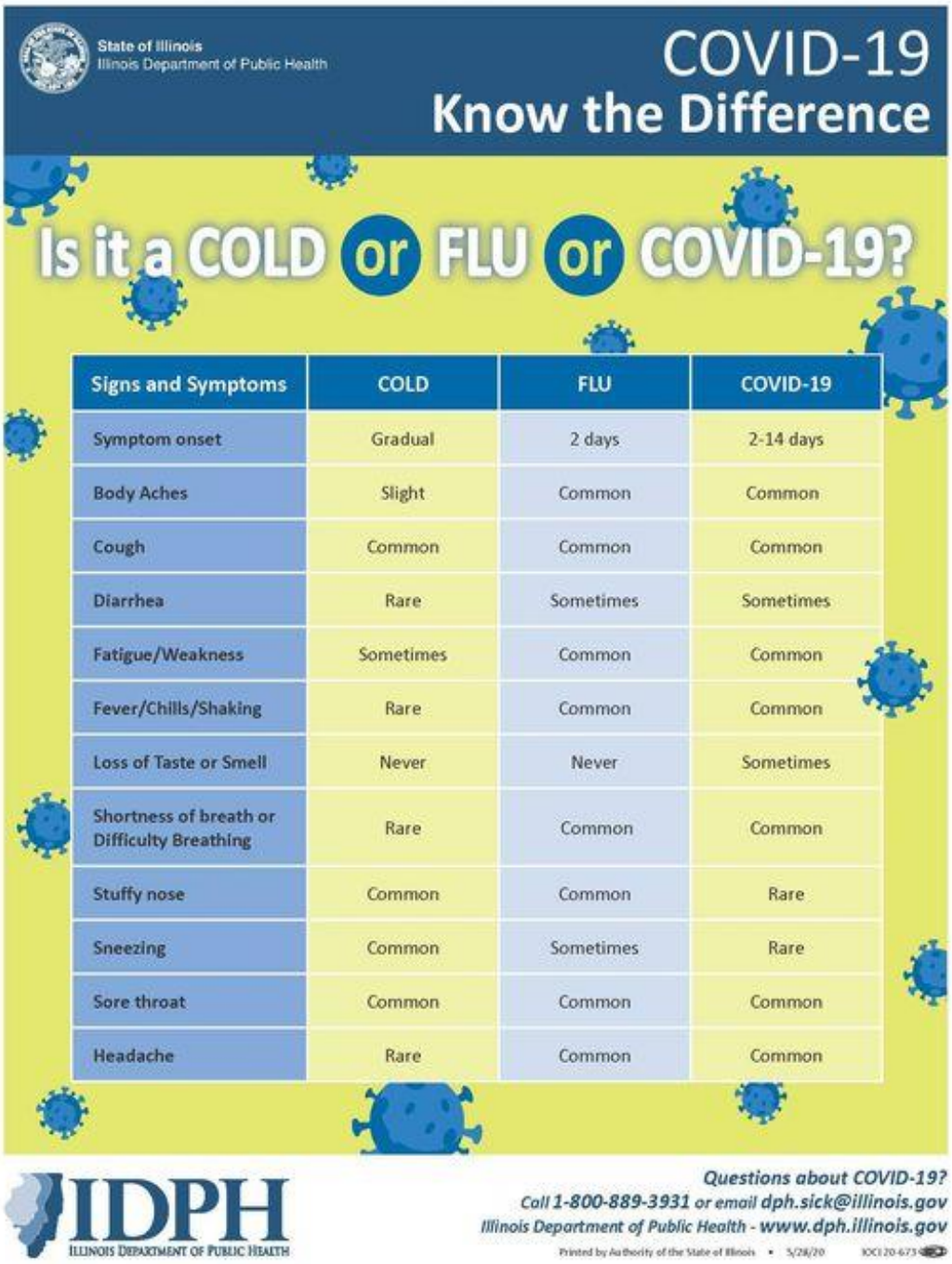
Whether it's winter sniffles, the flu or something else, don't ignore the warning signs when you're not feeling well. Here are some helpful tips to help you weather whatever comes your way:

- If you're feeling sick... Keep away from others, whether it's the virus or not. Have someone else run essential errands or utilize delivery services. Monitor your symptoms, call your doctor and take their advice. If you need to get a COVID-19 test, visit dph.illinois.gov/testing to find the site nearest you.
- If you think you've been exposed to COVID-19... Whether you have symptoms or were potentially exposed during a gathering or travel, consider getting tested for COVID-19. Before and after a test, quarantine and be sure to keep your distance from those in your household. While you're waiting for your results, start to retrace your steps in case it comes back positive.
- If you were in close contact with someone who tested positive...While you'll get specific guidance from a public health worker, typically you should get tested and quarantine for up to 14 days. Make sure to monitor for symptoms of COVID-19, like a fever, cough or shortness of breath. If your symptoms worsen or become severe, seek immediate medical care.
- If you test positive for COVID-19... A positive result can be nerve-wracking, but don't panic — around 97% of people who contract coronavirus recover. To keep from passing the virus onto others, be sure to isolate until a health professional gives you clearance (typically 10 days from symptom onset). You can also help us with contact tracing, a proven health practice that has helped save countless lives. Answer the call from IL COVID HELP — that's one of our public health workers who will reach out to you and your close contacts to provide health guidance, answer questions and offer support.

Source: https://allin.illinois.gov/

Know the difference between a Cold, the Flu, and COVID-19!

Find your nearest testing site here: http://dph.illinois.gov/testing



Signs and Symptoms	COLD	FLU	COVID-19
Symptom onset	Gradual	2 days	2-14 days
Body Aches	Slight	Common	Common
Cough	Common	Common	Common
Diarrhea	Rare	Sometimes	Sometimes
Fatigue/Weakness	Sometimes	Common	Common
Fever/Chills/Shaking	Rare	Common	Common
Loss of Taste or Smell	Never	Never	Sometimes
Shortness of breath or Difficulty Breathing	Rare	Common	Common
Stuffy nose	Common	Common	Rare
Sneezing	Common	Sometimes	Rare
Sore throat	Common	Common	Common
Headache	Rare	Common	Common

Source: Illinois Department of Public Health

2020-2021 Influenza Activity Update

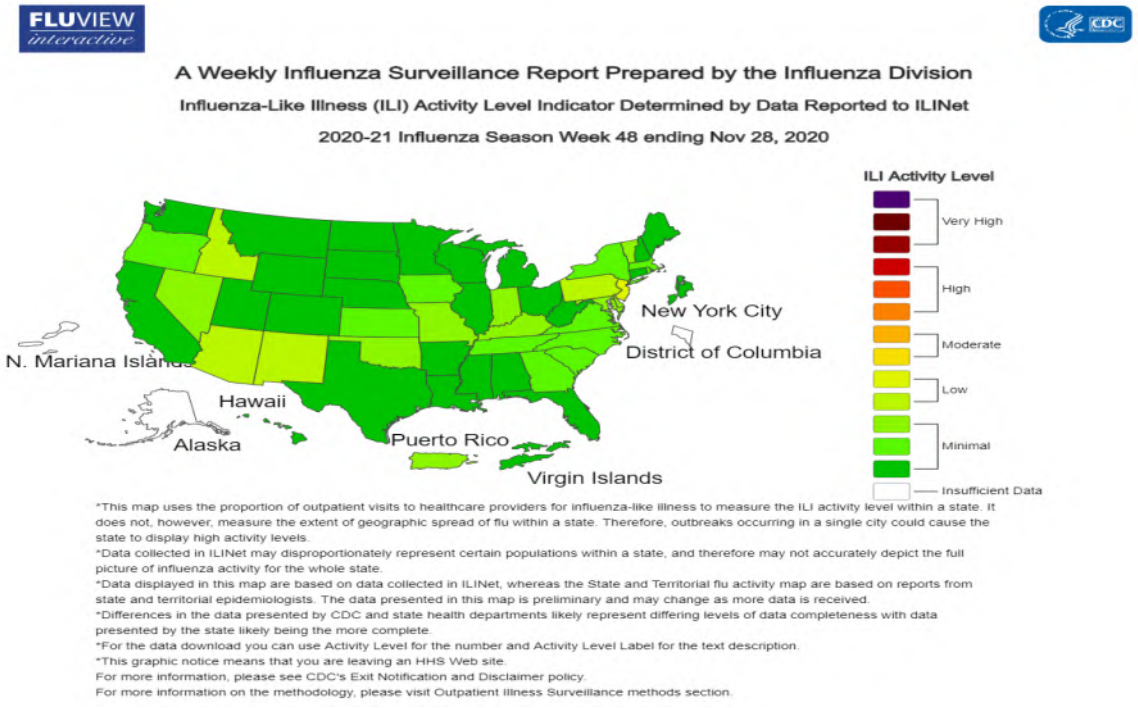
While influenza is not a reportable disease in Illinois, there is certain data related to influenza activity that the LaSalle County Health Department is required to track. In Illinois, influenza is reportable in the following way:

- Person admitted to the Intensive Care Unit (ICU)
- Pediatric death (<18 years old)
- Influenza A, variant
- Any unusual cases or cluster of cases that may indicate a public health hazard

LaSalle County has had zero ICU admissions and zero pediatric deaths reported due to flu since September 2020.

The IDPH provides a detailed surveillance report. This weekly surveillance report summarizes regional and state influenza data used to determine the weekly influenza activity level and national activity levels reported by state and territorial epidemiologists. The weekly report can be viewed by visit the following link: https://dph.illinois.gov/topics-services/diseases-and-conditions/influenza/influenza-surveillance#:~:text=2020%20%2D%202021%20Flu%20Activity%20Report,care%20sites%20throughout%20the%20state.

In addition, the Centers for Disease Control and Prevention's FluView4 report provides national updates and trends related to the intensity of influenza activity across the United States, as well as detailed information on antiviral resistance, severity of illness, and other topics. The report can be found at: https://www.cdc.gov/flu/weekly/index.htm



Find us on:

www.facebook.com/LaSalleCountyHealth

www.twitter.com/LaSalleCoHealth

www.lasallecounty.org

Purpose of the Coalition Bulletin

Publishing a regular newsletter -- weekly, in this case – will help keep our LaSalle County Healthcare Coalition in regular contact with up-to-date information between meetings.

For more information on the web:

- LaSalle County Health Department
- Illinois Department of Public Health
- Centers for Disease Control and Prevention

COVID-19 Coalition Bulletin

December 18, 2020

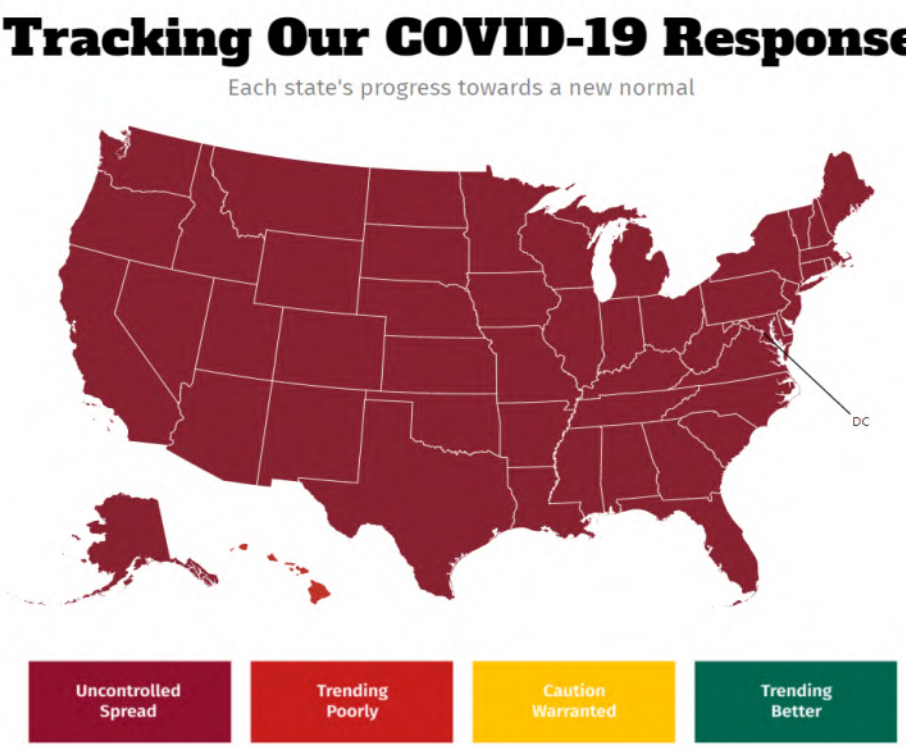
In This Issue

- Special Holiday Note
- Coronavirus Disease 2019 – Situational Update
- COVID Numbers at a Glance
- LaSalle County COVID-19 Test Results &Data Summary
- Current LaSalle County Case Counts
- Illinois Counties at Warning Level
- Region 2 Summary
- IDPH County Level COVID-19 Risk Metrics
- Local Testing Information
- Community Based Testing
- Frequently Asked Questions
- County Level Risk Metrics – LaSalle County Remains at Orange Warning Level
- U.S. Food and Drug Administration Authorizes Pfizer's COVID-19 Vaccine for Emergency Use
- First Vaccine Shipment Arrives at Illinois Strategic National Stockpile

Special Holiday Note

Due to the holiday, there will be no issue of the weekly COVID-19 Coalition Bulletin on Friday, December 25th. The bulletin will be issued on Monday December 28th and then return to its normal release date on Friday, Jaunuary 8, 2021.

COVID-19 Situational Update



Map from https://www.covidexitstrategy.org/ which provides state by state data including 14-DAY TREND OF COVID+, LAST 14 DAYS OF COVID+ (ROLLING), INFLUENZA-LIKE ILLNESS, % OF TEST TARGET (US: 500K/DAY), ICU AVAILABILITY, NEW CASES PER MILLION PER DAY, and COVID+ RATE

- LaSalle County Health Department Collaborates with Local Agencies to Deliver First Shipment of Pfizer Vaccine to Hospitals in the County
- Get the Facts about COVID-19 Vaccines
- Tier 3 Mitigations remain in effect for ALL regions
- Prevent COVID-19 In Your Home
- Planning for the holidays?
- Summary of Guidance for Public Health Strategies to Address High Levels of Community Transmission
- 2020-2021 Influenza Activity Update

COVID Numbers at a Glance

This week 12/18/2020

Case Count	Recoveries	Deaths	Active Cases	Percent Recovered	Positivity Rate
7782	**4835**	**198**	**2749**	**62.13 %**	**8.1 %**

Last week 12/11/2020

Case Count	Recoveries	Deaths	Active Cases	Percent Recovered	Positivity Rate
7291	**4353**	**173**	**2765**	**59.70 %**	**14.8 %**

Note: Positivity Rate is based on IDPH Regional Metric Data

12/11/2020

	Cases	Deaths
Worldwide	69,833,475	1,587,024
US	15,645,955	292,611
Illinois	832,951	14,050
LaSalle County	7291	173

12/18/2020

	Cases	Deaths
Worldwide	75,155,123	1,665,974
US	17,233,022	311,010
Illinois	886,805	15,105
LaSalle County	7782	198

Current LaSalle County Case Data as of 12/11/2020*

Age Range	M	F	% by age group	% of reported deaths
0-9	131	121	3.24%	0.00
10-19	278	397	8.67%	0.00
20s	618	705	17.00%	0.00
30s	552	581	14.56%	0.00
40s	526	596	14.42%	0.51
50s	562	653	15.61%	3.03
60s	475	459	12.00%	6.06
70s	243	287	6.81%	17.68
80s	156	230	4.96%	38.38
90s	71	126	2.53%	30.30
100s	1	14	0.19%	4.04
UNK				
Total	3613	4169		
%	46.43 %	53.57 %		
TOTAL CASES		**7782**		

Total Deaths	198
Deaths by Age	
20's	0
30's	0
40's	1
50's	6
60's	12
70's	35
80's	76
90's	60
100s	8
Males	104
Females	94

Case by Month Summary

	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Number Cases	6	50	98	67	261	778	504	968	3433	1617
% of total cases	0.08	0.64	1.26	0.86	3.35	10.00	6.48	12.44	44.11	20.78

Deaths by Month Summary

	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Number Deaths	1	0	12	4	1	30	9	11	63	67
% of total Deaths	0.51	0.00	6.06	2.02	0.51	15.15	4.55	5.56	31.82	33.84

Town	12.11.20 Current Total	% of County Cases
Cedar Point	15	0.21%
Dana	11	0.15%
Earlville	122	1.67%
Grand Ridge	59	0.81%
LaSalle	794	10.89%
Leland	94	1.29%
Lostant	47	0.64%
Marseilles	501	6.87%
Mendota	817	11.21%
Millington	20	0.27%
Oglesby	341	4.68%
Ottawa	1505	20.64%
Peru	870	11.93%
Ransom	23	0.32%
Rutland	10	0.14%
Sandwich	225	3.09%
Serena	31	0.43%
Seneca	171	2.35%
Sheridan	382	5.24%
Somonauk	100	1.37%
Streator	953	13.07%
Tonica	56	0.77%
Troy Grove	16	0.22%
Utica	111	1.52%
Wenona	9	0.12%
Other**	8	0.11%
TOTAL CASES	**7291**	

Town	12.18.20 Current Total	Increase since last week	*% of Total County Cases*
Cedar Point	17	2	0.22%
Dana	11	0	0.14%
Earlville	139	17	1.79%
Grand Ridge	61	2	0.78%
LaSalle	825	31	10.60%
Leland	101	7	1.30%
Lostant	48	1	0.62%
Marseilles	542	41	6.96%
Mendota	860	43	11.05%
Millington	20	0	0.26%
Oglesby	359	18	4.61%
Ottawa	1609	104	20.68%
Peru	946	76	12.16%
Ransom	24	1	0.31%
Rutland	10	0	0.13%
Sandwich	243	18	3.12%
Serena	37	6	0.48%
Seneca	181	10	2.33%
Sheridan	389	7	5.00%
Somonauk	118	18	1.52%
Streator	1025	72	13.17%
Tonica	60	4	0.77%
Troy Grove	19	3	0.24%
Utica	116	5	1.49%
Wenona (LC Cases)	13	4	0.17%
Other**	9	1	0.12%
TOTAL CASES	**7782**	**491**	

*Note these numbers are adjusted based on the number of cases transferred to other locations.

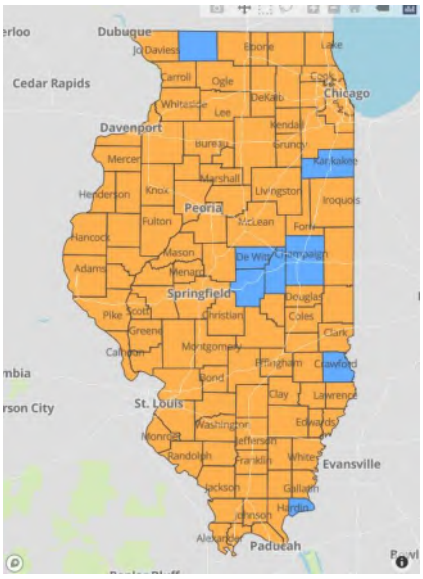
** Number of LaSalle County Cases in Communities with less than 5 cases

NOTE: This week's cases include 85 tracked probable cases that were added to cumulative count.

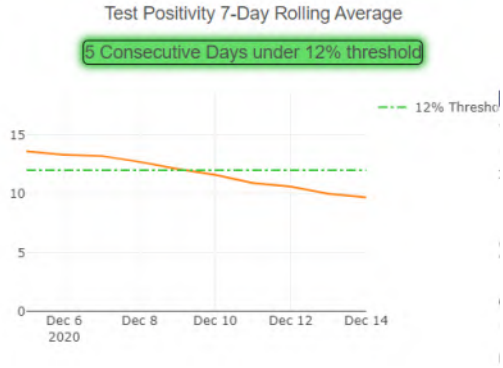
Illinois Counties at Warning Level

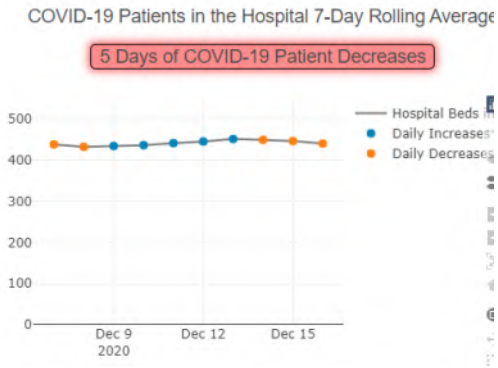
Last Week
12.11.2020

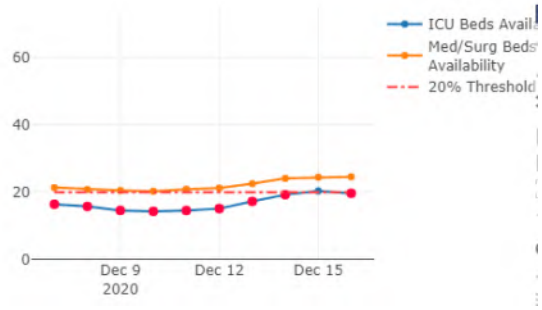
This Week
12.18.2020



Region 2 Summary - 12/17/2020







County Level COVID-19 Risk Metrics – 12/07-12/13/2020

New Cases Per 100,000 Case rate reported Sun-Sat (Target: less than 50 per 100,000) **578 per 100K** *Improved from last week	**Number of Deaths** Death number reported Sun-Sat (Target: decreasing or stable Sun-Sat) **18** * No change from last week	**Test Positivity (%)** (%) positive tests reported Sun-Sat (Target: less than or equal to 8 %) **8.1 %** *Improved from last week
Tests Performed Number of tests reported Sun-Sat (Target: Testing is Sufficient when test positivity is less than or equal to 8 %) **8174** *Improved from last week	**CLI ED Visits (%), Adults** Emergency Department visits for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **8.5 %** *Increase in visits from last week	**Number of CLI Admissions** Hospital admissions for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **19** *Increase in admissions from last week
Cluster (%) of cases No Target This metric helps explain large increase in cases **12.2%** *Decrease in reported clusters	**ICU (%) Available** ICU bed availability (Target: at least 20% of ICU beds available) **15.4 %** *Decrease in availability from last week	Metrics in target Range Metrics outside Target Range More information at https://dph.illinois.gov/countymetrics

Local Testing Information

LaSalle County Health Department

All COVID-19 Testing MUST Be Scheduled with the LaSalle County Health Department before arriving on site.

*Rapid COVID -19 Testing

These rapid tests are meant to be used on:

- Excluded symptomatic children who are **not** a close contact to a confirmed case, to help get them back into school.
- Employees who need a negative test result to return to work.
- Anyone who is planning to travel or has traveled.

Testing will be done at the LaSalle County Health Department parking lot at 717 Etna Road, Ottawa, IL. The test performed will be an anterior nasal swab. The results will be given in 15 minutes. Testing will be performed Monday through Friday from 9:00 am – 3:00 pm, and Saturdays 9:00 am – 12:00 pm. **Anyone in need of rapid testing needs to call the Health Department at (815) 433-3366 to pre-register.**

*Close Contact Testing

- Close contacts of confirmed cases will be tested with the (PCR) COVID-19 test.
- The best time for individuals to be tested after an exposure with a positive case is 5-7 days from the last date of exposure.
- Testing of close contacts will be done in our parking lot **by appointment only**.

Please note—A negative test does not get a person out of quarantine.

*Weekly Drive-Thru Testing Site

- A drive-thru COVID-19 Community Based Testing Site (CBTS) is held on a weekly basis at the LaSalle County Emergency Management Agency Building (EMA) at 711 E Etna Rd, Ottawa. The site will be open on Wednesdays from 9:00 a.m. to 11:00 a.m. and will run **by appointment only**.
- This testing site is open to all regardless of symptoms, no Doctor's order is required. Health insurance will be billed.

- **Individuals are required to schedule an appointment by calling 815-433-3366 prior to arriving on site.** Instructions including wearing a mask, bringing a Photo ID, and directions for how to drive into the site will be provided at that time.

Illinois Valley Community Hospital

IVCH is proud to offer Covid-19 testing for both those with symptoms or who have had an exposure to a COVID-19 case.
Patients seeking Covid-19 testing may either call their IVCH primary care provider for an order or may call the IVCH Covid-19 Hotline 9am – 5 pm weekdays and 10am – 4 pm weekends, at 815-780-3425 to speak to a nurse regarding testing. All Covid-19 tests must be ordered by a provider. Testing is available Monday through Friday and by appointment only.
Covid-19 tests take approximately 72 hours to receive a result. All patients will be notified of their test result by phone.
IVCH Care Today and the Emergency Room do not provide routine COVID-19 testing.

Morris Hospital

Morris Hospital offers nasal swab testing by appointment for symptomatic individuals with a physician's order. Testing is available for individuals of all ages from 7:30 a.m. to 2 p.m., Monday-Friday. Appointments are required – no exceptions. Testing is NOT available at this time for asymptomatic individuals due to a nationwide shortage of the testing reagent. Testing is performed through the drive-up testing site on the Morris Hospital campus at the corner of Lisbon & High Streets on the far southwest corner of the hospital campus. When you arrive on the hospital campus, please follow the Drive-Thru Testing directional signs on Lisbon Street or High Street. Patients are required to have photo ID, insurance card and sign a release at the time of their test.

After a physician places an order for your test, a Scheduling representative from Morris Hospital will call you to schedule. Please allow up to 72 hours for test results to get sent to the ordering physician, who will inform you of your results. You can also check your patient portal for test results or contact the provider who ordered the test. Please remain at home, away from others while you are waiting for your test results.

OSF HealthCare Saint Elizabeth Medical Center

If you suspect you have novel coronavirus (COVID-19) and it is not an emergency, DO NOT go to a hospital or doctor's office. Instead, use one of the care options that best fits your needs below.

- Clare, our 24/7 virtual assistant chatbot at osfhealthcare.org/covid19, can educate you, screen you for COVID-19 and connect you to further care if needed.
- You can call the 24/7, COVID-19 Nurse Hotline* at 1-(833) OSF-KNOW (1-833-673-5669).
- Contact your OSF Primary Care Provider, and they can order the test for you.
- If you have a Primary Care Provider that is not an OSF Provider, they can fax an order to (815) 431-3072 (OSF Prompt Care Ottawa, 1640 1st Avenue, Ottawa).

- If you do not have a Primary Care Provider, you can be seen at one of the below locations and they can order a test for you if indicated:
    - OSF Prompt Care - Ottawa (8 a.m. - 8 p.m. daily) at (815) 431-9208
    - OSF Urgo – Ottawa (8 a.m. – 8 p.m. daily) at (815) 431-3410
    - OSF Prompt Care – Streator (weekdays 8 a.m. – 6 p.m.) at (815) 673-4545
- If you are experiencing shortness of breath, chest pain, or severe weakness, call 911 or come to your nearest OSF Emergency Department, where a test will be performed during your medical screening exam.

*Staffed by RNs and other health care professionals.

OSF HealthCare Saint Paul Medical Center

If you suspect you have novel coronavirus (COVID-19) and it is not an emergency, DO NOT go to a hospital or doctor's office. Instead, use one of the care options that best fits your needs below.

- Clare, our 24/7 virtual assistant chatbot at osfhealthcare.org/covid19, can educate you, screen you for COVID-19 and connect you to further care if needed.
- You can call the 24/7, COVID-19 Nurse Hotline* at 1-(833) OSF-KNOW (1-833-673-5669).
- Contact your OSF Primary Care Provider, and they can order the test for you.
- If you have a Primary Care Provider that is not an OSF Provider, they can fax an order to our OSF Saint Paul Medical Center lab.
- If you do not have a Primary Care Provider, you can call our OSF Prompt Care - Mendota, (weekdays, 8 a.m. - 5 p.m.) at (815) 538-1311 and they can order a test for you after a quick telephone visit.
- If you are experiencing shortness of breath, chest pain, or severe weakness, you can call 911 or come to our OSF Saint Paul Emergency Department, where a test will be performed during your medical screening exam.

*Staffed by RNs and other health care professionals.

St. Margaret's Hospital

St. Margaret's testing facility requires a physician's order and is perfect for those patients who need a COVID test within 72 hours of a surgery or a procedure. It is also for patients who may have been exposed to a COVID positive person or who is exhibiting symptoms. The patients' primary physician needs to fax an order to the registration department. Insurance information and a copy of a driver's license is also collected.
Testing is available Monday through Friday from 8:30 am to 5pm. Saturday and Sunday, we are open from 8-1pm.
For patients who don't have a physician but are exhibiting signs of an illness, the St. Margaret's Walk-in clinics at Midtown Health Center in Peru or Center for Family Health in Princeton are available. Patients will be offered a virtual or telehealth visit and if warranted, will be sent for a swab.
The St. Margaret's testing center is not a walk-in, public screening center.

Community Based Testing

A list of public and private testing sites can be found on the IDPH website at http://www.dph.illinois.gov/testing.

Location	Address	Times
Arlington Heights	Arlington Racetrack 2000 W Euclid Ave Arlington Heights	8:00am – 4:00pm while daily supplies last
Auburn Gresham	Foreman Mills Shopping Center 122 W. 79th Street Chicago	8:00am – 4:00pm while daily supplies last
Aurora	1650 Premium Outlet Blvd Aurora	8:00am-4:00pm while daily supplies last
***Bloomington**	1106 Interstate Drive Bloomington	9:00am-5:00pm while daily supplies last
Champaign	Market Place Shopping Ctr 2000 N. Neil Street Champaign	8:00am-4:00pm while daily supplies last
***East St. Louis**	Jackie Joyner Kersee Ctr. Argonne Drive East St. Louis	8:00am-4:00pm while daily supplies last
Harwood Heights	6959 W. Forest Preserve Rd. Chicago	7:00am-3:00pm while daily supplies last
***Peoria**	Peoria Civic Center Fulton Street Parking Lot Peoria	8:00am-4:00pm while daily supplies last
Rockford	1601 Parkview Avenue Rockford	8:00am-4:00pm while daily supplies last
South Holland	South Suburban College 15800 State St South Holland	8:00am-4:00pm while daily supplies last
Waukegan	102 W. Water Street Waukegan	8:00am-4:00pm while daily supplies last

* Walk-up testing is available at Bloomington, East St. Louis, and Peoria.

What are the benefits of getting a COVID-19 vaccine?

It is understandable that some people may be concerned about getting vaccinated as COVID-19 vaccine becomes available in the United States. While these vaccines are being developed as quickly as possible, routine processes and procedures remain in place to ensure the safety of any vaccine that is authorized or approved for use. Safety is a top priority, and there are many reasons to get vaccinated.

The Centers for Disease Control and Prevention (CDC) have provided a summary of the benefits of COVID-19 vaccination based on what is currently known:

COVID-19 vaccination will help keep you from getting COVID-19

- COVID-19 vaccines are being carefully evaluated in clinical trials and will be authorized or approved only if they make it substantially less likely you'll get COVID-19.
- Based on what we know about vaccines for other diseases, experts believe that getting a COVID-19 vaccine may help keep you from getting seriously ill even if you do get COVID-19.
- Getting vaccinated yourself may also protect people around you, particularly people at increased risk for severe illness from COVID-19.
- Experts continue to conduct more studies about the effect of COVID-19 vaccination on severity of illness from COVID-19, as well as its ability to keep people from spreading the virus that causes COVID-19.

COVID-19 vaccination will be a safer way to help build protection

- COVID-19 can have serious, life-threatening complications, and there is no way to know how COVID-19 will affect you. And if you get sick, you could spread the disease to friends, family, and others around you.
- Clinical trials of COVID-19 vaccines must first show they are safe and effective before any vaccine can be authorized or approved for use. The known and potential benefits of a COVID-19 vaccine must outweigh the known and potential risks of the vaccine for use under what is known as an Emergency Use Authorization (EUA).
- Getting COVID-19 may offer some natural protection, known as immunity. But experts don't know how long this protection lasts, and the risk of severe illness and death from COVID-19 far outweighs any benefits of natural immunity. COVID-19

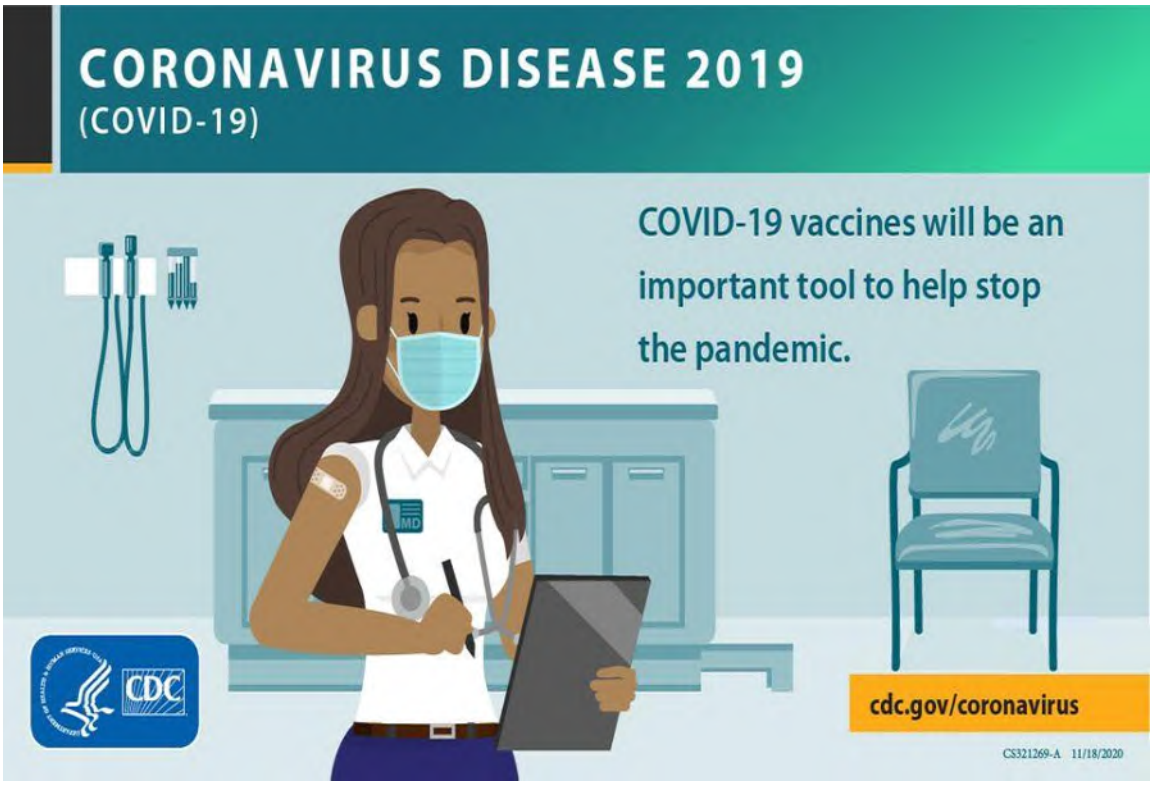
vaccination will help protect you by creating an antibody response without having to experience sickness.
- Both natural immunity and immunity produced by a vaccine are important aspects of COVID-19 that experts are trying to learn more about, and CDC will keep the public informed as new evidence becomes available.

COVID-19 vaccination will be an important tool to help stop the pandemic

- Wearing masks and social distancing help reduce your chance of being exposed to the virus or spreading it to others, but these measures are not enough. Vaccines will work with your immune system so it will be ready to fight the virus if you are exposed.
- The combination of getting vaccinated and following CDC's recommendations to protect yourself and others will offer the best protection from COVID-19.
- Stopping a pandemic requires using all the tools we have available. As experts learn more about how COVID-19 vaccination may help reduce spread of the disease in communities, CDC will continue to update the recommendations to protect communities using the latest science.

The Illinois Department of Public Health (IDPH) also has a very helpful COVID-19 Vaccine Frequently Asked Questions (FAQ) on their website at: https://www.dph.illinois.gov/covid19/vaccinefaq?fbclid=IwAR0wry63Hr4ohTShpXcTzobxvYfbIPTIDh4ENDc--t6P2UzJPUH5tDT4_14

Source: Centers for Disease Control and Prevention and the Illinois Department of Public Health



County Level Risk Metrics – LaSalle County Remains at Orange Warning Level

The LaSalle County Health Department is alerting residents that as of Friday, December 18, 2020, our County-Level COVID-19 Risk Metrics remains at the orange warning level. LaSalle County has remained at warning level status since November 6th. As a reminder, orange status indicates there are warning signs of increased COVID-19 risk in the county. A warning level means that a county saw increases in two or more COVID-19 risk indicators.

LaSalle County continues to experience a new case rate which is greater than 50 cases per 100,000 people. In addition, per the county-level risk metrics provided by the Illinois Department of Public Health, the 7-day test positivity rate is just above 8%. Finally, within the North-Central Region (Region 2) there are 15.4% of ICU beds are available, which is below the 20% target. Until LaSalle County can get a handle on the number of new cases being identified each week and slow the community spread that is occurring, LaSalle County will continue to be at risk for remaining at the orange warning level.

To prevent the further spread of COVID-19, residents are urged to stay home as much as possible. Illinoisans over the age of two years are required to wear a face covering when out in public and social distancing is not easily achievable. Anyone exhibiting symptoms of COVID-19 or who may have been in contact with someone exhibiting symptoms should seek out testing and quarantine at home; anyone who has tested positive for the virus should isolate at home as directed by their physician or local health department.

U.S. Food and Drug Administration Authorizes Pfizer's COVID-19 Vaccine for Emergency Use

Statement from HHS and DoD on FDA Emergency Use Authorization of a COVID-19 Vaccine Candidate

On December 11, 2020 the Food and Drug Administration (FDA) issued an Emergency Use Authorization (EUA) to Pfizer for its COVID-19 vaccine, the first authorization for a COVID-19 vaccine in the United States. Operation Warp Speed and private sector partners now begin distributing the first allocation of doses to sites designated by the public health jurisdictions and five federal agencies with which OWS and CDC have been working to plan distribution. HHS Secretary Alex Azar and Acting Secretary of Defense Christopher C. Miller released the following statements:

"It is nothing short of a medical miracle to have FDA authorization of a vaccine for COVID-19 just over 11 months since the virus was made known to the world. Because of President Trump's strong leadership and unwavering support for Operation Warp Speed, we have millions of doses of this vaccine that are now being shipped to every corner of America, with administration to begin as soon as providers are ready. The triumph of Operation Warp Speed is a tribute to dedicated public servants across HHS and the Department of Defense, our partners in the private sector, and incredible American scientists. This vaccine, like any

vaccine FDA potentially authorizes, has been through multiple stages of safety review, and it has shown extraordinary effectiveness in protecting people from the virus. Vaccines will help bring this pandemic to an end, which is all the more reason to double down on the public health measures we need to stay safe in the coming months. As Americans get vaccinated, we need to continue taking steps like washing our hands, social distancing, and wearing face coverings to protect ourselves, our loved ones, and our communities." - HHS Secretary Alex M. Azar II

"The massive logistical planning our military has contributed to Operation Warp Speed gives me even more pride in the talent and dedication of our service members. They have been crucial in bringing a safe and effective vaccine to the American people and in restoring the health of our country." - Acting Secretary of Defense Christopher C. Miller

Source: U.S. Department of Health and Human Services

First Vaccine Shipment Arrives at Illinois Strategic National Stockpile

Distribution to Regional Hospital Coordination Centers Begins

On December 14, 2020, the State of Illinois has received the first shipment of the Pfizer coronavirus vaccine at the Illinois Strategic National Stockpile (SNS). The state received approximately 43,000 doses in the first shipment and expects additional shipments in the coming weeks. The vast majority of doses in this shipment will be delivered from the SNS to Regional Hospital Coordination Centers around the state that will serve as pick up locations for local health departments to begin distribution to healthcare workers in their jurisdictions, with the remaining portion going directly to predetermined local health department(s).

Chicago received a direct shipment from the federal government today as well. Four

additional local health departments around the state will also receive direct shipments from the federal government later this week: Cook County Department of Public Health, Lake County Health Department and Community Health Center, Madison County Health Department, and St. Clair County Health Department. These direct shipments account for the state's initial expected allocation of 100,000 doses.

"Today marks a momentous occasion – not just this year, but in American history. Eleven months after scientists the world over first got their hands on the genetic sequence of this virus – and we are seeing the beginning of the end of this pandemic," **said Governor JB Pritzker.** "I want to offer my gratitude not only to the researchers who fueled this moment, but also to all the truck drivers, pilots, logistics specialists, warehouse operations managers, and law enforcement officers who have spent the last few days and weeks deploying the largest national mission in a generation. May we all take a moment to feel hope today."

Source: Office of Governor JB Pritzker and the Illinois Department of Public Health

LaSalle County Health Department Collaborates with Local Agencies to Deliver First Shipment of Pfizer Vaccine to Hospitals in the County

On December 16, 2020 the LaSalle County Health Department, in coordination with the LaSalle County Emergency Management Agency (EMA) and the LaSalle County Sheriff's Office received and delivered their first shipment of Pfizer vaccine to all three hospitals in the county. Hospitals will begin vaccinating their front-line workers over the next few days. "The vaccine will provide our front-line health care workers with the protection they need while caring for patients who have contracted the virus. We appreciate the partnership between our local hospitals, EMA, and Sheriff's Department. All have helped to ensure the timeliness and safety of the vaccine delivery into our county. While the vaccine is a step in the right direction, we need to continue our efforts to keep each other safe. The Health Department urges all residents, for the health and safety of our community, to continue wearing face-coverings, practice social distancing, wash hands often, and please stay home when you are sick," said Julie Kerestes, Public Health Administrator of LaSalle County Health Department.

"We have a plan in place to immediately start vaccinating our emergency department staff and other critical workers," said Jennifer Sines, IVCH pharmacy director. "This is a big first step in getting the COVID pandemic under control locally."

"OSF HealthCare is encouraged by the Food and Drug Administration's approval of an emergency use authorization of the Pfizer COVID-19 vaccine. We're proud to work with the State of Illinois who is managing the distribution of the vaccine, in collaboration with the federal government, through local county health departments. A vaccine is our best shot to eradicate the virus, and we are looking forward to our initial allotment and will proudly offer the vaccine to our eligible frontline caregivers," said Heather Bomstad, Vice President, Patient Care Services and Chief Nursing Officer, OSF HealthCare Saint Paul Medical Center and OSF HealthCare Saint Elizabeth Medical Center.

Illinois Valley Community Hospital
Community values. Extraordinary care.

OSF HealthCare

LCHD Environmental Health Personal Health Health Education

Get the Facts about COVID-19 Vaccines

Now that there is an authorized and recommended COVID-19 vaccine in the United States, accurate vaccine information is critical.

Illinois Department of Public Health
IDPH
Protecting Health, Improving Lives

COVID-19 Vaccine FAQs

Q. Can the COVID-19 vaccine cause me to become infected or infect others with the virus?

A. No, you cannot become infected or infect others from receiving the COVID-19 vaccine, because the vaccine contains no live virus.

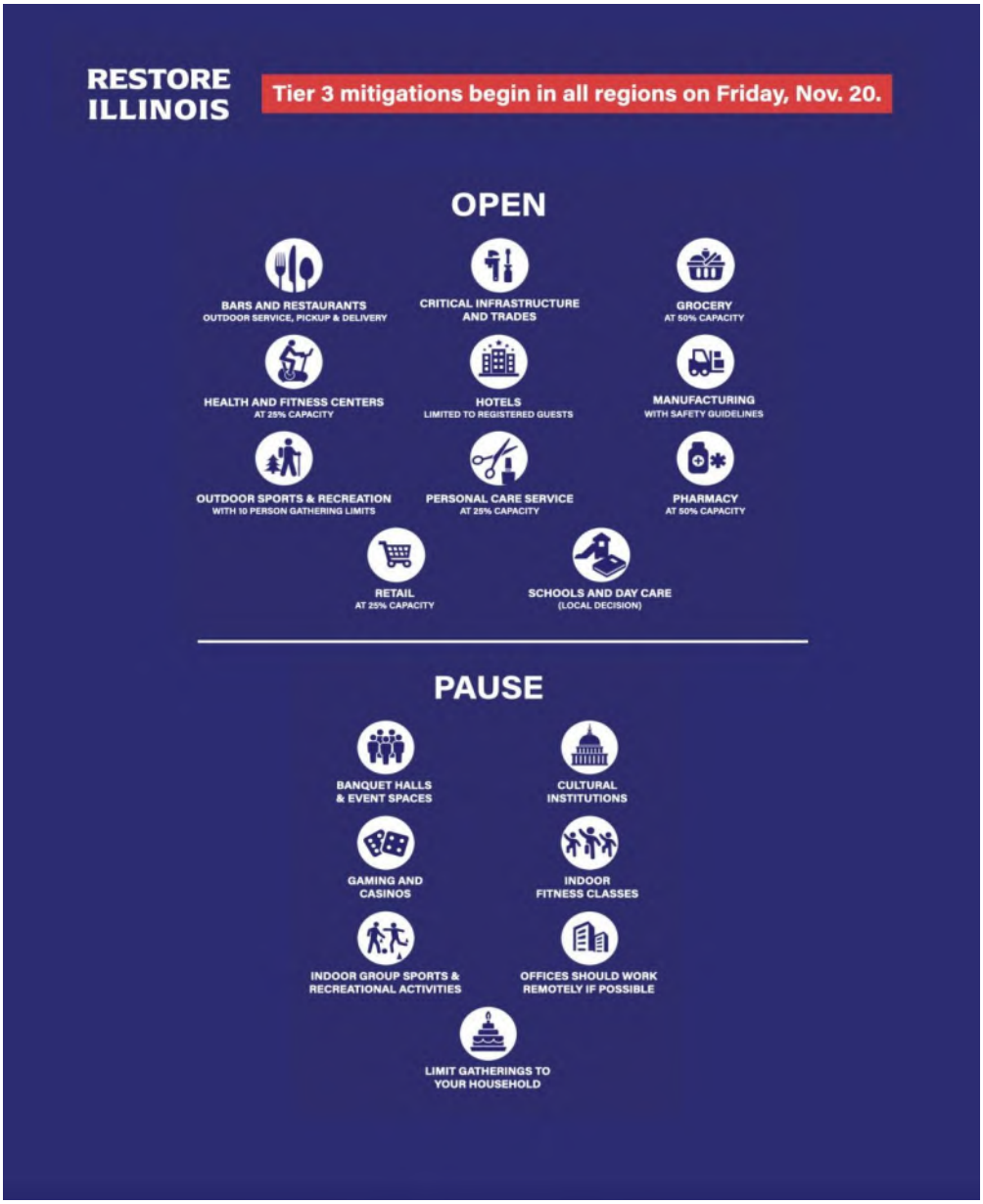
Instead, the vaccine directs your body to produce a protein that teaches your body how to fight off the virus.

Read more FAQs here:
http://dph.illinois.gov/covid19/vaccinefaq?fbclid=IwAR26koka0uYl19RK29cFnw4x00wpQBPpKUtddP58EBHgdTSIsvZ-2chtJaI

Source: Illinois Department of Public Health

Tier 3 Mitigations remain in effect for ALL regions

No region of Illinois will be downgraded from our current Tier 3 mitigations for the next few weeks even if they might be on track to meet those metrics.



Source: Office of Governor JB Pritzker and the Illinois Department of Public Health

Prevent COVID-19 In Your Home

COVID-19 can spread anywhere, even in places where you feel safe, like your home. If one person in your household is exposed to COVID-19, they can spread it to others.

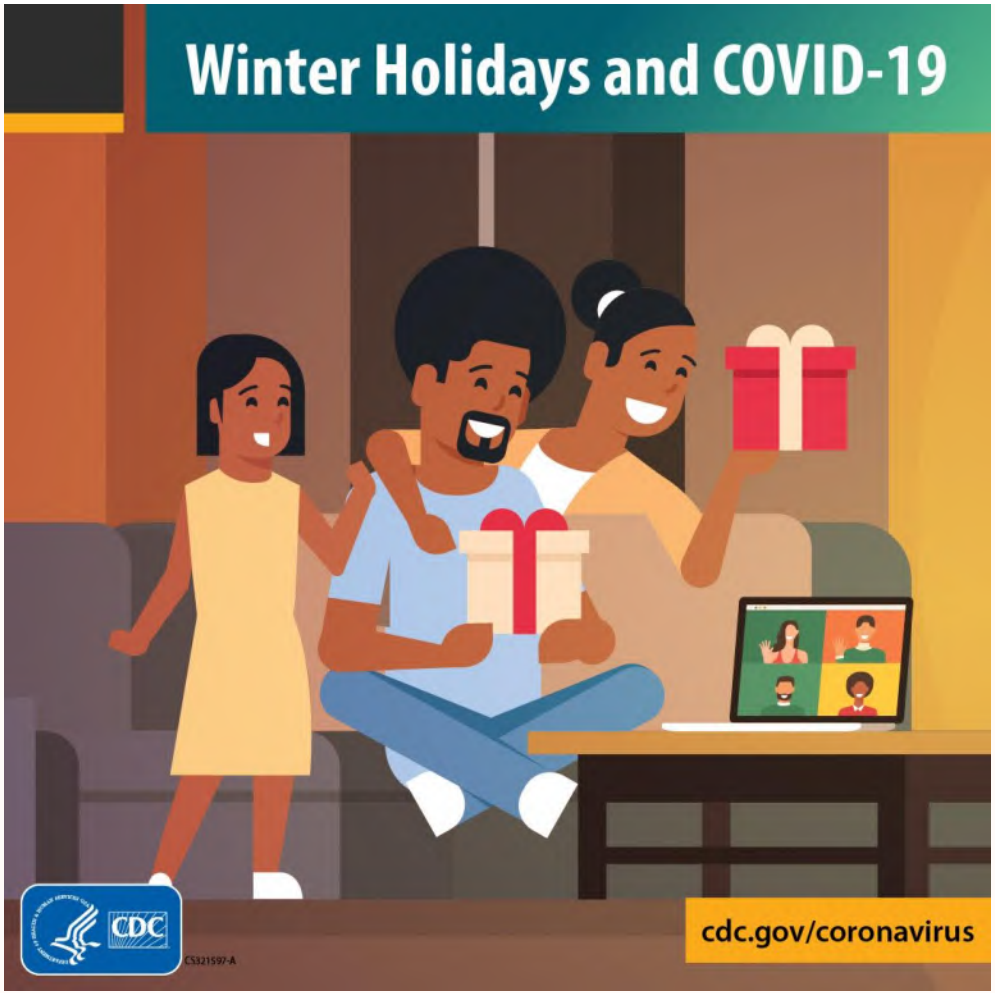
- Make sure everyone you live with — family and people not related to you — is doing their part to slow the spread of COVID-19.
- If you go out, wear a mask, stay 6 feet from others, and avoid crowds.
- Wash your hands frequently throughout the day.

Learn more about doing your part to slow the spread in and out of your home https://bit.ly/3qgSwdp.

Source: Centers for Disease Control and Prevention

Planning for the holidays?

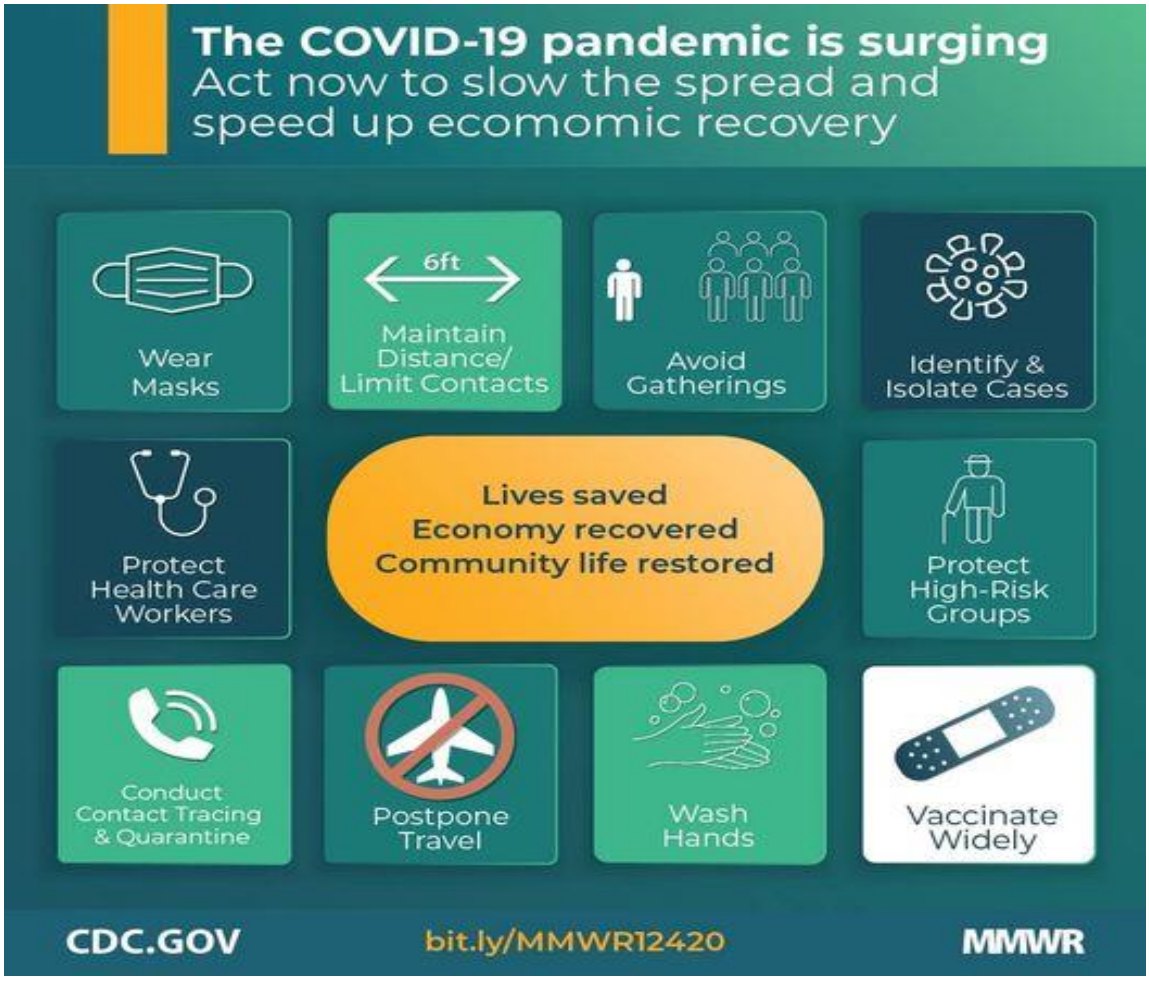
Consider hosting a virtual gift exchange with friends and family who don't live with you. Have people share what they are grateful for this holiday season: https://bit.ly/3n6X3x4.



Source: Centers for Disease Control and Prevention

Summary of Guidance for Public Health Strategies to Address High Levels of Community Transmission of SARS-CoV-2 and Related Deaths, December 2020

What can we do to get to a better tomorrow sooner? These actions will help save lives, restore community life, and speed up economic recovery. Reminder, until a vaccine is widely available, we must all continue doing our part to prevent the spread of COVID-19. Mask up! Wash up! Back up! Sleeve up for your flu shot! Learn more in a new MMWR report: bit.ly/MMWR12420



Source: Honein MA, Christie A, Rose DA, et al. Summary of Guidance for Public Health Strategies to Address High Levels of Community Transmission of SARS-CoV-2 and Related Deaths, December 2020. MMRW Morb Wkly Rep 2020;69:1860-1867. DOI: https://bit.ly/MMWR11520.

2020-2021 Influenza Activity Update

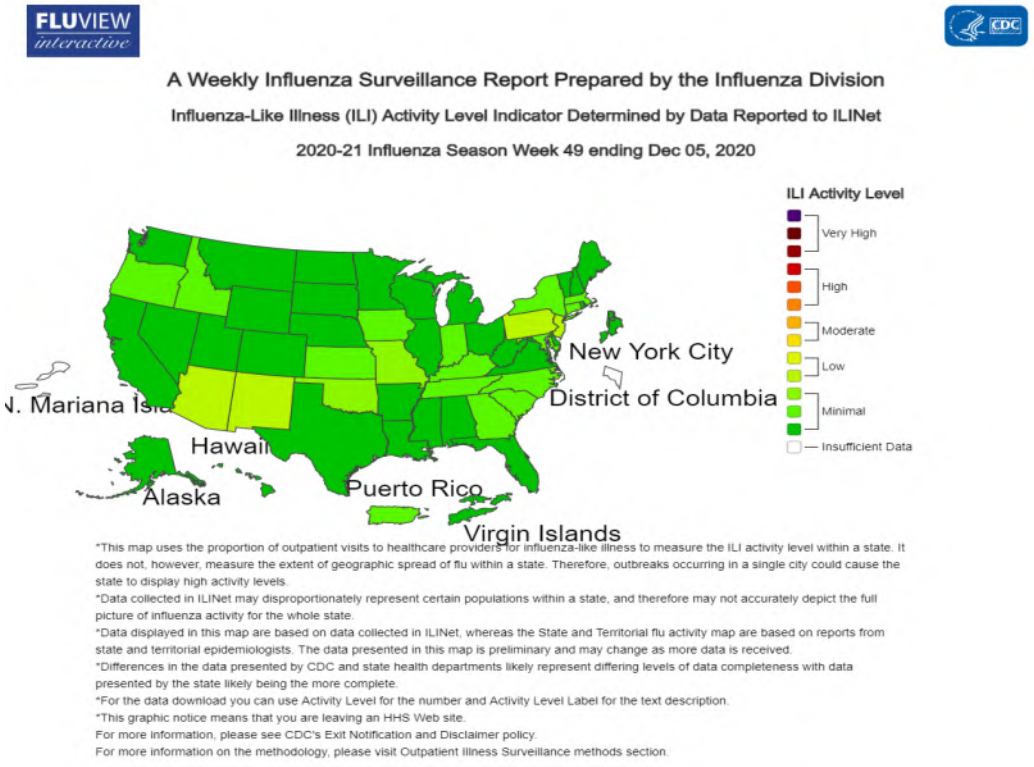
While influenza is not a reportable disease in Illinois, there is certain data related to influenza activity that the LaSalle County Health Department is required to track. In Illinois, influenza is reportable in the following way:

- Person admitted to the Intensive Care Unit (ICU)
- Pediatric death (<18 years old)
- Influenza A, variant
- Any unusual cases or cluster of cases that may indicate a public health hazard

While LaSalle County has had zero ICU admissions and zero pediatric deaths due to flu since September 2020, we are starting to get reports of some flu activity in the County.

The IDPH provides a detailed surveillance report. This weekly surveillance report summarizes regional and state influenza data used to determine the weekly influenza activity level and national activity levels reported by state and territorial epidemiologists. The weekly report can be viewed by visit the following link: https://dph.illinois.gov/topics-services/diseases-and-conditions/influenza/influenza-surveillance#:~:text=2020%20%2D%202021%20Flu%20Activity%20Report,care%20sites%20throughout%20the%20state.

In addition, the Centers for Disease Control and Prevention's FluView4 report provides national updates and trends related to the intensity of influenza activity across the United States, as well as detailed information on antiviral resistance, severity of illness, and other topics. The report can be found at: https://www.cdc.gov/flu/weekly/index.htm



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Purpose of the Coalition Bulletin
Publishing a regular newsletter -- weekly, in this case – will help keep our LaSalle County Healthcare Coalition in regular contact with up-to-date information between meetings.
For more information on the web:

- LaSalle County Health Department

COVID-19 Coalition Bulletin

December 28, 2020

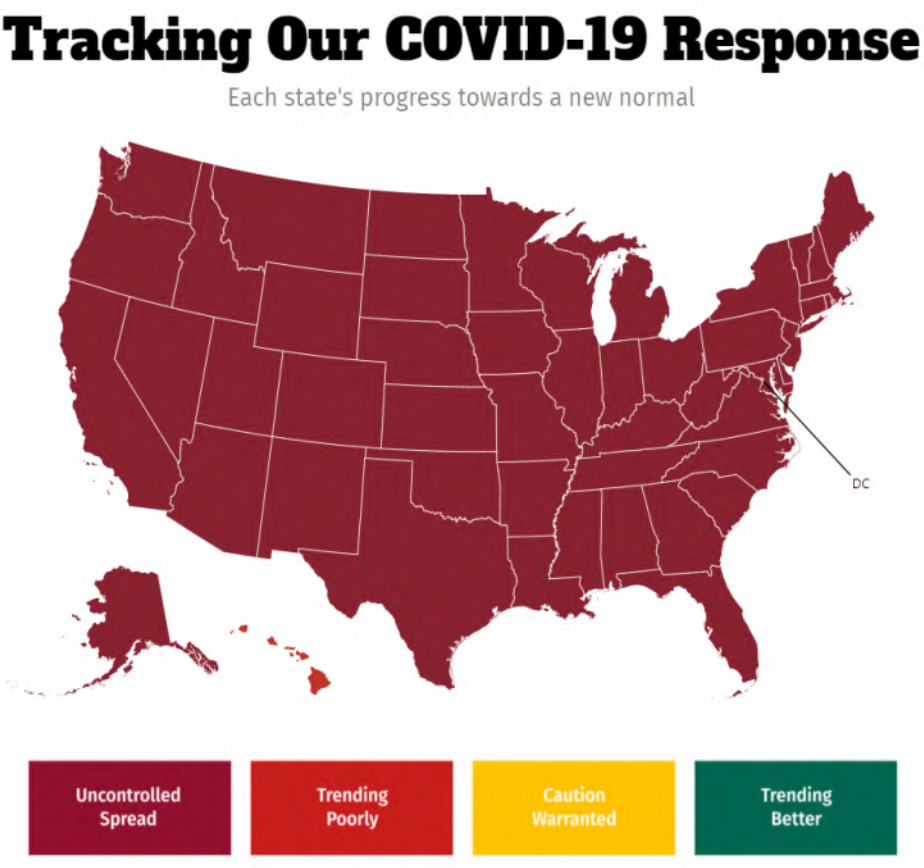
In This Issue

- Special Holiday Note
- Coronavirus Disease 2019 – Situational Update
- COVID Numbers at a Glance
- LaSalle County COVID-19 Test Results &Data Summary
- Current LaSalle County Case Counts
- Illinois Counties at Warning Level
- Region 2 Summary
- IDPH County Level COVID-19 Risk Metrics
- Local Testing Information
- Community Based Testing
- Frequently Asked Questions
- LaSalle County's Orange Warning Level Returns to Blue
- U.S. Food and Drug Administration Authorizes Moderna COVID-19 Vaccine for Emergency Use
- Get the FACTS about COVID-19 Vaccines
- Staying home will help stop the

Special Holiday Note

Due to the holiday, there will be no issue of the weekly COVID-19 Coalition Bulletin on Friday, December 31st. The bulletin will return to its normal release date on Friday, Jaunuary 8, 2021.

COVID-19 Situational Update



Map from https://www.covidexitstrategy.org/ which provides state by state data including 14-DAY TREND OF COVID+, LAST 14 DAYS OF COVID+ (ROLLING), INFLUENZA-LIKE ILLNESS, % OF TEST TARGET (US: 500K/DAY), ICU AVAILABILITY, NEW CASES PER MILLION PER DAY, and COVID+ RATE

spread of COVID-19

- Illinois is still in Tier 3 COVID-19 Resurgence mitigations
- The Advisory Committee on Immunization Practices' Updated Interim Recommendation for Allocation of COVID-19 Vaccine
- 2020-2021 Influenza Activity Update

COVID Numbers at a Glance

This week 12/28/2020

Case Count	Recoveries	Deaths	Active Cases	Percent Recovered	Positivity Rate
8239	5379	223	2637	65.29 %	6.6 %

Last week 12/18/2020

Case Count	Recoveries	Deaths	Active Cases	Percent Recovered	Positivity Rate
7782	4835	198	2749	62.13 %	8.1 %

Note: Positivity Rate is based on IDPH Regional Metric Data

12/18/2020

	Cases	Deaths
Worldwide	75,155,123	1,665,974
US	17,233,022	311,010
Illinois	886,805	15,105
LaSalle County	7782	198

12/28/2020

	Cases	Deaths
Worldwide	81,009,062	1,768,798
US	19,161,619	333,394
Illinois	942,362	16,074
LaSalle County	8239	223

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- Illinois Department of Public Health
- Centers for Disease Control and Prevention

Current LaSalle County Case Data as of 12/28/2020*

Age Range	M	F	% by age group	% of reported deaths
0-9	137	130	3.24%	0.00
10-19	292	410	8.52%	0.00
20s	661	740	17.00%	0.00
30s	596	628	14.86%	0.00
40s	567	626	14.48%	0.45
50s	605	690	15.72%	3.14
60s	499	485	11.94%	6.28
70s	254	298	6.70%	19.28
80s	161	244	4.92%	38.12
90s	71	130	2.44%	29.15
100s	1	14	0.18%	3.59
UNK				
Total	3844	4395		
%				
TOTAL CASES		**8239**		

Total Deaths	223
Deaths by Age	
20's	0
30's	0
40's	1
50's	7
60's	14
70's	43
80's	85
90's	65
100s	8
Males	116
Females	107

Cases Reported by Month Summary

Month	2020	2021
January	0	NA
February	0	NA
March	6	NA
April	50	NA
May	98	NA
June	67	NA
July	261	NA
August	778	NA
September	504	NA
October	968	NA
November	3433	NA
December	2074	NA
Total	8239	

Deaths Reported by Month Summary

Month	2020	2021
January	0	NA
February	0	NA
March	1	NA
April	0	NA
May	12	NA
June	4	NA
July	1	NA
August	30	NA
September	9	NA
October	11	NA
November	63	NA
December	92	NA
Total	223	

12.18.20

Town	Current Total	% of County Cases
Cedar Point	17	0.22%
Dana	11	0.14%
Earlville	139	1.79%
Grand Ridge	61	0.78%
LaSalle	825	10.60%
Leland	101	1.30%
Lostant	48	0.62%
Marseilles	542	6.96%
Mendota	860	11.05%
Millington	20	0.26%
Oglesby	359	4.61%
Ottawa	1609	20.68%
Peru	946	12.16%
Ransom	24	0.31%
Rutland	10	0.13%
Sandwich	243	3.12%
Serena	37	0.48%
Seneca	181	2.33%
Sheridan	389	5.00%
Somonauk	118	1.52%
Streator	1025	13.17%
Tonica	60	0.77%
Troy Grove	19	0.24%
Utica	116	1.49%
Wenona	13	0.17%
Other**	9	0.12%
TOTAL CASES	**7782**	

12.28.20

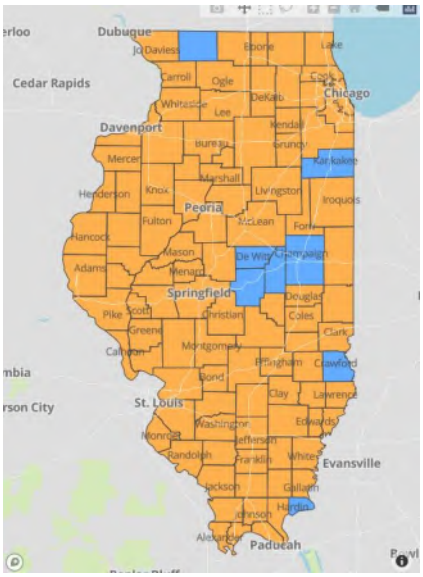
Town	Current Total	Increase since last week	*% of Total County Cases*
Cedar Point	20	3	0.24%
Dana	12	1	0.15%
Earlville	152	13	1.85%
Grand Ridge	65	4	0.79%
LaSalle	858	33	10.42%
Leland	107	6	1.30%
Lostant	50	2	0.61%
Marseilles	569	27	6.91%
Mendota	902	42	10.95%
Millington	20	0	0.24%
Oglesby	374	15	4.54%
Ottawa	1684	75	20.44%
Peru	987	41	11.98%
Ransom	27	3	0.33%
Rutland	11	1	0.13%
Sandwich	251	8	3.05%
Serena	38	1	0.46%
Seneca	195	14	2.37%
Sheridan	456	67	5.54%
Somonauk	127	9	1.54%
Streator	1092	67	13.26%
Tonica	66	6	0.80%
Troy Grove	22	3	0.27%
Utica	129	13	1.57%
Wenona (LC Cases)	15	2	0.18%
Other**	9	0	0.11%
TOTAL CASES	**8239**		

*Note these numbers are adjusted based on the number of cases transferred to other locations.

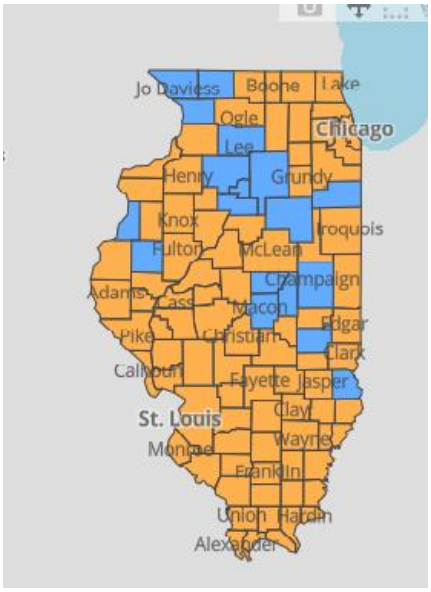
** Number of LaSalle County Cases in Communities with less than 5 cases

Illinois Counties at Warning Level

Last Week
12.18.2020



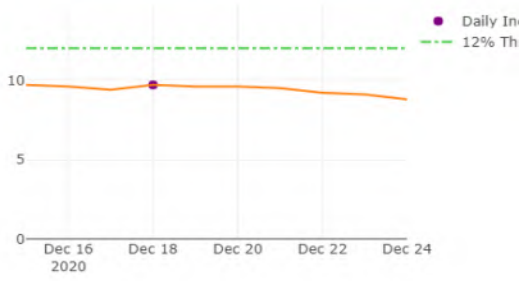
This Week
12.25.2020



Region 2 Summary - 12/27/2020

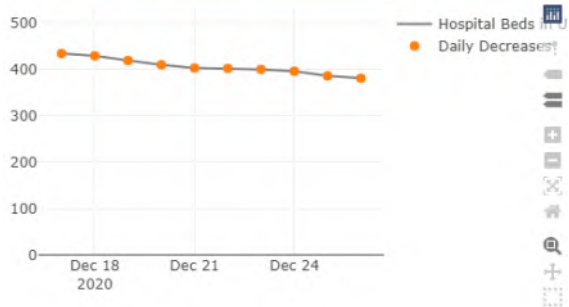
Test Positivity 7-Day Rolling Average

11 Consecutive Days under 12% threshold



COVID-19 Patients in the Hospital 7-Day Rolling Average

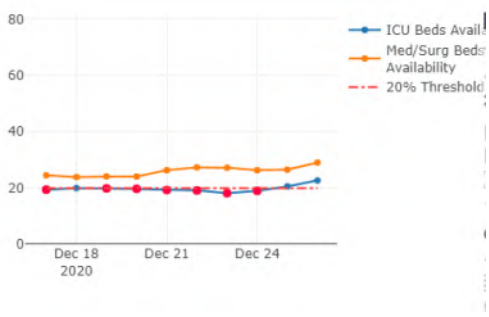
10 Days of COVID-19 Patient Decreases



Hospital Bed Availability 3-Day Rolling Average

ICU Beds:2 Consecutive Days Over 20% Threshold

Med/Surg Beds:11 Consecutive Days Over 20% Threshold



County Level COVID-19 Risk Metrics – 12/13--12/19/2020

New Cases Per 100,000 Case rate reported Sun-Sat (Target: less than 50 per 100,000) **347 per 100K** *Improved from last week	**Number of Deaths** Death number reported Sun-Sat (Target: decreasing or stable Sun-Sat) **14** * Improved from last week	**Test Positivity (%)** (%) positive tests reported Sun-Sat (Target: less than or equal to 8 %) **6.6 %** *Improved from last week
Tests Performed Number of tests reported Sun-Sat (Target: Testing is Sufficient when test positivity is less than or equal to 8 %) **6812** *Less tests than last week	**CLI ED Visits (%), Adults** Emergency Department visits for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **5.7 %** *Decrease in visits from last week	**Number of CLI Admissions** Hospital admissions for COVID-19-like illness (Target: decreasing or stable Sun-Sat) **12** *Decrease in admissions from last week
Cluster (%) of cases No Target This metric helps explain large increase in cases **13.9 %** *Increase in reported clusters	**ICU (%) Available** ICU bed availability (Target: at least 20% of ICU beds available) **20 %** *Increase in availability from last week	Metrics in target Range Metrics outside Target Range More information at https://dph.illinois.gov/countymetrics

Local Testing Information

LaSalle County Health Department

All COVID-19 Testing MUST Be Scheduled with the LaSalle County Health Department before arriving on site.

* COVID -19 Testing

The rapid tests are meant to be used on:

- Excluded symptomatic children who are **not** a close contact to a confirmed case, to help get them back into school.
- Employees who need a negative test result to return to work.
- Anyone who is planning to travel or has traveled.

PCR tests are available for individuals who need a more comprehensive test. Testing will be done at the LaSalle County Health Department parking lot at 717 Etna Road, Ottawa, IL. The test performed will be an anterior nasal swab. The results will be given in 15 minutes. Testing will be performed Monday through Friday from 9:00 am – 3:00 pm, and Saturdays 9:00 am – 12:00 pm. **Anyone in need of rapid testing needs to call the Health Department at (815) 433-3366 to pre-register.**

Illinois Valley Community Hospital

IVCH is proud to offer Covid-19 testing for both those with symptoms or who have had an exposure to a COVID-19 case.
Patients seeking Covid-19 testing may either call their IVCH primary care provider for an order or may call the IVCH Covid-19 Hotline 9am – 5 pm weekdays and 10am – 4 pm weekends, at 815-780-3425 to speak to a nurse regarding testing. All Covid-19 tests must be ordered by a provider. Testing is available Monday through Friday and by appointment only.
Covid-19 tests take approximately 72 hours to receive a result. All patients will be notified of their test result by phone.
IVCH Care Today and the Emergency Room do not provide routine COVID-19 testing.

Morris Hospital

Morris Hospital offers nasal swab testing by appointment for symptomatic individuals with a physician's order. Testing is available for individuals of all ages from 7:30 a.m. to 2 p.m., Monday-Friday. Appointments are required – no exceptions. Testing is NOT available at this time for asymptomatic individuals due to a nationwide shortage of the testing reagent. Testing is performed through the drive-up testing site on the Morris Hospital campus at the corner of Lisbon & High Streets on the far southwest corner of the hospital campus.

When you arrive on the hospital campus, please follow the Drive-Thru Testing directional signs on Lisbon Street or High Street. Patients are required to have photo ID, insurance card and sign a release at the time of their test.

After a physician places an order for your test, a Scheduling representative from Morris Hospital will call you to schedule. Please allow up to 72 hours for test results to get sent to the ordering physician, who will inform you of your results. You can also check your patient portal for test results or contact the provider who ordered the test. Please remain at home, away from others while you are waiting for your test results.

OSF HealthCare Saint Elizabeth Medical Center

If you suspect you have novel coronavirus (COVID-19) and it is not an emergency, DO NOT go to a hospital or doctor's office. Instead, use one of the care options that best fits your needs below.

- Clare, our 24/7 virtual assistant chatbot at osfhealthcare.org/covid19, can educate you, screen you for COVID-19 and connect you to further care if needed.
- You can call the 24/7, COVID-19 Nurse Hotline* at 1-(833) OSF-KNOW (1-833-673-5669).
- Contact your OSF Primary Care Provider, and they can order the test for you.
- If you have a Primary Care Provider that is not an OSF Provider, they can fax an order to (815) 431-3072 (OSF Prompt Care Ottawa, 1640 1st Avenue, Ottawa).
- If you do not have a Primary Care Provider, you can be seen at one of the below locations and they can order a test for you if indicated:
    - OSF Prompt Care - Ottawa (8 a.m. - 8 p.m. daily) at (815) 431-9208
    - OSF Urgo – Ottawa (8 a.m. – 8 p.m. daily) at (815) 431-3410
    - OSF Prompt Care – Streator (weekdays 8 a.m. – 6 p.m.) at (815) 673-4545
- If you are experiencing shortness of breath, chest pain, or severe weakness, call 911 or come to your nearest OSF Emergency Department, where a test will be performed during your medical screening exam.

*Staffed by RNs and other health care professionals.

OSF HealthCare Saint Paul Medical Center

If you suspect you have novel coronavirus (COVID-19) and it is not an emergency, DO NOT go to a hospital or doctor's office. Instead, use one of the care options that best fits your needs below.

- Clare, our 24/7 virtual assistant chatbot at osfhealthcare.org/covid19, can educate you, screen you for COVID-19 and connect you to further care if needed.
- You can call the 24/7, COVID-19 Nurse Hotline* at 1-(833) OSF-KNOW (1-833-673-5669).
- Contact your OSF Primary Care Provider, and they can order the test for you.
- If you have a Primary Care Provider that is not an OSF Provider, they can fax an order to our OSF Saint Paul Medical Center lab.
- If you do not have a Primary Care Provider, you can call our OSF Prompt Care - Mendota, (weekdays, 8 a.m. - 5 p.m.) at (815) 538-1311 and they can order a test for you after a quick telephone visit.

- If you are experiencing shortness of breath, chest pain, or severe weakness, you can call 911 or come to our OSF Saint Paul Emergency Department, where a test will be performed during your medical screening exam.

*Staffed by RNs and other health care professionals.

St. Margaret's Hospital

St. Margaret's testing facility requires a physician's order and is perfect for those patients who need a COVID test within 72 hours of a surgery or a procedure. It is also for patients who may have been exposed to a COVID positive person or who is exhibiting symptoms. The patients' primary physician needs to fax an order to the registration department. Insurance information and a copy of a driver's license is also collected.
Testing is available Monday through Friday from 8:30 am to 5pm. Saturday and Sunday, we are open from 8-1pm.
For patients who don't have a physician but are exhibiting signs of an illness, the St. Margaret's Walk-in clinics at Midtown Health Center in Peru or Center for Family Health in Princeton are available. Patients will be offered a virtual or telehealth visit and if warranted, will be sent for a swab.
The St. Margaret's testing center is not a walk-in, public screening center.

Community Based Testing

A list of public and private testing sites can be found on the IDPH website at http://www.dph.illinois.gov/testing.

Location	Address	Times
Arlington Heights	Arlington Racetrack 2000 W Euclid Ave Arlington Heights	8:00am – 4:00pm while daily supplies last
Auburn Gresham	Foreman Mills Shopping Center 122 W. 79th Street Chicago	8:00am – 4:00pm while daily supplies last
Aurora	1650 Premium Outlet Blvd Aurora	8:00am-4:00pm while daily supplies last
***Bloomington**	1106 Interstate Drive Bloomington	9:00am-5:00pm while daily supplies last
Champaign	Market Place Shopping Ctr 2000 N. Neil Street Champaign	8:00am-4:00pm while daily supplies last
***East St. Louis**	Jackie Joyner Kersee Ctr. Argonne Drive East St. Louis	8:00am-4:00pm while daily supplies last

Harwood Heights	6959 W. Forest Preserve Rd. Chicago	7:00am-3:00pm while daily supplies last
***Peoria**	Peoria Civic Center Fulton Street Parking Lot Peoria	8:00am-4:00pm while daily supplies last
Rockford	1601 Parkview Avenue Rockford	8:00am-4:00pm while daily supplies last
South Holland	South Suburban College 15800 State St South Holland	8:00am-4:00pm while daily supplies last
Waukegan	102 W. Water Street Waukegan	8:00am-4:00pm while daily supplies last

* Walk-up testing is available at Bloomington, East St. Louis, and Peoria.

When Vaccine is Limited, Who Gets Vaccinated First?

Because the supply of COVID-19 vaccine in the United States is expected to be limited at first, **CDC recommends that initial supplies of COVID-19 vaccine be allocated to healthcare personnel and long-term care facility residents** (Phase 1a) CDC made this recommendation on December 3, 2020, and based it on recommendations from the Advisory Committee on Immunization Practices (ACIP), an independent panel of medical and public health experts.

The recommendations were made with these goals in mind:

- Decrease death and serious disease as much as possible.
- Preserve functioning of society.
- Reduce the extra burden COVID-19 is having on people already facing disparities.

Healthcare personnel and residents of long-term care facilities should be offered the first doses of COVID-19 vaccines

On December 20, ACIP updated interim vaccine allocation recommendations**. In Phase 1b, COVID-19 vaccine should be offered to persons aged ≥75 years and non–health care**

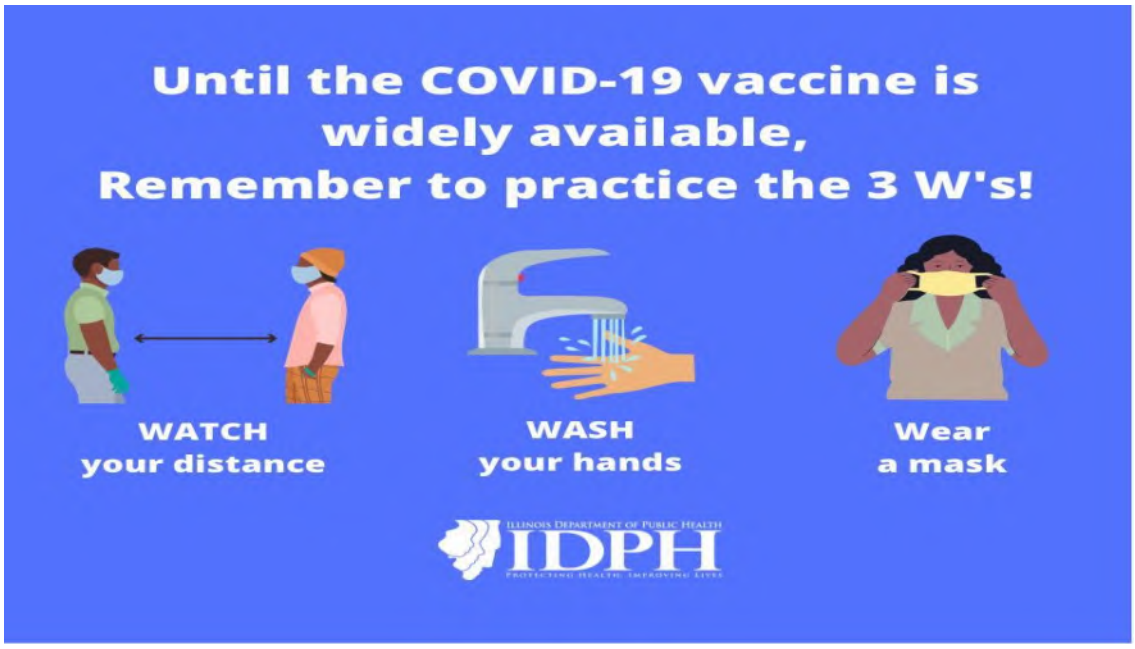
frontline essential workers, and in Phase 1c, to persons aged 65–74 years, persons aged 16–64 years with high-risk medical conditions, and essential workers not included in Phase 1b. Federal, state, and local jurisdictions should use this guidance for COVID-19 vaccination program planning and implementation. Learn more at: https://www.cdc.gov/mmwr/volumes/69/wr/mm695152e2.htm?s_cid=mm695152e2_w

As vaccine availability increases, vaccination recommendations will expand to include more groups:

- The goal is for everyone to be able to easily get a COVID-19 vaccination as soon as large quantities of vaccine are available. As vaccine supply increases but remains limited, ACIP will expand the groups recommended for vaccination.

How will I know when it's my turn for the COVID-19 Vaccine?

- No "list" exists that members of the public need to be placed on at this point.
- Please be patient with us as we prepare for the biggest public health response in modern history.
- Watch for more information from the LaSalle County Health Department through our website: www.lasallecounty.org, social media pages, and with our local media partners.



Source: Centers for Disease Control and Prevention and the Illinois Department of Public Health

LaSalle County's Orange Warning Level Returns to Blue

LaSalle County was not included in the counties with a warning level this week. It takes two or more COVID-19 risk indicator from the state's COVID-19 Resurgence Mitigation

plan for a county to turn or remain orange and enter a warning level. LaSalle County returned to blue because we saw a decrease in the 7-day test positivity rate that had previously risen above 8%, as well as emergency room visits for COVID-like illness (CLI) during this past week.

However, LaSalle County continues to experience a new case rate which is greater than 50 cases per 100,000 people. Until LaSalle County can get a handle on the number of new cases being identified each week and slow the community spread that is occurring, LaSalle County will continue to be at risk for remaining at the orange warning level.

The Department is asking everyone to continue to follow the advice of public health officials to help slow the spread of COVID-19. To prevent the further spread of COVID-19, residents are urged to stay home as much as possible. Illinoisans over the age of two years are required to wear a face covering when out in public and social distancing is not easily achievable. Anyone exhibiting symptoms of COVID-19 or who may have been in contact with someone exhibiting symptoms should seek out testing and quarantine at home; anyone who has tested positive for the virus should isolate at home as directed by their physician or local health department.

U.S. Food and Drug Administration Authorizes Moderna COVID-19 Vaccine for Emergency Use

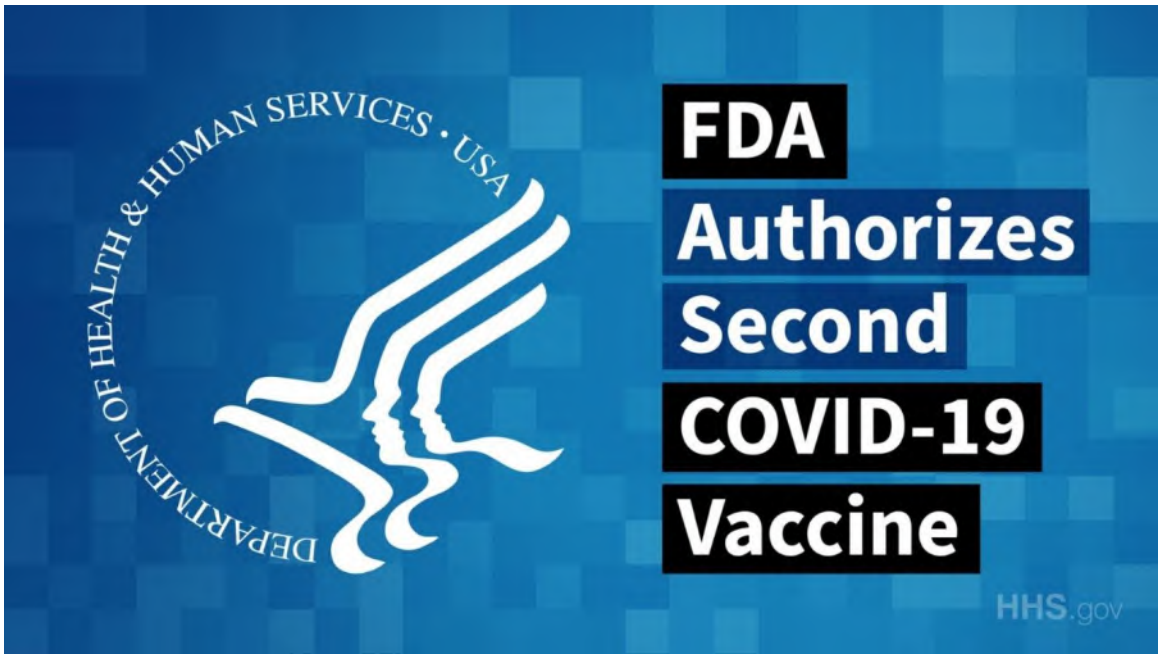
HHS and DoD Statements on FDA Authorization of Moderna Vaccine

On Friday, December 19, 2020, the Food and Drug Administration announced that it had issued an Emergency Use Authorization (EUA) for Moderna's COVID-19 vaccine, the second COVID-19 vaccine to receive an EUA. Operation Warp Speed has allocated more than 5.9 million doses of the vaccine for jurisdictions to receive in the coming week. Below are statements from HHS Secretary Alex Azar and Acting Defense Secretary Christopher Miller.

"On January 7, before China had reported even one death from the novel coronavirus or confirmed human-to-human transmission, NIH scientists and innovators at Moderna agreed to begin work on the vaccine that received FDA authorization today. In March, BARDA scientists joined the partnership and worked with Moderna and NIH to reach commercialization, building on support BARDA has provided since 2016 for the remarkable mRNA technology. To have two vaccines against a novel virus authorized and distributed within a year is extraordinary, and to have one of these vaccines developed by scientists at the NIH should be a great source of pride for every member of the HHS family and every American. The public-private partnership of Operation Warp Speed has helped Moderna, an American startup, become one of the first two companies to receive FDA authorization for a COVID-19 vaccine. Authorization of Moderna's vaccine means we can accelerate the vaccination of frontline healthcare workers and Americans in long-term-care facilities, and, ultimately, bring a faster end to this pandemic." – HHS Secretary Alex Azar

"The swift authorization of a second vaccine by the FDA is great news for the American people. The DoD, with the work of General Perna and Operation Warp Speed, stands ready

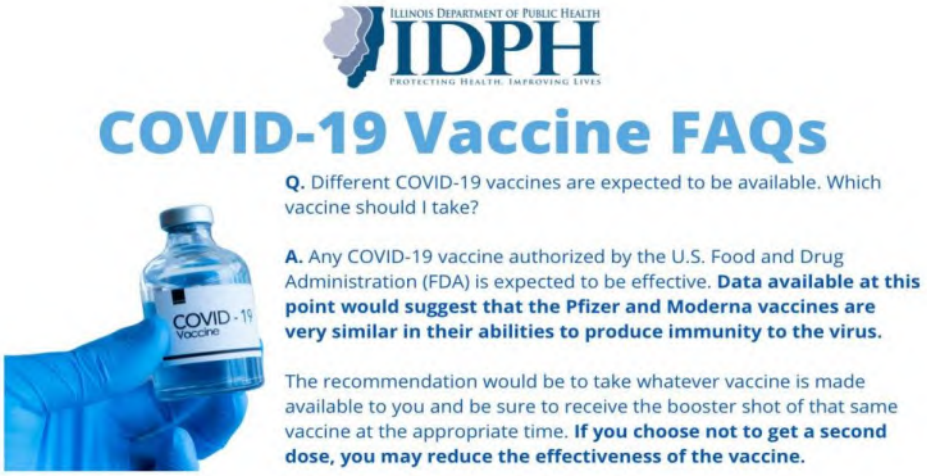
to work with our public and private-sector partners to ensure doses reach Americans as soon as possible. Together, we will bring this pandemic to an end." – Acting Secretary of Defense Christopher Miller



Source: U.S. Department of Health and Human Services

Get the FACTS about COVID-19 Vaccines

Now that there is an authorized and recommended COVID-19 vaccine in the United States, accurate vaccine information is critical.



FACT: COVID-19 vaccines will not cause you to test positive on COVID-19 viral tests

Vaccines currently in clinical trials in the United States won't cause you to test positive on viral tests, which are used to see if you have a **current infection**.

If your body develops an immune response, which is the goal of vaccination, there is a possibility you may test positive on some antibody tests. Antibody tests indicate you had a **previous infection** and that you may have some level of protection against the virus. Experts are currently looking at how COVID-19 vaccination may affect antibody testing results.

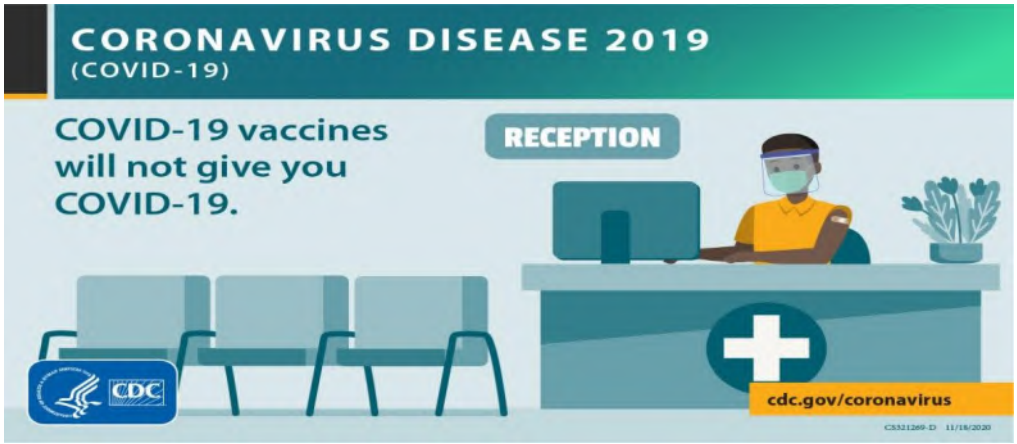
FACT: People who have gotten sick with COVID-19 may still benefit from getting vaccinated

Due to the severe health risks associated with COVID-19 and the fact that re-infection with COVID-19 is possible, people may be advised to get a COVID-19 vaccine even if they have been sick with COVID-19 before.

At this time, experts do not know how long someone is protected from getting sick again after recovering from COVID-19. The immunity someone gains from having an infection, called natural immunity, varies from person to person. Some early evidence suggests natural immunity may not last very long.

We won't know how long immunity produced by vaccination lasts until we have a vaccine and more data on how well it works.

Both natural immunity and vaccine-induced immunity are important aspects of COVID-19 that experts are trying to learn more about, and CDC will keep the public informed as new evidence becomes available.

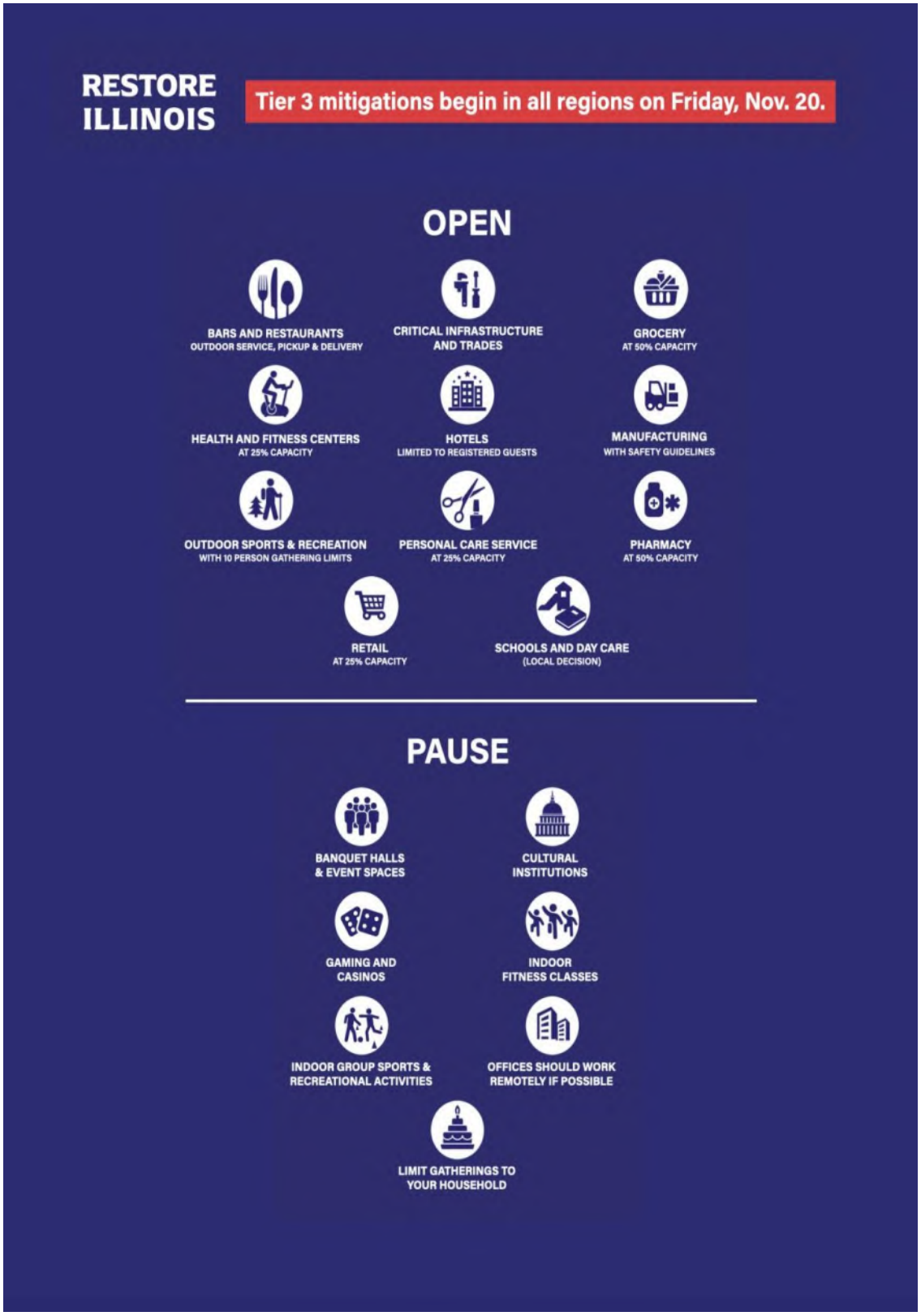


Source: Centers for Disease Control and Prevention and Illinois Department of Public Health

Staying home will help stop the spread of COVID-19. Protect yourself and your community this holiday season.

Reminder, Illinois is still in Tier 3 COVID-19 Resurgence mitigations

COVID-19 is still actively spreading throughout the state, stay home as often as possible, wear a mask when outdoors, and avoid large gatherings. Learn more: https://coronavirus.illinois.gov/s/restore-illinois-mitigation-plan?fbclid=IwAR3tb77H6v2e8tbxVwC6QnoMG96UkobZF2rn8Ou_4CXRo5AlLEt_nvv-1MM



Source: Office of Governor JB Pritzker and the Illinois Department of Public Health

The Advisory Committee on Immunization Practices' Updated Interim Recommendation for Allocation of COVID-19 Vaccine — United States, December 2020

On December 1, the Advisory Committee on Immunization Practices (ACIP) recommended that health care personnel and long-term care facility residents be offered COVID-19 vaccination first (Phase 1a). On December 20, ACIP updated interim vaccine allocation recommendations. In Phase 1b, COVID-19 vaccine should be offered to persons aged ≥75 years and non–health care frontline essential workers, and in Phase 1c, to persons aged 65–74 years, persons aged 16–64 years with high-risk medical conditions, and essential workers not included in Phase 1b. Federal, state, and local jurisdictions should use this guidance for COVID-19 vaccination program planning and implementation. Learn more: https://www.cdc.gov/mmwr/volumes/69/wr/mm695152e2.htm?s_cid=mm695152e2_w

Source: Dooling K, Marin M, Wallace M, et al. The Advisory Committee on Immunization Practices' Updated Interim Recommendation for Allocation of COVID-19 Vaccine — United States, December 2020. MMRW Morb Wkly Rep. ePub: 22 December 2020. DOI: https://www.cdc.gov/mmwr/volumes/69/wr/mm695152e2.htm?s_cid=mm695152e2_w.

2020-2021 Influenza Activity Update

While influenza is not a reportable disease in Illinois, there is certain data related to influenza activity that the LaSalle County Health Department is required to track. In Illinois, influenza is reportable in the following way:

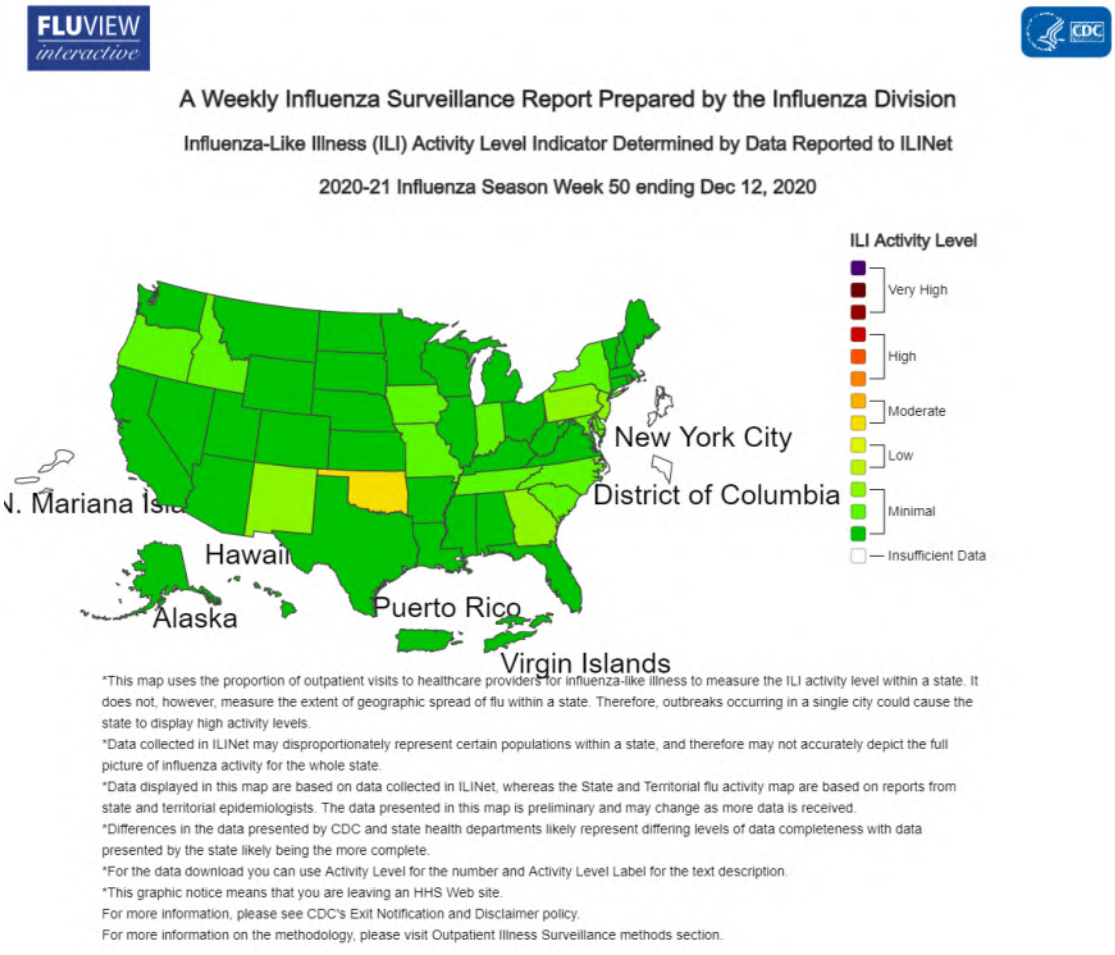
- Person admitted to the Intensive Care Unit (ICU)
- Pediatric death (<18 years old)
- Influenza A, variant
- Any unusual cases or cluster of cases that may indicate a public health hazard

While LaSalle County has had zero ICU admissions and zero pediatric deaths due to flu since September 2020, we are starting to get reports of some flu activity in the County.

The IDPH provides a detailed surveillance report. This weekly surveillance report summarizes regional and state influenza data used to determine the weekly influenza activity level and national activity levels reported by state and territorial epidemiologists. The weekly report can be viewed by visit the following link: https://dph.illinois.gov/topics-services/diseases-and-conditions/influenza/influenza-surveillance#:~:text=2020%20%2D%202021%20Flu%20Activity%20Report,care%20sites%20throughout%20the%20state.

In addition, the Centers for Disease Control and Prevention's FluView4 report provides national updates and trends related to the intensity of influenza activity across the United

States, as well as detailed information on antiviral resistance, severity of illness, and other topics. The report can be found at: https://www.cdc.gov/flu/weekly/index.htm



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