

Breast Pumps

Our Family Health programs in partnership with NEB Medical are able to offer the opportunity for breast pumps for those that qualify. Breast pumps are covered through insurance once every five years. These pumps are brand new and the paperwork is taken care of between staff and NEB. Clients are required to provide a copy of their license and insurance information, and can leave with the pump and breastmilk storage bags that day.

Diaper Program

This program offers a package of diapers per child, per month while enrolled in our family health programs. This program is in partnership with an Emergency Food and Shelter Program Grant through United Way. The sizes carried are newborn through size 5.

Project Safe Sleep

This program works with clients to see if they qualify for a Cribette for a safe sleep environment for their little one under specific guidelines. This is done in partnership with SIDS of Illinois. These Cribettes are typically meant for:

- Infants under 1 month of age
- Baby that has been sleeping in a bassinet and outgrown it
- Access to safe sleep environment is not available
- Amongst other determining factors (i.e. natural disaster, etc)

Link to Application: <https://tinyurl.com/3wy85bfk>
Telephone: 815-433-3366



Our main office is located at the LaSalle County Health Department:

**717 E. Etna Road
Ottawa, IL 61350**

You can speak to an individual in the program for more information between:
8:00 A.M. - 4:30 P.M.
Monday - Friday (except holidays)

Visit our website at:
<https://lasallecountyil.gov/lasalle-county-health-department-2/>

This institution is an equal opportunity provider.



LaSalle County Health Department



**Healthy Moms,
Healthy Babies**

Contact _____

815-433-3366



This is an IDHS Sponsored Program. This brochure is based on information obtained from IDHS.

What is the Healthy Moms, Healthy Babies Program?



Also known as Family Case Management, this program is a free, service provided by the LaSalle County Health Department through the Illinois Department of Human Services in conjunction with WIC (Women, Infants, and Children).

This is a local program that provides comprehensive service coordination to improve the health, social, educational, and developmental needs of pregnant women, and infants (0 - 12 months) from families in LaSalle County.

This program helps coordinate care between your doctor and other services being used. We work directly with your doctor to promote the growth and development of your child.

Our Goals

- Promote the best growth and development possible for your child.
- Provide connection to needed community resources.
- Prevent illness and other complications.
- Decrease stress for you and your family.
- Provide referrals to needed services.

When you come in for your WIC visits, the program staff will coincide their services to provide physical assessments, depression screenings, developmental screenings, and educational information.

This program is designed to ensure that you are doing well during your pregnancy and/or your child is meeting their developmental milestones. Our program staff can help by referring your child for additional services if expected milestones are not being met.



The nurse or specialist will also assess your child's progress toward meeting developmental milestones.



Other Programs

The following programs have resources available to families. Your family may benefit from their services now or in the future.

Women, Infants, and Children (WIC) This program works to improve the health status of women, infants, and children; to reduce the incidence of infant mortality, premature births and low birth weights; and to aid in the development of children. This program serves income eligible pregnant, post-partum, breastfeeding women, infants, and children up to age five years. The WIC program provides health screening, nutrition education and counseling, and supplemental foods including formula for infants.

LaSalle County WIC
Telephone: 815-433-3366
FAX: 815-433-2876



A physical assessment is performed by the nurse or specialist at each visit.